

2017-2018 Resource Manual

Onondaga County and Surrounding Areas



Working Together To Make Exceptional Typical



ADVOCATES

Empowering Individuals with Developmental Disabilities and Their Families



**Information
Choices
Resources
Services**

636 Old Liverpool Road
Liverpool, NY 13088
(315) 469-9931

www.advocatesincorporated.org



Exceptional Family Resources 2017-2018 Resource Manual



Welcome to this edition of the Resource Manual for Onondaga County and surrounding areas. We hope you find the changes we have made helpful, user-friendly and valuable in the pursuit of the best services possible.

A special thank you to Kathleen Quinn, Graphic Designer and Production Artist Intern on Special Project for this edition of the Resource Manual.

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We are requesting any updates or changes for the next edition of the Resource Manual be sent to the attention of Karen Adams by email or please call for further information.

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1820 Lemoyne Avenue
Syracuse, NY 13208
(315) 478-1462

A PDF version is now available on our website
www.contactefr.org

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ACCESS TO OPWDD SERVICES

The New York State Office for People With Developmental Disabilities (OPWDD) is responsible for coordinating services for people with developmental disabilities; including intellectual disabilities, cerebral palsy, Down syndrome, autism spectrum disorders, traumatic brain injury prior to age 21 and other neurological impairments. It provides services directly and through a network of not-for-profit service providing agencies. www.opwdd.ny.gov

FRONT DOOR To help you get ready to plan for OPWDD services, you will be asked to attend an information session. The information session is a way for you to learn valuable information about: 1) The supports and services that may be right for you and how to access them 2) The options that exist for helping individuals and families 3) How the Front Door process works. Opening the door to a richer, fuller life, a person-centered approach to planning supports for people with developmental disabilities. To register for a information session contact:
CNYDDRO Region 2 **793-9600 Ext. 1**

SELF-DIRECTION Self-direction is a program that allows individuals to make choices about how to use their Medicaid and state funding to meet their needs and goals. Individuals, with the support of their family, friends and advocates, can choose from a broad range of staffing supports, programs and financial assistance with living expenses. Each Self-Direction Plan requires a Fiscal Intermediary and Support Broker. Individuals must attend Self-Direction Information Session to begin services.
Call to register **793-9600 Ext 1**

FISCAL INTERMEDIARY (FI) Individuals who choose Self-Direction are required to have a Fiscal Intermediary (FI) agency that will provide the funding and oversight of the person's plan. The FI agency will pay the person's staff, provide required training, and ensure that all state and federal regulations are met. The FI will also pay costs that are included in the person's approved budget. The Fiscal Intermediary will assign a representative who will participate in meetings to regularly provide budget updates and provide assistance as needed.

AccessCNY
 1603 Court Street **455-7591**
 Syracuse, 13208 www.accesscny.org

Advocates, Inc.
 636 Old Liverpool Road **469-9931**
 Liverpool, 13088 www.advocatesincorporated.org

Exceptional Family Resources
 1820 Lemoyne Avenue..... **478-1462**
 Syracuse, 13208 www.contactefr.org

H.O.M.E., Inc.
 (Humanitarian Organization for Multi-cultural Experience)
 831 James Street **472-5110**
 Syracuse, 13203 www.homeincny.org

Liberty Resources, Inc.
 1065 James Street **425-1004**
 Syracuse, 13203 www.liberty-resources.org

Onondaga Community Living
 518 James Street Suite 110 **434-9597**
 Syracuse, 13203 www.oclinc.org

RCIL (Resource Center for Independent Living)
 PO Box 210..... **797-4642**
 Utica, 13503 www.rcil.com

The Kelberman Center
 Offices in Syracuse and Utica
 2608 Genesee Street..... **315-797-6241**
 Utica, NY 13502 www.kelbermancenter.org

BROKER SERVICES
 The Broker is responsible for helping individuals develop their Self-Direction plan and budget based on decisions made by the individual and their team. The Broker is required to coordinate quarterly meetings, monitor the person's expenses and may assist with oversight of staffing for the Self-Direction plan.

AccessCNY
 1603 Court Street **455-7591**
 Syracuse, 13208 www.accesscny.org

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 636 Old Liverpool Road **469-9931**
 Liverpool, 13088 www.advocatesincorporated.org

Exceptional Family Resources
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 Syracuse, 13208 www.contactefr.org

Liberty Resources, Inc.
 1065 James Street **425-1004**
 Syracuse, 13203 www.liberty-resources.org

Onondaga Community Living
 518 James Street Suite 110 **434-9597**
 Syracuse, 13203 www.oclinc.org

RCIL (Resource Center for Independent Living)
 400 Columbia Street **797-4642**
 Utica, 13503 www.rcil.com

The Kelberman Center

Offices in Syracuse and Utica
2608 Genesee Street..... **315-797-6241**
Utica, NY 13502 www.kelbermancenter.org

Unity House of Cayuga County Inc.

34 Wright Ave **253-6227 Ext. 202**
Auburn, 13021 www.unityhouse.com

ELIGIBILITY DETERMINATION

To access most of OPWDD supports and services you will need to qualify for OPWDD Eligibility. You will gather medical, educational records and diagnostic reports and may choose to work with an Service Access and Assistance Coordinator from an agency.

AccessCNY

6666 Manlius Center Road **218-1658**
East Syracuse, 13057 www.accesscny.org

Central New York Quest Inc.

1065 James Street, Suite 210 **732-3431**
Syracuse, 13203

OPWDD CNY DDRO

Central NY Region 2..... **793-9600 Ext. 1**
www.opwdd.ny.gov

Epilepsy-Pralid Inc. (EPI)

1065 James Street, Suite 220 **477-9777**
Syracuse, 13203 www.epiny.org

Exceptional Family Resources (EFR)

1820 Lemoyne Avenue..... **478-1462**
Syracuse, 13208 www.contactefr.org

-EFR First Step Program assists individuals with developmental disabilities, living with their families, to establish OPWDD eligibility.

-EFR Senior Caregivers Program assists individuals with a developmental disability that share a home with their 55 years old or older family member.

Learning Disabilities Association of CNY (LDA)

212 E. Manlius Street **870-9464**
E. Syracuse, 13057 www.ldacny.org

Liberty Resources, Inc.

1065 James Street **425-1004**
Syracuse, 13203 www.liberty-resources.org

Spanish Action League of Onon. County Inc.,

700 Oswego Street **475-6153 Ext. 212**
Syracuse, 13204 www.laligaupstatecny.org

MEDICAID SERVICE COORDINATION

Medicaid Service Coordination (MSC) assists individuals and their families in finding, obtaining and coordinating the necessary resources, services and supports to help people live as independently and successfully in the community as possible. Additionally, MSC's provide oversight, information and advocacy as needed. The Medicaid Service Coordinator is responsible for developing, implementing and maintaining the Individualized Service Plan (ISP). The ISP is created through a person centered approach which allows people with disabilities and their families to create a vision of the future through choice and informed decision making. To be eligible for Medicaid Service Coordination, a child or adult needs to have a documented developmental disability, often referred to as having "eligibility". To obtain eligibility for a person, the first point of contact is the Front Door at the CNYDDRO (Central New York Developmental Disabilities Regional Office) 315-793-9600. A person must also have Medicaid or be eligible to receive Medicaid. Agencies listed below are Medicaid Service Coordination (MSC) providers.

AccessCNY

6666 Manlius Center Road **218-0830**
East Syracuse, 13057 www.accesscny.org

Advocates, Inc.

636 Old Liverpool Road **469-9931**
Liverpool, 13088 www.advocatesincorporated.org

Arc of Onondaga

600 S. Wilbur Avenue **473-5027**
Syracuse, 13204 www.arcon.org

ARISE Child and Family Service, Inc

635 James Street **472-3171**
Syracuse, 13203 www.ariseinc.org

Cayuga Centers

2507 James Street, Suite 201 & 205 **253-5383**
Syracuse, 13206 www.cayugacenters.org

Catholic Charities of Onondaga County

1654 W. Onondaga Street **424-1800**
Syracuse, 13204 www.ccoc.us

Central New York Quest Inc.

1065 James Street, Suite 210 **732-3431**
Syracuse, 13203

Central New York Services, Inc.

518 James Street, Suite 240 **478-2453**
Syracuse, NY 13203 www.cnyservices.org

Community Options New York, Inc.

216 W. Manlius Street..... **431-9859**
E. Syracuse, 13057 www.comop.org

HCBS WAIVER SERVICES**HOME AND COMMUNITY-BASED SERVICES (HCBS)**

Most OPWDD services are funded through Medicaid; therefore, in most cases, it is necessary that individuals seeking services from OPWDD enroll in Medicaid. You must be eligible for and enrolled in Medicaid, to enroll in the HCBS waiver. Contact your MSC for HCBS waiver eligibility and enrollment.

COMMUNITY HABILITATION (CH)

Community Habilitation is a service that increases independent living skills. A Direct Support Professional (DSP) staff member will support a person to build meaningful life skills within a person's home and their community. Goals are developed during the person-centered planning process and are reflected within the valued outcomes of the ISP. Goals may include: self-advocacy, travel training, household chores, money management, healthy living/fitness, self-care, cooking, and socialization. This is a OPWDD Waiver service contact your MSC for more details.

AccessCNY

6666 Manlius Center Road **218-0825**
East Syracuse, 13057 www.accesscny.org

Arc of Onondaga

600 S. Wilbur Avenue **476-7441**
Syracuse, 13204 www.arcon.org

ARISE Child and Family Service, Inc.

635 James Street **472-3171**
Syracuse, 13203 www.ariseinc.org

Central New York Developmental Disabilities Regional Office (CNYDDRO)

187 Northern Concourse **473-5050**
N. Syracuse, 13212 www.opwdd.ny.gov

Central New York Quest Inc.

1065 James Street, Suite 210 **732-3431**
Syracuse, 13203

Community Options New York, Inc.

216 W. Manlius Street..... **431-9859**
E. Syracuse, 13057 www.comop.org

Elmcrest

228 Lafayette Road **492-9990 ext. 204**
Syracuse, 13205 www.elmcrest.org

Epilepsy-Pralid Inc. (EPI)

1065 James Street, Suite 220 **477-9777**
Syracuse, 13203 www.epiny.org

E. John Gavras Center

182 North Street..... **282-0562**
Auburn, 13021 www.gavrascenter.com

Elmcrest

228 Lafayette Road **492-2131**
Syracuse, 13205 www.elmcrest.org

Epilepsy-Pralid Inc. (EPI)

1065 James Street, Suite 220 **477-9777**
Syracuse, 13203 www.epiny.org

Exceptional Family Resources

1820 Lemoyne Avenue..... **478-1462**
Syracuse, 13208 www.contactefr.org

H.O.M.E. Inc.

(Humanitarian Organization for Multicultural Experiences)
831 James Street **472-5110**
Syracuse, 13203 www.homeincny.org

Huntington Family Center

405 Gifford Street **476-3157**
Syracuse, 13204 www.huntingtonfamilycenters.org

Liberty Resources, Inc.

1065 James Street **425-1004**
Syracuse, 13203 www.liberty-resources.org

Onondaga Community Living

518 James Street, Suite 110 **434-9597**
Syracuse, 13203 www.oclinc.org

Self-Direct, Inc.

12 Oswego Street **635-5374**
Baldwinsville, 13027 selfdirectinc.org

Spaulding Support Services

6520 Basile Rowe **478-6210**
East Syracuse, 13057 www.spauldingsupport.org

Syracuse Jewish Family Service

4101 E. Genesee Street **445-0820**
Syracuse, 13214 www.sjfs.org

The Kelberman Center

Offices in Syracuse and Utica
2608 Genesee Street..... **315-797-6241**
Utica, NY 13502 www.kelbermancenter.org

Toomey Residential and Community Services, Inc.

1654 W. Onondaga Street **424-1845**
Syracuse, 13204 www.ccoc.us

Unity House of Cayuga County, Inc.

31 Market Street..... **258-9531 ext. 202**
Auburn, 13021 www.unityhouse.com

Exceptional Family Resources (EFR)

1820 Lemoyne Avenue.....**478-1462**
Syracuse, 13208 www.contactefr.org

H.O.M.E., Inc.

(Humanitarian Organization for Multi-cultural Experience)
831 James Street**472-5110**
Syracuse, 13203 www.homeincny.org

InclusiveU at Syracuse University

305 Huntington Hall**433-4058**
Syr., 13244 www.taishoffcenter.syr.edu/inclusiveu

Learning Disabilities Association of CNY (LDA)

212 E. Manlius Street**870-9453**
E. Syracuse, 13057 www.ldacny.org

Liberty Resources, Inc.

1045 James Street**425-1004**
Syracuse, 13203 www.liberty-resources.org

Onondaga Community Living (OCL)

518 James Street, Suite 110**434-9597**
Syracuse, 13203 www.oclinc.org

Project SEARCH at Syracuse University

308 Huntington Hall**807-2522**
Syr., 13244 www.taishoffcenter.syr.edu/projectsearch

Salvation Army

677 S. Salina Street**475-1688**
Syracuse, 13202 www.sasyr.org

SELF-DIRECT, Inc.

12 Oswego Street**635-5374**
Baldwinsville, 13027 www.selfdirectinc.com

Spaulding Support Services

6520 Basile Rowe**478-6210**
East Syracuse, 13057 www.spauldingsupport.org

The Kelberman Center

Offices in Syracuse and Utica
2608 Genesee Street.....**315-797-6241**
Utica, NY 13502 www.kelbermancenter.org

Toomey Residential and Community Services

1654 W. Onondaga Street.**424-1845**
Syracuse, 13204 www.ccoc.us

notes...**DAY HABILITATION**

Day Habilitation, or “Day Hab” targets activities that typically take place outside the home. These activities could include a person joining and participating in a local health club and/or contributing to the community through volunteer work. Separate activities are tied together as they address outcomes the individual has identified, such as becoming more independent, improving health through physical activity, and becoming involved in the community, as stated in their Individualized Service Plan (ISP). To receive day habilitation, an individual with a developmental disability must be enrolled in Medicaid and on the Medicaid Waiver. People are referred by their Medicaid service coordinator. Day habilitation is a service of the Home and Community Based Services Medicaid (HCBS) Waiver.

AccessCNY

1603 Court Street**455-7591**
Syracuse, 13208 www.accesscny.org

Arc of Onondaga

600 S. Wilbur Avenue**476-7441**
Syracuse, 13204 www.arcon.org

Central New York Developmental Disabilities Regional Office (CNYDDRO)

187 Northern Concourse**473-5050**
N. Syracuse, 13212 www.opwdd.ny.gov

Community Options New York Inc.

216 W. Manlius Street.....**431-9859**
E. Syracuse, 13057 www.comop.org

David Clark Learning Center (AccessCNY)

6666 Manlius Center Road**410-3340**
East Syracuse, 13057 www.accesscny.org

Foundations Program at Onondaga Community College

J. Stanley Coyne Hall, 4969 Onondaga Road.....**498-6005**
Syracuse, 13215 www.sunyocc.edu

H.O.M.E. Inc.

831 James Street**472-5110**
Syracuse, 13203 www.homeincny.org

Gateway Day Habilitation

320 Gateway Park Drive**452-0992**
N. Syracuse, 13212 www.opwdd.ny.gov

Liberty Resources Inc.

1045 James Street**425-1004**
Syracuse, 13203 www.liberty-resources.org

Loretto Daybreak Adult Medical Day Program

161 Intrepid Lane**498-4405**
Syracuse, 13205 www.lorettodaybreak.org

PATHWAY TO EMPLOYMENT

Pathway to Employment is a one-year time limited service for people wanting to build work skills and discover their job interests. Some of the services available are: travel training, building social skills, career exploration, volunteer experiences, job shadowing and career/vocational planning. This is a OPWDD Waiver service contact your MSC for more details.

AccessCNY

1603 Court Street**410-3385**
Syracuse, 13208 www.accesscny.org

Arc of Onondaga

346 N. Midler Avenue**424-6000 Ext. 2100**
Syracuse, 13206 www.arcon.org

ARISE Child and Family Service, Inc.

635 James Street**472-3171**
Syracuse, 13203 www.ariseinc.org

Elmcrest Children's Center

228 Lafayette Road**492-9990 Ext. 228**
Syracuse, 13205 www.elmcrest.org

Exceptional Family Resources (EFR)

1820 Lemoyne Avenue.....**478-1462 Ext. 562**
Syracuse, 13208 www.contactefr.org

H.O.M.E. Inc.

831 James Street**472-5110**
Syracuse, 13203 www.homeincny.org

Liberty Resources, Inc.

1045 James Street**425-1004**
Syracuse, 13203 www.liberty-resources.org

Onondaga Community Living

518 James Street Suite 110**434-9597**
Syracuse, 13203 www.oclinc.org

Unity Employment Services

518 James Street Suite B-2**478-4240 Ext. 106**
Syracuse, 13203 www.unityhouse.com

Onondaga Community Living

518 James Street**434-9597**
Syracuse, 13203 www.oclinc.org

Toomey Residential and Community Services

1654 W. Onondaga Street**424-1845**
Syracuse, 13204 www.ccoc.us

EMPLOYMENT SERVICES**EMPLOYMENT TRAINING PROGRAM (ETP)**

All individuals that are accepted into this internship program have to meet the necessary requirements to become a NYS employee. Supports provided through ETP include job development, job placement, and job coaching services. The ETP internship assists individuals to obtain employment to earn at least minimum wage. Participants must also attend monthly job readiness classes. ETP is geared towards individuals who have a strong work ethic and/or volunteer history. This is a OPWDD Waiver service contact your MSC for more details.

AccessCNY

420 East Genesee Street.....**478-4151**
Syracuse, 13202 www.accesscny.org

Arc of Onondaga

346 N. Midler Avenue**424-6000 Ext. 2100**
Syracuse, 13206 www.arcon.org

ARISE Child and Family Service, Inc.

635 James Street**472-3171**
Syracuse, 13203 www.ariseinc.org

Elmcrest Children's Center

228 Lafayette Road**492-9990 Ext. 228**
Syracuse, 13205 www.elmcrest.org

Exceptional Family Resources (EFR)

1820 Lemoyne Avenue.....**478-1462 Ext. 562**
Syracuse, 13208 www.contactefr.org

Learning Disabilities Association of CNY (LDA)

212 E. Manlius Street**870-9460**
E. Syracuse, 13057 www.ldacny.org

Liberty Resources, Inc.

1045 James Street**425-1004**
Syracuse, 13203 www.liberty-resources.org

Onondaga Community Living

518 James Street Suite 110**434-9597**
Syracuse, 13203 www.oclinc.org

| | |
|--|--|
| ACCES VR | |
| Adult Career and Continuing Education Services - Vocational Rehabilitation | |
| Syracuse District Office | |
| 315-428-4179 | 333 E. Washington St. Suite 230 Syracuse, NY 13202 |
| www.acces.nysed.gov/vr | |

COMMUNITY BASED PREVOCATIONAL SERVICES

This service would benefit individuals who need to build job skills in order to obtain future employment. The purpose of this service is habilitative rather than teaching a specific job task or skill. Prevocational Services are provided to persons not expected to join the general workforce within one year. Individuals develop skills through job shadowing and volunteer work. Allowable services include; learning to follow directions, attending to task, problem solving, work safety, demands of the work place and task completion. This is a OPWDD Waiver service contact your MSC for more details.

AccessCNY

420 East Genesee Street **478-4151**
Syracuse, 13202 www.accesscny.org

Arc of Onondaga

346 N. Midler Avenue **424-6000**
Syracuse, 13206 www.arcon.org

Community Options New York, Inc.

216 W. Manlius Street **431-9859**
E. Syracuse, 13057 www.comop.org

Exceptional Family Resources (EFR)

1820 Lemoyne Avenue **478-1462 Ext. 562**
Syracuse, 13208 www.contactefr.org

SEMP (SUPPORTED EMPLOYMENT)

This service provides assistance and staff support for an individual to obtain, maintain or advance in employment. A job coach will assist with on-the-job training such as; work tasks, problem solving, communication and travel training. Based on an individuals needs supported employment services may vary. This is a OPWDD Waiver service contact your MSC for more details.

AccessCNY

420 East Genesee Street **478-4151**
Syracuse, 13202 www.accesscny.org

Arc of Onondaga

346 N. Midler Avenue **424-6000**
Syracuse, 13206 www.arcon.org

ARISE Child and Family Service, Inc.

635 James Street **472-3171**
Syracuse, 13203 www.ariseinc.org

AURORA of Central New York, Inc.

518 James Street, Suite 100TDD 422-9746 **422-7263**
Syracuse, 13203 www.auroraofcny.org

Community Options New York, Inc.

216 W. Manlius Street **431-9859**
E. Syracuse, 13057 www.comop.org

Elmcrest Children's Center

228 Lafayette Road **492-9990 Ext. 228**
Syracuse, 13205 www.elmcrest.org

Exceptional Family Resources (EFR)

1820 Lemoyne Avenue **478-1462 Ext. 562**
Syracuse, 13208 www.contactefr.org

Learning Disabilities Association of CNY (LDA)

212 E. Manlius Street **870-9460**
E. Syracuse, 13057 www.ldacny.org

Liberty Resources, Inc.

1045 James Street **425-1004**
Syracuse, 13203 www.liberty-resources.org

Onondaga Community Living

518 James Street **434-9597**
Syracuse, 13203 www.oclinc.org

St. Joseph's Vocational Services

747 James Street **703-2759**
Syracuse, 13203 www.sjhsyr.org

Unity Employment Services

518 James Street Suite B-2 **478-4240 Ext. 106**
Syracuse, 13203 www.unityhouse.com

ADDITIONAL EMPLOYMENT SUPPORTS

Central New York Services, Inc.

PROS (Personalized Recovery Oriented Services)

375 W. Onondaga Street **478-2030**
Syracuse, NY 13202 www.cnysservices.org
PROS (Personalized Recovery Oriented Services) employment services are designed to enable participants to successfully develop individual capacities for getting and keeping a job. This is achieved through consistent participation in a variety of evidence-based employment related classes. In addition, our professional staff works one-on-one with participants to address work behaviors, learn social skills in the work place, practice effective communication, problem solve, attend to grooming/hygiene, and set goals. Skill development and ongoing support are key components of the program.

Circare

620 Erie Blvd West, Suite 302 **472-7363**
Syracuse, 13204 www.cir.care

Circare provides employment services through several different programs, to fulfill the needs of a wide-range of people. The Home and Community Based Employment program provides people with Mental Illness and Substance Use Disorders, specially designed employment services to help them gain employment. Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI)

FAMILY EDUCATION & TRAINING

Family Education and Training (FET) is a HCBS waiver service provided to the parent/guardian of whose children are under 18 years of age to maintain their Medicaid. Insurance. Instructors that provide FET trainings should be recognized experts in their field and possess the appropriate credentials which are deemed satisfactory to the Central New York Developmental Disabilities Regional Office. Agency FET providers may not have more than eight FET parents participate in any single session. Sessions must be a minimum of two hours each. Contact your MSC for arrangements or one of the FET provider agencies listed below.

Exceptional Family Resources (EFR)

1820 Lemoyne Avenue **478-1462**
Syracuse, 13208 www.contactefr.org
Our FET class schedule is on our website.

INDIVIDUALIZED SUPPORT SERVICES

The Individualized Support Services (ISS) program is designed to help people live on their own rather than in a group home or with other family members. ISS provides funding which, in addition to individual's current income, helps to pay necessary bills. As few people have enough money to buy everything they want, each person will need to make some decisions between things that they really NEED (a place to live, clothes to wear, etc.) versus things they WANT but really don't need. All ISS recipients must meet OPWDD's (Office for People With Developmental Disabilities) eligibility guidelines including criteria about a person's living situation. A person with a developmental disability (DD) living alone or living with non-related housemates, a single parent/head of household with developmental disabilities, a married couple, one or both with developmental disabilities with or without children, a person living with a sibling, both with developmental disabilities.

AccessCNY

6666 Manlius Center Road **218-0844**
East Syracuse, 13057 www.accesscny.org

ARISE Child and Family Service, Inc.

635 James Street **472-3171**
Syracuse, 13203 www.ariseinc.org

Epilepsy-Pralid Inc. (EPI)

1065 James Street, Suite 220 **477-9777**
Syracuse, 13203 www.epiny.org

beneficiaries can access the Employment Network /Ticket to Work Program, to find employment services for beneficiaries with a range of disabilities. Recipients of the New York State Adult Career and Continuing Education Services (ACCES-VR) can receive Direct Employment Services and Certified Work Incentive Benefit Planning from Circare. Contact an ACCES-VR counselor, to find out more about these services. Individuals who receive Health Home Care Coordination Services can contact their Care Co-coordinator to receive information about vocational services provided in the Health Home. "Employment is our Priority"

Spanish Action League of Onon. Co., Inc.

700 Oswego Street **475-6153**
Syracuse, 13204 www.laligaupstatecny.org
Bilingual information and assistance mainly directed toward the Latino population, but all clients are assisted regardless of their ethnic background. The careers department assists with applications, resume development, job leads and placements

ENVIRONMENTAL MODIFICATIONS (EMODS)

Environmental Modifications are adaptations to the home or property that are necessary to increase or maintain a person's ability to live at home with independence and assured safety. These adaptations address needs related to physical, behavioral, or sensory disabilities. This is a OPWDD Waiver service contact your MSC for more details.

AccessCNY

6666 Manlius Center Road **218-0844**
East Syracuse, 13057 www.accesscny.org

ARISE Child and Family Service, Inc.

635 James Street **472-3171**
Syracuse, 13203 www.ariseinc.org

Central New York

Developmental Disabilities Regional Office (CNYDDRO)

187 Northern Concourse **473-5050**
N. Syracuse, 13212 www.opwdd.ny.gov

SELF-DIRECT, Inc.

12 Oswego Street **635-5374**
Baldwinsville, 13027 www.selfdirectinc.com

notes...

L'Arche Syracuse
920 Spencer Street **479-8088**
Syracuse, 13204 www.larchesyracuse.org

Learning Disabilities Association of CNY (LDA)
212 E. Manlius Street **870-9453**
E. Syracuse, 13057 www.ldacny.org

Onondaga Community Living (OCL)
518 James Street, Suite 110 **434-9597**
Syracuse, 13203 www.oclinc.org

Spaulding Support Services
6520 Basile Rowe **478-6210**
East Syracuse, 13057 www.spauldingsupport.org

Toomey Residential and Community Services
1654 W. Onondaga Street **424-1845**
Syracuse, 13204 www.ccoc.us

Unity House of Cayuga County, Inc.
31 Market Street **253.6227 x202**
Auburn, 13021 www.unityhouse.com

INTENSIVE BEHAVIOR SERVICES (IBS)

Intensive Behavior Services (IBS) specifically addresses the needs of families caring for a child or adult at home who is displaying challenging behaviors that threaten the capacity of the family to cope and result in increased risk for out of home placement. This service comprises a high quality, time-limited, intensive intervention that includes functional behavioral assessment, the development of a targeted behavior management plan, extensive training by clinicians to parents and other caregivers in the home, and transition planning activities. The goal of the service is to provide families with the behavior management skills necessary to achieve and maintain community stabilization, and allow the individuals continued participation in community programs, routines and activities. Agencies that provide this OPWDD Waiver service are listed below or contact your service coordinator for additional information.

Franziska Racker Centers
882 NYS Route 13 **(607) 753-9375**
Cortland, 13045 www.rackercenters.org

Oswego Industries, Inc.
7 Morrill Place **598-3108**
Fulton, 13069 www.oswegoindustriesinc.org

The Kelberman Center
Offices in Syracuse and Utica
2608 Genesee Street **315-797-6241**
Utica, NY 13502 www.kelbermancenter.org

OTHER BEHAVIOR SUPPORTS-NON WAIVER

Autism Spectrum Related Disorders Clinic at Margaret L. Williams Developmental Evaluation Center
215 Bassett Street **472-4404**
Syracuse, 13210 www.developmentalevaluationcenter.com
An interdisciplinary team approach is used. Services focus on communication systems, sensory processing and organization, social and emotional skill building, play skills, behavioral needs, family adjustment, parenting groups, home and classroom supports. The clinic offers training and consultation to families and professionals working with children with autism spectrum disorders. Services for families who wish some help with parenting their child, professionals who are working with a specific child at home or school, professionals who are interested in further training and mentoring in providing appropriate services.

Center for Development, Behavior and Genetics/ SUNY Upstate
725 Irving Avenue, Suite 112 **464-6395**
Syracuse, 13210 www.upstate.edu/gch
The Center for Development, Behavior, and Genetics provides comprehensive, innovative, family-centered health care. Our team of professionals advocate for and support patients and their families by promoting independence, respect, effective communication, and community collaboration. Center programs include: Autism and Child Development, Medical Genetics, Metabolic Program, Physical Disabilities, and Spina Bifida.

Family Behavior Analysis Program is comprised of services for both Severe Behavior Disorders and Feeding Disorders. The services for Severe Behavior Disorders include the assessment and treatment of challenging behavior (e.g., aggression, self-injury, pica, property destruction, general disruptive behavior, non-compliance) displayed by children and adolescents with developmental disabilities. More specifically, a team of Licensed Psychologists, Board Certified Behavior Analysts (BCBAs), and direct-care staff will assist families with understanding the purpose behind their child's challenging behavior and develop an individualized treatment that focuses on the prevention of future occurrences of the challenging behavior. Caregivers are trained in basic behavior management techniques, as well as on the treatment procedures specific to their child's challenging behavior. Finally, clinical services are supplemented with in-home visits to ensure carryover of the behavior management techniques into the child's natural environment. Children appropriate for these services are those whose behavior puts them or their family at serious risk for diminished health and/or the child is at risk for a change in their home or school placement.

The services for Feeding Disorders include the assessment and treatment of a variety of feeding difficulties displayed by children both with and without developmental disabilities. Feeding difficulties may include: food selectivity, food refusal, and restricted or limited food consumption due to a medical complication (e.g., presence of G-tube). The feeding

staff work toward the development of a structured meal plan that is designed to meet the needs of each individual child. Caregivers are trained in the techniques that work best for assisting their child in being successful. Additionally, clinical services are supplemented with in-home visits to ensure the child continues to consume all foods successfully within the natural environment. Prior to receiving feeding services, all individuals need to obtain medical clearance from Upstate Medical Gastroenterology.

The Family Behavior Analysis Clinic uses the basic principles of learning and behavior analysis to assess and treat behavior problems displayed by children with developmental disabilities. Children appropriate for this clinic are those who are at risk for a change in their living or school placement or whose behaviors put them or their family at serious risk for diminished health.

SELF-DIRECT, INC.
12 Oswego Street **635-5374**
Baldwinsville, 13027 www.selfdirectinc.com
Serves people with TBI. Intensive Behavioral Program, Home and Community Support Services, Community Integration Counseling, Home and Community Support Services (HCSS).

