



Do you or someone you know have Parkinson's disease?

Empower Parkinson, Inc., a 501(c)(3) not for profit, has been in operation for over five years trying to meet the needs of people in CNY who are living with Parkinson's disease. Our main location is at 604 Old Liverpool Rd., Liverpool, NY 13088, where we offer multiple exercise/activities, educational opportunities, support groups and social events (also on Zoom).

We have recently had the opportunity to expand our **Rock Steady Boxing Syracuse** program, a boxing exercise program designed exclusively for people with Parkinson's disease, to a boxing gym centrally located in Syracuse at 1029 Montgomery St. The facility is presently operating as the Faith Hope Community Center, Inc. (Bobby Harrison and Eddie Beauford proprietors) and will continue to do so as we join them.

If you or someone you know would be interested in learning more this program or would like to join the program, contact:

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by email at empowerparkinson@gmail.com
Visit our website at <https://empowerparkinson.org> or
see us on Facebook at Empower Parkinson Inc.