RESPITE

Respite gives families and caregivers an opportunity for temporary relief of the daily responsibility of caring for a person who has a disability. Most agencies require OPWDD (Office for People With Developmental Disabilities) eligibility and HCBS waiver eligibility.

ARISE Child and Family Service, Inc.
635 James Street **472-3171**
Syracuse, 13203 www.ariseinc.org
Our Respite services give parents and care-givers a much-needed break. Whether you need to work, run errands, or just relax, we can provide safe supervision and a variety of social and recreational experiences to children and adults with disabilities. After-School Respite is available in Onondaga and Madison County. In-Home Respite is available in Madison, Onondaga & Oswego Counties.

Casey's Place
228 LaFayette Road **492-9990**
Syracuse, 13205 www.elmcrest.org
Site-based planned respite for children with developmental disabilities and/or severe medical conditions ages birth to 21. Overnight respite includes weekends and summers, day respite includes afterschool, teen, school breaks and summers. Children must be OPWDD eligible.

notes...

Catholic Charities Neighborhood Centers
1654 W. Onondaga Street **424-1800**
Syracuse, 13204 www.ccoc.us

-Bishop Foery Foundation
100 Edmund Avenue, Syr., 13205 **475-8316**

-Hawley Youth Organization
716 Hawley Avenue, Syr., 13203 **472-6343**

-Northside CYO
527 N. Salina Street, Syr., 13208 **474-7428**

-Vincent House
500 Seymour Street, Syr., 13204 **475-9844**

-Westmoreland Park
130 Westmoreland Avenue, Syr., 13224 **473-6754**

Exceptional Family Resources (EFR)
1820 Lemoyne Avenue **478-1462**
Syracuse, 13208 www.contactefr.org

"Take A Break" Family Respite Services recruit, screen and train Direct Support Professionals, then match them with enrolled families who have a child with a developmental disability. EFR provides several types of respite ranging from in-home to community based services. All respite services require OPWDD eligibility and some require enrollment in the HCBS Medicaid Waiver. Call for details on our various services.

"Project Explore" is a summer recreation/respite program for students ages 13-21 with developmental disabilities. The program runs weekdays, June-August, from noon-5pm. OPWDD eligibility and enrollment in HCBS Medicaid Waiver is required.

H.O.M.E., Inc.
(Humanitarian Organization for Multi-cultural Experience)
831 James Street **472-5110**
Syracuse, 13203 www.homeincny.org
After-school respite program to individuals ages 10-22 and the hours of operation are Monday through Friday 2pm-6pm.

Spaulding Support Services
6520 Basile Rowe **478-6210**
East Syracuse, 13057 www.spauldingsupport.org

Respite gives caregivers a break from the day to day care needs of their family member. Short-term, planned respite services are available at a friendly supervised setting by trained staff who provide a level of care to meet the needs of each individual. The service requires OPWDD eligibility and HCBS waiver enrollment. There are two locations.

-Crystal House 424-3851
104 East Beard Ave., Syracuse, 13205

-Guest House 478-5254
241 Beattie Street, Syracuse, 13224

The Kelberman Center - Offices in Syracuse and Utica
2608 Genesee Street **315-797-6241**
Utica, NY 13502 www.kelbermancenter.org

ADDITIONAL RESPITE SERVICES**David's Refuge**

8195 Cazenovia Road **682-4204**
 Manlius, 13104 www.davidsrefuge.org
 "Caring for the Caregiver" a bed and breakfast retreat in Manlius for parents/guardians who care for children of any age with special needs; child must live full time in the family home and be OPWDD eligible.

**Dunbar Center**

1453 S. State Street **476-4269**
 Syracuse, 13205 www.dunbarassociation.org
 Our goal is to provide after school and respite programming to children ages 5-19, that will help enhance and produce well rounded youth that exhibit logical thoughts and are better prepared to enter the work force and/or institutions of higher learning.

PEACE, Inc. Emma L. Johnston South Side Family Resource Center – Project Connection Program

136 Martin Luther King West **470-3342**
 Syracuse, NY 13205 www.peace-caa.org
 Family support staff works with families of children age 5-14 with intellectual and developmental disabilities including Autism, Cerebral Palsy, Down syndrome, Genetic Syndromes, Muscular Dystrophy, Epilepsy and other medical disabilities. Some areas of support include: after school respite, summer youth, family advocacy, outreach, recreation, art, health, and wellness.

Respitiy at AccessCNY

6666 Manlius Center Road **218-0844**
 East Syracuse, 13057 www.accesscny.org
 AccessCNY serves families caring for persons with developmental disabilities by providing respite and recreation services in conjunction with community agencies, i.e., neighborhood centers, YMCA's and summer camps. Subsidies can be available to families to purchase their own services.

notes...**ADAPTIVE EQUIPMENT****AccessCNY**

1603 Court Street **410-3336**
 Syracuse, 13208 www.accesscny.org
 Adaptive equipment available for loan.

ARISE Child and Family Service, Inc.

635 James St **472-3171**
 Syracuse, 13203 www.ariseinc.org
 Adaptive equipment available for loan.

AURORA of Central New York, Inc.

518 James Street, Suite 100 TDD 422-9746 **422-7263**
 Syracuse, 13203 www.auroaofcny.org
 Assistive devices for individuals with vision/hearing loss; talking watches, large print materials, flashing safety devices and household supplies.

ADULT DAY PROGRAMS**ADULT MEDICAL DAY PROGRAMS**

Serves adults (typically age 21 and older) requiring medical services including those with diabetes, stroke, multiple sclerosis, Parkinson's, heart failure, emphysema, epilepsy, and traumatic brain injury. Medical monitoring, assessment, treatment and education, chronic disease management, supervision, socialization, and nutrition services are provided. Medical Day Programs help to keep people independent and healthy so visits to physicians and hospitalizations can be minimized and support individuals in order to prevent or delay placement in health-related facilities. Transportation to these programs is provided. Medicaid pays for these programs for qualified adults. Participation in the Medicaid Home and Community Based Service (HCBS) Waiver is not required. In the last several years, long waiting lists for Day Habilitation services through the HCBS Waiver have resulted in more people with developmental disabilities being served in Medical Day Programs. A doctor's referral is required.

Central Park Rehabilitation and Nursing Center Day Away Program

116 E. Castle Street **475-1641**
 Syracuse, 13205 www.centralparkrehab.com

Loretto Daybreak Adult Medical Day Program

161 Intrepid Lane **498-4405**
 Syracuse, 13205 www.loretto-cny.org

Menorah Park Rothschild Adult Day Health Program

4101 E. Genesee Street **446-9111**
 Syracuse, 13214 www.menorahparkny.com

AFTER SCHOOL PROGRAMS**Boys and Girls Club of Syracuse**

Administration **472-6714**
 Syracuse, 13224 www.BGCSyracuse.org
 2100 E. Fayette Street **472-6727**
 201 Hamilton Street **468-0521**
 The Boys & Girls Club is a youth development agency whose goal is to inspire and enable all young people in the Syracuse area, especially those who need us most, to realize their full potential as productive, responsible and caring citizens. Call administrative offices for programs and sites in other neighborhoods.

Casey's Place

228 Lafayette Road **492-9990**
 Syracuse, 13205 www.elmcrest.org
 After school site-based respite for children ages 3 to 21 with developmental disabilities and/or medical conditions who qualify for OPWDD services.

Catholic Charities Neighborhood Centers

1654 W. Onondaga Street **424-1800**
 Syracuse, 13204 www.ccoc.us

-Bishop Foery Foundation

100 Edmund Avenue, Syracuse, 13205 **475-8316**

-Hawley Youth Organization

716 Hawley Avenue, Syracuse, 13203 **472-6343**

-Northside CYO

527 N. Salina Street, Syracuse, 13208 **474-7428**

-Vincent House

500 Seymour Street, Syracuse, 13204 **475-9844**

-Westmoreland Park

130 Westmoreland Avenue, Syracuse, 13224 **473-6754**

Child Care Solutions

6724 Thompson Road **446-1220**
 Syracuse, 13211 www.childcaresyracuse.org
 Provides parents with referrals to child care centers, family child care homes, before and after-school programs, nursery schools and summer camps. It also mails written materials to help parents choose a child care program which best meets their family needs.

Dunbar Center

1453 S. State Street **476-4269**
 Syracuse, 13205 www.dunbarassociation.org
 Our goal is to provide after-school and respite programming to children ages 5-19, that will help enhance and produce well-rounded youth that exhibit logical thoughts and are better prepared to enter the work force and/or institutions of higher learning.

PACE CNY (Program of All-Inclusive Care for the Elderly)

-Sally Coyne Center
 100 Malta Lane **452-5800**
 N. Syracuse, 13212
-Catherine McAuliffe Center
 700 E. Brighton Avenue **452-5800**
 Syracuse, 13205 www.pacecny.org

St. Camillus Adult Day Health

813 Fay Road **488-2951**
 Syracuse, 13219 www.st-camillus.org

ADULT SOCIAL DAY PROGRAMS

Programs for older adults who may be socially isolated or need supervision during their structured daily activities. They provide supervision, socialization, mental and physical stimulation, nutrition, and linkage to community services. Some Social Day Programs are med certified; some are not. Some include amenities such as beauty salon services. They are NOT a Medicaid eligible service. People generally private pay for these services, though some financial assistance may be available.

Alzheimer's Association, Kirkpatrick Day Program

441 W. Kirkpatrick Street **472-4201**
 Syracuse, 13204 www.alzcnny.org

Salvation Army Adult Day Center

749 S. Warren Street **479-1313**
 Syracuse, 13202 www.sasyr.org

Silver Fox

22 E. Genesee Street **635-5335**
 Baldwinsville, 13027 www.silverfoxseniors.org

St. Francis Social Adult Day Care

1108 Court Street **424-1003**
 Syracuse, 13208 www.mwtsd.com

Winds of Agape Day Program

1414 Grant Blvd. **425-0547**
 Syracuse, 13208 www.windsofagape.com

notes...

Brain Injury Coalition (BIC) of Central New York

420 E. Genesee Street **425-5364**
Syracuse, 13202 www.bic-cny.org

The BIC is comprised of brain injury survivors, family members and community organizations which provides education, resources, activities and a support group.

Catholic Charities of Onondaga County

1654 W. Onondaga Street **424-1800**
Syracuse, 13204 www.ccoc.us

Catholic Charities of Onondaga County is one of the area's leading not-for-profit human services agencies, providing compassionate care and advocacy for all people in need, regardless of religion, race, ethnicity, or nationality. The agency's programs focus on children and families, at-risk youth, refugees, the homeless, those in need of emergency assistance, and the elderly, as well as disadvantaged, addicted, and/or developmentally disabled individuals.

Central New York Developmental Disabilities Regional Office (CNYDDRO)

187 Northern Concourse **473-5050**
N. Syracuse, 13212 www.opwdd.ny.gov

CNYDDRO is an agency of the New York State Office for People With Developmental Disabilities (OPWDD). Central New York DDRO works in partnership with families, voluntary agencies, and local governments to design, develop, and deliver programs and services that meet the needs of each individual and his or her family. Provides residential, habilitative, vocational, and support services; home modification, counseling, recreation, respite, advocacy, life planning, clinical services, and referrals to community agencies for people with developmental disabilities and their families. Serving Cayuga, Cortland, Herkimer, Lewis, Madison, Oneida, Onondaga and Oswego Counties.

Central New York Services, Inc.

518 James Street, Suite 240 **478-2453**
Syracuse, NY 13203 www.cnyservices.org

Central New York Services, Inc. (CNYS) is a Behavioral Health Organization dedicated to improving the quality of life for individuals and families. Created to serve our most at-risk community members, CNYS provides services to program participants struggling with mental health and substance abuse issues, poverty, and homelessness. Our Mission is to provide caring and compassionate services to individuals with behavioral health needs by embracing their strengths, needs, abilities and preferences and helping the person to realize his or her goals. A person-centered organization, CNYS provides supportive services while respecting the right of each individual to make their own life choices. We are committed to providing the highest quality of service and utilizing the most cost effective delivery models. Due to consumer demand, our services have grown to include housing, residential, clinical (including mental health and substance abuse counseling), forensic, financial management, and Medicaid Service Coordination.

Central New York Quest Inc.

1065 James Street, Suite 210 **732-3431**
Syracuse, 13203

Central New York Quest's mission is to enrich the lives of people with developmental, intellectual, and mental health disorders by providing comprehensive, state-of-the-science assessment and treatment services; facilitating systemic improvements in services and education; supporting and advocating for individuals in their quest for achieving their optimal potential, and enhancing community supports, awareness and education."

Circare

620 Erie Blvd West, Suite 302 **472-7363**
Syracuse, 13204 www.cir.care

Circare supports individuals and families in identifying and achieving behavioral and physical health and wellness goals. Circare offers care management for adults and children, outpatient behavioral health treatment, peer services, vocational services, care coordination and crisis intervention for youth and families, Home and Community Based Services for HARP plan beneficiaries, and Assertive Community Treatment. Circare's core value of providing person-centered services is embedded in all programs and promotes personal choice, respect for diversity, individuality, and community inclusiveness.

Community Options New York, Inc.

216 W. Manlius Street **431-9859**
E. Syracuse, 13057 www.comop.org

Specializes in residential services, day program services and service coordination for individuals with traumatic brain injuries and other disabilities. The agency provides services under the OPWDD Medicaid Waiver and the Dept. of Health. Traumatic Brain Injury and nursing home transition and Diversion Waivers.

Contact Community Services, Inc.

6311 Court Street Road **251-1400**
East Syracuse, 13057 www.contactsyracuse.org

Contact is dedicated to suicide awareness and prevention with free, confidential and 24/7 counseling and trainings that advance positive behavior and social, emotional and mental health for youth and adults. Contact's 24/7 crisis and suicide prevention services include the local Crisis Counseling Hotline; National Suicide Prevention Lifeline; Crisis Chat online service; Telecare service for homebound residents; Crisis Center Follow-up; and 211CNY (www.211cny.com), an information and referral line for basic needs, human services, developmental disability services and mental health services. Contact also offers school-based services with programs in grades K-12 that develop students' social, emotional, behavioral and mental health skills. And Contact provides community trainings, including Mental Health First Aid, Anger Management and Children 1st for separating or divorced couples. Contact is also home to the Sudden Infant and Child Death Resource Center.

Elmcrest Children's Center

960 Salt Springs Road **446-6250**
Syracuse, 13224 www.elmcrest.org

Residential and community-based services to children and families that meet their needs. Education services, counseling, respite, preschool and emergency foster care.

-Bridges to Health meets the need of children in foster care who are at risk of being placed in long-term institutional care. Services provided in multiple NYS counties. Services include case management (HCI) and Waiver services providers (WSP) offering direct services to children based upon their needs. Children must be in the custody of DSS of OCFS to qualify and have a documented mental health, developmental, or severe medical diagnosis.

Epilepsy-Pralid Inc. (EPI)

1065 James Street, Suite 220 **477-9777**
Syracuse, 13203 www.epiny.org

Epilepsy-Pralid, Inc. (EPI) is a person-centered agency proudly serving individuals across Onondaga, Oswego, Oneida, Cayuga, Cortland, and Herkimer Counties who have been found eligible for services and supports through OPWDD. Pertinent services offered through the Syracuse/Central New York office include Medicaid Service Coordination, Community Habilitation (w/ option to self-direct), Family Support Services, Individualized Support Services, Community Education and Advocacy, as well as support with establishing services through OPWDD's Eligibility Clinic and Front Door Intake Unit. In addition, an Epilepsy Support Group is conducted once per month on James Street through the Community Education department and remains open to the public. Individuals served and eligible through OPWDD are also welcomed and encouraged to attend EPI's Camp EAGR, which occurs annually every August and provides a week-long opportunity to socialize and be active amongst supportive peers and staff.

Exceptional Family Resources (EFR)

1820 Lemoyne Avenue **478-1462**
Syracuse, 13208 www.contactefr.org

Exceptional Family Resources' mission focuses on forming true partnerships with people with disabilities and their families through services and supports which enhance lives and foster community acceptance. We do this through a person-centered approach in an array of individualized and community-based services in Onondaga County, including but not limited to: self-directed services, including broker and fiscal intermediary, community habilitation, service coordination and service access assistance, advocacy, information and referral, prevocational and supported employment services, family support reimbursement, recreation, and a variety of different respite services.

notes...**H.O.M.E., Inc.**

(Humanitarian Organization for Multi-cultural Experience)
831 James Street **472-5110**

Syracuse, 13203 www.homeincny.org

H.O.M.E Inc., has six programs and two housing complexes designed to provide quality services to people with developmental disabilities: Medicaid service coordination, housing opportunities, supportive apartments, family care, day habilitation, community habilitation, pre-vocational and after school respite programs.

Huntington Family Center

405 Gifford Street **476-3157**
Syracuse, 13204 www.huntingtonfamilycenters.org

Information and outreach, offers parent education, adolescent treatment programs, family support services, Medicaid service coordination, senior case management services, pre-k, youth and teen programs. Serving families with disabilities.

Learning Disabilities Association of CNY (LDA)

212 E. Manlius Street **432-0665**
E. Syracuse, 13057 www.ldacny.org

Serves individuals with learning disabilities, ADHD and related disorders. Provides information and referral to community supports, educational advocacy, employment services, summer programs for children and teens, recreational groups for teens and young adults, independent living for adults with learning disabilities and related disorders. Serves Onondaga County.

Liberty Resources, Inc.

1045 James Street **425-1004**
Syracuse, 13203 www.liberty-resources.org

Provides a wide variety of behavioral health services for children, adults, and families, including services for people with disabilities. Programs for people with developmental disabilities include service coordination, self-direction, day habilitation, community habilitation, supportive apartments and Individual Residential Alternatives. Serving Madison, Onondaga, Oswego, Cayuga and Cortland Counties.

Onondaga Community Living (OCL)

518 James Street, Suite 110 **434-9597**
Syracuse, 13203 www.oclinc.org

OCL empowers and individually supports people with developmental disabilities to live full lives as integral, respected members of the community. Services offered are Person Centered Planning through Self Direction, Support Brokerage, Fiscal Intermediary, Medicaid Service Coordination (MSC), Community Hab/Day Service, College Access service through Syracuse University, Representative Payee Services, AccesVR, Supported Employment/SEMP, Employment Training Program (ETP), Pathways to Employment, Individualized Supports & Services (ISS), and Community Habilitation.

PEACE, Inc.

217 S. Salina Street, 2nd floor **470-3300**
Syracuse, NY 13202 www.peace-cao.org
Serves low income families, offering many programs for families & individuals of all ages. For youth, such as Big Brothers/Big Sisters, Head Start and Early Head Start, community and Family Resource Centers; for seniors, such as community and Family Resource Centers, energy and housing (weatherization), information & assistance, foster grandparent program and senior nutrition; and family services such as energy and housing (weatherization), income tax preparation and community and Family Resource Centers. Family Resource Centers throughout the city and county provide emergency assistance, crisis interventions, and supportive services, advocacy, education, and family development.

Salvation Army

677 S. Salina Street **475-1688**
Syracuse, 13202 www.sasyr.org
Offers counseling, emergency housing care and material assistance to individuals and families; safe, affordable supervised apartments for young mothers ages 16-21 and their children. Comprehensive youth services include residential care and counseling for runaway and homeless youth; counseling and case management for pregnant or parenting teens; Youth Community Center; PRISM program; shelter and transitional housing services for older troubled youth and their families. Also provides a senior citizens' nutrition and socialization program for people age 45-60 with developmental disabilities living alone or with their families; day care centers; residential camping for children, families and the elderly; emergency disaster relief.

SELF-DIRECT, Inc.

12 Oswego Street **635-5374**
Baldwinsville, 13027 www.selfdirectinc.com
Serves people with TBI with a wide variety of services: Independent living skills training and environmental modifications, Intensive Behavioral Program, Home and Community Support Services, Community Integration Counseling, Home and Community Support Services.

Spanish Action League of Onon. Co., Inc.

700 Oswego Street **475-6153**
Syracuse, 13204 www.laligaupstatecn.org
Bilingual information and assistance mainly directed toward the Latino population, but all clients are assisted regardless of their ethnic background. Currently, the League has careers, language (interpretation and translation), family services (breast cancer case management, domestic violence prevention and advocacy for victims, and advocacy for disabled clients), youth (afterschool) and theater, and housing (first-time home buyers classes, eviction prevention and landlord/tenant mediation, foreclosure assistance) departments. All departments offer information/referral and interpretation/translation services.

Spaulding Support Services

6520 Basile Rowe **478-6210**
East Syracuse, 13057 www.spauldingsupport.org
To support the evolving needs of people with developmental disabilities by focusing our efforts on assistance for people to live in homes of their choice, assistance in locating and utilizing supports to accomplish personal goals and meet personal needs, and assistance to families and caregivers in the day-to-day care of their loved one with a disability. Spaulding Support Services advances this mission by focusing its efforts in community habilitation, service coordination, residential housing options and respite services.

**Starbridge**

1650 South Avenue, Suite 200 **345-2555**
Toll Free Phone **1-800-650-4967**
Rochester, NY 14620 www.starbridgeinc.org
Starbridge partners with people with disabilities, their families, and others who support them, to realize fulfilling possibilities in education, employment, health, and community living. Together, we transform communities to include everyone. Our main office is located in Rochester. Our Parent Training & Information Center serves all of NYS except for the 5 boroughs of NYC and Long Island. In Central NY, our Family Education Specialist works with families of students who have disabilities or suspected disabilities to navigate school systems and policies, to understand laws governing special education, to improve educational outcomes, and to build positive family-school relationships. We offer advocacy trainings and workshops for families and professionals.

Syracuse Jewish Family Service, Inc.

4101 E. Genesee Street **445-9111**
Syracuse, 13214 www.sjfs.org
Services for special populations include consultation, comprehensive assessments and care management for older adults and individuals with special needs. We provide services to those who wish to live independently in the community, and individuals seeking housing that require supportive services. Additional services are care management, counseling, financial case management and Kosher Meals on Wheels.

ASSISTIVE TECHNOLOGY

Assistive Technology (AT) is any computerized device or piece of equipment used to maintain or improve a person's functional capabilities. For students, a school district's speech language therapist, physical and/or occupational therapist may be able to help identify appropriate equipment and/or technology. Funding for assistive technology can come from many sources, including Medicaid, Medicare, school districts, private insurance, or private sources. This section suggests places to find information and funding, as well as resources for assistive technology.

ARISE Child and Family Service, Inc.

635 James Street **472-3171**
Syracuse, 13203 www.ariseinc.org
ARISE's mission is to work with people of all abilities to create a fair and just community in which everyone can fully participate. Assistive technology helps make that possible. Provides information and referral to assistive technology resources.

AURORA of Central New York, Inc.

518 James Street, Suite 100 TDD 422-9746 **422-7263**
Syracuse, 13203 www.auroraofcny.org
Assistive devices for individuals with vision/hearing loss; talking watches, large print materials, flashing safety devices and household supplies.

Central New York Developmental Disabilities Regional Office (CNYDDRO)

187 Northern Concourse **473-5050**
N. Syracuse, 13212 www.opwdd.ny.gov
Provides technology evaluations and information on adaptive equipment and possible funding sources.

CHAT Collective

100 Clinton Street **315-569-0584**
Fayetteville, 13066 www.chatcollective.com
CHAT Collective's mission is to inspire and empower society to engage effectively with nonverbal and limited communicators. We developed low-cost tools to benefit those who have communications challenges brought on by disability, strokes, traumatic brain or other injuries. Fee for Service

Institute on Communication and Inclusion at Syracuse University

370 Huntington Hall, S.U. **443-9379**
Syracuse, 13244 ici.syr.edu
Facilitated communication is an alternative means of expression for people who cannot speak or whose speech is highly limited (e.g. echoed, limited to one or a few word utterances) and who cannot point reliably. The Institute

Syracuse Model Neighborhood Facility, Inc.

Southwest Community Center
401 South Avenue **474-6823**
Syracuse, 13204 www.swccsyr.org
Provides a network of human services to residents of the low-income neighborhood of southwest inner-city Syracuse. Through special events, outreach efforts, prevention, intervention, employment and educational services, support, peer, and mentoring groups, and collaborative programs, people throughout the city interact with and benefit from agency services

The Kelberman Center

Offices in Syracuse and Utica
2608 Genesee Street **315-797-6241**
Utica, NY 13502 www.kelbermancenter.org
Offers Medicaid service coordination, community hab, full-day preschool, respite, behavior supports, broker and fiscal intermediary services, evaluations, autism trainings, camp and recreation opportunities.

Toomey Residential and Community Services

1654 W. Onondaga Street **424-1845**
Syracuse, 13204 www.ccoc.us
Toomey Residential and Community Services is an organization providing a continuum of community-based clinical treatment services and programs for children, adolescents, adults and their families. Programs include: agency boarding homes, children's community residence, foster care services, intermediate care facilities, home and community-based Waiver services, and Medicaid service coordination.

Whole Me, Inc.

1010 James Street TTY 468-3275 **468-3275**
Syracuse, 13209 www.wholemeinc.com
Promotes an integrated approach to lifelong learning for deaf, hard-of-hearing, young adults, and their families. Provides access to educational, social and community resources. Programs promote cultural diversity, literacy development, transition and life skills training, employment opportunities and socialization. After-school programs for deaf/hh and hearing children. Parent advocacy, referral and resource support; sign language classes; NYRELAY/711 Telecommunication Information Training Services and Mentoring Opportunities.

Winds of Agape, Inc.

1414 Grant Blvd., **425-0547**
Syracuse, 13208 www.windsofagape.com
Assists individuals and families, those with brain injuries and other disabilities. Provides emergency food, beds, and empowerment programs, including job training, employment through the Winds of Agape Home Care Agency, community education, adult day program, respite care.

conducts research, training and public education, including documentaries and training videos. Parents and educators may contact the institute for information.

Onondaga County Public Library at The Galleries

447 S. Salina StreetTDD 435-1872 **435-1900**
Syracuse, 13202 www.onlib.org
Special technologies, adaptive resources; print, Braille and talking books and video for loan. Adaptive technology to assist with reading for demonstration and in library use. Includes inspirational stories, coping with disabilities, parenting, legal issues, and resource directories. The Kids Answer Place provides information for children, teens and concerned adults about tough issues that affect children. Collection includes over 1,000 items of videos and books for children and teens.

Project Adapt at AccessCNY

1603 Court Street **410-3336**
Syracuse, 13208 www.accesscny.org
Assistive Technology (AT) program offers assistance with many types of technology including augmentative communication devices, seating and positioning whatever equipment, and environmental modifications. Training and support services are available to ensure the best use of technology for greatest independence at home, in school, at work and in the community. AccessCNY is the regions site for the statewide **TRAID** Project, providing AT information, referral, training, and equipment loans. As part of the TRAID program AccessCNY operates, the Money Follows the Person program to enable people with disabilities to live in the least restrictive settings. TRAID Centers have been able to purchase devices for loan and demonstration including portable ramps and shower chairs. The device loan programs have also provided an opportunity for individuals of all ages and disabilities to borrow AT devices or to try them before they purchase.

COUNSELING/MENTAL HEALTH SERVICES

HELPLINE—

Onondaga County's 24 hour Helpline **Dial 2-1-1**
Onondaga County's Help Line www.ongov.net
A free resource that provides human services information and referrals.

AccessCNY

1603 Court Street **455-7591**
Syracuse, 13208 www.accesscny.org
Individual and family counseling, psychological testing and disability determination. Self-referrals accepted.

ACCES-VR (Adult Career and Continuing Education Services-Vocational Rehabilitation)

333 E. Washington Street, Room 230 **428-4179**
Syracuse, 13202 www.acces.nysed.gov/vr
Counseling provided by rehabilitation counselors to obtain and maintain employment.

Arc of Onondaga-Horizons Clinic

600 S. Wilbur Avenue **476-7441**
Syracuse, 13204 www.arcon.org
Clinic provides therapeutic, clinical services to individuals with developmental disabilities, age 4 and up, to enhance their quality of life and help them achieve their fullest potential. A division of Arc of Onondaga, Horizons is a freestanding, Article 16 Clinic certified by New York State.

ARISE Child and Family Service Inc.

635 James Street **472-3171**
Syracuse, 13203 www.ariseinc.org
An Office of Mental Health (OMH) certified Outpatient Mental Health Clinic serving children, adolescents, and adults with mental health, behavioral, and family issues. Individual, family, and group therapy as well as psychiatric services provided. Specialized services include crisis pregnancy, anger management, domestic violence, integrated behavioral health services, early recognition screening, and child abuse prevention counseling. Also provides school-based and community-based mental health services.

Autism Spectrum Related Disorders Clinic at Margaret L. Williams Developmental Evaluation Center

215 Bassett Street..... **472-4404**
Syracuse, 13210 www.developmentalevaluationcenter.com
An interdisciplinary team approach is used. Services focus on communication systems, sensory processing and organization, social and emotional skill building, play skills, behavioral needs, family adjustment, parenting groups, home and classroom supports.

Catholic Charities

1654 W. Onondaga Street **424-1840**
Syracuse, 13204 www.ccoc.us
Counseling and psychotherapy for adults, couples and families. Sliding scale. Outreach locations at East Syracuse, Manlius, and neighborhood centers. Better Beginnings provides psychotherapy and case management to parents with chronic mental illness and their children 5 years old and under.

Central New York Services, Inc.

518 James Street, Suite 240 **478-2453**
Syracuse, NY 13203 www.cnysservices.org
-Dual Recovery Program (DRP): This NYS Office of Alcohol and Substance Abuse Services (OASAS) Licensed Chemical Dependency Clinic offers Integrated Dual Diagnosis Treatment for chemical dependency and mental health issues. We serve individuals with co-occurring disorders or primary substance abuse. Services include but are not limited

to: group therapy sessions selected for each individual; 1:1 sessions with counselors; individualized treatment planning; specialized programming including family therapy, forensic, and DWI programming; Medication Supported Recovery including Suboxone Replacement Therapy

-PROS (Personalized Recovery Oriented Services):

Licensed by the New York State Office of Mental Health (OMH), PROS (Personalized Recovery Oriented Services) is a comprehensive recovery-oriented model of care for individuals with severe and persistent mental health conditions and/or substance abuse issues. This evidence-based approach allows treatment, rehabilitation, and support services to be fully integrated. The PROS model emphasizes restoring the skills and supports necessary for participants to live independently, and assisting in the achievement of specific life roles and goals such as furthering education or securing employment.

-Choices: Choices serves adolescents ages 13-23 with serious emotional and behavioral challenges. The program provides an outpatient substance abuse treatment clinic for individuals with co-occurring mental health disorders or other life issues. Choices follows the Seven Challenges Program, which was designed specifically for adolescents with drug problems. The focus is on motivating a decision and commitment to change. The idea is to meet individuals where they are in their life stage, work to support them, and strive for honesty and engagement.

Circare

620 Erie Blvd West, Suite 302 **472-7363**
Syracuse, 13204 www.cir.care
Circare's Outpatient Behavioral Health Clinic provides clinical and therapeutic services to individuals seeking behavioral health interventions. Circare also provides care management for adults and children. Care Managers work with individuals to develop and maintain a person-centered comprehensive plan for accessing and using community services and supports to promote well-being. Other programs at Circare include peer services, vocational services, care coordination and crisis intervention for youth and families, Home and Community Based Services for HARP plan beneficiaries, and Assertive Community Treatment.

Contact Community Services, Inc.

6311 Court Street Road **251-1400**
East Syracuse, 13057 www.contactsyracuse.org
Contact operates the free, confidential and 24/7 crisis and suicide prevention Hotline at 251-0600 (or 877-400-8740 if you live in Cayuga County). Contact's other counseling and outreach services include the Crisis Chat online service, and the Telecare service for homebound residents. Mental health services include a variety of suicide prevention trainings (visit website for more information), and Mental Health First Aid classes where participants learn how to aid youth and adults in crisis before they can receive professional help.

Elmcrest Children's Center

960 Salt Springs Road..... **446-6250**
Syracuse, 13224 www.elmcrest.org
Providing a variety of community-based treatment programs for children and families who have experienced sexual abuse. Services include counseling, intensive clinical services, trauma sensitive care and treatment.

Huntington Family Centers

405 Gifford Street **476-3157**
Syracuse, 13204 www.huntingtonfamilycenters.org
An adolescent safe option treatment program offers therapeutic outpatient counseling for youth who have been sexually abused or who have exhibited sexually reactive/aggressive behaviors and their families/caregivers. COPE Parent Education offers classes and individualized plans for better parenting and discipline. The Adult Rehabilitative Treatment Services program (HARTS) provides least restrictive community-based psychiatric and emotional support.

Hutchings Psychiatric Center

620 Madison Street **426-3600**
Syracuse, 13210 www.omh.ny.us
Inpatient and outpatient services for children, adolescents and adults with serious psychiatric disorders.

It's About Childhood & Family, Inc.

P.O. Box 281 **382-0541**
Jamesville, 13078 www.iacaf.org
Not-for-profit clinical and resource center with a focus on improving mental health/wellness for youth and families. A variety of services includes counseling, parent education/training, staff development and groups. The Central NY Inner Wealth initiative includes Family Matters and Kids 4 Kids programs. We provide an alternative to diagnostic labels and the use of psychiatric medications with children.

Liberty Resources

Brownell Center for Behavioral Health Services

1045 James Street **472-4471**
Syracuse, 13203 www.liberty-resources.org
A state-licensed program providing counseling/therapy for individuals, adults, children, adolescents, couples, and families, and integrated primary care services and health monitoring. Locations in Onondaga, Madison and Oswego Counties. School-based services. Also serves people with co-occurring disorders. Sliding scale.

Mental Health Association of Onondaga County

6520 Basile Rowe **445-5606**
E. Syracuse, 13057 www.cnymentalhealth.org
Assists people in locating mental health services; addresses systemic issues affecting the delivery of mental health services; assists with the self help/support groups.

notes...

NAMI Syracuse

917 Avery Avenue **487-2085**
 Syracuse, 13204 www.namisyracuse.org
 NAMI (National Alliance on Mental Illness) is a grass roots, self help, support and advocacy organization dedicated to improving the lives of families who have relatives with a brain disorder (mental illness).

Salvation Army

749 S. Warren Street **479-1393**
 Syracuse, 13202 www.sasyr.org
 Preventive service counseling. Intensive case management and counseling to families whose children are at risk for domestic violence, child abuse and youth violence.

St. Joseph's Children's Day Treatment Program

St. Joseph Hospital Health Center
 742 James Street **703-2800**
 Syracuse, 13203 www.sjhsyr.org
 Clinical care for individuals under 18 and their families.

SUNY - Upstate Medical University

Syracuse, 13210 www.upstate.edu
 ADHD Clinic **464-3188**
 Adult Psychiatry **464-3145**
 Child and Adolescent Psychiatry **464-5540**
 Hyperactivity **464-3145**

Syracuse Community Health Center, Inc. (Central Site)

819 S. Salina Street **476-7921**
 Syracuse, 13202 www.schcny.com
 Provides individual and family counseling, drug and alcohol counseling. All ages accepted. Other sites in Syracuse and Lafayette.

Syracuse Jewish Family Service

4101 E. Genesee Street **445-0820**
 Syracuse, 13214 www.sjfs.org
 Counseling services are offered to individuals and families of all ages, addressing personal and relationship issues.

Syracuse Model Neighborhood Facility, Inc.

401 South Ave., Southwest Community Center **474-6823**
 Syracuse, 13204 www.swccsyr.org
 Family Support program serves people with developmental disabilities by providing advocacy, information and support, as well as clothing, counseling, education, employment, food, legal and medical services. AIDS prevention, HIV support, substance abuse and violence intervention and prevention programs are also available.

Syracuse University Psychological Services Center

804 University Avenue, Room 205 **443-3595**
 Syracuse, 13244 www.psychweb.syr.edu/
 Provides counseling for children, adolescents and adults from Onondaga county and surrounding areas.

The Center for Living with Loss

990 Seventh North Street **634-1100**
 Liverpool, 13088 www.hospicecny.org
 The Center offers counseling and psychotherapy to individuals and families dealing with loss, grief, and overwhelming personal crisis. Sponsored by Hospice of Central New York.

DENTAL

Dentists vary in the insurance they accept and their experience working with individuals. The following dental programs accept Medicaid.

Medicaid Referral Line 1-800-541-2831

Dentists listed by zip code that accept Medicaid.

American Mobile Dental Van

39 Williams Street **515-3015**
 Auburn, 13021 www.americanmobiledental.com
 Van arrives weekly on Gifford Street, Montgomery Street, Butternut Street and Park Street. The van is not wheelchair accessible. Accepts Medicaid and Medicaid managed care plans. Serves ages 3 to adult.

Fifth District Dental Society

6323 Fly Road, Suite 3 **434-9161**
 E. Syracuse, 13057 www.5dds.org
 Lists dentists by insurance providers.

Loretto McAuliffe Health & Dental Center

115 Creek Circle **452-5800**
 E Syracuse NY 13057 www.lorettocny.org
 Service for individuals with disabilities, elderly clients and accepts Medicaid insurance.

Onondaga County Dental Call Center

421 Montgomery Street, Civic Center **435-3280**
 Syracuse, 13202 www.ongov.net/Health/dental.html
 Refers patients who have Medicaid to dentists who accept Medicaid.

St. Joseph's Hospital Health Center Dental Office

Physician Office Building
 101 Union Avenue, Suite 705 **448-5477**
 Syracuse, 13203 www.sjhsyr.org
 Provides general dentistry, has set fees and accepts Medicaid insurance only.

SUNY Upstate Medical University, Division of Dentistry

90 Presidential Plaza, Suite 4141 **464-5256**
 Syracuse, 13210 www.upstate.edu/uh/ambulatory/dentistry

**Onondaga County Health Department
Special Children Services**

501 E. Fayette Street, Suite B **435-3230**
 Syracuse, 13202 www.ongov.net/health/SCS
-Early Intervention (EI) is a Federally and State mandated program that provides special education and therapy services to children from birth through 2 years of age who are found through multi-disciplinary evaluation to have a disability or developmental delay.
-EI CARES (Children at Risk Early Screening) works to identify children birth to age 3 who are at-risk for development delays.

-Preschool Special Education Program provides mandated services authorized by local school districts for 3 and 4 year old children with special needs in a variety of settings in the community. Eligibility is determined by multidisciplinary evaluations, and services are recommended by the School District's Committee on Preschool Special Education.

EARLY CHILDHOOD SERVICES**AccessCNY**

1603 Court Street **362-2664**
 Syracuse, 13208 www.accesscny.org
 AccessCNY provides Early Intervention and inclusive preschool programs for children with disabilities ages eighteen months through five. Early Intervention (EI) therapy services in a daycare setting for children from 18 months to three. Inclusive toddler and preschool classrooms available offering special education and therapy services. Services include: occupational therapy, physical therapy, speech therapy, 1:1 aide support, family support and assistive technology. Parent training offered. EI and preschool evaluations provided by a team of professionals including a psychologist, speech-language pathologist, occupational and physical therapists and social workers.

Children's Consortium

2122 Erie Boulevard E. **471-8331**
 Syracuse, 13224 www.childrensconsortium.org
 Provides programs and services, including home and center based services, which empower families to reach their full potential. Parenting classes; call for schedule.

notes...**Syracuse Community Health Centers (SCHC)**

-SCHC Salina Street
 819 S. Salina Street **476-7921**
 Syracuse, 13202 www.schcny.com
-SCHC West
 603 Oswego Street **424-0800**
 Syracuse, 13204 www.schcny.com

Westside Dental

4700 Onondaga Blvd. **442-7779**
 Syracuse, 13219 www.westsidedentalinfo.com

EARLY CHILDHOOD

Birth through age two, if you feel your child is not progressing appropriately in the areas of physical, mental or social development; call Early Intervention - Onondaga County Health Department for a free evaluation or contact your child's pediatrician for assistance. **Children ages three to five**, contact the Preschool Special Education Department, in the school district where the child legally resides, for access to preschool educational supports and services.

ARISE Child and Family Service, Inc.

635 James Street **472-3171**
 Syracuse, 13203 www.ariseinc.org
 ARISE's Infant & Early Childhood Program provides information and support to help parents find services that are right for their child and family. Parent Guides are also available to provide peer-to-peer support. Guides are local volunteers who have been through the Early Intervention (EI) process who are available to offer assistance and mentoring to other families just entering or currently in the EI process. Many Parent Guides have specialty areas such as navigating insurance, OT/PT specialists, recreation opportunities, etc.

Early Childhood Direction Center (ECDC)

Mid-State Region at Syracuse University
 370 Huntington Hall **443-4444**
 Syracuse, 13244 www.ecdc.syr.edu
 Call ECDC if you have concerns about a young child under the age of five, both typically developing and those with special education needs. ECDC provides information, referral and support to families and professionals in confidence and free of cost about: early childhood development, behavior, and specific disabilities; screening and evaluation services public and private; early intervention; preschool; child care; state and federal special education rules and regulations; parent support; and how the special education system works for young children. Services are available to all families, providers, and community agencies in a six county region Cayuga, Cortland, Onondaga, Oswego, Seneca, and Tompkins.

Children's Therapy Network

171 Intrepid Lane **437-4689**
 Syracuse, 13205 www.childrenstherapynetwork.com
 Children's Therapy Network (CTN) provides education and therapy services for children with disabilities in Syracuse, Utica, and the surrounding areas and strives to provide those services in the child's natural environment. Serve children of all ages (up to age 21) with physical, occupational, speech and language therapy programs in their homes, preschools, daycare centers, parks, swim classes and other community sites, as well as in the CTN pediatric clinic.

Connections

1744 W. Genesee Street **468-3414**
 Syracuse, 13204 www.connectionstx.com
 Family-Centered Therapies Early Intervention and Preschool evaluations and therapy in the areas of speech and language, occupational therapy, physical therapy and special education. Services provided in home, community site or at our location.

**Elmcrest Early Education Center**

960 Salt Springs Road..... **446-3220**
 Syracuse, 13224 www.elmcrest.org
-Small Wonders Daycare is open to all children and families in the community. The daycare center offers flexible scheduling with part-time hours for preschool. Daycare is provided Monday through Friday 7:30 a.m. - 5:30 p.m. year round, and serves children from infancy through preschool. Financial assistance may be available for families who qualify through DSS or Child Care Solutions.

-Syracuse City Universal Pre-Kindergarten (UPK), a free program for children who meet the SCSD criteria. The Early Education Center collaborates with the Syracuse City School District (SCSD) to provide 14 preschool day care spots for children who meet eligibility.

Gebbie Speech, Language, and Hearing Clinic

621 Skytop Road #1200..... **443-4485**
 Syracuse, 13210 www.gebbie.syr.edu
 Gebbie Speech, Language and Hearing Clinic is a training facility affiliated with the Department of Communication Sciences & Disorders at Syracuse University. The Clinic offers a full range of evaluation and treatment services for children and families in the areas of audiology, speech, and

language. Services are conducted by graduate students under the direct supervision of speech language pathologists and audiologists, as well as through consultation with faculty and researchers in the field.

GiGi's Playhouse

5885 E. Circle Drive Suite 250 **288-7529**
 Cicero, 13039 www.gigisplayhouse.org/syracuse
 An educational and awareness center created to serve individuals with Down syndrome from birth to adulthood. Provides resources, specialized teaching, and support to individuals, families, and communities. Designed to facilitate skill development in speech and language, fine and gross motor skills, and overall academic achievement, literacy and math tutoring available. Social opportunities for prenatal diagnosis support, open play, baby and toddler groups, activities for young children, adolescents, and adults over 18. Free to families and specialized to meet needs of attendees.

Head Start/Early Head Start of P.E.A.C.E., Inc.

Sumner Head Start, 215 Bassett Street **470-3346**
 Syracuse, 13210 www.peace-cao.org
 Head Start is a federally funded local preschool program for children ages three and four, for low-income families. The program provides families with information on health, social services, nutrition and child development. The program also serves disabled and non-disabled in inclusive classroom settings. Head Start actively encourages parental involvement and participation in all aspects of the program. Early Head Start provides comprehensive child development and family support services to low income families with children under three and pregnant women.

Hear 2 Learn

6575 Kirkville Road, Suite 1 **701-5710**
 E. Syracuse, 13057 www.hear-2-learn.com
 Early Intervention, preschool, school age and private pay provider. Offering comprehensive services for children with developmental delays in all areas and of all ages, with a specialization in children with hearing loss. Offer family trainings, playgroups, workshops and professional trainings, and a full service state of the art audiology clinic featuring hearing aids, assistive devices, and FM systems. Professional services include speech/language pathology, motor therapies, special education, audiology, teacher of the hearing impaired, feeding therapy, service coordination.

Jowonio School

3049 E. Genesee Street **445-4010**
 Syracuse, 13224 www.jowonio.org
 A preschool for young children ages 2-5 years with a wide range of abilities. Inclusive center-based program, itinerant services in the home and community childcare sites, early intervention, and evaluations. Services include: special education, physical, occupational and speech therapy; family support/social work, play therapy. Early morning and afterschool day care available for students.

Liberty Post

1045 James Street **425-1004**
 Syracuse, NY 13203 www.liberty-post.com
 Serves children birth to age five in the areas of speech, OT, PT, special education, social work, service coordination, Psychology; including evaluations & specialty therapy services.

Little Lukes

5820 Heritage Landing Drive **701-1107**
 E. Syracuse, 13057 www.littlelukes.com
 Little Lukes provides Early Intervention, preschool related services, inclusive preschool classrooms and inclusive childcare. Services include physical therapy, occupational therapy, speech therapy and special education teacher services. Inclusive preschool classrooms are available as half day and full day sessions, Monday through Friday. The childcare center is open from 6:30am to 6:30pm and available for children 6 weeks to 12 years of age, offering full day and before and after school childcare services. Locations in Dewitt, Baldwinsville, and Oswego County.

**Main Street Early Education/
North Syracuse Central School District**

205 S. Main Street..... **218-2200**
 N. Syracuse, 13212 www.nscsd.org/main.cfm
 The Main Street Early Education Program, operated by the North Syracuse School District, provides services for 3 and 4 year old children. It provides services for young children including inclusive preschool programs. Offers full and half-day programs, teacher of the visually impaired, teacher of the hearing impaired, physical therapy, occupational therapy, speech therapy, social worker, counseling, school nurse, parent groups and evaluations at the Main Street School site. Includes pre-kindergarten classes three or five days a week.

**Margaret L. Williams
Developmental Evaluation Center (DEC)**

215 Bassett Street..... **472-4404**
 Syracuse, 13210 www.developmentalevaluationcenter.com
 The DEC primarily provides diagnostic assessment and referral services for children, birth through seven years of age, who are "at risk" for or have a developmental disability. The presenting concerns include motor and sensory difficulties, mental retardation, speech/language disorders, autism and behavioral problems. The DEC provides intervention and family support services. The DEC has a special focus on children with Autism Spectrum Disorders through diagnosis, consulting and therapy services. Referrals are accepted from parents, professionals, and agencies. The DEC staff consists of physicians, psychologists, early childhood and special education specialists, speech/language pathologists, occupational and physical therapists. An interdisciplinary approach is used with a team of appropriate professionals to meet individual children's needs. The DEC accepts third party payments from private health insurance, Medicaid, Early Intervention or the Committee on Preschool Special Education. Private payment may be based on a sliding fee scale.

Onondaga Central Preschool Program

Rockwell Elementary, 208 Rockwell Road **552-5070**
 Nedrow, 13120 www.ocs.cnyric.org/Rockwell
 Serves typical and special education students ages 3 and 4 in a language enriched integrated setting. Evaluations available.

Parkside Children's Center/Arc of Onondaga

600 South Wilbur Avenue **468-1632**
 Syracuse, 13204 www.arcon.org
 Our inclusive, Full-Day Preschool Program serves 3-5 year-olds within Onondaga County, including children with disabilities and typical peers. Parkside operates 3 fully integrated classrooms at 2 sites within the Syracuse City School District. Through our partnership with the SCSD, we offer a Free, Full-Day UPK Program for 3 and 4-Year-Olds living within the city of Syracuse. We also provide a 6-Week Preschool Summer Program, with scholarships available for families in need of financial assistance.

PEACE, Inc. Head Start / Early Head Start

217 S. Salina Street, 2nd Fl..... **470-3300**
 Syracuse, 13202 www.peace-cao.org
-Head Start (HS) helps children, ages 3 to 5 years of age, achieve their full potential by providing early childhood development, health, family services and other support to participants and their families.

-Early Head Start (EHS) promotes the physical, cognitive, social and emotional growth of infants and toddlers, and provides prenatal education and support services to pregnant women.

Both programs serve disabled and nondisabled in both an inclusive classroom settings and home-based.

SPICE/ Elmcrest Children's Center

960 Salt Springs Road..... **446-3220**
 Syracuse, 13224 www.elmcrest.org/commservices/spice
 The SPICE (Special Preschool Interventions for Children's Education) program provides services to preschoolers with disabilities in a 5-hour, full-day integrated program that runs from 8:00am to 1:00pm. Children who attend the SPICE component have needs related to delays or concerns in a variety of areas, including cognition, communication, physical development, social/emotional development, and behavior. We provide services to students who have special needs; speech therapists, occupational therapists, a physical therapist, a play therapist, a school psychologist intern, and a social worker. In addition, a number of students receive Applied Behavior Analysis (ABA) programming under the direction and supervision of a Board Certified Behavior Analyst (BCBA). Supporting families is an important component of the program. Also offers transdisciplinary preschool evaluations.

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Syracuse City School District/Early Childhood Program

220 W. Kennedy Street **435-4276**
Syracuse, 13205 www.syracusecityschools.com

The Early Childhood Program provides comprehensive services for children with disabilities ages 18 months to five years. There are center-based program for toddlers as indicated on each child's Individual Family Service Plan (IFSP). Toddlers attend three half days per week in either the AM or PM session. The Preschool Program provides inclusive education in the District's pre-kindergarten five days per week in full day or half day AM or PM sessions. Services are indicated on each child's Individual Education Plan (IEP). Breakfast and/or lunch are available in the Toddler and pre-k Program. Transdisciplinary support teams are assigned to the Toddler and pre-k classrooms consisting of a special education teacher, speech pathologist, psychologist, occupational therapist, physical therapist, nurse and social worker. Parents are presented with a variety of opportunities to develop their roles as partners in the classroom and in the educational process.

Thrive By 5

1951 Caleb Avenue **218-7444**
Syracuse, 13206 www.thriveby-5.com

Provider of Preschool related services in: occupational, physical and speech-language therapy services. Early Intervention evaluations, therapy, and parent-child play group. Solisten-Listening Training based in the Tomatis Effect. Home and community-based services.

CENTER BASED PRESCHOOL PROGRAMS

Specialized preschool programs can include NYS certified special education teachers, social workers, speech, OT, PT, and play therapists. More information can be found on the CNY Coalition for Young Children with Special Needs website at www.cnypreschoolcoalition.org. If you suspect your child has a delay in their development, contact the public school district in which you reside in for a referral and/or an evaluation of your child.

Catholic Charities Neighborhood Centers

1654 W. Onondaga Street **424-1800**
Syracuse, 13204 www.ccoc.us

-Vincent House

500 Seymour Street, Syracuse

-Hawley Youth Organization

716 Hawley Avenue, Syracuse

-Northside CYO Preschool Cathedral Academy at Pompei

923 N. McBride Street, Syracuse

Exploring Your World at AccessCNY

1603 Court Street **362-2664**
Syracuse, 13208 www.accesscny.org

Head Start/Early Head Start of P.E.A.C.E., Inc.

Sumner Head Start, 215 Bassett Street **470-3346**
Syracuse, 13210 www.peace-cao.org

Jowonio School

3049 E. Genesee Street **445-4010**
Syracuse, 13224 www.jowonio.org

Little Lukes

5820 Heritage Landing Drive **701-1107**
E. Syracuse, 13057 www.littlelukes.com

**Main Street Early Education/
North Syracuse Central School District**

205 S. Main Street..... **218-2200**
N. Syracuse, 13212 www.nscsd.org/main.cfm

Onondaga Central Preschool Program

Rockwell Elementary, 208 Rockwell Road **552-5070**
Nedrow, 13120 www.ocs.cnyric.org/Rockwell

Parkside Children's Center/Arc of Onondaga at Dr. King

416 East Raynor Avenue **468-1632**
Syracuse, 13202 www.arcon.org

Parkside Children's Center/Arc of Onondaga at HW Smith

1130 Salt Springs Road..... **468-1632**
Syracuse, 13224 www.arcon.org

SPICE/ Elmcrest Children's Center

960 Salt Springs Road..... **446-3220**
Syracuse, 13224 www.elmcrest.org/commservices/spice

PEACE, Inc. Head Start

217 S. Salina Street, 2nd Fl..... **470-3300**
Syracuse, 13202 www.peace-cao.org

Syracuse City School District/Early Childhood Program

220 W. Kennedy Street **435-4276**
Syracuse, 13205 www.syracusecityschools.com

The Kelberman Center-Promise Program

Offices in Syracuse and Utica
2608 Genesee Street..... **315-797-6241**
Utica, NY 13502 www.kelbermancenter.org

The Promise Program is a full-day special educational program for preschoolers between the ages of 3 and 5 years old.

notes...

EMERGENCY SERVICES**Call "911" in an Emergency**

(911 center equipment recognizes and responds to TTY equipment)

Catholic Charities of Onondaga County

1654 W. Onondaga Street **424-1800**
Syracuse, 13204 www.ccoc.us

The agency's programs focus on children and families, at-risk youth, refugees, the homeless, those in need of emergency assistance, and the elderly, as well as disadvantaged, addicted, and/or developmentally disabled individuals.

Contact Hot Line 251-0600

(Suicide and Crisis Counseling)

Contact Community Service Inc.

6311 Court Street Road..... **251-1400**
E. Syracuse, 13057 www.contactsyracuse.org

Trained volunteers offer 24 hour telephone counseling to callers in crisis or in need of help confidential and free.

CNY Poison Center

750 E. Adams Street..... TTY **464-5424** **(800) 222-1222**
Syracuse, 13210 www.cnypoison.org

GPEP (Comprehensive Psychiatric Emergency Program)

301 Prospect Avenue **448-6555**
Syracuse, 13203 www.sjhsyr.org

This emergency service evaluates and treats those who are having a psychiatric episode and/or severe behavioral challenges. Offers extended observation and mobile emergency services. Referrals maybe made to hospitals.

Onondaga County Department of Social Services

421 Montgomery Street, Civic Center
Syracuse, 13202 www.ongov.net/dss/

-Child Protective Services (CPS) **435-2884**

-Adult and Family Services **435-2815**

-Child Abuse Report Hotline for general public ... **422-9701**

-Child Abuse Report Hotline

for mandated reporters **422-9840**

-Temporary Assistance **435-2700**

New York State Department of Family and Child Services

NY State Hotline for general public **1-800-342-3720**
NY State Hotline for mandated reporters .. **1-800-635-1522**

Salvation Army

677 S. Salina Street **475-1688**
Syracuse, 13202 www.sasyr.org

Offers counseling, emergency housing care and material assistance to individuals and families, and emergency disaster relief.

CHILD CARE

There are many different types of child care programs in New York State. Each program is regulated by the state Office of Children and Family Services. For a list of centers and private providers by zip code see:

www.ocfs.state.ny.us/main/childcare/default.asp

Each of the programs listed can serve children ages six weeks through twelve years and operate for more than three hours a day.

Day Care Centers - provide care for more than six children at a time, not in a personal residence.

Small Day Care Centers - provide care for up to six children, not in a personal residence.

Family Day Care Homes - provide care for three to six children at a time in a residence; may add one or two school-age children. The maximum allowable number of children will depend on whether there are and how many infants are in care.

Group Family Day Care Homes - provide care for seven to twelve children at a time in a residence; may add one or two school-age children. The maximum allowable number of children will depend on whether there are and how many infants are in care. A provider must use an assistant when more that six children are present.

School-Age Child Care Programs - provide care for more than six children from kindergarten through age twelve. Care for children during non-school hours; also may provide care during school vacation periods and holidays.

Head Start Centers - targeted for preschool-age children from low income families; federally funded and usually licensed as Day Care Centers.

Legally Exempt Care (Informal) - provides care for one to two children at a time in addition to the provider's children, usually in the provider's home; are not required to register. If caring for more than two children other than their own, they must register with NYS.

Child Care Solutions

6724 Thompson Road **446-1220**
Syracuse, 13211 www.childcaresolutionscny.org

Child Care Solutions is a non-profit childcare resource and referral agency that builds partnerships with childcare providers, parents and employers to promote accessible, quality childcare services in Onondaga and Cayuga County. Call us for more information about training and education opportunities, referrals to childcare including children with disabilities, and services for employers.

YMCA of Greater Syracuse

340 Montgomery Street **474-6851**
Syracuse, 13202 www.ymcaofgreatersyracuse.org

At all YMCA child care sites, youth are encouraged to build on their own interests through hands-on activities and project-based learning experiences that have been designed to promote a healthy group dynamic and nurture innate curiosity.

EMERGENCY HOUSING SHELTERS**Catholic Charities****Dorothy Day House**

1654 W. Onondaga Street **476-0617**
Syracuse, 13204 www.ccoc.us
A shelter for homeless women and women with children.

Oxford Street Inn

201 Oxford Street..... **423-9137**
Syracuse, 13204
Shelter and housing programs for homeless men; including mental illness and substance abuse.

Rescue Mission

120 Gifford Street **701-3102**
Syracuse, 13202 www.rmsyr.org
Crisis counseling, case management and referrals to community services. Emergency shelter for homeless men. Meals and emergency clothing available.

Salvation Army

677 S. Salina Street **475-1688**
Syracuse, 13202 www.sasyr.org
Offers counseling, emergency housing care and material assistance to individuals and families, safe, affordable supervised apartments for young mothers ages 16-21 and their children; comprehensive youth services include residential care and counseling for runaway and homeless youth; shelter and transitional housing services for older troubled youth and their families.

Vera House, Inc.

Crisis/Support 24 Hour Lines **468-3260**
www.verahouse.org
Crisis intervention and programs for domestic violence, sexual assault, and other crimes. Housing locations are not public addresses.

notes...**EVALUATIONS**

Evaluation testing may include psychological testing, OPWDD eligibility criteria, special education services and guardianship applications. Evaluations can be done for the purpose of gaining additional information for learning purposes, environmental and technology equipment. Contact the agency's below for additional information.

AccessCNY

1603 Court Street **455-7591**
Syracuse, 13208 www.accesscny.org
OPWDD disability determination psychological testing/evaluation, neurological assessment, developmental pediatrician assessment. EI and preschool evaluation. Comprehensive evaluations and care of children with disabilities such as cerebral palsy, autism spectrum disorders, and other developmental disabilities. Supplemental evaluations.

Center for Development, Behavior and Genetics at SUNY Upstate Medical University

725 Irving Ave., Suite 112...1-866-543-KIDS or.. **464-4842**
Syracuse, 13210 www.upstate.edu/gch/
Evaluations for children. Age limits vary depending on the type of evaluation. OPWDD disability determination, psychological testing and evaluations.

Central New York Developmental Disabilities Regional Office (CNYDDRO)

187 Northern Concourse **473-5050**
N. Syracuse, 13212 www.opwdd.ny.gov
CNYDDRO is an agency of the New York State Office for People with Developmental Disabilities (OPWDD). Evaluations for OPWDD eligibility. Provides residential, habilitative, vocational, and support services, service coordination, home modification, counseling, recreation, respite, advocacy, life planning, clinical services, and referrals to community agencies for people with developmental disabilities and their families. Serving Cayuga, Cortland, Herkimer, Lewis, Madison, Oneida, Onondaga and Oswego Counties.

Children's Therapy Network

171 Intrepid Lane **437-4689**
Syracuse, 13205 www.childrenstherapynetwork.com
Evaluations and therapy (up to age 21) in the areas of speech and language, occupational therapy, physical therapy and special education. Early Intervention and preschool evaluation.

Children's Village/OCM BOCES

303 Roby Avenue **434-3830**
E. Syracuse, 13057 www.ocmboces.org/teacherpage
Transdisciplinary preschool evaluation.

Connections

1744 W. Genesee Street **468-3414**
Syracuse, 13204 www.connectionstx.com
Early Intervention and preschool evaluations and therapy in the areas of speech and language, occupational therapy, physical therapy and special education.

Gebbie Speech, Language, and Hearing Clinic

621 Skytop Road #1200 **443-4485**
Syracuse, 13210 www.gebbie.syr.edu
Training facility affiliated with the Department of Communication Sciences & Disorders at Syracuse University. Evaluation services in the areas of audiology, speech and language. Preschool evaluation. Early Intervention audiological evaluation.

Hear 2 Learn

6575 Kirkville Road, Suite 1 **701-5710**
E. Syracuse, 13057 www.hear-2-learn.com
Comprehensive evaluation for children with developmental delays in all areas and of all ages with a specialization in children with hearing loss. EI and preschool evaluations.

Horizons Clinic/Arc of Onondaga

600 S. Wilbur Avenue **476-7441**
Syracuse, 13204 www.arcon.org/services/horizons-clinic
OPWDD disability determination psychological testing/evaluation for all ages.

Jowonio School

3049 E. Genesee Street **445-4010**
Syracuse, 13224 www.jowonio.org
Transdisciplinary preschool evaluation. Early Intervention evaluation.

Liberty Post

1045 James Street **425-1004**
Syracuse, NY 13203 www.liberty-post.com
Transdisciplinary evaluation birth to age five years of age.

Little Lukes

5820 Heritage Landing Drive **701-1107**
E. Syracuse, 13057 www.littlelukes.com
Early Intervention and preschool evaluations and therapy in the areas of speech and language, occupational therapy, physical therapy and special education.

Madison Irving Pediatrics, P.C.

475 Irving Ave., Suite 210 **471-2646**
Syracuse, 13210 www.mipeds.net
A multi-disciplinary clinic with faculty in medical genetics, autism/child development, physical disabilities, spina bifida, and metabolic. Serves children from birth to 21. Accepts Medicaid.

Main Street Early Education/ North Syracuse Central School District

205 S. Main Street..... **218-2200**
N. Syracuse, 13212 www.nscsd.org/main.cfm
Transdisciplinary preschool evaluation.

Margaret L. Williams Developmental Evaluation Center

215 Bassett Street..... **472-4404**
Syracuse, 13210 www.developmentalevaluationcenter.com
(DEC) provides interdisciplinary developmental evaluations (occupational therapy, physical therapy, speech and language, psychology, pediatric, and psychiatry), through Early Intervention, preschool (CPSE), school aged (CSE) and private pay for children birth to kindergarten age (except where there are concerns for autism, then 6 years 9 months). Provides some community outreach services.

Onondaga Central Preschool Program

Rockwell Elementary, 208 Rockwell Road **552-5070**
Nedrow, 13120 www.ocs.cnyric.org/Rockwell
Transdisciplinary preschool evaluation.

Parkside Children's Center/Arc of Onondaga

600 S. Wilbur Avenue **468-1632**
Syracuse, 13204 www.arcon.org
Transdisciplinary preschool evaluation. Early Intervention evaluation.

SPICE/ Elmcrest Children's Center

960 Salt Springs Road..... **446-3220**
Syr. 13224 www.elmcrest.org/commservices/spice.php
Transdisciplinary preschool evaluation.

Syracuse City School District/Early Childhood Program

220 W. Kennedy Street **435-4276**
Syracuse, 13205 www.syracusecityschools.com
Transdisciplinary preschool and EI evaluations.

Syracuse Jewish Family Service, Inc.

4101 E. Genesee Street **445-9111**
Syracuse, 13214 www.sjfs.org
Consultation, comprehensive assessments and care management for older adults and individuals with special needs. We provide services to those who wish to live independently in the community and individuals seeking housing that may require supportive services. Counseling, financial case management and Kosher Meals on Wheels.

notes...

The Kelberman Center

Offices in Syracuse and Utica

2608 Genesee Street **315-797-6241**

Utica, NY 13502 www.kelbermancenter.org

-Kelberman Coaching and Connections: Group coaching services grades 3-12

-Diagnostic Consultation: A first step in understanding an individual's functioning and the basis for a diagnosis.

-Comprehensive Psychological Evaluation: Focuses on social-emotional, learning, and/or behavioral functioning and can serve as a guide for treatment and planning

Thrive By 5

1951 Caleb Avenue **218-7444**

Syracuse, 13206 www.thriveby-5.com

Early Intervention evaluation site and preschool related service provider.

FINANCIAL PROGRAMS

The following programs are designed to provide assistance to those in need. Programs may have individualized eligibility requirements to obtain goods and services.

American Red Cross - Care and Share Program

220 Herald Place **234-2200**

Syracuse, 13202 www.syrarc.org

Donations from National Grid customers and employees provide one time per year (12 months) emergency assistance to prevent power and/or heat shut off to National Grid customers, including payments for other heat sources such as oil, gas, kerosene, and wood. Applicants must have a shut-off notice, a household member 60 years or older; or be receiving disability income. Must have applied for regular and emergency H.E.A.P. (Home Energy Assistance Program) even if they are found ineligible.

Cathedral Emergency Assistance Services

264 E. Onondaga Street **424-1876**

Syracuse, 13202 www.cathedralsyracuse.org

Limited short-term food for people in need. "New beginning" household items for people who have suffered a traumatic life experience. Also baby food, formula, diapers and hygiene products, furniture and clothing. Low cost counseling available to individuals and families not eligible for any insurance program.

Catholic Charities Emergency Assistance Services

264 E. Onondaga Street **475-3807**

Syracuse, 13202 www.ccoc.us

Support, guidance, and assistance for people in crisis.

Central New York Friends

187 Northern Concourse **473-5056**

N. Syracuse, 13212 www.opwdd.ny.gov

This volunteer organization helps provide educational, recreational, and social experiences for people with developmental disabilities. It can also make small grants to help fill in the financial gaps where government funding falls short.

Emergency Assistance for Adults (EAA)**Onondaga County Dept. Social Services**

421 Montgomery Street, Civic Center **435-2815**

Syracuse, 13202 www.ongov.net/dss/ea.html

Meets emergency needs of aged, blind or disabled individuals and couples who are eligible for or are receiving Federal Supplemental Security Income benefits (SSI). Covers lost or stolen cash or SSI checks, evictions, utility shut-offs, and food vouchers.

Facilitated Enrollment Program**Onondaga County Health Department**

421 Montgomery Street, Civic Center **435-6808**

Syracuse, 13202 www.ongov.net/health

The Facilitated Enrollment Program offers families in Onondaga County the opportunity to enroll in the Public Health Insurance program that will meet their medical and dental needs. Facilitated Enrollment offers an easy way for families to apply for Family Health Plus, Medicaid and Child Health Plus. Facilitated enrollers will meet with families at convenient times and locations to complete an application and gather the necessary documents to determine their eligibility for health insurance. Enrollers are community-based at three locations within the city and county.

Home Energy Assistance Program (HEAP)**Department of Social Services**

600 S. State Street, County Office Building **435-8295**

Syr., 13202 www.otda.ny.gov/main/programs/heap/

Provides financial assistance to eligible households to help meet rising costs of heating one's home. Eligibility is based on income and housing situation.

Home Headquarters, Inc.

538 Erie Boulevard West Suite 100 **474-1939**

Syracuse, 13204 www.homehq.org

Call for information about any available Onondaga County and/or Syracuse programs aiding in home ownership and financial assistance for home and energy improvements. Offers down payment and closing cost assistance and low interest home improvement loans to Syracuse and Onondaga County residents. Call about eligibility requirements. Also offers homeownership counseling, foreclosure prevention, and a certified Home-buyer's Education Course.

notes...**Miracle-Ear**

Children's Foundation **(800) 234-5422**

Locations on website www.miracle-ear.com

Offers free hearing aids to children 16 and younger for families who gross between \$20,000-\$50,000 per year and do not qualify for public support. The child must also be a current resident in the United States. Call the toll free number for details about the application process and requirements.

PEACE, Inc.**Administration Office**

217 S. Salina Street, 2nd Fl. **470-3300**

Syracuse, 13202 www.peace-cao.org

Serves low income families, offering many programs for families & individuals of all ages. For youth, such as Big Brothers/Big Sisters, Head Start and Early Head Start, community and Family Resource Centers; for seniors, such as community and Family Resource Centers, energy and housing (weatherization), information & assistance, foster grandparent program and senior nutrition; and family services such as energy and housing (weatherization), income tax preparation and community and Family Resource Centers. Family Resource Centers throughout the city and county provide emergency assistance, crisis interventions, and supportive services, advocacy, education, and family development.

Salvation Army

677 S. Salina Street **475-1688**

Syracuse, 13202 www.sasyr.org

24-hour crisis hot lines, emergency intervention and long term support, intake and assessment procedures facilitating services such as housing, basic needs, healthcare, mental health assistance and substance abuse treatment, educational, social and recreational activities

Social Security Programs

Social Security Administration **(800) 772-1213**

100 S. Clinton Street, Federal Building .TTY (800) 325-0078

Syracuse, 13261 www.ssa.gov

Social Security provides Retirement, Disability and Survivor benefits to workers who are insured under the system. Benefits may be paid to the worker and/or certain family members when earnings are lost or reduced due to the worker's retirement, disability or death. Supplemental Security Income provides cash assistance to persons in financial need who are blind and/or disabled of any age, or people over 65.

Syracuse Jewish Family Service, Inc.

4101 E. Genesee Street **445-0820**

Syracuse, 13214 www.sjfs.org

"Solution" is an in-home service for seniors and people with disabilities. It assists with organizing and paying monthly bills, keeping accurate records, preparing and submitting health insurance claims, assisting with Medicaid, SSI and Social Security claims and other paperwork dilemmas.

Community Links Project is a model point of entry program in cooperation with the Temple Society of Concord Food Pantry. Consumers can meet with a Jewish Family Service social worker on a drop-in basis. Information and referral provided free of charge and follow-up appointments are available.

Temporary Assistance**Department of Social Services**

421 Montgomery Street, Civic Center **435-2700**

Syracuse, 13202 www.ongov.net/dss

Provides financial assistance to eligible persons under Safety Net and Family Assistance.

TRAID Program at AccessCNY

1603 Court Street TDD **455-1794** **455-7591**

Syracuse, 13208 www.accesscny.org

Assistive technology including home, work, and school modifications. Communication services, adaptive devices and technology-related assistance.

Traffic Safety Programs

Purchase of bicycle and inline helmets **435-3280**

Car seat rentals **446-1220**

Winds of Agape, Inc

1414 Grant Blvd **425-0547**

Syracuse, 13208 www.windsofagape.com

Assists individuals and families, those with brain injuries and other disabilities facing a crisis through the provision of emergency food, beds, and empowerment programs, including job training, employment through the Winds of Agape home care agency, community education, adult day program, respite care.

notes...

FINANCIAL SERVICES

REP PAYEE AGENCIES This service is to ensure funds including SSI/SSDI and wages earned are used for paying bills and assisting people with their personal spending money. All services follow the regulations of the Social Security Administration.

Arc of Onondaga
600 S. Wilbur Avenue **476-7441**
Syracuse, 13204 www.arcon.org

Central New York Services, Inc.
518 James Street, Suite 240 **478-2453**
Syracuse, NY 13203 www.cnysservices.org
The Financial Management Unit (FMU) is a person-centered service that assists with crafting personalized financial plans unique to each individual, and ensuring financial obligations are met while budgeting for personal spending and coping with a range of financial issues. FMU services are documented and provided in conjunction with the regulations of the Social Security Administration.

H.O.M.E., Inc.
(Humanitarian Organization for Multi-cultural Experience)
831 James Street **472-5110**
Syracuse, 13203 www.homeincny.org

FINANCIAL SUPPORTS

FAMILY SUPPORT SERVICES (FSS)

Family Support Services (FSS) funds assist the quality of life of individuals with developmental disabilities who live at home with their families. A person must have OPWDD eligibility to access funds. The Central New York Developmental Disabilities Regional Office (CNYDDRO) provides proof of eligibility for services through an application process. See page 2 for Access to Services; Eligibility assistance or your Medicaid service coordinator for assistance.

AccessCNY
6666 Manlius Center Road **218-0844**
East Syracuse, 13057 www.accesscny.org

Advocates, Inc.
636 Old Liverpool Road **469-9931**
Liverpool, 13088 www.advocatesincorporated.org

Arc of Onondaga
600 S. Wilbur Avenue **476-7441**
Syracuse, 13204 www.arcon.org

ARISE Child and Family Service, Inc.
635 James Street **472-3171**
Syracuse, 13203 www.ariseinc.org

Central New York Developmental Disabilities Regional Office (CNYDDRO)
187 Northern Concourse **473-5050**
N. Syracuse, 13212 www.opwdd.ny.gov

Epilepsy-Pralid Inc. (EPI)
1065 James Street, Suite 220 **477-9777**
Syracuse, 13203 www.epilepsy-uny.org

Exceptional Family Resources (EFR)
1820 Lemoyne Avenue **478-1462**
Syracuse, 13208 www.contactefr.org

Learning Disabilities Association of CNY (LDA)
212 E. Manlius Street **870-9464**
E. Syracuse, 13057 www.ldacny.org

The Kelberman Center
Offices in Syracuse and Utica
2608 Genesee Street **315-797-6241**
Utica, NY 13502 www.kelbermancenter.org

FOOD ASSISTANCE

Food Bank of CNY
7066 Interstate Island Road **437-1899**
Syracuse, 13209 www.foodbankcny.org
Nutrition, education and advocacy are built into all programs, following the Food Bank's mandate to educate the community about solutions to the issue of hunger. The Food Bank of Central New York works with local, statewide and national anti-hunger organizations to support legislation addressing food and other critical needs of low-income people.

Food Sense
76 Canton Street, Baldwinsville **638-4536**
226 Bridge Street, Phoenix **695-4841**
1700 Butternut Street, Syracuse **479-7971**
667 S. Salina, Syracuse **479-1307**
10 Onondaga Street, Tully **696-5092**
Participants receive a food package for \$15.50 worth \$25 to \$35 if purchased in a grocery store. Packages include meat, fresh produce, dairy and other food items. Participants register and pay in advance and pick up their package later in the month. Participants can buy as many packages as they like. No income requirement; cash or food stamps only. Anyone can participate.

Interreligious Food Consortium **474-8855**
Will provide information about the nearest pantry site. Also has a list of meal sites and perishable giveaways.

GUARDIANSHIP & FUTURE PLANNING

In NYS, citizens reach legal adulthood at age 18. Some people may need the assistance of another trusted person to help make important legal, financial, and medical decisions on their behalf. Our legal system has provided some different options in this matter.

Guardianship- a guardian is appointed through the court to assist an individual with life decisions and to monitor the person's quality of life. A guardian may be necessary to ensure that permission for certain matters, such as having a medical operation may be given on your behalf. Guardianship should only be sought if you are not capable of making your own decisions.

Power of Attorney- a power of attorney is a written document giving one person the power to act as an "agent" for another person. To give power of attorney, you must be considered capable of understanding the document. You can revoke a power of attorney at any time.

Supplemental Needs Trust- a "trust" gives a person or corporation (called the "trustee") the right to manage or control property for the benefit of another person (called the "beneficiary"). A trust can be funded from resources from the person with a disability, a parent or guardian or another concerned person. A parent or guardian may set up a trust to help provide for future financial security. Specifically, a supplemental needs trust when properly drafted and established, can provide for a person with a disability without limiting the person's SSI and/or Medicaid benefits. A trust does not limit the beneficiary's civil rights, personal freedom or control over money and property not part of the trust.

Arc of Onondaga
600 S. Wilbur Avenue **476-7441**
Syracuse, 13204 www.arcon.org
The Guardianship Program assists family members to meet the future needs of the individual with developmental disabilities. ARC offers education and information to these families. Additionally, Arc of Onondaga may agree to act as guardian or standby guardian on behalf of individuals with developmental disabilities who have no other involved person to meet this need.

Central New York Developmental Disabilities Regional Office (CNYDDRO)
187 Northern Concourse **473-5050**
N. Syracuse, 13212 www.opwdd.ny.gov
CNYDDRO is an agency of the New York State Office for People with Developmental Disabilities (OPWDD). Guardianship program Central New York DDRO works in partnership with families, voluntary agencies, and local governments. Serving Cayuga, Cortland, Herkimer, Lewis, Madison, Oneida, Onondaga and Oswego Counties.


LaFayette Outreach, Inc.
P.O. Box 481, 6136 Rt. 20 **677-5221**
LaFayette, 13084
Provides information, referrals to services, and food pantry to individuals and families in Southern Onondaga County and the Onondaga Nation. Supports WIC (Women, Infants and Children) clinic and Meals On Wheels.

Meals On Wheels www.meals.org
Programs deliver professionally planned meals to seniors, people with disabilities, or people recovering from illness or injuries. No age or income restrictions.
Baldwinsville **638-2171**
E. Syracuse/Minoa **463-5972**
Camillus **487-2878**
Fayetteville-Manlius/Jamesville-Dewitt **637-5446**
Kosher **445-0820**
North Area **452-1402**
N. Syracuse **454-8427**
Skaneateles **685-6079**
Syracuse **478-5948**


PEACE Inc. Food Service **470-3331**
Provides emergency food for families through food pantries. Also offers low cost lunches to anyone 60 and older at 24 sites in Onondaga County.

SNAP (Supplemental Nutrition Assistance Program)
421 Montgomery Street, Civic Center **435-2700**
Syracuse, 13202 www.ongov.net/dss/foodstamps.html
Program provides federal food stamp benefits that can be used to buy food. The amount of food stamp benefits you receive depends on household size, income and expenses.

Winds of Agape, Inc.
1414 Grant Blvd **425-0547**
Syracuse, 13208 www.windsofagape.com
Assists individuals and families, those with brain injuries and other disabilities facing a crisis through the provision of emergency food.



Maxwell Bobrycki
Financial Services Professional* and
Licensed Agent



New York Life Insurance Company
5788 Widewaters Pkwy
Dewitt, NY 13214
Cell 315.882.7751 Tel. 315.251.2160
Fax 315.449.8650
mbobrycki@ft.newyorklife.com



Life Insurance, Annuity and Long-Term
Care Options from New York Life

Community Options New York, Inc.

216 W. Manlius Street **431-9859**
E. Syracuse, 13057 www.comop.org

Surrogate's Court

401 Montgomery Street **671-2100**
Syr., 13202

www.nycourts.gov/courts/5jd/onondaga/surrogate

In NYS, parents may petition for guardianship of their child who has a developmental disability. When a child turns 18 years old, the parent is no longer the legal guardian unless they formally petition through Surrogate Court.

INFORMATION & REFERRAL

HELPLINECall 211

Onondaga County's 24 hour Helpline www.ongov.net
Onondaga County's Helpline is a free resource that provides human services information and referrals 24 hours a day, 7 days a week.

ACCESS Team

421 Montgomery St. 15th Floor (24 hour hotline) .. **463-1100**
Syracuse, 13202 www.oncaresoc.org

You should call ACCESS if: You have concerns about your child's/ youth's (ages 5-21) emotional or behavioral health; if your child or youth currently has a service plan that is not working for him/ her or your family; if your child is involved in more than one system (for example, Mental Health and Juvenile Justice) and you want those systems to work together better or if your child/ youth is at risk of needing an out-of-home placement.

AccessCNY

1603 Court Street **410-3340**
Syracuse, 13208 www.accesscny.org

Provides information, referral and an array of services to children and adults with physical or developmental disabilities or health-related issues.

ARISE Child and Family Service, Inc.

635 James Street **472-3171**
Syracuse, 13203 www.ariseinc.org

An Independent Living Center providing advocacy and services to individuals of all ages with all types of disabilities, their families, and the community. Advocacy services include: health care, housing, benefits, and education. Other programs include Community Habilitation, consumer-directed personal assistance, employment services, independent living skills training, information and referral, mental health services, peer counseling, Medicaid service coordination, consolidated support services, and inclusive recreation programs.

AURORA of Central New York, Inc

518 James Street, Suite 100TDD 422-9746 **422-7263**
Syracuse, 13203 www.auroraofcny.org

Offers a wide range of services to individuals who are blind, visually impaired, deaf or hard of hearing in Onondaga and contiguous counties, and their families. Services include: instruction in daily living skills; safe/independent travel training; instruction in adaptive technology for people with vision loss; information and referral; social work; outreach; support groups; Pre-College and work readiness training programs, vision/hearing screening and Sign Language Interpreting through the Marjorie Clere Interpreter Referral Services.

Burton Blatt Institute (BBI) at Syracuse University

Crouse-Hinds Hall, Suite 300 **443-2863**
900 S. Crouse Ave., 13244 www.bbi.syr.edu/web

The Burton Blatt Institute: Centers of Innovation on Disability (BBI) at Syracuse University was established to advance the civic, economic, and social participation of people with disabilities in a global society by creating a collaborative environment with entrepreneurial innovation and best business practices to foster public-private dialogue, and create the capacity to transform policy, systems, and people through inclusive education, the workforce, and communities.

Center on Human Policy at Syracuse University

805 S. Crouse Avenue **443-3851**
Syracuse, 13244 www.thechp.syr.edu

The Center on Human Policy (CHP) is a Syracuse University-based policy, research, and advocacy organization involved in the national movement to insure the rights of people with disabilities. Since its founding, the CHP has been involved in the study and promotion of open settings (inclusive community opportunities) for people with disabilities.

Central New York**Developmental Disabilities Regional Office (CNYDDRO)**

187 Northern Concourse **473-5050**
N. Syracuse, 13212 www.opwdd.ny.gov

CNYDDRO is an agency of the New York State Office for People With Developmental Disabilities (OPWDD). Central New York DDRO works in partnership with families, voluntary agencies, and local governments to design, develop, and deliver programs and services that meet the needs of each individual and his or her family. Provides residential, habilitative, vocational, and support services; service coordination, home modification, counseling, recreation, respite, advocacy, life planning, clinical services, and referrals to community agencies for people with developmental disabilities and their families. Serving Cayuga, Cortland, Herkimer, Lewis, Madison, Oneida, Onondaga and Oswego Counties.

notes...

Commission for the Blind and Visually Handicapped (CBVH)

The Atrium, 100 S. Salina St., Suite 105 **423-5417**
Syracuse, 13202 www.ocfs.state.ny.us/main/cbvh

Through the NYS Office of Children and Family Services. Provides rehabilitation services to individuals who are legally blind and reside in New York State. CBVH programs include: training for employment; business enterprise program; programs for older adults; programs for children. Services are coordinated by counselors and children's consultants. Syracuse Office has responsibility for 14 counties in Central NY including, Cayuga, Cortland, Madison, and Oswego.

Contact Community Services, Inc.

6311 Court Street Road **251-1400**
East Syracuse, 13057 www.contactsyracuse.org

Operated by the staff at Contact Community Services, Inc., 211CNY solves the problem of locating basic resources by enabling residents to call 2-1-1 or visit the website to get information on basic needs, consumer services, health and medical support, housing, crime victim services, legal and advocacy services and much more. If you or a loved one has a developmental disability, you can get important information about development disability services by calling 2-1-1 or visiting www.211cnydisability.com.

Early Childhood Direction Center (ECDC) (Mid-State Region)

370 Huntington Hall **443-4444**
Syracuse University

Syracuse, 13244 www.ecdc.syr.edu
Call ECDC if you have concerns about a young child under the age of five, both typically developing and those with special education needs. ECDC provides information, referral and support to families and professionals.

Exceptional Family Resources

1820 Lemoyne Avenue..... **478-1462 Ext. 337**
Syracuse, 13208 www.contactefr.org

Information and referrals are provided to families, professionals and to the general public, including linkage to services and programs for persons with disabilities.

GiGi's Playhouse

5885 E. Circle Drive, Suite 250 **288-7529**
Cicero, 13039 www.gigisplayhouse.org/syracuse

An educational and awareness center created to serve individuals with Down syndrome from birth to adulthood. Provides resources, specialized teaching, and support to individuals, families, and communities. Designed to facilitate skill development in speech and language, fine and gross motor skills, and overall academic achievement, literacy and math tutoring available. Social opportunities for pre-natal diagnosis support, open play, baby and toddler groups, activities for young children, adolescents, and adults over 18. Free to families and specialized to meet needs of attendees.

Huntington Family Center

405 Gifford Street **476-3157**
Syracuse, 13204 www.huntingtonfamilycenters.org

Information and outreach, offers parent education, adolescent treatment programs Family support services, Medicaid service coordination, senior case management services.

Learning Disabilities Association of CNY (LDA)

212 E. Manlius Street **870-9464**
E. Syracuse, 13057 www.ldacny.org

Provides general information on learning disabilities and related disorders. Referrals, advocacy, family support services and parent training for families. Employment services, recreation program and community habilitation.

Onondaga County Department Office for Aging

421 Montgomery St, 10th floor, Civic Center **435-2362**
Syracuse, 13202 www.ongov.net/aging

Provides information and referrals for senior citizens, caregivers and families.

Onondaga County NY Connects

421 Montgomery St, 5th Floor, Civic Center,.... **315-435-1400**
Syracuse, 13202 www.ongov.net/NYConnects

Offers information and assistance, and provides access, to appropriate and cost effective long-term care for all residents of Onondaga County.

PEACE, Inc. Administration Office

217 S. Salina Street, 2nd Fl..... **470-3300**
Syracuse, 13202 www.peace-cao.org

Serves low income families, offering many programs for families & individuals of all ages. For youth, such as Big Brothers/Big Sisters, Head Start and Early Head Start, community and Family Resource Centers; for seniors, such as community and Family Resource Centers, energy and housing (weatherization), information & assistance, foster grandparent program and senior nutrition; and family services such as energy and housing (weatherization), income tax preparation and community and Family Resource Centers. Family Resource Centers throughout the city and county provide emergency assistance, crisis interventions, and supportive services, advocacy, education, and family development.

Self-Advocacy Association of NYS (SANYS)

1005 W. Fayette Street, Suite 1A **473-6927**
Syracuse, 13204 www.sanys.org

The Self-Advocacy Association of New York State is an organization led by people with the challenge of a developmental disability to assure the civil rights and responsibilities that include the opportunities and choices of equal citizenship.

Spanish Action League of Onon. Co., Inc.

700 Oswego Street.....**475-6153**
 Syracuse, 13204 www.laligaupstatecny.org
 Bilingual information and assistance mainly directed toward the Latino population, but all clients are assisted regardless of their ethnic background.

Starbridge

1650 South Avenue, Suite 200**345-2555**
 Toll Free Phone**1-800-650-4967**
 Rochester, NY 14620 www.starbridgeinc.org
 Starbridge partners with people with disabilities, their families, and others who support them, to realize fulfilling possibilities in education, employment, health, and community living. Together, we transform communities to include everyone. Our main office is located in Rochester. Our Parent Training & Information Center serves all of NYS except for the 5 boroughs of NYC and Long Island. In Central NY, our Family Education Specialist works with families of students who have disabilities or suspected disabilities to navigate school systems and policies, to understand laws governing special education, to improve educational outcomes, and to build positive family-school relationships. We offer advocacy trainings and workshops for families and professionals.

Syracuse Model Neighborhood Facility, Inc.

401 South Avenue**474-6823**
 Syracuse, 13204 www.swccsyr.org
 Eligibility-city residents; located at Southwest Community Center; youth and young adults with developmental disabilities can take part in social, recreational, personal development activities, after school and day-long summer sessions. An independent living skills program for adults ages 21 and up. Family Support program: provides advocacy, information and support, as well as clothing, counseling, education, employment, food, legal and medical services. AIDS prevention, HIV support, substance abuse and violence intervention/prevention programs are also available.

notes...

**Syracuse University Parent Advocacy Center (SUPAC)
 New York State Special Education Parent Center
 (Mid-State Region)**

SU Center on Human Policy, Law, and Disability Studies
 372 Huntington Hall**443-4336**
 Syracuse, 13244 www.supac.org
 SUPAC is the Mid-State Region Special Education Parent Center. SUPAC provides parents of children with disabilities information, training, resources, and strategies to promote their meaningful involvement in their children's education; assist in understanding their children's disabilities; promote early resolution of disputes between parents and school districts; promote the use of resolution sessions and special education mediation; assist in understanding their procedural due process rights; and enhance parents' skills and levels of confidence to communicate effectively and work collaboratively with schools and other stakeholders to advocate and actively participate in their children's education. SUPAC covers the following BOCES regions: Herkimer-Fulton-Hamilton-Otsego; Madison-Oneida; Oneida-Herkimer-Madison; Oswego County; Onondaga-Cortland-Madison; Tompkins-Seneca-Tioga; Cayuga-Onondaga and Syracuse City.

Whole Me, Inc.

1010 James Street,**468-3275**
 Syracuse, 13209 www.wholemeinc.com
 Promotes an integrated approach to lifelong learning for deaf, hard-of-hearing, young adults, and their families. Provides access to educational, social and community resources. Programs promote cultural diversity, literacy development, transition and life skills training, employment opportunities and socialization. After-school programs for deaf/hh and hearing children; may have combined additional disabilities. Parent advocacy, referral and resource support; sign language classes; NYRELAY/711 telecommunication; information/training services and mentoring opportunities.

INSURANCE

MEDICAID

The Facilitated Enrollment Program offers families in Onondaga County the opportunity to enroll in the public health insurance program that will meet their medical and dental needs. Facilitated Enrollment offers an easy way for families to apply for Family Health Plus, Medicaid and Child Health Plus. Facilitated enrollers will meet with families at convenient times and locations to complete an application and gather the necessary documents to determine their eligibility for health insurance. **435-6808**

**Onondaga County Department Office for Aging, HIICAP
 (Health Insurance Information, Counseling and Assistance Program)**

421 Montgomery St, Civic Center**435-2362**
 Syracuse, 13202 www.ongov.net/aging
 Provides Medicare Prescription Drug Plans, Medicare Advantage Plans, Medigap Supplemental Plans, EPIC - NYS Prescription Benefit for Seniors, Extra Help Low Income Subsidy, Medicare Savings Program.

MEDICARE

ENV Insurance Agency
 www.insurewithenv.com

Christine Campbell
 Sr. Sales Advisor
 7789 Oswego Road
 Liverpool, NY 13090
 Cell 315-657-5616
 Phone 315-641-5848 ext. 233
 Toll Free 1-800-887-9146
 Fax 315-641-6353
 ccampbell@insurewithenv.com

ENV Insurance Agency-Christine Campbell

7789 Oswego Road**657-5616**
 Liverpool, NY 13090 www.insurewithenv.com
 Are you turning 65 soon? Let me help you with choosing a Medicare plan that's right for you. I am authorized to offer Medicare Supplement Plans, Medicare Advantage Plans and Part D Prescription Drug plans. I am appointed with several different insurance carriers and there is NO FEE for my service. Call to set up an appointment to discuss your Medicare insurance needs.

Medicare Made Simple.....676-4933
www.mymedicaremakesimple.com

Provides the service of helping retirees understand the Medicare system and their options, through seminars or one-on-one meetings. Enrollment services and coverage provided to those who qualify for a disability and veterans who need additional coverage for gaps the V. A. doesn't offer.

PEACE, Inc. Health Plan Enrollment (Affordable Care Act)

Administration Office**470-3325** Spanish
 217 S. Salina Street, 2nd Fl.....**634-3752** English
 Syracuse, 13202 www.peace-caa.org
 The health plan enrollment specialist is a certified application counselor who educates the community on the Affordable Care Act and helps individuals and families to obtain health insurance through the NY State of Health marketplace. The health plan enrollment specialist provides in person application assistance to help people enroll initially and to renew existing coverage. Clients can receive help obtaining health insurance under the Affordable Care Act, Medicaid/Child Health Plus, not Medicare.

LEGAL & ADVOCACY

The agencies listed below provide information and support specifically for persons with disabilities. New York State Education Department provides "A Parent's Guide to Special Education," describing the rights of parents whose children receive special education services, is available on the NYS Education Department website www.p12.nysed.gov/specialed

AccessCNY

1603 Court Street**455-7591**
 Syracuse, 13208 www.accesscny.org
 AccessCNY is active in informing the community on issues related to people with disabilities. The agency has an Advocacy committee composed of self-advocates, staff and community members. AccessCNY provides information on issues such as the American's with Disabilities Act and hosts forums on disability related issues with other area providers.

ARISE Child and Family Service, Inc.

635 James Street**472-3171**
 Syracuse, 13203 www.ariseinc.org
 Offers individual and systems advocacy on issues concerning the rights of people with disabilities, facilitates legal appeals for public benefits. Provides information and education on ADA (Americans with Disabilities Act) issues, IDEA (Individuals with Disabilities Education Act) and other laws relating to disabilities, Provides information on health care rights and assists with locating affordable and accessible housing for individuals with disabilities.

Center on Human Policy at Syracuse University (CHP)

302 Huntington Hall**443-3851**
 Syracuse, 13244 www.thechp.syr.edu
 The CHP is a policy, research and advocacy organization involved in the national movement to ensure the rights of people with disabilities. Interests include education, community living, transportation, jobs, medical care, and rehabilitation. Offers info on laws, regulations, policies and on how to obtain quality community services. Free.

Disability Rights New York Inc. (DRNY)

TTY **518-512-3448** Toll Free **800-993-8982**
 725 Broadway, Suite 450 **518-432-7861**
 Albany, NY 12207 www.disabilityrightsny.org
 Formally known as Disability Advocates, DRNY represents people with legal issues relating to their disability.

Exceptional Family Resources (EFR)

1820 Lemoyne Avenue **478-1462 Ext. 337**
 Syracuse, 13208 www.contactefr.org
 Resource Specialist can offer information and referrals on disability related topics such as: educational advocacy, educational entitlements, financial assistance and linkage to local community agencies and other resources. We provide free workshops at our office on special education school regulations K-12, transition services, special needs trusts, guardianship information and other disability related topics. The Resource Specialist provides outreach and community awareness trainings on self-determination, school advocacy, disability and autism awareness. These trainings are for parents, school district staff, medical professionals, agency staff, including police and emergency First Responders.

Hiscock Legal Aid Society

351 S. Warren Street **422-8191**
 Syracuse, 13202 www.hiscocklegalaids.org
 Legal aid for people of low income in non-felony criminal cases by city court assignment and in civil cases such as divorce, landlord, tenant, and unemployment. There are eligibility guidelines. Free.

**Legal Aid Society of Mid-NY Inc.,
Legal Services of Central New York**

221 S. Warren Street Suite 310 **(877) 777-6152**
 Syracuse, 13202 www.lscny.org
 Provides free legal assistance to low-income families and individuals for landlord/tenant problems, foreclosure, public benefits, unemployment insurance and a variety of other civil matters-serving 13 CNY counties. No criminal or personal injury cases.

Mental Hygiene Legal Service

224 Harrison Street, Suite 502 **473-9495**
 Syracuse, 13202 www.courts.state.ny.us/ad4/mhls
 The MHLS is responsible for protecting and advocating for the rights of people who reside, or are alleged to be in need of care and treatment, in facilities licensed to provide services for mental illness, developmental disabilities or chemical dependence, and to individuals wherever they may reside, who may otherwise become subject to substituted decision making, either by virtue of becoming a ward of the court, by guardianship proceeding, or by virtue of being made subject to other specific substitute decision making authority, or involuntary outpatient treatment, allowed and put in place by the laws of NYS. Serves Cayuga, Onondaga and Oswego Counties.

New Justice Conflict Resolution Services, Inc

1153 W. Fayette Street, Suite 301 **471-4676**
 Syracuse, 13204 www.newjusticeservices.org
 New Justice Services provide a center for the peaceful and constructive resolution of conflicts through direct intervention services (conciliation, mediation, and/or arbitration) and preventive programming (education and training services) Mediation is a voluntary and confidential service that is an alternative to court. Special Education mediation services offered to parent/guardians and the school district to help resolve conflicts involving a child with a disability. The conflict can relate to the identification, evaluation, educational placement or the provision of a free, appropriate public education for the child. There is no cost to parents or the school district. Special education mediation does not deny or delay a parent's right to an impartial hearing. Parents interested in special education mediation should contact the school directly to request the services. Offices in Onondaga, Cortland, Madison and Oswego Counties.

**NYS Commission on Quality of Care and
Advocacy for Persons with Disabilities (CQCAPD)**

401 State Street **(800) 624-4143**
 Schenectady, 12305 www.cqcapd.state.ny.us
 The CQCAPD is an independent NYS government agency charged with improving the quality of life for New Yorkers with disabilities and protecting their rights by: promoting the inclusion of people with disabilities; insuring programmatic and fiscal accountability; providing individual and systemic investigative and advocacy services; advancing the availability and use of assistive technology, offering impartial and advice, training and recommendations on disability issues.

NYS Division of Human Rights

333 E. Washington Street, Room 443 **428-4633**
 Syracuse, 13202 www.dhr.state.ny.us
 Has the legal authority to enforce Human Rights Law of NYS. Investigates complaints of discrimination based on age, race, creed, sex, national origin, disability, marital status, record of arrest or conviction. Part of a statewide network of coverage, the Syracuse office serves Onondaga and all adjacent counties.

Onondaga County Lawyer Referral 471-2690**Onondaga County Syracuse Commission
on Human Rights**

421 Montgomery Street, Civic Center **435-3567**
 Syracuse, 13202 www.ongov.net/Human_Rights
 Advocates to ensure the rights of all county residents. Receives and investigates complaints of discrimination in employment, housing, criminal justice, public accommodations and other areas because of race, color, creed, national origin, age, sex, marital status, sexual orientation and disability, which are in violation of the NYS Human Rights Law. Provides "diversity in the workplace" training. Monitors city and county vendor contracts.

Person to Person: Citizen Advocacy

650 James Street **472-9190**
 Syracuse, 13203 www.ppcadvocacy.org
 A advocacy group serving persons with developmental disabilities. We find people who will share a visit with someone with similar interests for community outings.

Syracuse University Law School

P.O. Box 6543 **443-4582**
 Syracuse, 13217 www.law.syr.edu/
-Children's Rights Clinic offers free legal services. Law students, supervised by a practicing attorney, represent children and families in cases dealing with education rights; school disciplinary and suspension hearings; special education; custody/guardianship; emancipation; and other issues. Free if eligible.

-Disability Rights Clinic (DRC) offers free legal services where law students, supervised by a practicing attorney, represent people with disabilities in employment, access to government services and public accommodations, education, and other issues. The DRC engages in all forms of advocacy: educational, lobbying, litigation and other strategies designed to advance the civil and human rights of people with disabilities. Free.

-Elder Law Clinic offers free legal services to persons 65 or older. Law students, supervised by a practicing attorney, represent elderly clients in cases involving Medicaid, Medicare, social security, housing, consumer and selected other issues. Free if eligible.

MEDICAL HOME CARE**CONSUMER DIRECTED PERSONAL ASSISTANCE
PROGRAM (CDPAP)**

The following information about the Consumer Directed Personal Assistance Program (CDPAP) can be found on the NYS Department of Health website: www.helath.state.ny.us/health_care/Medicaid/program/longterm/cdpap
 This Medicaid program provides services to chronically ill or physically disabled individuals who have a medical need for help with activities of daily living or skilled nursing services. Services can include any of the services provided by a personal care aide (home attendant), home health aide or nurse. Recipients have flexibility and freedom in choosing their caregivers. The consumer or the person acting on the consumer's behalf, such as the parent of a disabled or chronically ill child, assumes full responsibility for hiring, training, supervising, and – if need be – terminating the employment of persons providing the services.

notes...**How do I find the CDPAP?**

Before a person can receive services, his or her doctor must send a completed Physician's Order for Services to the local social services district which then completes a social and nursing assessment. A nurse assessor then determines whether the recipient can appropriately participate in CDPAP, and recommends the amount, frequency and duration of services.

Requirements of CDPAP

Recipients must be able and willing to make informed choices regarding the management of the services they receive, or have a legal guardian or designated relative or other adult able and willing to help make informed choices. The consumer or designee must also be responsible for recruiting, hiring, training, supervising and terminating caregivers and must arrange for backup coverage when necessary, arrange and coordinate other services and keep payroll records.

AccessCNY

1603 Court Street **410-3332**
 Syracuse, 13208 www.accesscny.org
 AccessCNY offers home care through its Self-Directed Personal Services program. AccessCNY acts as the employer for payroll, insurance and benefits for personal assistants. AccessCNY trains participants in how to use the service and bills Medicaid for services provided.

ARISE Child and Family Service, Inc.

635 James Street **671-2990**
 Syracuse, 13203 www.ariseinc.org
 ARISE's Consumer-Directed Personal Assistance Program (CDPAP) gives eligible individuals who are receiving Medicaid-funded home care services the opportunity to hire, train, supervise, and terminate, if needed, their own Personal Care Assistant.

Maxim HealthCare Services

224 Harrison Street, Suite 680 **476-0600**
 Syracuse, 13202 www.maximhealthcare.com
 CareFocus, is committed to enhancing the quality of life for people with disabilities and cognitive disorders through developmental and behavioral disability services, socialization support and more. Service recipients are involved in activities that promote stability, growth and focus on individual development. Through in-home assistance or community-based living assistance, our goal is to encourage the successful integration of our service recipients into their community.

Medical Solutions Inc.

499 South Warren Street **481-4757**
 Syracuse, 13202 www.msfingerlakes.com

HOME HEALTH CARE

Home health care refers to services that make it possible for people to remain at home rather than use residential, long-term or institutional-based nursing care. These services may include some combination of professional health care services and life assistance services. Services and ages served vary. The following agencies accept Medicaid.

AccessCNY-Home Service Program

6666 Manlius Center Road **218-0844**
East Syracuse, 13057 www.accesscny.org

Due to a variety of circumstances, individuals with disabilities may sometimes “fall through the cracks” of traditional funding streams and services. This may be especially true of those with adult-onset disabilities such as arthritis, multiple sclerosis, or ALS. The goal of the Home Service program is to provide services to these individuals directly in their home communities and help them to lead active and productive lives. The Home Service program is a joint venture between the Cerebral Palsy Associations of New York State and the New York State Elks Association. Home Services help individuals with disabilities find local services to meet their specific needs. The program also provides advocacy, counseling, and follow-up to ensure the needs and rights of the participants are being upheld

At Home Independent Living, Inc.

4464 Milton Avenue **579-4663**
Camillus, 13031 www.athomeindependentliving.com

At Home is the perfect adjunct service for the elderly or disabled person who is having trouble coping with independent living because of chronic disability, Alzheimer’s disease or increasing frailty. Through a combination of compassionate caregivers and supportive technologies, individualized care plans are developed through our consultative approach to providing care. Services hours are customizable from a few hours per week to 24 hours/7 days depending on client needs and include cooking, cleaning, transportation, pet care, medical reminders and a whole lot more.

CCH Homecare and Palliative Services, Inc.

990 Seventh North Street **641-2385**
Liverpool, 13088 www.cchhomecare.com

Services include cardiac care, case management, diabetes education, home health aides, home infusion therapy, nutrition counseling, occupational therapy, palliative care, personal care, physical therapy, skilled nursing, speech therapy, telephone care monitoring and wound care. Accepts Medicare, Medicaid and private insurance.

Gentiva Health Services, Inc.

200 Elwood Davis Road **461-0209**
Liverpool, 13088 www.gentiva.com

Services include skilled nursing, cardiac care, hospice services, infusion services, neurorehabilitation, medication management, pain management, occupational therapy, physical therapy, speech therapy and wound care for

individuals age 65 and older. Accepts Medicare Part A and private insurance.

Home Aides of Central New York, Inc.

723 James Street **476-4295**
Syracuse, 13203 www.eldercarecny.org

Services include skilled nursing, home health aide, homemaker and companion care. Caregiver respite available for individuals age 60 and older or anyone over age 60 who is caring for a chronically ill or disabled younger person. Accepts Medicare, Medicaid, private insurance and long-term care insurance.

Onondaga County-Long Term Care NY Connects LTC Resource Center

421 Montgomery Street 10th Floor..... **435-2362**
Syracuse, 13202 www.ongov.net

Assesses the level of services needed to meet long term care/home care needs. Provides information, assistance and screening services and assessment and/or enrollment services for several Medicaid programs.

PACE CNY(Program of All-Inclusive Care for the Elderly) -Sally Coyne Center

100 Malta Lane **452-5800**
N. Syracuse, 13212 www.pacecny.org

-Catherine McAuliffe Center

115 Creek Circle **452-5800**
E Syracuse, 13057 www.pacecny.org

Services include home care, medication management, occupational therapy, physical therapy, speech therapy and day care for individuals age 55 and older.

Self-Direct, Inc.

12 Oswego Street **635-5374**
Baldwinsville, 13027 www.selfdirectinc.com

Personal care aides for individuals with traumatic brain injury.

St. Camillus Home Care

813 Fay Road **488-2831**
Syracuse, 13219 www.st-camillus.org

Services include skilled nursing, personal care and rehabilitation.

St. Joseph’s Home Care Agency

7246 Janus Park Drive **458-2800**
Liverpool, 13088 www.sjhomecare.com

Services include skilled nursing, occupational therapy, physical therapy, nutritional therapy, speech therapy and respiratory therapy.

Visiting Nurse Association of Central New York, Inc.

1050 W. Genesee Street **476-3101**
Syracuse, 13204 www.vnacny.org

Services include skilled nursing, case management, occupational therapy, physical therapy, cardiac care, nutrition counseling, speech therapy, psychiatric nursing and wound care for children and adults. Accepts Medicare, Medicaid and private insurance.

RECREATION & LEISURE

Ability-Fitness

P.O. Box 2125 **506-2463**
Syracuse, 13220 www.ability-fitness.org

To provide individuals with disabilities access to a non-fee based fitness center with specialized personal trainers, ability specific equipment and an environment for healthy growth and development. Our goal is to assist each individual in exceeding personal fitness goals and perceived expectations, and in the process proving that disabilities don’t limit an individual’s ability to excel physically or mentally while fulfilling lifelong fitness

AccessCNY

6666 Manlius Center Road **218-0844**
East Syracuse, 13057 www.accesscny.org

AccessCNY offers a number of recreation programs for individuals with disabilities. Several recreation services are offered in conjunction with community agencies like the YMCA or neighborhood center. A three week summer camp is also offered in late July and early August. Project Adapt, the agencies assistive technology lending library, allows individuals to borrow everything from toys and games to bikes and wheelchairs

Advocates, Inc.

636 Old Liverpool Road **469-9931**
Liverpool, 13088 www.advocatesincorporated.org

Family-centered recreational activities for individuals with disabilities and their families. Activities are free to families who qualify for OPWDD (Office for People With Developmental Disabilities) services. Activities may include but are not limited to: bowling, fishing, roller skating, picnics, dances, ball games and local theatre.

Arc of Onondaga

600 S. Wilbur Avenue **476-7441**
Syracuse, 13204 www.arcon.org

-ART SURGE Program is a comprehensive arts recreation program for teens (13-18yrs) diagnosed with an autism spectrum disorder. Call for class schedule. Weekly evening classes and daily summer sessions.

-Community Recreation & Leisure activities for adults and teen with developmental disabilities who reside with their families. Each month, a schedule is offered to members so they may choose activities in which to participate, such as sporting events, community fairs, tours, and movies. Members and their families are encouraged to assist in the planning of activities.

ARISE at the Farm

1972 New Boston Road **687-6727**
Chittenango, 13037 www.ariseinc.org

A 77-acre inclusive recreation center where we provide

year-round recreation and education programs for people of all ages and abilities. Services include therapeutic and adaptive horseback riding, horse cart driving, inclusive summer camps, horsemanship camps, and school break recreation. People coming to the Farm can use our paved track for adaptive cycling/walking/running, can play on our 16,000 square foot accessible playground, go fishing, use the high rope course, and can arrange for field trips to the Farm. People of all ages and abilities are welcome to visit or volunteer.

ARISE Child and Family Service, Inc.

635 James Street **472-3171**
Syracuse, 13203 www.ariseinc.org

-ARISE & Ski was one of the earliest adaptive winter sports programs in the region. Our PSIA-certified instructors and skilled volunteers teach people of all ages and abilities how to ski and snowboard. Lessons run for six weeks at Toggensburg Mountain Winter Sports Center in Fabius.

-UNIQUE is an art and literary magazine that shares the artistic visions and voices of individuals with disabilities. The magazine is published annually by ARISE and celebrates the creative work of central New York artists and writers who have disabilities. We are proud to debut the magazine every year with an exhibit at the Everson Museum of Art and then exhibit the work throughout the region.

-Young Adult Art Explorer’s Club is a weekly club for young adults to experience and enjoy creating art! With the assistance of ARISE staff members, young adults ages 14 to 21 are welcome to attend independently or with a family member or volunteer. Interested participants under the age of 14 who are responsible can attend. Members will have the chance to experiment with different artistic mediums. This is a free club to belong to and all supplies are included. Anyone who is interested must be OPWDD Waiver eligible.

ARISE Child and Family Service, Inc.

9 Fourth Avenue **342-4088 Ext. 225**
Oswego, 13216 www.ariseinc.org

-Teen Group: This group is for teenagers ages 13 to 19 (or until leaving school). This group fosters building of social skills and friendships. They often travel throughout Oswego or Onondaga County to discover new adventures. Wonderworks, The MOST, Plays, Get Air and the Strong Museum are some of the outings we have gone on.

-Community Connections Group: This group is for young adults ages 20 and older who enjoy social activities. We hold game nights, go bowling, attend dances, have fun getting together based on the desires of the group.

ASTRIDE

P.O. Box 8241 **469-1622**
Syracuse, 13220 www.ncpad.org/programs

A recreational horseback riding program for people with disabilities. Astride is a volunteer, not-for-profit organization whose mission is to help people with disabilities to ride horses. Astride was founded in 1978. It is a member

operating center of the North American Riding for the Handicapped Association (NARHA). We currently have two riding locations: Tanglewood Farm in LaFayette and Smoke Tree Farm in Lysander.

Boy Scouts: Integrated Troops

2803 Brewerton Road **463-0201**
Mattydale, 13211 www.cnyscouts.org

Camp Fire USA CNY Council

7 Adler Drive **463-8799**
E. Syracuse, 13057 www.campfireusacny.org
Camp Fire USA offers Club and Camping Programs to all school aged children. These programs have trained adult role models, show children how to constructively use their time and expose children to diversity. Every effort is made to accommodate children with special needs. Clubs are generally held weekly, in the child's neighborhood. Camping opportunities are day and residential at the council owned site, Camp Talooli.

Champions for Life Sports Center

453 Grant Avenue Road **252-9305**
Auburn, 13201 www.Championsforlife.org
Offers gymnastics, tennis, karate, fitness center, dance studio, indoor golf and soccer - regular and power wheel chairs are welcome. Integrated and 1:1 programs for ages 3 and up. Scholarships available for individuals with disabilities, this is a year-round center.

CNY United Power Soccer **857-7934**

E. Syracuse, 13057 www.cnyunited.uspsateams.org
A team sport, unisex, developed specifically for people with physical disabilities who use power wheelchairs or have a physical disability that prevents them from playing soccer. Players may use a protective wheelchair attachment and oversized soccer ball. Practices are September through June at the E. Syracuse Elementary school gym on Friday evenings from 6:30-8:30

East Area Family YMCA

200 Towne Drive **952-8531**
Fayetteville, 13066 www.ycny.org
The East Area Family YMCA caters to families with diverse needs. Whether it be sports, swimming lessons, academic support, preschool, before/after school care, and/or inclusion needs, we've got you covered. Come visit us to see how we can best help you and your loved ones!

Elmcrest Children's Center

228 Lafayette Road **492-9990 Ext. 228**
Syracuse, 13205 www.elmcrest.org
Teen night Friday evenings for youth ages 14-21 years
Caterpillar Club Saturday afternoons ages 4-8 years

Exceptional Family Resources (EFR)

1820 Lemoyne Avenue **478-1462**
Syracuse, 13208 www.contactefr.org

-Project Explore is a summer recreation program for students ages 13-21 with developmental disabilities. The program runs weekdays, June-August, from noon-5pm.

OPWDD eligibility and enrollment in HCBS Medicaid Waiver is required.

-Parent's Night Out is a service for kids ages 6-12 that provides monthly recreation activities for youth, so their parents can enjoy a little time for themselves.

OPWDD eligibility is required.

-Friends Connection partners people ages 18+ who have a developmental disability, with volunteers from the community to engage in recreational activities together. We provide monthly events and are always looking for new volunteers. This service also includes a partnership with Syracuse University to match students with service recipients to enjoy activities together. OPWDD eligibility is required.

Friday Night Dance

For information only call **956-7626**
The dance is held at the Youth Building at the NYS Fairgrounds every Friday from 7 PM- 9 PM \$5 cover charge, first visit free. Snacks and drinks are available for cash purchase.

From the Ground Up Therapeutic Horsemanship, Inc.

3669 Eager Road **655-8943**
Jamesville, 13078 www.ftguhorses.org
Riding skills; learning to care for horses in their environment; vocational training program opportunities.

GiGi's Playhouse

5885 E. Circle Drive, Suite 250 **288-7529**
Cicero, 13039 www.gigisplayhouse.org/syracuse
An educational and awareness center created to serve individuals with Down syndrome from infancy through adulthood. Provides resources, specialized teaching, and support to individuals, families, and communities. Designed to facilitate skill development in speech and language, fine and gross motor skills, and overall academic achievement, one-to-one literacy tutoring available. Social opportunities for prenatal diagnosis support, open play, baby and toddler groups, activities for young children, adolescents, and adults over 18. Free to families and specialized to meet needs of attendees.

Girl Scout Council of Central NY

8170 Thompson Road **698-9400**
Cicero, 13039 www.gsccny.org
Year round programming for girls of all abilities ages 5-17. Opportunities include summer day camps (with buses provided to sites). Troop activities include camping, challenge course, caving, science and engineer activities as well as math related topics. Financial assistance is available to eligible families.

Greek Peak Mountain Resort

2000 NYS Route 392 **(607) 835-6111**
Cortland, 13045-9541 www.gpadaptive.org
Greek Peak provides a comprehensive learn to ski program for people with disabilities with stand-up mobility. Mon-Sat, call for an appointment. Cost varies. On Sunday, the program operating from the Adaptive Training Center provides morning and afternoon sessions at a reduced rate. Cost includes lifts, lessons and rentals.

HOPE.network (at Northside Baptist Church)

7965 Oswego Road **652-3160**
Liverpool, 13090 www.northsideonline.org
Therapeutic dance groups; HOPE's Angels for school age children, HOPE's Ambassadors for teens and adults, HOPE's Cherubs for preschoolers. The HOPE Club is a socialization group for adults (18yrs +) with disabilities. HOPE.Happenings is a quarterly newsletter and calendar.

Just for Kicks Soccer

(at The Ultimate Goal Family Sports Center)
380 Lee Mulroy Road **673-4625**
Marcellus, 13108 www.ultimategoalonline.com
A developmental soccer program for children with disabilities ages 3-21.

Learning Disabilities Association of CNY (LDA)

212 E. Manlius Street **870-9453**
E. Syracuse, 13057 www.ldacny.org
Adult Social Group provides social opportunities Tuesday, Wednesday or Thursday evenings and one Saturday each month. Participants are involved in the activity planning.

Move Along, Inc.

P.O. Box 2205 **420-4765...or...374-0082**
Liverpool, 13090 www.movealonginc.com
Provides recreational opportunities for people who live with disabilities in Central NY. Programs include tennis, basketball, sled hockey and kayaking. Formerly operating under the name Syracuse Flyers Wheelchair Sports Inc.

New York State Inclusive Recreation Resource Center (NYS IRRRC)

www.cortland.edu/nysirrc
Promotes inclusive recreation opportunities so that people of all abilities can recreate and play wherever they choose. Projects include the development of a state-wide database that provides descriptive information about recreation programs, sites and facilities throughout NY. It also provides training and technical assistance to recreation providers so that all services can be as inclusive as possible.

New York State Office of Parks, Recreation and

Historic Preservation **492-1756**
Central Region www.nysparks.com
Detailed information about accessibility at all state parks.

Onondaga County Parks

106 Lake Drive **451-7275**
Liverpool, 13088 www.onondagacountyparks.com
Operates 6500 acres of regional attractions and educational facilities which are accessible to people with special needs. The Wegmans Playground at Onondaga Lake Park is a "Boundless" adventure area which has wheelchair access, customized swings, safety surfacing, and sensory rich, age zoned activity sections. Amtrykes, children's wheelchairs, helmets, and multi-rider bicycles are available at the Griffin Recreation Concession. Seven miles of level, paved trails, the lift-equipped Wegmans Trams, and accessible shoreline fishing spots are also features of Onondaga Lake Park. The Rosamond Gifford Zoo, Beaver Lake Nature Center, "Time Out To Fish" program at Carpenter's Brook Fish Hatchery, ramp accessible Jamesville Beach, Lights on the Lake at Onondaga Lake Park.

Special Olympics

187 Northern Concourse **473-2933**
N. Syracuse, 13212 www.specialolympics.org
Sports training in 23 sports for people with intellectual disabilities. Training by trained Special Olympic coaches on a seasonal basis throughout the year. Participants expected to attend all training sessions during season. (8-10 weeks)

Syracuse Challenger Little League Baseball **433-5176**

Baseball for ages 5-21, with developmental and/or physical challenges and disabilities.
Season begins in June. www.syracusechallengers.com

Syracuse Chargers Track Club

118 Foxcroft Lane **637-6211**
Fayetteville, 13066 www.syracusechargers.org
Program open to community participants, at the SRC Arena at Onondaga Community College.

Syracuse Model Neighborhood Facility, Inc.

401 South Avenue **474-6823**
Syracuse, 13204 www.swccsyr.org
Eligibility-city residents; located at Southwest Community Center; youth and young adults with developmental disabilities can take part in social, recreational, personal development activities.

Syracuse Parks, Recreation and Youth Programs

www.syracuse.ny.us **473-4330**
Several playgrounds have equipment accessible for people with disabilities.

The Kelberman Center - Offices in Syracuse and Utica

2608 Genesee Street **315-797-6241**
Utica, NY 13502 www.kelbermancenter.org
For children, adolescents, young adults and families: A wide variety of summer camps and year-round recreation activities are available for individuals ages 5+
-Advancement Square: Support group for adults with Autism Spectrum Disorders to process experiences, gain support, and learn from one another.

TOPSoccer Syracuse Soccer Academy


333 Pulaski Street **450-4898**
 Syracuse, 13204 www.facebook.com/syracuseTOPSoccer
 Created to bring the fun and excitement of learning and playing soccer to any boy or girl, who has mental or physical challenges. Children ages 5-21. Admission is free.

Westcott Community Center

826 Euclid Avenue **478-8634**
 Syracuse, 13210 www.westcottcc.org
 Committed to address inclusion, the Center offers programs and services including; senior services Golden Cafe for daily lunch and socialization, dinners and classes, the Neighborhood Advisor program, and fitness classes. Recreation programs for all ages including Euclid Recreation Club, dances with live music and activities. Monthly dances, the first Saturday evening of each month, (with exceptions) from 7-9:30 PM. Live music and refreshments. \$2.00 admission charged at the door. Age 18 and up. No dances July and August. Our Kid's Club after-school program welcomes youth ages 8-14 with disabilities.

Visit our website at
sportandmotivationbook.com
 for chapter details and testimonials

*
 Chapter 8 features the
 Determined journey of three
 local high school athletes, who
 happen to have Down syndrome,
 and how they continue to inspire
 everyone in their presence!



PETE MOORE & RENEE BROWN

RELIGIOUS PROGRAMS**Capernaum Young Life**

600 Oswego Street, Suite 6 **451-0064**
 Liverpool, 13088 www.syrnorth.younglife.org
 Young Life leaders have the privilege of knowing and sharing their lives with kids and Young Life Capernaum gives young people with mental and physical disabilities the chance to experience fun and adventure, to develop fulfilling friendships and to challenge their limits while building self-esteem through club, camp and other exciting activities. While all activities are open to every kid, many areas have dedicated programs for kids and young adults with disabilities, typically referred to as Young Life Capernaum Ministries.

InterFaith Works of Central New York, Inc.

3049 E. Genesee Street **449-3552**
 Syracuse, 13224 www.interfaithworkscny.org
 InterFaith Works promotes compassion, cooperation and partnership among the diverse faith traditions in Central

New York with the goal of increasing understanding and harmony among all people. We do this through education and dialogue. We also provide advocacy and six social service programs which serve people in need including refugees, the elderly, the disabled, and the institutionalized. As a result, thousands of people in our community are enabled to live better lives as our neighbors.

Ministry for People with Disabilities

240 E. Onondaga Street **470-1491**
 Syracuse, 13201 www.syracusediocese.org
 The Roman Catholic Diocese of Syracuse, supports and initiates efforts to fully include people with disabilities in all aspects of the life of the Church. Provides services and resources to people with disabilities, their families, friends, and advocates. Pastoral counseling, education, referrals, Liturgical celebrations, church related on-site accessibility consulting.

RESIDENTIAL & HOUSING**AccessCNY**

1603 Court Street **410-3376**
 Syracuse, 13208 www.accesscny.org
 Provides residential services in Onondaga County to people with developmental disabilities. AccessCNY operates several small group homes (3-4 people) and provides community habilitation services to people living in their own homes or apartments. The level of support provided is based on individual need and desire.

Arc of Onondaga

600 S. Wilbur Avenue **476-7441**
 Syracuse, 13204 www.arcon.org
 People choose from a variety of housing alternatives, supports and services to assist them in maximizing their abilities for living. Services include community residence living and apartments.

ARISE Child and Family Service, Inc.

635 James Street **472-3171**
 Syracuse, 13203 www.ariseinc.org
 Provides advocacy and services to individuals of all ages with all types of disabilities. ARISE's free housing locating and advocacy program provides support and assistance with: finding accessible housing in the community, housing discrimination, landlords who are not willing to accept your service or companion animal, referrals to community programs, and requesting accessibility modifications.

notes...**Central New York Developmental Disabilities Regional Office (CNYDDRO)**


187 Northern Concourse **473-5050**
 N. Syracuse, 13212 www.opwdd.ny.gov
 Serves people in an eight county area that have a developmental disability. Operates Family Care homes and a range of community settings for children and adults, and residential supports for families.

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HUNT Real Estate ERA
 6849 East Genesee Street
 Fayetteville, NY 13066



Central New York Services, Inc.

518 James Street, Suite 240 **478-2453**
 Syracuse, NY 13203 www.cnysservices.org
 Residential and housing opportunities for those who are severely and persistently mentally ill and/or homeless. The level of support provided is based on individual need and desire.

-Supported Housing: Supported Housing Programs assist dually diagnosed adults to obtain independent apartment living within the community by providing individualized levels of support based on consumer need. Supports include assistance with housing set up, communication with landlords, financial sources, and treatment teams. Consumers are not subject to outside program attendance or length of stay requirements. These programs are designed for consumers who are presently underserved within the community and to assist in maintaining housing through support and advocacy.

-Community Residence: Serves dually diagnosed men (8 beds) with Axis I mental health diagnosis and substance abuse issues in a chemical-free, home-like residence. Supportive environment provides twenty-four hour supervision and encourages personal growth. Residential specialists work 1:1 to assist with activities of daily living and provide individualized services in 11 rehabilitative areas.

-Welch Terrace: Residential opportunity for consumers with HIV-related disabilities. One bedroom apartments may accommodate more than one person. Units with kitchen, living room and bath designed for persons with physical disabilities. Secure environment offers support services for promotion of a healthy lifestyle without drug or alcohol dependency.

-Susan's Place: Community based apartment program serving women diagnosed with mental health and other disabilities who are transitioning out of homelessness as defined by the NYS Office of Housing and Urban Development (HUD). Collaborative program with NYS Office of Mental Health

overseeing a portion of apartments reserved for women with mental health issues and HUD regulating the portion open to women with other disabilities. Some capability to serve women with dependent children under the HUD portion.

-Intensive Apartment Program: Serves dually diagnosed men and women with Axis I mental health diagnosis and substance abuse issues. Program includes individualized service plans. Clients are required to participate in appropriate programming. Two bedroom apartments accommodate adults with children. Residential specialists work 1:1 to assist with activities of daily living and provide individualized services in 11 rehabilitative areas.

-Single Room Occupancy: Long-term housing for adults with serious and persistent mental illness or Axis I diagnosis. Residences staffed 24/7 with secure reception areas. On-site staff provides services including medication management, crisis intervention, activities for daily living, social and recreational opportunities. Meals and snacks provided in dining rooms as well as access to cooking facilities. Laundry rooms, computer/library rooms, TV lounges, and game rooms available. Consumers encouraged to further independent living skills and may transition to less supportive housing, but no limit exists for length of stay. Residents eligible for SSI Level II Benefits.

Christopher Community

990 James Street **800-662-1220 TDD/TTY** **424-1821**
 Syracuse, 13203 www.christopher-community.org
 A non-profit development and management company specializing in housing for seniors, families, and people with disabilities in Upstate New York. Their apartment communities provide access and accommodations for seniors and/or disabled individuals in a variety of upstate New York settings. Subsidized rental assistance is offered to residents who meet financial eligibility requirements.

Community Options New York, Inc.

216 W. Manlius Street **431-9859**
 E. Syracuse, 13057 www.comop.org
 Provides support that allows people with disabilities the options to remain in their home and community; return to work; and maintain a level of independence with self-care and activities of everyday life.

Elmcrest Children's Center

960 Salt Springs Road **446-6250**
 Syracuse, 13224 www.elmcrest.org

-Emergency: Program for preadolescent and adolescent males with developmental disabilities, emotional, psychiatric and behavioral issues who need an emergency placement and/or a diagnostic evaluation

-Residential Treatment: Elmcrest campus residential treatment programs for adolescent males and females who are in need of trauma focused therapy, to include evidence-based Dialectical Behavior Therapy (DBT) Skills Group.

-Euclid Residence: Euclid Ave, Syracuse
 Community Residence for adolescent males in the DSS

system to develop critical life skills.

-Family Support Center: Transitional residence for children entering and moving through the foster care system in Onondaga County. FSC serves up to 14 males and females from 0-18 years old.

-Waterford Wood Individualized Residential Alternative
4996 Worthington Way492-9990
Fayetteville, 13066

Residence for adolescent males with developmental disabilities and challenging behaviors. Must be OPWDD eligible and enrolled in Home and Community Based Medicaid Waiver.

Fair Housing Council of Central New York

327 W. Fayette Street471-0420
Syracuse, 13202 www.cnyfairhousing.org

A nonprofit organization dedicated to promoting equal housing opportunity for everyone by helping to enforce laws against discrimination in housing on the basis of race, color, religion, sex, age, national origin, sexual orientation, military status, source of income, disability and familial status.

Home Headquarters, Inc.

538 Erie Boulevard West Suite 100474-1939
Syracuse, NY 13204 www.homehq.org

An organization committed to creating housing and related opportunities that improve the lives of underserved people in central and upstate New York and revitalize the communities in which they live. Offers nationally-certified homebuyer education for first time homebuyers, financial and homeownership counseling, Foreclosure Prevention and real estate planning and development. Providers of affordable home and energy improvement loans and grants to area homeowners.

H.O.M.E., Inc

(Humanitarian Organization for Multi-cultural Experience)
831 James Street472-5110
Syracuse, 13203 www.homeincny.org

Hudson Street Apartment's head of household must have a developmental disability. These apartments are located on 314 Hudson Street, White-Skipworth Apartments 1133 & 1151 W. Onondaga Street. We provide a diversified living opportunity for people & families with disabilities. On-site community habilitation staff provides assistance in helping the residents learn how to maintain personal and social relationships, maximize independence, improve health and well being while supporting self advocacy.

InterFaith Works of Central New York, Inc.

1010 James Street449-3552
Syracuse, 13203 www.interfaithworkscny.org
Covenant House serves low and very low income households and individuals with significant, permanent disabilities. Most of the people served by Covenant Housing have physical, developmental and/or mental health related disabilities

L'Arche Syracuse

920 Spencer Street479-8088
Syracuse, 13204 www.larchesyracuse.org
A Christian community operating four homes for adults with developmental disabilities. Emphasis is on life sharing/relationships between people with a disability and those who assist them.

Liberty Resources, Inc.

1045 James Street425-1004
Syracuse, 13203 www.liberty-resources.org
Provides a range of residential and nonresidential services to individuals and families in Onondaga and Madison Counties. Residential opportunities include: individualized residential alternatives, supported apartments, community habilitation and individualized service environments.

Loretto Community Residences, Inc.

750 E. Brighton Avenue413-3592
Syracuse, 13205 www.loretto-cny.org
Operates four supervised community residences for older people who use mental health services or have a developmental disability.

Onondaga Community Living (OCL)

518 James St., Suite 110434-9597
Syracuse, 13203 www.oclinc.org
Provides residential habilitation services in Onondaga County to people with developmental disabilities in an IRA. Also provides self-directed services to individuals who want to live independent of family with or without a live in caregiver or housemate.

Salvation Army

677 S. Salina Street475-1688
Syracuse, 13202 www.sasyr.org
Offers counseling, emergency housing care and material assistance to individuals and families; safe, affordable supervised apartments for young mothers ages 16-21 and their children; comprehensive youth services include residential care and counseling for runaway and homeless youth; counseling and case management for pregnant or parenting teens; Youth Community Center; PRISM program; shelter and transitional housing services for older troubled youth and their families.

Spanish Action League of Onon. Co., Inc.

700 Oswego Street475-6153
Syracuse, 13204 www.laligaupstatecny.org
Bilingual information and assistance mainly directed toward the Latino population, but all clients are assisted regardless of their ethnic background. The housing department offers many services, chief among them a first-time homebuyers class, landlord/tenant mediation, and assistance navigating the foreclosure process.

SCHOOL DISTRICTS & SPECIAL EDUCATION

“A Parent’s Guide to Special Education,” describing the rights of parents whose children receive special education services, is available on the NYS Education Department website. www.p12.nysed.gov/specialed/ This guide and other publications explaining special education are available through your school district or may be downloaded from www.p12.nysed.gov/specialed/publications.

Baldwinsville

29 E. Oneida Street, District Office638-6043
Baldwinsville, 13027 www.bville.org
Special Education635-4570
Preschool Special Education635-4572

Cazenovia

31 Emory Avenue, District Office655-1375
Cazenovia, 13035 www.caz.cnyric.org
Special Education/Preschool655-1361

Central Square

642 S. Main Street, District Office668-4220
Central Square, 13036 www.cssd.org
Special Education668-4324
Preschool Special Education668-4282

East Syracuse Minoa

407 Fremont Road, District Office434-3012
E. Syracuse, 13057 www.esmschools.org
Special Education434-3009
Preschool Special Education434-3800

Fabius-Pompey

1211 Mill Street, P.O. Box 161, District Office683-5301
Fabius, 13063 www.fabiuspompey.org
Special Education/Preschool683-5465

Fayetteville-Manlius

8199 E. Seneca Turnpike, District Office692-1200
Manlius, 13104 www.fmschools.org
Special Education692-1203
Preschool Special Education692-1895

Jamesville-Dewitt

P.O. Box 606, District Office445-8300
Dewitt, 13214 www.jamesvilledewitt.org
Special Education/Preschool445-8380

Jordan-Elbridge

9 N. Chappell Street,
P.O. Box 902, District Office689-8500
Jordan, 13080 www.jecsd.org
Special Education/Preschool689-8500

Spaulding Support Services

6520 Basile Rowe478-6210
East Syracuse, 13057 www.spauldingsupport.org
Residential services, based on each person’s abilities and needs, include teaching, support and assistance in many areas, including personal care, household skills, medical care and medications, financial management and community activities. People may choose to live by themselves or with others. Living choices include a certified residential program that may be in a house or an apartment, or supports that are provided in their own or their family home.

Syracuse Housing Authority

516 Burt Street475-6181
Syracuse, 13202 www.syracusehousing.org
Low income public housing, including housing for families, Section VIII Housing, elderly, people with disabilities.

Syracuse Jewish Family Service, Inc.

4101 E. Genesee Street445-9111
Syracuse, 13214 www.sjfs.org
Service for special populations includes consultation, comprehensive assessments and care management for older adults and individuals with special needs. We provide services to those who wish to live independently in the community, and individuals seeking housing that require supportive services.

The Kelberman Center

Offices in Syracuse and Utica
2608 Genesee Street315-797-6241
Utica, NY 13502 www.kelbermancenter.org
24/7 supervised residential care for high-needs adults on the Autism spectrum including residential and day habilitation.

Toomey Residential and Community Services

1654 W. Onondaga Street424-1845
Syracuse, 13204 www.ccoc.us
Provides residential and supportive services for children, adolescents and young adults who are unable to live at home.

notes...

LaFayette

5955 Route 20 West, District Office677-9728
 LaFayette, 13084 www.lafayetteschools.org
Special Education **677-3131**
Preschool Special Education **677-3152**

Liverpool

195 Blackberry Road, District Office622-7900
 Liverpool, 13090 www.liverpool.k12.ny.us
Special Education **622-7184**
Preschool Special Education **622-7161**

Lyncourt

2707-2709 Court Street, District Office455-7571
 Syracuse, 13208 www.lyncourt.cnyric.org
Special Education/Preschool **455-7571**

Marcellus

2 Reed Parkway, District Office673-6000
 Marcellus, 13108 www.marcellusschools.org
Special Education/Preschool **673-6006**

North Syracuse

5355 W. Taft Road, District Office218-2151
 N. Syracuse, 13212 www.nscsd.org
Special Education **218-2144**
Preschool Special Education **218-2200**

Onondaga Central

4466 S. Onondaga Road, District Office552-5500
 Nedrow, 13120 www.ocs.cnyric.org
Special Education **492-1746**
Preschool Special Education **469-6926**

Skaneateles

49 E. Elizabeth Street, District Office291-2221
 Skaneateles, 13152 www.skanschools.org
Special Education/Preschool **291-2275**

Solvay

103 Third Street, District Office468-1111
 Solvay, 13209 www.solvayschools.org
Special Education/Preschool **484-1412**

Syracuse City

725 Harrison Street, District Office435-4499
 Syracuse, 13210 www.syracusecityschools.com
Special Education **435-4424**
Preschool Special Education **435-4576**

Tully

P.O. Box 628, District Office696-6200
 Tully, 13159 www.tullyschools.org
Special Education/Preschool **696-6216**

West Genesee

300 Sanderson Drive, District Office487-4562
 Camillus, 13031 www.westgenesee.org
Special Education **487-4698**
Preschool Special Education **487-4662**

Westhill

400 Walberta Road, District Office426-3218
 Syracuse, 13219 www.westhillschools.org
Special Education/Preschool **426-3226**

OCM BOCES**(Onondaga/Cortland/Madison Board of Cooperative Education Services)**

6820 Thompson Road **433-2600**
 Syracuse, 13211 www.ocmboces.org
 BOCES offers alternate non-inclusive out-of-district placements located at various sites for their 23 component school districts. Programs are for children with emotional disabilities, cognitive and/or developmental delays, multiple disabilities, autism and learning disabilities. In addition, BOCES offers a deaf and hard of hearing program, an inclusive preschool program, extended school year programming and consultant services. Referrals must be made through your home school district's office of special education.

TRANSITION FOR HIGH SCHOOL STUDENTS

As students with special needs reach their teens, they and their families may need special help planning for the years after they are no longer in public education. Before your child reaches age 15, your local school district's CSE (Committee on Special Education) is required to meet with you, your child and collaborate with other professionals from community agencies to discuss what skills and knowledge your child will need as an adult and to further their job skills, living arrangements and community supports and services. The programs and services planned will become part of your child's IEP (Individualized Education Program). These will be reviewed and updated annually until your child completes school and/or through the age of 21.

ACCES-VR (Vocational and Educational Services for Individuals with Disabilities)

333 E. Washington Street TTY **428-4659** **428-4179**
 Syracuse, 13202 www.acces.nysed.gov/vr
 ACCES-VR starts with the presumption that all individuals with disabilities can benefit from vocational rehabilitation services and should have opportunities to work in jobs integrated within their communities. Vocational Rehabilitation Counselors guide individuals through service programs they need to reach their employment goal. ACCES-VR assists individuals with disabilities to achieve and maintain employment and to support independent living through training, education, rehabilitation, and career development.

Syracuse University Parent Advocacy Center (SUPAC) New York State Special Education Parent Center (Mid-State Region)

S.U. Center on Human Policy, Law, and Disability Studies
 372 Huntington Hall **443-4336**
 Syracuse, 13244 www.supac.org
 SUPAC is the Mid-State Region Special Education Parent Center. SUPAC provides parents of children with disabilities information, training, resources, and strategies to promote their meaningful involvement in their children's education; assist in understanding their children's disabilities; promote early resolution of disputes between parents and school districts; promote the use of resolution sessions and special education mediation; assist in understanding their procedural due process rights; and enhance parents' skills and levels of confidence to communicate effectively and work collaboratively with schools and other stakeholders to advocate and actively participate in their children's education. SUPAC covers the following BOCES regions: Herkimer-Fulton-Hamilton-Otsego; Madison-Oneida; Oneida-Herkimer-Madison; Oswego County; Onondaga-Cortland-Madison; Tompkins-Seneca-Tioga; Cayuga-Onondaga and Syracuse City.

SPECIAL EDUCATION PARENT GROUPS

Local school districts have formed parent teacher groups to support the common needs of their students, faculty and community members. Some districts also have additional special education parent teacher associations. Our area is part of the **Central Region Special Education Parent Teacher Association**. The goals of a SEPTSA (Special Education Parent Teacher Student Associations) are to bring in speakers related to special education, be a resource for families and assist families to maximize their children's learning and social experiences, open communication about children of all abilities, district wide improvements in special education services and work collaboratively with parents, teachers, administrators, students and community members. For information on a SEPTSA in your district or for your district's SEPTSA contact information, please contact the NYS Central Region PTA www.nyspta.org or your local school district.

Liverpool Central School District

195 Blackberry Road **622-7900**
 Liverpool, 13090 www.liverpool.k12.ny.us
 Special education parent teacher group meetings are monthly. Topics of upcoming meetings will be posted on the district website and the district school calendar.

Syracuse City School District

725 Harrison Street **435-4499**
 Syracuse, 13210 www.syracusecityschools.com
 A bi-monthly forum open to all parents, teachers, administrators, and community members to discuss current trends in the school district and share information with the Special Education Director.

**InclusiveU at Syracuse University**

305 Huntington Hall **433-4058**
 Syr, 13244 www.taishoffcenter.syr.edu/inclusiveu
 Through partnerships with community agencies, The InclusiveU initiative offers fully inclusive and specialized transition services for individuals with intellectual and developmental disabilities. InclusiveU students participate in extended learning opportunities with an individualized curriculum and can earn a non-credit certificate through University College. They also participate in seminars on topics including self-advocacy, positive relationships, job skills and more. Students are involved in social activities on campus through the Peer-2-Peer project and, in their final year, have the opportunity to intern on campus through Project SEARCH, a national employment preparation program.

OCM BOCES**(Onondaga/Cortland/Madison Board of Cooperative Education Services)**

6820 Thompson Road **433-2600**
 Syracuse, 13211 www.ocmboces.org
 Provides training, information, and technical assistance to school districts to improve transition planning and services. Collaborates with local agencies and parent groups to provide workshops on transition age topics to students and parents.

OnCampus at Syracuse University

307 Huntington Hall **443-9683**
 Syr. 13244 www.taishoffcenter.syr.edu/oncampus
 OnCampus brings students who have developmental disabilities and who are between the ages of 18 and 21 to the SU campus for academic, personal, and social development. Syracuse City School District students are supported by teaching staff from the district and by SU students who are in a variety of degree programs. Students in the OnCampus program must be residents of the City of Syracuse and attending one of the five Syracuse City high schools. They should be planning to graduate with their same age peers at their high schools and prepared to fully participate in the program for a minimum of two years.

West Genesee School District

300 Sanderson Drive **487-4562**
Camillus, 13031 www.westgenesee.org

The West Genesee SEPTSA represents students K-12 in the West Genesee School District. Membership is not restricted to parents/teachers/students enrolled in special education programs or receiving special services. It is open to any interested parent, teacher, student or administrator.

EDUCATION ADVOCACY & RESOURCES**ARISE Child and Family Services, Inc.**

635 James Street **472-3171**
Syracuse, 13203 www.ariseinc.org

Provides support and self-advocacy training to help ensure that students with disabilities receive a free and appropriate education, accommodations, and services. Also evaluates and makes recommendations regarding physical accessibility of educational institutions.

CHAT Collective

100 Clinton Street **315-569-0584**
Fayetteville, 13066 www.chatcollective.com

CHAT Collective's mission is to inspire and empower society to engage effectively with nonverbal and limited communicators. We developed low-cost tools to benefit those who have communications challenges brought on by disability, strokes, traumatic brain or other injuries. Fee for Service.

Exceptional Family Resources

1820 Lemoyne Avenue **478-1462 Ext. 337**
Syracuse, 13208 www.contactefr.org

Provides information and referrals to assist people to better advocate for themselves, their children and their students. Information available on CSE process & parent rights, referrals for community services & supports, transition programs and services. We offer monthly workshops on disability related topics. See our website for advocacy workshop schedule.

Learning Disabilities Association of CNY (LDA)

212 E. Manlius Street **870-9464**
E. Syracuse, 13057 www.ldacny.org

Education Consultants work with families of children kindergarten age through high school with diagnosed or undiagnosed disabilities who require assistance navigating the educational system. Fee based service or OPWDD eligible.

NYS Education Department/Special Education Quality Assurance (SEQA)

333 East Washington Street, Suite 210 **428-4556**
Syracuse, 13202

www.p12.nysed.gov/specialed/quality/secentm.htm
Special Education Quality Assurance oversees preschool and school-age special education services through a quality assurance review process that emphasizes attainment of positive results for student with disabilities. Regional Associates coordinate the review process and also provide

technical assistance to parents, school district personnel, and private providers.

Onondaga Community Living (OCL)

518 James St., Suite 110 **434-9597**
Syracuse, NY 13203 www.oclinc.org

Individuals with Disabilities take classes with traditional college students with the support of a campus mentor. They receive a certificate if they complete a sequence of related courses of study. Individuals must be on the HCBS Waiver and service is funded through Community Habilitation.

Regional Special Education Technical Assistance Support Center (RSE-TASC) Mid-State Region

-Onondaga-Cortland-Madison BOCES **433-2645**
6075 E. Molloy Road, P.O. Box 4774
Syracuse, 13221

www.p12.nysed.gov/specialed/techassist/rsetasc
Provides directed technical assistance and professional development to school districts to improve instructional practices and outcomes of students with disabilities.

Starbridge

1650 South Avenue, Suite 200 **345-2555**
Toll Free Phone **1-800-650-4967**

Rochester, NY 14620 www.starbridgeinc.org

Starbridge partners with people with disabilities, their families, and others who support them, to realize fulfilling possibilities in education, employment, health, and community living. Together, we transform communities to include everyone. Our main office is located in Rochester. Our Parent Training & Information Center serves all of NYS except for the 5 boroughs of NYC and Long Island. In Central NY, our Family Education Specialist works with families of students who have disabilities or suspected disabilities to navigate school systems and policies, to understand laws governing special education, to improve educational outcomes, and to build positive family-school relationships. We offer advocacy trainings and workshops for families and professionals.

Syracuse City School District: Parent Partnership Network

725 Harrison Street **435-4845**
Syracuse, 13210 www.syracusecityschools.com

Involved with individual parent advocacy and support as well as district level policy issues and problem resolution. Advocacy at CSE meetings, behavioral hearings, and school meetings with teachers and principals. Offers parent training on education issues. Referrals to community and education services.

notes...

SENIOR SERVICES

This section includes the major providers in Onondaga County which serve seniors. The definition of who qualifies as a senior person varies and should be discussed with each agency and program. The providers chosen for this section serve people with developmental disabilities, as well as their caregivers. The intent is to highlight services which will enable individuals and families to live as independently as possible in the community.

For information on housing, day programs and home care for seniors. See the following sections in this manual: Adult Day Programs, Residential, and Medical Home Care. Additional information on services for seniors can be found in the Onondaga County Senior Resource Directory.

www.ongov.net/ay/Seniordirectory.html

AccessCNY

6666 Manlius Center Road **218-0844**
East Syracuse, 13057 www.accesscny.org

Due to a variety of circumstances, seniors may sometimes "fall through the cracks" of traditional funding streams and services. This may be especially true of those with adult-onset disabilities such as arthritis, multiple sclerosis, or ALS. The goal of the Home Service program is to provide services to these individuals directly in their home communities and help them to lead active and productive lives. The Home Service program is a joint venture between the Cerebral Palsy Associations of New York State and the New York State Elks Association. Home Services helps seniors and individuals with disabilities find local services to meet their specific needs. The program also provides advocacy, counseling, and follow-up to ensure the needs and rights of the participants are being upheld.

Alzheimer's Association, CNY Chapter

441 W. Kirkpatrick Street **472-4201**
Syracuse, 13204 www.alzcn.org

Services for people with Alzheimer's disease/dementia include information and referral services (24-hour helpline 800-272-3900), care consultations, education and training for families and professionals, support groups, the Kirkpatrick Day Program and the MedicAlert and Safe Return program.

Arc of Onondaga Senior Opts Day Program

677 S. Salina Street **579-5625**
Syracuse, 13202 www.arcon.org

A smaller and slower paced community day hab for people 55 and older. Participants are assisted by a retirement specialist to pursue a variety of activities according to individual choice.

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Syracuse Teacher Center/Syracuse Special Education School Improvement Specialist (SE-SIS)

Syracuse City School District
1153 W. Fayette Street, 2nd Floor **435-4217**

Syracuse, 13204 www.syracusetc.org

Resource for servicing the educational needs of students with disabilities, their parents and their educators in the Syracuse City School District. SE-SIS staff are experienced at supporting schools in planning and developing staff development programs for improving student achievement.

Syracuse University Parent Advocacy Center (SUPAC)**New York State Special Education Parent Center (Mid-State Region)**

S.U. Center on Human Policy, Law, and Disability Studies
372 Huntington Hall **443-4336**

Syracuse, 13244 www.supac.org

SUPAC provides parents of children with disabilities information, training, resources, and strategies to promote their meaningful involvement in their children's education; assist in understanding their children's disabilities; promote early resolution of disputes between parents and school districts; promote the use of resolution sessions and special education mediation; assist in understanding their procedural due process rights; and enhance parents' skills and levels of confidence to communicate effectively and work collaboratively with schools and other stakeholders to advocate and actively participate in their children's education. SUPAC covers Herkimer-Fulton-Hamilton-Otsego; Madison-Oneida; Oneida-Herkimer-Madison; Oswego County; Onondaga-Cortland-Madison; Tompkins-Seneca-Tioga; Cayuga-Onondaga and Syracuse City.

The Kelberman Center

Offices in Syracuse and Utica
2608 Genesee Street **315-797-6241**

Utica, NY 13502 www.kelbermancenter.org

-Consultation Services: Technical assistance for school and/or agency staff. District Trainings: Training topics for school and/or agency staff. NYSED Autism Training: State-required training on autism for teachers

The Lawrence B. Taishoff Center for Inclusive Higher Education at Syracuse University

300 Huntington Hall **443-1288**
Syracuse, 13244 www.taishoffcenter.syr.edu

As part of Syracuse University's School of Education, the Taishoff Center offers support, research, training, and resources to individuals, families, and college campus communities looking for strategies to foster and support college students with disabilities. The Center also provides information about parents' rights in higher education, universal design for courses, accommodations for specific types of disabilities, and other disability-related resources. The Taishoff Center is home to the InclusiveU initiative and SU's Project SEARCH program.

ARISE Child and Family Services, Inc.

635 James Street **472-3171**
Syracuse, 13203 www.ariseinc.org

-Nursing Home Transition and Diversion Program offers New Yorkers with disabilities and senior citizens a way to live in the community. The NHTD program offers a wide range of special services that help people in their daily lives including: re-teaching basic skills, building ramps to allow access to homes, and safety monitoring.

-The Ombudsman Program is an advocacy program that protects the health, safety, welfare, and civil rights of people living in nursing homes and adult care facilities. Our Certified Ombudsmen advocate for residents' rights and ensure that their unmet needs and complaints are resolved.

At Home Independent Living, Inc.

4464 Milton Avenue **579-4663**
Camillus, 13031 www.athomeindependentliving.com

At Home is the perfect adjunct service for the elderly or disabled person who is having trouble coping with independent living because of chronic disability, Alzheimer's disease or increasing frailty. Through a combination of compassionate caregivers and supportive technologies individualized care plans are developed through our consultative approach to providing care. Services hours are customizable from a few hours per week to 24 hours/7 days depending on client needs and include cooking, cleaning, transportation, pet care, medical reminders and a whole lot more.

AURORA of Central New York, Inc

518 James Street, Suite 100 TDD 422-9746 **422-7263**
Syracuse, 13203 www.auroraofcny.org

Providing consultation and assistance for seniors with vision loss who are not yet legally blind and those who are hard of hearing. Support groups and book club.

Catholic Charities

Salina Civic Center, 2826 Lemoyne Avenue **424-1810**
Mattydale, 13211 www.ccoc.us

-EISEP (Expanded In-Home Services for the Elderly) provides case management and in-home personal care and housekeeping for non-Medicaid eligible senior citizens. Additional services include telephone lifeline and day care subsidy. Outcomes include individuals being able to function independently or maintain independence in the community.

-Project Fix provides small in home repairs and maintenance assistance for senior citizens. Typically the service performs jobs involving plumbing, carpentry, home security and enhanced accessibility.

-Neighborhood Advisors provides outreach and information and referral services in specific geographic areas of the city and county, assisting the elderly with issues relating to Social Security, Medicare and other benefits. Generally assists seniors with any difficulty that they might encounter.

-Adult Aide program provides regularly scheduled intensive home visitors who provide advocacy, socialization and referral services for adult victims of elder abuse/neglect and domestic violence.

Elder Law Clinic

Syracuse University College of Law, Suite 440 ... **443-2524**
Syracuse, 13244 www.law.syr.edu

The Elder Law Clinic offers free legal services to persons 65 and older. Law students, supervised by a practicing attorney, represent elderly clients in cases involving health insurance (Medicare, Medicaid, and private insurance), access to medical care, advance directives, social security issues, consumer law, housing law and more. New cases accepted between September and March.

Exceptional Family Resources-Senior Caregivers Program

1820 Lemoyne Avenue..... **478-1462**
Syracuse, 13208 www.contactefr.org

The Senior Caregivers Program serves individuals with developmental disabilities sharing a home with and being cared for by a family member who is 55 years old or older. Supports families with future planning, including linkages to services and information on guardianship and Supplemental Needs Trusts. Assists individuals to apply for Medicaid and SSI/SSD, establish eligibility for developmental disability services, begin to secure appropriate support services and to choose a service coordinator. Also, refers caregivers to services for themselves as needed and coordinates the DD Aging Coalition which provides information and education on senior issues.

Hospice of Central New York

990 Seventh North Street **634-1100**
Liverpool, 13088 www.hospicecny.org

Provides end of life and palliative care for anyone with a prognosis of six months or less of life. Services are generally provided in the patient or family home allowing the patient to die surrounded by all that is loved; family, friends, favorite books, music, pets. However, Hospice services are also available in nursing homes, hospitals and residential care facilities, such as group homes for people with disabilities. Hospice services are covered under Medicare, Medicaid and most commercial insurance plans. After the death of a loved one, the remaining family members are entitled to bereavement care through our Center for Living with Loss.

Huntington Family Centers Senior Services

405 Gifford Street **476-3157**
Syracuse, 13204 www.huntingtonfamilycenters.org

-Senior Case Management Services: Neighborhood Advisor & Brighton Towers Service Coordinator provide intensive outreach to older persons to support and link them to services and support networks.

-Clover Corner/Project Choice a multi-purpose program designed to offer older persons of all abilities daily options for socialization, information, education and leisure time activities. Lunch is provided. Program is held at the Syracuse Model Neighborhood facility at 401 South Avenue.

Onondaga County Department Office for Aging

421 Montgomery Street, Civic Center **435-2362**
Syracuse, 13202 www.ongov.net/aging

Provides information and referrals for senior citizens, caregivers and families. Offers Caregiver Services, Health Insurance Information, Counseling & Assistance Program (HIICAP), Expanded In-Home Services for the Elderly Program (EISEP), HEAP application assistance for seniors, Senior Employment (age 55+), Community Service Programs ie. Transportation Referrals, Neighborhood Advisors, Senior Center Activities), NY Connects, Long-Term Care Resource Center, and Nutrition Services (home delivered meals and senior dining sites.)

PACE CNY (Program of All-Inclusive Care for the Elderly)

-Sally Coyne Center **452-5800**
100 Malta Lane

N. Syracuse, 13212

-Catherine McAuliffe Center **452-5800**
700 E. Brighton Avenue

Syracuse, 13205 www.pacecny.org/pages/home.html

Provides a wide spectrum of care and services to individuals who would otherwise qualify for nursing home care. From primary care physicians and nurse practitioners to social workers and dietitians, the PACE CNY team can provide services in an array of locations; in the home, medical day health centers, hospitals or long-term facilities. On-call health care coverage by doctors and nurses is available 24 hours a day, 7 days a week, and 365 days a year. This is a program of Loretto in cooperation with St. Joseph's Hospital Health Center.

PEACE, Inc.**Administration Office**

217 S. Salina Street, 2nd Fl..... **470-3300**
Syracuse, 13202 www.peace-cao.org

-Frank DeFrancisco Eastwood Community Center

401 S Midler Ave **437-4011**
Syracuse, 13206

Frank DeFrancisco Eastwood Community Center offers a number of intergenerational programs, including senior nutrition, day trips, volunteer activities and more.

Family Resource Centers provide emergency assistance, support, healthy lunches, engaging volunteer opportunities and continuing education to seniors.

-Eastside Family Resource Center (ESFRC)..... **470-3325**
202 South Beech Street

Syracuse, 13210

-County East Family Resource Center (CEFRC) ... 437-7071
202 South Beech Street

Syracuse, 13210

-County South Family Resource Center (CSFRC)

12 Clinton Street **696-8203**
Tully, 13159

-Senior Nutrition prepares healthy meals and serves them to low income seniors at 50 sites throughout Onondaga County. The suggested contribution for lunch is \$2.75 per participant and \$5 for a guest meal. **470-3331**

-Foster Grandparent Program (FGP) **295-0719**
FGP offers senior citizens the opportunity to share their time and talents with children and young adults in our community.

-Neighborhood Advisor Program **303-4280**

Neighborhood Advisor can provide support to senior citizens ages 60 and above who live in the Baldwinsville area and the Town of Elbridge. This includes the Villages of Baldwinsville, Elbridge and Jordan and the Towns of Lysander, Van Buren and Elbridge. The program provides services to seniors, especially isolated and homebound seniors, who need assistance in order to remain independent and living in their own homes.

-Expanded In-Home Services for the Elderly Program (EISEP)..... **303-5271**

EISEP provides case management and in-home personal care and housekeeping for non-Medicaid eligible seniors.

Syracuse Jewish Family Service

4101 E. Genesee Street **445-0820**
Syracuse, 13214 www.sjfs.org

-At-Risk Care Management assists families in coping with the changes that often face older family members and/or those with disabilities. The care manager assesses the current situation, develops an individualized plan of care, assists the client and family in accessing needed services and provides ongoing monitoring and assessment.

-EISEP (Expanded In-Home Services for the Elderly) assists non-Medicaid eligible senior citizens to maintain their independence and remain in the community. Clients receive case management and can access housekeeping, personal care, respite care, and ancillary services (e.g. installation/monitoring of a Personal Emergency Response System).

-Senior Companions links older adults with other seniors for lively and meaningful interaction. These visits also provide respite time for caregivers.

-Solutions Program assists seniors and individuals with disabilities to pay household bills, balance bank statements, read and write personal correspondence, and complete applications, claim forms and other official paperwork. Clients can also be assisted to pull together an organized system of household accounts and records.

-S.O.S. (Serving Our Seniors) Volunteers and staff members perform basic grocery shopping and errand services for homebound seniors and individuals with disabilities. Clients of the program may accompany the shopper if their general health and condition allows this to be done safely.

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SUPPORT GROUPS

ADD/ADHD Parent and Staff Support Group

North Syracuse Central School District **218-2500**
Cicero, 13039 www.nscsd.org
Meetings held at Cicero Elementary. Open to both district and non-district residents. 3-5 workshops per school year. Check "parent resource" section on website for dates and times.

Arise Child and Family Services, Inc.

635 James Street **472-3171**
Syracuse, 13203 www.ariseinc.org

-Sibshops is a social and support group for brothers and/or sisters that have a sibling with a disability. Sibshops is available for any youth in Onondaga County 7-12 years of age who have a sibling with a disability. ARISE also offers a teen group for teens 13-17 years of age who have a sibling with a disability. The group meets at various times and locations that are convenient for the participants. The meetings are a great opportunity to discuss concerns, frustrations, accomplishments, and almost anything else related to life with having a sibling with a disability. Sib teens 13-17 years old can also meet and chat online any time they want or need to 24/7! Sibshops is also available in Oswego County.

-The Communicators is a monthly social group in Onondaga County for adults with all types of disabilities. This group gives you the opportunity to come together, make new friends, socialize, learn, and share your experiences.

-TBI Support Group is a group in Oswego that offers peer support for individuals who have experienced a traumatic brain injury. The group meets on the second Tuesday of the month at 4:30 PM at the ARISE Oswego Office, 9 Fourth Ave. Contact (315) 342-4088 for more information. Additional Social & Support Groups are also offered in Madison, Onondaga, and Oswego counties.

Brain Injury Association of NYS - Central Region

Onondaga County contact **453-7120**
Liverpool, 13088 www.bianys.org
Caregivers' group meets at The Centers at St. Camillus.

Brain Injury Coalition

420 E. Genesee Street **425-5364**
Syracuse, 13202 www.bic-cny.org
Support group for individuals and family members age 18 and over who have survived a brain injury. Support group meets the 2nd Wednesday of each month 4:00pm to 6:00pm at Community Options New York Inc., 216 W. Manlius Street, East Syracuse.

Café Plus

216 W. Manlius Street **446-3124**
E. Syracuse, 13057 www.dreamscape.com/cafeplus
A coffee shop sponsored by the Brain Injury Coalition. For people who have survived a head-injury or some type of head trauma or stroke. Meets the first Saturday of every month. There's coffee, food, conversation and much more!

CNY ASA (CNY Chapter of the Autism Society of America)
PMB 252, 4465 E. Genesee Street **447-4466**
Dewitt, 13214 www.cnyasa.org
Meetings held at Jowonio School. CNY ASA "Spectrum Support" is a peer-to-peer service for parents, caregivers and professionals of individuals with autism spectrum disorder who are seeking support and guidance.

Disabled in Action of Greater Syracuse, Inc.

165 Martin Street **455-9626**
Syracuse, 13208
Disability civil rights organization that fights for systems change and equality of people with disabilities in our society. Group meets at 4:30 the third Monday of every month at Enable.

Down Syndrome Association of Central New York

P.O. Box 5 **315-956-2687**
Manlius, 13104 www.dsaofcny.org
Our purpose is to support one another in the challenges we face; to educate the community both in its knowledge and perception of Down syndrome; to advocate for our children and to be available to other parents.

Epilepsy-Pralid Inc. (EPI)

1065 James Street, Suite 220 **477-9777**
Syracuse, 13203 www.epiny.org
Epilepsy-Pralid, Inc. (EPI)'s monthly support groups provide a safe and comfortable space for individuals and their families to speak openly about the struggles they face as a result of Epilepsy, Traumatic Brain Injuries, and/or other neurological impairments. The group is open to the public and meets on the last Tuesday of every month in Suite 200 unless otherwise specified.

FEAT of CNY/Jigsaw Junction

615 S. Main Street **452-0427**
N. Syracuse, 13212 www.featofcny.org

Families for Effective Autism Treatment is a parent organization that provides Support Groups, Family Consultations, Kids Clubs and Playgroups, Parent Groups and Activities, Trainings and 1:1 Meetings with our Family Support Specialists, Crisis Intervention, and Consultations for Problem Behaviors. We run a Family Center where families can meet for all of these services, get together for Free Play time, or even rent it out for Autism Friendly Birthday Parties.



Jigsaw Junction
CNY Autism Family Center
615 S. Main St. N. Syracuse
452-0427
Kids Clubs, Support Groups,
Crisis Intervention, Therapy in the
Home, Recreational Events
www.featofcny.org

Foster, Adoptive and Kinship Parent Group

Salvation Army, 749 S. Warren Street **479-3616**
Syracuse, 13202 www.sasyr.org/FSHH.html
Group topics vary but are specific to foster, adoptive and kinship caregivers. A children's group for ages 6 and up meets simultaneously and childcare is available upon request.

HOPE.network (at Northside Baptist Church)

7965 Oswego Road **652-3160**
Liverpool, 13090 www.northsideonline.org/ministries/hopenetwork.htm
HOPE.network is a support group for families of children with disabilities which offers twice monthly meetings, several specialized programs for children, teens and adults with disabilities, family activities and educational workshops. Membership in the church is not required.

Huntington Family Center

405 Gifford Street **476-3157**
Syracuse, 13204 www.huntingtonfamilycenters.org
An education and life skills building group for parents of all ages and abilities. Group meets Tuesday, Wednesday and Thursday from 9:00am to 12:00pm. Childcare is provided. Home visits are provided as needed.

Mainstream (at Syracuse Model Neighborhood Facility)

401 South Avenue **474-6823**
Syracuse, 13204 www.swccsyr.org

Muscular Dystrophy Parent/Child Group

6315 Fly Road, Suite 102 **451-8269**
E. Syracuse, 13057 www.parentprojectmd.org

NAMI Syracuse

917 Avery Avenue **487-2085**
Syracuse, 13204 www.namisyracuse.org
NAMI (National Alliance on Mental Illness) is a grass roots, self help, support and advocacy organization dedicated to improving the lives of families who have relatives with a brain disorder (mental illness).

Onondaga County Department Office for Aging

Civic Center, 10th Floor, 421 Montgomery St, **435-2362**
Syracuse, 13202 www.ongov.net/aging

-Caregiver Support Groups: Brookdale Manlius, 100 Flume Road, Manlius, NY. Meets the first Wednesday of each month at 3 p.m., Park Terrace at Radisson, 2981 Town Center Road, Baldwinsville, NY. Meets the third Wednesday of each month at 2:30 p.m. The Hearth on James, 830 James Street, Syracuse, NY. Meets every other Thursday at 3 p.m. Brookdale Summerfield, 100 Summerfield Village Lane, Syracuse, NY. Meets every other Thursday. Two groups: one at 4:30 pm & the other at 6 p.m.
-Parkinson's Support Groups: The Hearth at Greenpoint, 150 Old Liverpool Road, Liverpool, First Monday of each month, 12:30 - 2:00 pm. Brookdale Summerfield, 100 Summerfield Village Lane, Onondaga Hill, off Velasko Rd. Second Tuesday of each month, 4:00 - 5:30 pm

Prader-Willi Syndrome: Support for Families

P.O. Box 222 **402-6874**
Baldwinsville, 13027 www.prader-willi.org
Ongoing discussion of issues of concern and opportunity for support among those affected by Prader-Willi Syndrome. Meetings held at Fayetteville Public Library.

Rett Syndrome Telephone Support 944-2001

SANYS (Self-Advocacy Association of New York State)

1005 W. Fayette Street, Suite 1A **473-6927**
Syracuse, 13204 www.sanys.org
Supports and assists in development of self-advocacy groups. Promotes disability awareness through public education, presentations and trains disabled people in self-advocacy and their rights.

Senior Social Group at Exceptional Family Resources

1820 Lemoyne Avenue **478-1462**
Syracuse, 13208 www.contactefr.org
For caregivers 55 and older with a family member with a developmental disability.

CNY Sensory Processing Disorder Parent-Connections

Beacon Baptist Church, Rt 31 **247-4195**
Clay, 13041 www.cnyspdparents.com
CNY SPD Parent-Connections is a support group for parents of children with sensory processing difficulties, regardless of diagnosis.

Tourette Syndrome CNY Support Group 635-6967

Memphis, 13112 www.tsa-gnys.org
Meetings held at Baldwinsville Public Library 3rd Tuesday of each month 7:00pm to 9:00pm.

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TRAININGS CLASSES & WORKSHOPS

Arise Child & Family Service-Oswego

9 Fourth Avenue **342-4088**
Oswego, 13216 www.ariseinc.org
Lessons help parents learn and practice techniques to help their children both at home and in the community.

At Home Independent Living, Inc.

4464 Milton Ave **579-4663**
Camillus, 13031 www.athomeindependentliving.com
Online training library through The At Home Independent Living Family Learning Center is a vast educational resource for families with a loved one who is beginning to need care. The Family Learning Center offers over 50 courses relating to the roles, responsibilities and challenges surrounding the care of our elderly and disabled loved ones. Topics of our family courses range from understanding signs and symptoms of Alzheimer's disease, managing and coping with challenging behaviors, daily care skills, First Aid and even information on how to create engaging activities for your family member.

Catholic Charities

1654 W. Onondaga Street **362-7547**
Syracuse, 13204 www.ccoc.us

-Better Beginnings Home-based therapy and child development for families with a chronically mentally ill parent and a child 5 years old or younger.

-Healthy Teens, Healthy Babies Infant care classes (Lullaby League) and counseling for young moms and dads.

-Parenting Classes Evidence-based parenting classes for parents or caregivers of infants and children up to 12 years.

Children's Consortium

2122 Erie Boulevard E. **471-8331**
Syracuse, 13224 www.childrensconsortium.org
-Ready, Set, Parent! includes visit at Crouse Hospital, newborn class and workshop series to increase parental knowledge, attitude and confidence.

-Even Start Family Literacy Program includes training for parents in literacy and child development.

-Parent Success Initiative is a series of classes for non-custodial parents in normal child development, positive discipline and limit setting and improving communication between parents.

Contact Community Services, Inc.

6311 Court Street Road **251-1400**
East Syracuse, 13057 www.contactsyracuse.org
Contact offers a variety of suicide prevention/intervention classes for teens, parents, teachers, mental health professionals and other community members. Classes include Talk Saves Lives, QPR, safeTALK and ASIST (visit website for more information). Contact offers Mental Health First Aid classes

where participants learn how to aid youth and adults in crisis before they can receive professional help. And Contact also offers an Anger Management workshop that teaches participants to use their anger in constructive and healthy ways, and a Children 1st workshop that teaches participants who are getting separated or divorced how to protect their children from the negative effects of the ongoing parental conflict.

Exceptional Family Resources (EFR)

1820 Lemoyne Avenue **478-1462 Ext. 337**
Syracuse, 13208 www.contactefr.org

Advocacy Workshops are offered on a variety of topics related to special education, health and disability related issues.

Outreach Trainings are available on: disability related topics and autism awareness. Trainings are available for families, professionals, school district staff and businesses within Onondaga County.

Huntington Family Center

405 Gifford Street **476-3157**
Syracuse, 13204 www.huntingtonfamilycenters.org

Family Support Network is a parent education and life skills building group for parents of all ages. COPE+ is a parenting class designed to improve basic parenting skills, develop open and supportive communication between parents and children, help parents understand the complex challenges of adolescence and help families address problem areas.

Learning Disabilities Association of CNY (LDA)

212 E.. Manlius Street **432-0665**
E. Syracuse, 13057 www.ldacny.org

Provides general information on learning disabilities and related disorders, referrals, advocacy, family support services and parent training for families.

Margaret L. Williams Developmental Evaluation Center

(DEC) 215 Bassett Street **472-4404**
Syr, 13210 www.developmentalevaluationcenter.com

-Kidspeak provides free interactive puppet workshops about autism for children ages 5-9 in school and community groups. A companion curriculum is available for follow up use. The program also provides training to child care centers and providers, recreation centers, libraries, and other community agencies regarding effective strategies for including children with autism spectrum disorders in their programs. Short term consultation and specific materials such as visual schedules and social stories can be provided.

-Bridges provides training to child care centers and providers, recreation centers, libraries, and other community agencies regarding effective strategies for including children with autism spectrum disorders in their programs. Short term consultation and specific materials such as visual schedules and social stories can be provided.

-Treatment/Consultation provides services to families with children with complex medical conditions or behavioral disorders, such as, Autism Spectrum Disorders or developmental and mental health issues.

Proud Moments

615 S. Main Street **452-0427**
N. Syracuse, 13212 www.featofcny.org

Proud Moments offers insurance based ABA therapy in the home and community for children under 18 with an Autism Spectrum Diagnosis. We focus on skill acquisition such as social skills, communication, and learning daily living skills. We also focus on managing problem behaviors. We partner with FEAT of CNY to include options for support groups, 1:1 Family Support and social skills opportunities.

Spanish Action League of Onon. Co., Inc.

700 Oswego Street **475-6153**
Syracuse, 13204 www.laligaupstatecny.org

Bilingual information and assistance mainly directed toward the Latino population, but all clients are assisted regardless of their ethnic background. Currently, La Liga offers a first-time home buyers class and job orientations for certain employers.

Starbridge

1650 South Avenue, Suite 200 **345-2555**
Toll Free Phone **1-800-650-4967**

Rochester, NY 14620 www.starbridgeinc.org

Starbridge partners with people with disabilities, their families, and others who support them, to realize fulfilling possibilities in education, employment, health, and community living. Together, we transform communities to include everyone. Our main office is located in Rochester.

Our Parent Training & Information Center serves all of NYS except for the 5 boroughs of NYC and Long Island. In Central NY, our Family Education Specialist works with families of students who have disabilities or suspected disabilities to navigate school systems and policies, to understand laws governing special education, to improve educational outcomes, and to build positive family-school relationships. We offer advocacy trainings and workshops for families and professionals.

Syracuse University Parent Advocacy Center (SUPAC) New York State Special Education Parent Center (Mid-State Region)

SU Center on Human Policy, Law, and Disability Studies
372 Huntington Hall **443-4336**

Syracuse, 13244 www.supac.org

SUPAC provides parents of children with disabilities information, training, resources, and strategies to promote their meaningful involvement in their children's education; assist in understanding their children's disabilities; promote early resolution of disputes between parents and school districts; promote the use of resolution sessions and special education mediation; assist in understanding their procedural due process rights; and enhance parents' skills and levels of confidence to communicate effectively and work collaboratively with schools and other stakeholders to advocate and actively participate in their children's education. SUPAC covers the following BOCES regions:

Herkimer-Fulton-Hamilton-Otsego; Madison-Oneida; Oneida-Herkimer-Madison; Oswego County; Onondaga-Cortland-Madison; Tompkins-Seneca-Tioga; Cayuga-Onondaga and Syracuse City.

SIGN LANGUAGE CLASSES

Aurora of Central New York

518 James Street, Suite 100TDD 422-9746 **422-7263**
Syracuse, 13203 www.auroraofcny.org

Whole Me, Inc.

1015 State Fair BoulevardTTY 468-3275 **468-3275**
Syracuse, 13209 www.wholemeinc.com

SOCIAL SKILLS TRAINING AND CLASSES

ARISE Child and Family Service, Inc.

9 Fourth Avenue **342-4088 Ext. 225**
Oswego, 13216 www.ariseinc.org

Social Skills classes are held at the ARISE office in conjunction with a program for the parents that takes place at the same time in another room. This is for youth with a disability that are ages 8-12. The program runs for 6 weeks. Other social skills classes are being taught at Central Square High School and Fulton High School.

East Area Family YMCA

200 Towne Drive **637-2025**
Fayetteville, 13066

..... www.ymcaofgreatersyracuse.org/eastarea

"Social Butterflies" social skills class. Educational staff works with children in small group settings to help reach their personal social goals. Successful peer interaction through role play, games and group discussions will help boost self esteem. Groups integrated by skill level and abilities. Based on child's needs, parents may be asked to stay.

GiGi's Playhouse

5885 E. Circle Drive Suite 250 **288-7529**
Cicero, 13039 www.gigisplayhouse.org/syracuse

An educational and awareness center created to serve individuals with Down syndrome from infancy through adulthood. Provides resources, specialized teaching, and support to individuals, families, and communities. Designed to facilitate skill development in speech and language, fine and gross motor skills, and overall academic achievement, one-to-one literacy tutoring available. Social opportunities for prenatal diagnosis support, open play, baby and toddler groups, activities for young children, adolescents, and adults over 18. Free to families and specialized to meet needs of attendees.

notes...

Onondaga Community College - College for Living
 4585 W. Seneca Turnpike **498-6022**
 Syracuse, 13215 www.sunyocc.edu
 Call for information about an occasional course addressing social skills training for transition-aged students for school to work and/ or higher education, social opportunities and adult services.

North Area Family YMCA
 4775 Wetzell Road **451-2562**
 Liverpool, 13090

www.ymcaofgreatersyracuse.org/northarea
 For members and non-members. Our certified special education teachers incorporate role play, games and group activities into each "Friendship Group" session to assist students in developing friendships and social skills. Emotions, personal space, bullying and communication are just a few of the objectives addressed during the 6 week sessions. Friendships outside of class are encouraged through the distribution of the class list to each participant with the permission of the parents.

SUNY Upstate Medical Center - Department of Psychiatry: Child & Adolescent Psychiatry Clinic
 713 Harrison Street **464-3145**
 Syracuse, 13210

www.upstate.edu/psych/healthcare/psychclinics/child.php
 Social and emotional skills groups for 6-12 year old children on the autism spectrum. Parent group runs at the same day and time to keep parents informed about group activities and offer parenting support. Groups run for ten sessions at various time during the year.



Jigsaw Junction
 CNY Autism Family Center
 615 S. Main St. N. Syracuse
 452-0427
 Kids Clubs, Support Groups,
 Crisis Intervention, Therapy in the
 Home, Recreational Events
www.featofcny.org

notes...

TRANSPORTATION

Bus Parts Warehouse
 1 Thermold Drive, P.O. Box 441 **682-8834**
 Manlius, 13104 1-800-635-5567 (24 hours a day)
 A leading national distributor, we focus on replacement parts, product upgrades, and special needs products for the school transportation industry. Along with car seats, we have a strong focus in the special needs product area and our staff members are certified as instructors on the proper positioning and safety of wheelchair user occupants.

CNY/RTA—Call-A-Bus and Rides for Work
 One Centro Center TTY/TDD 442-3430 **442-3400**
 Syracuse, 13202 www.centro.org
Ride Reservations and Confirmations **442-3420**
 Cancellations **442-3434**

Call-A-Bus is a coordinated transportation service operated by CNY/RTA for the elderly and disabled who are unable to use the CENTRO fixed route bus service and meet the criteria established by the Americans with Disabilities Act. These requirements include any person, who could use the Centro bus service but the route they wish to travel does not have an accessible bus, and any person with a disability who has a specific impairment-related condition that makes it impossible for them to travel to a Centro bus stop. One personal care attendant will be allowed to ride for free when assisting a passenger. All eligibility is on a trip by trip basis. Customers must be preregistered. Applications for registration can be obtained by calling your local Call-A-Bus office or by downloading a copy from their website.

Rides for Work provides transportation services to low income residents of Onondaga County for the purpose of employment, job training and job interviews. It serves as a transportation brokerage to manage the transportation needs of human service agencies. Curb-to curb ride services are available 24 hours per day, seven days a week. Riders may use the service up to six months. It is a time-limited, income-based alternative transportation option for employment only. Has served people with development disabilities within their guidelines.

FISH
 Rides provided by volunteers for people who live in their community and have no other means of travel. Free. Riders must be ambulatory. Specific requirements vary from one FISH (Friends in Service Here) program to another.

-Camillus Area Transport (CatFISH) **701-5949**
 Transports ambulatory seniors from any zip code within the Town of Camillus for medical or dental appointments only.
-Fayetteville-Manlius and Minoa **637-8158**
 Medical and dental appointments only with 3-7 working-days notice needed.
-Skaneateles and Auburn **685-6679**
 All ages transported to Skaneateles and Auburn locations.

VOCATIONAL & CONTINUING EDUCATION

Transition services help students, their families and school districts make the change from high school to adult life. These services are required by law to be provided by the school district to your child between the ages of 15 to 21, if he or she receives special education programming and services. High School Equivalency (HSE) Diploma: The Test Assessing Secondary Completion (TASC™) is a preparation program that will help the adult learner earn their HSE Diploma. It can be obtained through classes offered by Onondaga-Cortland-Madison BOCES, Syracuse City School District (adult education), Onondaga Community College Ability to Benefit provision, CNY Works, Inc., and the Syracuse Educational Opportunity Center.

AccessCNY— Employment Services
 420 East Genesee Street **218-0856**
 Syracuse, 13202 www.accesscny.org
 Individualized supported work services, including job placement, job facilitation, and ongoing follow-along, for adults and students in transition who have a physical and/ or developmental disability, mental health issue, and/or are legally blind. Employers receive assistance in establishing natural supports with staff development. Employers may also receive assistance in making reasonable accommodations for general public access and for employees with disabilities to comply with the Americans with Disabilities Act of 1990.

ACCES
VR



**Adult Career and Continuing
 Education Services -
 Vocational Rehabilitation**

Syracuse District Office

315-428-4179

333 E. Washington St.
 Suite 230
 Syracuse, NY 13202

www.access.nysed.gov/vr

ACCES-VR (Vocational and Educational Services for Individuals with Disabilities)
 333 E. Washington Street TTY 428-4659 **428-4179**
 Syracuse, 13202 www.access.nysed.gov/vr
 ACCES-VR starts with the presumption that all individuals with disabilities can benefit from vocational rehabilitation services and should have opportunities to work in jobs integrated within their communities. Vocational Rehabilitation Counselors guide individuals through service programs they need to reach their employment goal. ACCES-VR assists individuals with disabilities to achieve and maintain employment and to support independent living through training, education, rehabilitation, and career development.

Medical appointments take precedence. Call early morning for same day service
-Tully **696-8659**
 Rides in Tully and Lafayette zip codes

Medicaid Transportation Department of Social Services
 421 Montgomery Street, Civic Center **435-2928**
 Syracuse, 13202 www.ongov.net
 Medicaid may be used in certain instances to pay for transportation to medical appointments and day treatment programs.

New York State Department of Motor Vehicles
 5801 E. Taft Road **(800) 225-5368**
 N. Syracuse, 13212 www.nydmv.state.ny.us
 Information on parking privileges for the disabled: parking permits, distinctive plates, registration procedures. A non-driver's identification card is available.

Onondaga County Health Department Homebound Transportation Program **435-2960**
 Provides four round trip rides to disabled individuals who are unable to leave their homes without assistance and who cannot use existing transportation services such as Call-A-Bus.
-Traffic Safety Programs **435-3280**
 Low cost bicycle and in-line helmet purchases, and traffic safety education, information/presentations.
-Car Seat Rental Program **435-8485**

Onondaga County Sheriff Office Accessible Parking Enforcement and SHAPE Program
 407 S. State Street **435-3036**
 Syracuse, 13202 www.ongov.net/sheriff/shape.html
 The enforcement of accessible parking regulations in Onondaga County is coordinated by the Sheriff's Department SHAPE program; accessible parking regulations, how to report violations and how to become a SHAPE volunteer.

Parking Permits for Persons with Severe Disabilities
 Call your local city, town or village hall to find out where the nearest permit issuing agent is located. Most city, town or village clerks, and some police departments, issue permits. Although most agents accept the MV-664.1 form, some have their own application form, and not all agents issue permits for temporary disabilities. Applications must be filed with your local agent, not the Department of Motor Vehicles.
www.nydmv.state.ny.us/forms/mv6641.pdf

Syracuse Greyhound Bus Station
 Regional Transportation Center **472-5339**
 131 Alliance Bank Parkway **1-800-752-4841**
 Syracuse, 13208 www.greyhound.com
 Services include accommodations for service animals, mobility aids and oxygen use (within quantity and size guidelines). Help for people on and off buses and with bus transfers. Priority seats, baggage handling & storage/retrieval of mobility aids and devices.

Circare

620 Erie Blvd West, Suite 302.....**472-7363**
Syracuse, 13204 www.cir.care

Circare Vocational and Educational Services are designed to support transition age and adult customers who seek employment, a High School Equivalency Diploma, tutoring, apprenticeship opportunities, or earn college level certifications or degrees. Circare provides direct services to help people gain the skills they need and support services to find and connect with other services to achieve their goals. Circare has Certified Work Incentive Benefit Planners to help individuals and families make informed decisions on the road to self-sufficiency, by supporting goals while maximizing benefits. "Learn to Earn"

CNY Works, Inc. and New York State Department of Labor Division of Employment Services

443 N. Franklin Street, Lower Level.....**473-8250**
Syracuse, 13204 www.cnyworks.com

NYS Certified Career Center. Provides career assessment and counseling for job seekers and specialized business services to local employers. Services include a state of the art resource center, internet job search, resume workshops, training classes and year round youth programs.

College for Living (at Onondaga Community College)

J. Stanley Coyne Hall, 4969 Onondaga Road.....**498-6005**
Syracuse, 13215 www.sunyocc.edu

-Continuing Education for adults 18+ who have developmental disabilities. Noncredit courses in academics, recreation, independent living skills and computer skills are offered at OCC each semester.

-New Visions is a summer program held for one-week that offers students an encapsulated college experience, with noncredit classes relating to academics, recreation and daily living skills.

-Foundations Transition Program (formerly Passages) is a group day habilitation program that focuses on issues of personal/academic development revolving around employability. Students must be 19 years or older and transitioning from high school with an IEP diploma.

InclusiveU at Syracuse University

305 Huntington Hall.....**433-4058**
Syr, 13244 www.taishoffcenter.syr.edu/inclusiveu

Through partnerships with community agencies, The InclusiveU initiative offers fully inclusive and specialized transition services for individuals with intellectual and developmental disabilities. InclusiveU students participate in extended learning opportunities with an individualized curriculum and can earn a non-credit certificate through University College. They also participate in seminars on topics including self-advocacy, positive relationships, job skills and more. Students are involved in social activities on campus through the Peer-2-Peer project and, in their final year, have the opportunity to intern on campus through Project SEARCH, a national employment preparation program.

OCM BOCES**(Onondaga-Cortland-Madison Board of Cooperative Education Services)**

Career Training Center.....TTY 453-4415**453-4455**
4500 Crown Road

Liverpool, 13090

www.ocmboces.org

Full-time training in many occupational areas and part-time continuing education with over 500 offerings. Services include vocational evaluation, career counseling, job placement, job search workshops, English as a second language and customized workforce training. GED prep.

Precision Contractors

320 Gateway Park Drive**452-0992**
N. Syracuse, 13212

Work readiness program to develop skills for people with developmental disabilities under the OPWDD Waiver.

Project SEARCH at Syracuse University

308 Huntington Hall**807-2522**
Syr., 13244 www.taishoffcenter.syr.edu/projectsearch

Syracuse University is a certified host business site for Project SEARCH, a one-year employment preparation program where students with intellectual and developmental disabilities participate in three internships to explore a variety of career paths and to acquire transferable and marketable job skills. Our goal is for all of our students to graduate from the program with competitive, inclusive employment. Potential interns are typically InclusiveU graduates who are 21 years of age or older, and eligible for OPWDD Waiver and ACCES-VR.

Syracuse City School District: Rescue Mission Food School

148 Gifford Street**472-6251**
Syracuse, 13202

www.rmsyr.org

The Syracuse City School District operates a food preparation and cooking school at the Rescue Mission's Food Services Center. In conjunction with food service training, there are classes in employment preparation, including assistance with resume writing, completing applications, obtaining references, interviewing and other skills.

Syracuse Educational Opportunity Center

100 New Street.....**472-0130**
Syracuse, 13202 www.syracuseeoc.com

An adult (17+) education program serving educationally and financially disadvantaged students. Programs include GED and GED testing, certified nursing aide, college preparation, computer software and software enrichment training, English as a second language, medical billing and coding and customer service office training. Programs are free for those who qualify.

Unity Employment Services

518 James Street, Suite B2.....**478-4240**
Syracuse, 13203 www.unityhouse.com

Individualized supported work services for adults who have been diagnosed with psychiatric and/or developmental

disabilities. Services include skill and interest assessments to identify career goals; assistance with job search activities, networking and interviewing to obtain employment; job coaching support and ongoing evaluation of job performance and satisfaction to ensure successful long-term employment.

Winds of Agape, Inc.

1414 Grant Boulevard.....**425-0547**
Syracuse, 13208 www.windsofagape.com

Assists individuals and families, those with brain injuries and other disabilities facing a crisis through the provision of emergency food, beds, and empowerment programs, including job training, employment through the Winds of Agape Home Care Agency, community education, adult day program, respite care and guidance to assist them in winning over adversity.

OUT OF COUNTY RESOURCES

The Central New York Developmental Disabilities Regional Office (CNYDDRO) serves all of the counties listed in this section. They frequently maintain more extensive lists of organizations for the counties they serve, and are a good place to start any search for services. The following lists are intended as a starting point for finding services in other counties.

CAYUGA COUNTY

www.human-services.org

AccessCNY

6666 Manlius Center Road**218-0844**
East Syracuse, 13057 www.accesscny.org

Provides evaluation and clinical services for people living in surrounding counties. Project Adapt and the TRAIID Center provide monthly rural outreach to Cayuga, Cortland, Madison, Oswego and Tompkins counties for the assistive technology lending library. Family Support reimbursement and environmental modifications are also available in Cayuga County.

ARISE Child and Family Service, Inc.

635 James Street**472-3171**
Syracuse, 13203 www.ariseinc.org

ARISE works to ensure that every person, regardless of disability, has the power to make life choices and achieve their dreams. As the local non-profit Independent Living Center for Onondaga, Oswego, Madison, Cayuga, and Seneca counties, many of the agency's services are available to people of all ages who have any type of disability. Programs include representative payee services, benefits advisement, peer advocacy, accessibility consultation, educational advocacy, information and referrals, Medicaid Service Coordi-

nation, a homeless self-sufficiency program for people with disabilities, home modification programs, equipment loan closet, ramp construction assistance, Ombudsman program, employment programs, and more.

AURORA of Central New York, Inc

518 James Street, Suite 100TDD 422-9746**422-7263**
Syracuse, 13203 www.auroraofcny.org

Offers a wide range of services to individuals who are blind, visually impaired, deaf or hard of hearing in Onondaga and contiguous counties, and their families. Services include: instruction in daily living skills; safe/independent travel training; instruction in adaptive technology for people with vision loss; information and referral; social work; outreach; support groups; Pre-College and work readiness training programs, vision/hearing screening and Sign Language Interpreting through the Marjorie Clere Interpreter Referral Services.

Cayuga Centers

101 Hamilton Avenue.....**253-5383**
Auburn, 13021 www.cayugacenters.org

Weekend respite, after 5:00pm weeknight respite, community habilitation, family reimbursement, and Medicaid service coordination.

Central New York Developmental Disabilities Regional Office (CNYDDRO) – Cayuga County

248 Grant Avenue, Suite 2**282-0021**
Auburn, 13021 www.opwdd.ny.gov

E. John Gavras Center

182 North Street**255-2746**
Auburn, 13021 www.gavrascenter.com

The service area includes Cayuga, Seneca, Wayne, Onondaga and Tompkins Counties. The Center is an evaluation and treatment facility in Cayuga County providing education, therapeutic, OPWDD, and respite care to individuals with special needs from birth through adult. Also provides state of the art rehabilitation of swallowing disorders including biofeedback and VitalStim® therapies. Residential services help individuals with daily life activities (as identified in their Individualized Service Plans,) and are usually provided within the home environment including Onondaga County. This is a Medicaid Waiver program operated under OPWDD.

Epilepsy-Pralid Inc. (EPI)

1065 James Street, Suite 220**477-9777**
Syracuse, 13203 www.epiny.org

Epilepsy-Pralid, Inc. (EPI) is a person-centered agency proudly serving individuals across Onondaga, Oswego, Oneida, Cayuga, Cortland, and Herkimer Counties who have been found eligible for services and supports through OPWDD. Pertinent services offered through the Syracuse/Central New York office include Medicaid Service Coordination, Community Habilitation (w/ option to self-direct), Family Support Services, Individualized Support Services,

Community Education and Advocacy, as well as support with establishing services through OPWDD's Eligibility Clinic and Front Door Intake Unit. In addition, an Epilepsy Support Group is conducted once per month on James Street through the Community Education department and remains open to the public. Individuals served and eligible through OPWDD are also welcomed and encouraged to attend EPI's Camp EAGR, which occurs annually every August and provides a week-long opportunity to socialize and be active amongst supportive peers and staff.

Mid-State Early Childhood Direction Center (ECDC)

370 Huntington Hall TTY 443-4355 **443-4444**
Syracuse University (800) 962-5488
Syracuse, 13244 www.ecdc.syr.edu
Call ECDC if you have concerns about a young child under the age of five, both typically developing and those with special education needs. ECDC provides information, referral and support to families and professionals in confidence and free of cost about: early childhood development, behavior, and specific disabilities; screening and evaluation services (public and private); Early Intervention; preschool; child care; state and federal special education rules and regulations; parent support; and how the special education system works for young children.

Options for Independence

75 Genesee Street **255-3447**
Auburn, 13021 www.optionsforindependence.org
Works with people with all types of disabilities and their families, to gain greater independence. Options offers representative payee services, benefits advisement, peer advocacy, accessibility consultation, educational advocacy and information and referrals. Options offers three home accessibility programs for people needing home modifications, Medicaid service coordination for those with MR/DD, a homeless self-sufficiency program for people with disabilities.

Seneca Cayuga Arc

180 North Street **255-2285**
Auburn, 13021 www.sencayarc.org
Services include adaptive technology, advocacy, Alzheimer's day services, Camp Columbus, consumer-directed personal assistance, clinical therapies and treatment, community employment, day habilitation, Early Intervention, employment services, family reimbursement, family support, guardianship, home and community-based Waiver services. Individual and family counseling, information and referral, job placement, preschool, pre-vocational training, recreation, rehabilitation services, community habilitation, respite, service coordination, Special Olympics, transportation and vocational services.

notes...

Syracuse University Parent Advocacy Center (SUPAC) New York State Special Education Parent Center (Mid-State Region)

SU Center on Human Policy, Law, and Disability Studies
372 Huntington Hall **877-824-9555**
Syracuse, 13244 www.supac.org
SUPAC is the Mid-State Region Special Education Parent Center. SUPAC provides parents of children with disabilities information, training, resources, and strategies to promote their meaningful involvement in their children's education; assist in understanding their children's disabilities; promote early resolution of disputes between parents and school districts; promote the use of resolution sessions and special education mediation; assist in understanding their procedural due process rights; and enhance parents' skills and levels of confidence to communicate effectively and work collaboratively with schools and other stakeholders to advocate and actively participate in their children's education.

Unity House of Cayuga County, Inc.

62 South Street **253-6227 Ext. 176**
Auburn, 13021 www.unityhouse.com
Unity House offers respite service in Auburn for adults (age 18+) with developmental disabilities on a planned or emergency basis. Our overnight service includes 24/7 supervision by trained, caring staff. The site is handicapped-accommodating and features a welcoming, home-like environment. Supports for respite are tailored to meet the needs of each individual

Unity House of Cayuga County, Inc.

34 Wright Avenue **253-6227**
Auburn, 13021 www.unityhouse.com
Provides transitional and permanent housing, rehabilitative, respite, Medicaid service coordination, and employment services for adults with mental illnesses, developmental disabilities, and/or chemical dependencies from which they are recovering. Unity House partners with these individuals to develop their personal skills and potential, enabling them to live more full and independent lives. Founded in 1977, the agency serves more than 700 individuals a day in six central New York counties.

Unity House of Cayuga County, Inc.

31 Market Street **253-6227 Ext. 202**
Auburn, 13021 www.unityhouse.com
ISS (Individualized Support Services) is a program designed to help people live on their own rather than in an OPWDD-certified program or with other family members. ISS provides funding, which, in addition to an individual's current income, helps to pay necessary bills. It can include start-up funds to assist with such things as security deposit, paying movers, and buying furniture and household goods. It can

also be an ongoing contract to assist with monthly expenses.

-Auburn Unity Employment

34 Wright Avenue, Suite C., **253-6227**
Auburn, 13021 www.unityhouse.com
They provide Pathway to Employment, ticket to work in addition to Supported Employment.

-PROSperity

146 North Street **282-0241**
Auburn, 13021 www.unityhouse.com
PROSperity Program (Personalized Recovery Oriented Services) PROS is a comprehensive one-stop recovery-oriented program. PROS teaches participants to use inherent strengths and supports to overcome barriers caused by a mental health condition so that they may develop the recovery skills needed to live their lives more fully. PROS is available on a self-referral basis.

CORTLAND COUNTY

www.cortland-co.org

AccessCNY

6666 Manlius Center Road **218-0844**
East Syracuse, 13057 www.accesscny.org
Provides evaluation and clinical services for people living in surrounding counties. Project Adapt at the TRAIID Center provide monthly rural outreach to Cayuga, Cortland, Madison, Oswego and Tompkins counties for the assistive technology lending library. Family Support reimbursement and environmental modifications are also available in Cortland County.

Access to Independence of Cortland County, Inc.

26 N. Main Street **(607) 753-7363**
Cortland, 13045 www.atcortland.org
Peer counseling and mentoring; personal and systems advocacy; community education and outreach; ramps and home modifications; support groups; wellness programs; adaptive equipment; social activities; information and referral; independent living skills training; and loan closet. Consultation regarding ADA, universal design, and architectural barrier removal.

Central New York Developmental Disabilities Regional Office (CNYDDRO) – Cortland County

36 Owego Street **(607) 756-5637**
Cortland, 13045 www.opwdd.ny.gov

Children with Special Needs Division

Cortland County Health Department **(607) 756-3439**
60 Central Avenue, Rm 120, Cortland, 13045
<http://cchd.cortland-co.org/index.php?>

Early Intervention, preschool and Physically Handicapped

Cortland - Chenango Rural Services

PO Box 57, 2704 Lower Cincinnatus Road **(607) 863-3828**
Cincinnatus, 13040 www.cc.cnyric.org/ruralservices
Serves all residents in 11 towns within the two-county area. Information; referral; advocacy; emergency services; community action; Child and Family Health Plus. Responds to the needs of the community as they are presented, connecting people with services and bringing programs/services to the rural community. Site for co-op Food Sense and other food programs; "Nearly New" clothing; support and information groups and Cincinnatus Farmers' Market. No fees except for food co-op.

Epilepsy-Pralid Inc. (EPI)

1065 James Street, Suite 220 **477-9777**
Syracuse, 13203 www.epiny.org
Epilepsy-Pralid, Inc. (EPI) is a person-centered agency proudly serving individuals across Onondaga, Oswego, Oneida, Cayuga, Cortland, and Herkimer Counties who have been found eligible for services and supports through OPWDD. Pertinent services offered through the Syracuse/Central New York office include Medicaid Service Coordination, Community Habilitation (w/ option to self-direct), Family Support Services, Individualized Support Services, Community Education and Advocacy, as well as support with establishing services through OPWDD's Eligibility Clinic and Front Door Intake Unit. In addition, an Epilepsy Support Group is conducted once per month on James Street through the Community Education department and remains open to the public. Individuals served and eligible through OPWDD are also welcomed and encouraged to attend EPI's Camp EAGR, which occurs annually every August and provides a week-long opportunity to socialize and be active amongst supportive peers and staff.

Franziska Racker Centers

882 NYS Route 13 **(607) 753-9375**
Cortland, 13045 www.rackercenters.org
(Headquartered in Ithaca) Evaluation, therapies, special education site-based and itinerant services and day care services for children under the age of 5. Community living services including: residential, family support services, service coordination, parent education and support, home and community-based services, habilitation and respite.

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| ACCES VR | |
|  | |
| Syracuse District Office | |
| 315-428-4179 | 333 E. Washington St. Suite 230 Syracuse, NY 13202 |
| www.access.nysed.gov/vr | |

J.M. Murray Center

823 State Route 13..... (607) 756-9913
Cortland, 13045 www.jmmurray.com

Provides vocational, habilitation and support services to people with disabilities. Work Center Services include vocational training, prevocational services, sheltered employment, student work supervision and diagnostic vocational evaluation. Day habilitation provides supports to consumers in their own home or apartment. Employment Connection provides supported, transitional and direct employment in the community: Projects with Industry, employment services for TANF recipients, in addition to prevocational and volunteer programs. Other services include service coordination, case management for DSS recipients, Model Transition Program in conjunction with ACCES-VR and Cortland High School and limited funding and financial reimbursement through Family/Individual Support Services and Assistive Technology contract

Madison Cortland ARC

16 Crawford Street..... (607) 756-2015
Cortland, 13045 www.madisoncortlandarc.org

Mailing address: 701 Lenox Ave., Oneida, NY 13421
Offers programs and services for people with developmental disabilities. Services include residential, family support, Camp ARCO, recreation, guardianship assistance, service coordination, Article 16 Clinic, day habilitation, community habilitation.

Mid-State Early Childhood Direction Center (ECDC) at SU

370 Huntington Hall (800) 962-5488
Syracuse, 13244 www.ecdc.syr.edu

Call ECDC if you have concerns about a young child under the age of five, both typically developing and those with special education needs. ECDC provides information, referral and support to families and professionals in confidence and free of cost about: early childhood development, behavior, and specific disabilities; screening and evaluation services (public and private); early intervention; preschool; child care; state and federal special education rules and regulations; parent support; and how the special education system works for young children.

Person to Person: Citizen Advocacy

17-29 Main Street, Suite LL 17..... (607) 758-3116
Cortland, 13045 www.ppcadvocacy.org

Person to Person is an advocacy group serving persons with developmental disabilities. We find people who will share a visit with someone with similar interests for community outings. programs. Other services include service coordination.

Seven Valleys Health Coalition

50 Clinton Avenue..... (607) 756-4198
Cortland, 13045 www.sevenvalleyshealth.org

This coalition of organizations maintains an on-line Health and Human Services Resource Directory and calendar. Covers all of Cortland County and portions of Onondaga,

Madison, Tompkins, and Cayuga Counties not covered by another rural health network.

MADISON COUNTY

www.madisoncounty.org

AccessCNY

6666 Manlius Center Road 218-0844
East Syracuse, 13057 www.accesscny.org

Provides evaluation and clinical services for people living in surrounding counties. Project Adapt and the TRAIID Center provide monthly rural outreach to Cayuga, Cortland, Madison, Oswego and Tompkins counties for the assistive technology lending library. Home service and family support services are offered in Madison and Oswego counties.

Family Support reimbursement, environmental modifications and adaptive technician assistance are also available in Madison County.

ARISE—Madison County Office

131 Main Street Ste. 107..... 363-4672
Oneida, 13421 www.ariseinc.org

ARISE works to ensure that every person, regardless of disability, has the power to make life choices and achieve their dreams. As the local non-profit Independent Living Center for Onondaga, Oswego, Madison, Seneca, and Cayuga Counties, many of the agency's services are available to people of all ages who have any type of disability. Programs include: Medicaid Service Coordination, Habilitation Programs, Employment Programs, Advocacy (Health Care, Housing, Benefits, and Education), Information and Referral, Ombudsman program, and Inclusive Recreation.

Cayuga Centers

101 Hamilton Avenue..... 253-5383
Auburn, 13021 www.cayugacenters.org

Weekend respite, after 5:00pm weeknight respite, community habilitation, family reimbursement, and Medicaid service coordination.

Central New York Developmental Disabilities Regional Office (CNYDDRO) - Madison County

226 Wilson Street 363-8970
Oneida, 13421 www.omr.state.ny.us

Community Health and Behavioral Services (CHBS) of Upstate Cerebral Palsy-Utica

1427 Genesee Street..... 738-1428
Utica, 13501 www.upstatecp.org

A licensed Article 28 facility which provides primary and behavioral health care services for children, adolescents and adults. Also provides specialty clinics in dental services, podiatry, endocrinology, neurology, and psychiatry.

-Dental Clinic 339-6536

801 Cypress St., Rome NY 13440

notes...**Consumer Services of Madison County**

1019 Northside Shopping Center 361-9131
Oneida, 13421 www.csomc.org

Serves people with mental health needs through a variety of programs. Representative Payee Services are available for people with developmental disabilities.

Epilepsy-Pralid Inc. (EPI)

1065 James Street, Suite 220 477-9777
Syracuse, 13203 www.epiny.org

Epilepsy-Pralid, Inc. (EPI) is a person-centered agency proudly serving individuals across Onondaga, Oswego, Oneida, Cayuga, Cortland, and Herkimer Counties who have been found eligible for services and supports through OPWDD. Pertinent services offered through the Syracuse/Central New York office include Medicaid Service Coordination, Community Habilitation (w/ option to self-direct), Family Support Services, Individualized Support Services, Community Education and Advocacy, as well as support with establishing services through OPWDD's Eligibility Clinic and Front Door Intake Unit. In addition, an Epilepsy Support Group is conducted once per month on James Street through the Community Education department and remains open to the public. Individuals served and eligible through OPWDD are also welcomed and encouraged to attend EPI's Camp EAGR, which occurs annually every August and provides a week-long opportunity to socialize and be active amongst supportive peers and staff.

Kelberman Center (UCP of Utica)

1601 Armory Drive, Building C 797-6241
Utica, 13501 www.kelbermancenter.org

Regional center providing comprehensive services for individuals with autism spectrum disorders including evaluation and diagnosis, individualized education services, social and life skills enhancement, training and research.

Liberty Resources, Inc.

218 Liberty St 363-0048
Oneida, 13421 www.liberty-resources.org

Provides a wide variety of services for children, adults, and families, including services for people with disabilities. Programs for people with developmental disabilities include service coordination, self-direction, day habilitation, community habilitation, supportive apartments, and Individual Residential Alternatives. Serving Madison, Onondaga, Oswego, Cayuga, and Cortland counties.

Madison-Cortland ARC

701 Lenox Avenue 363-9281
Oneida, 13421 www.madisoncortlandarc.org

Psychological evaluations for all ages. Offers programs and services for people of all ages with developmental disabilities. Programs provide a wide array of services for infants and toddlers, vocational training, residential programs, service coordination, family support, day habilitation, community habilitation, senior program, transportation, respite and

more. Article 16 Clinic provides therapy and health care services.

Mid-State Early Childhood Direction Center (ECDC)

370 Huntington Hall 443-4444
Syracuse University (800) 962-5488

Syracuse, 13244 www.ecdc.syr.edu

Call ECDC if you have concerns about a young child under the age of five, both typically developing and those with special education needs. ECDC provides information, referral and support to families and professionals in confidence and free of cost about: early childhood development, behavior, and specific disabilities; screening and evaluation services (public and private); early intervention; preschool; child care; state and federal special education rules and regulations; parent support; and how the special education system works for young children.

Resource Center for Independent Living

Client Assistance Program (CAP)..... 797-4642
P.O. Box 210, 409 Columbia Street TTY 797-5837

Utica, 13503-0210 www.rcil.com

CAP is a service for people with disabilities who are clients or applicants of Adult Career and Continuing Education Services-Vocational Rehabilitation (ACCES-VR), the Commission for the Blind and Visually Handicapped (CBVH), Independent Living Centers, or other agencies funded by the Vocational Rehabilitation Act. CAP provides information about vocational rehabilitation programs and assists clients who have a problem obtaining a service, disagree with a decision made by a counselor, have their case terminated, etc. Free. Serves Broome, Cayuga, Chenango, Clinton, Cortland, Delaware, Essex, Franklin, Fulton, Hamilton, Herkimer, Lewis, Montgomery, Oneida, Oswego, Otsego, St. Lawrence, Tioga, Tompkins, and parts of Onondaga.

Upstate Cerebral Palsy and Handicapped Persons Association of the Utica Area (UCP)

1020 Mary Street..... 724-6907
Utica, 13501 www.upstatecp.org

Provider of direct-care services and programs for individuals who are physically, developmentally, or mentally challenged and their families. As direct-care and education centers, these include medical, clinical and therapeutic personnel, teachers, social service staff, maintenance, clerical and general support staff.

notes...

Mid-State Early Childhood Direction Center (ECDC)

ECDC provides information, referral and support to families and professionals working with children, ages birth through five.



Syracuse University
370 Huntington Hall
Syracuse, NY 13244
1-315-443-4444
1-800-962-5488
Email: ecdc@syr.edu
<http://ecdc.syr.edu>

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In Central New York, please contact Kara Georgi, Family Education Specialist (315) 345-2555 or kgeorgi@starbridgeinc.org or visit www.starbridgeinc.org



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MID-STATE SPECIAL EDUCATION PARENT TECHNICAL ASSISTANCE CENTER

SUPAC can provide you—the parent or family member of a child with a disability—with information, resources, and strategies to:

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- Improve your ability to communicate effectively with your child's school and work with them to solve concerns early and respectfully
- Assist you to better understand the nature of your child's disability and strategies to support your child's academic and social growth at home
- Increase your understanding of your rights as a parent of a school-aged child with a disability

Visit our website (www.supac.org) to learn more about the SUPAC team, the region we cover, our most popular trainings, and to see the most up-to-date information and resources on special education.

Call us (315-443-4336 locally or 877-824-9555 toll free) or email us (supac@syr.edu) with your specific questions.

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F: (315) 425-8917
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- Prompt evaluation and diagnosis
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- Comprehensive preschool services
- Social and life skills enhancement
- Innovative practices, training and research
- Community living
- Behavioral supports

We believe in the power of individuals, family and community working together to maximize our collective potential.

The Kelberman Center

Utica, NY
 2608 Genesee Street
 Utica, New York 13502
 Phone (315) 797-6241
 Fax (315) 749-7054

Syracuse, NY
 50 Presidential Plaza, Suite 102
 Syracuse, New York 13202
 Phone (315) 565-7556
 Fax (315) 749-7054

kelbermancenter.org



FAMILY BEHAVIOR ANALYSIS

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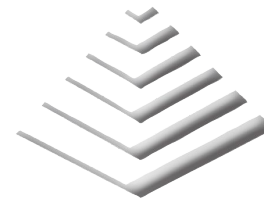
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Clinic Services

Our highly professional and experienced staff are committed to providing the very highest standards of mental health and primary care practice. We offer service in multiple counties, plus linkages with local area hospitals, other community clinics, and various medical practices.

- We provide:
- Individual, child, and adolescent therapy
 - Couple and family therapy
 - Telepsychiatry
 - Psychiatric evaluation
 - Physicals and immunizations
 - Medication management
 - Health monitoring and primary care

Behavioral Healthcare

Liberty Resources offers a multi-disciplinary approach to behavioral healthcare. We have a collaborative team of mental health counselors including social workers, licensed mental health counselors, psychiatrists, nurse practitioners, and registered nurses.

- Our services include:
- Crisis respite, mobile crisis, and ER avoidance
 - Certified peer support services
 - Substance use disorder services (residential and nonresidential)
 - Homeless housing for individuals, families, and veterans
 - Licensed Home Care services
 - Traumatic Brain Injury services

Child/Family Services

Liberty Resources is a recognized provider of evidence-based services for children, adolescents, and families. Linked with our robust behavioral health capacity, these services are customized to meet clients' needs.

- Our expertise includes:
- Therapeutic foster care alternatives for placement of youth
 - Multi-Systemic Therapy (MST), Multidimensional Treatment Foster Care (MTFC)
 - Foster care transition
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 - Family reunification programs
 - Domestic violence and crime victim services

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Liberty POST services include:

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- Occupational therapy
- Special education
- Physical therapy
- Service coordination
- Nutritional services
- Psychological services
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- Toddler programs
- Family support

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As a federally approved Medicaid Waiver provider, licensed by New York State, Liberty Resources provides self-directed services in the least restrictive setting for adults, adolescents, and aging-out youth.

Our services include:

- Self-direction
- Service coordination
- Supportive living
- Community and day habilitation
- Vocational and supportive employment
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Founded on the principle of developing individualized community-based services, Liberty Resources employs more than 1,000 professional staff providing counseling, treatment, assistance, shelter, and support to nearly 15,000 individuals and families.



Liberty Resources strives for excellence in all areas: as an employer, service provider, and a corporate citizen of the communities we serve.

HEADQUARTERS: 1045 James St; Syracuse, NY 13203 • 315-425-1004 • www.Liberty-Resources.org

Agency Listings

AccessCNY

1603 Court Street
Syracuse, NY 13208
www.accesscny.org
455-7591 (Fax 455-5989)
TDD 455-1794

ACR Health

627 West Genesee Street
Syracuse, NY 13204
www.ACRHealth.org
475-2430 (Fax 472-6515)

Advocates, Inc.

636 Old Liverpool Road
Liverpool, NY 13088
(315) 469-9931
www.advocatesincorporated.org
469-9931 (Fax 469-9939)

Arc of Onondaga

600 S. Wilbur Avenue
Syracuse, NY 13204
www.arcon.org
476-7441 (Fax 476-7446)

ARISE Child and Family Service, Inc.

635 James Street
Syracuse, NY 13203
www.ariseinc.org
472-3171 (Fax 472-9252)

AURORA of Central New York, Inc

518 James Street Suite 100
Syracuse, NY 13203
www.auroraofcny.org
422-7263 TDD 422-9746
(Fax 422-4792)

Brain Injury Association of NYS-Central Region

Onondaga County
Liverpool, NY 13088
www.bianys.org
453-7120 (Fax 453-0519)

Brain Injury Coalition of CNY

420 E. Genesee Street
Syracuse, NY 13202
www.bic-cny.org
425-5364

Burton Blatt Institute at SU

Crouse-Hinds Hall, Suite 300
900 South Crouse Ave., NY 13244
<http://bbi.syr.edu/>
443-2863 (Fax 443-9725)

Catholic Charities of Onondaga County

1654 W. Onondaga Street
Syracuse, NY 13204
www.ccoc.us
424-1800 (Fax 424-8274)

Cayuga Centers

2507 James Street
Suite 201 & 205
Syracuse, NY 13206
www.cayugacenters.org
253-5383 (Fax 299-7360)

Central New York Developmental Disabilities Regional Office (CNYDDRO)

187 Northern Concourse
N. Syracuse, 13021
www.opwdd.ny.gov
425-5367

Central New York Services, Inc.

518 James Street, Suite 240
Syracuse, NY 13203
www.cnyservices.org
478-2453

Central New York Quest

1065 James Street, Suite 210
Syracuse, NY 13203
732-3431 (Fax 866-822-2343)

Community Options New York, Inc.

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www.comop.org
431-9859 (Fax 431-0764)

Contact Community Services Inc.

6311 Court Street Road
East Syracuse, NY 13057
www.contactsyracuse.org
251-1400 (Fax 251-2218)

Elmcrest Children's Center

960 Salt Springs Road
Syracuse, NY 13224
www.elmcrest.org
446-6250

Epilepsy-Pralid Inc. (EPI)

1065 James St., Suite 220
Syracuse, NY 13203
www.epiny.org
477-9777 (Fax 477-9797)

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478-1462 (Fax 478-1467)

Agency Listings

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831 James Street
Syracuse, NY 13203
www.homeincny.org
472-5110 (Fax 472-5536)

Huntington Family Center

405 Gifford Street
Syracuse, NY 13204
www.huntingtonfamilycenters.org
476-3157 (Fax 476-3860)

Learning Disabilities Association of CNY

212 E. Manlius Street
E. Syracuse, NY 13057
www.ldacny.org
432-0665 (Fax 431-0606)

Liberty Resources, Inc.

1045 James Street
Syracuse, NY 13203
www.liberty-resources.org
425-1004 (Fax 479-7884)

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518 James Street, Suite 110
Syracuse, NY 13203
www.oclinc.org
434-9597 (Fax 434-9367)

Onondaga County Department Office For Aging

421 Montgomery St, 10th Floor,
Civic Center
Syracuse, NY 13202
www.ongov.net/aging
435-2362

Salvation Army

677 S. Salina Street
Syracuse, NY 13202
www.sasyr.org
475-1688 (Fax 475-6307)

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12 Oswego Street
Baldwinsville, NY 13027
www.selfdirectinc.com
635-5374 (Fax 635-5375)

Spanish Action League of Onon. Co., Inc.

700 Oswego Street
Syracuse, NY 13204
www.laligaupstatecny.org
475-6153 (Fax 474-5767)

Spaulding Support Services

6520 Basile Rowe
East Syracuse, NY 13057
www.spauldingsupport.org
478-6210 (Fax 478-1575)

Starbridge

1650 South Avenue, Suite 200
Rochester, NY 14620
www.starbridgeinc.org
345-2555 (Fax 585-224-7100)

Syracuse Jewish Family Service, Inc.

4101 East Genesee Street
Syracuse, NY 13214
www.sjfs.org
445-9111 (Fax 445-0859)

Syracuse Model Neighborhood Facility, Inc.

Southwest Community Center
401 South Avenue
Syracuse, NY 13204
www.swccsyr.org
474-6823 (Fax 479-8023)

The Kelberman Center

Offices in Syracuse & Utica
2608 Genesee Street
Utica, NY 13502
www.kelbermancenter.org
797-6241 (Fax 749-7054)

Toomey Residential and Community Services

1654 W. Onondaga Street
Syracuse, NY 13204
www.ccoc.us
424-1845 (Fax 424-8274)

Unity House of Cayuga County, Inc.

34 Wright Avenue
Auburn, NY 13021
www.unityhouse.com
253-6227 (Fax: 253-4528)

Whole Me, Inc.

1010 James Street
Syracuse, NY 13203
www.wholemeinc.com
468-3275/TTY (Fax 468-3276)

Winds of Agape, Inc.

1414 Grant Boulevard
Syracuse, NY 13208
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425-0547 (Fax 295-0264)

notes...

Access CNY

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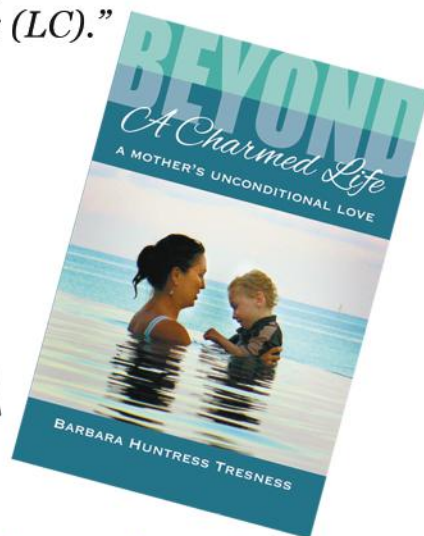
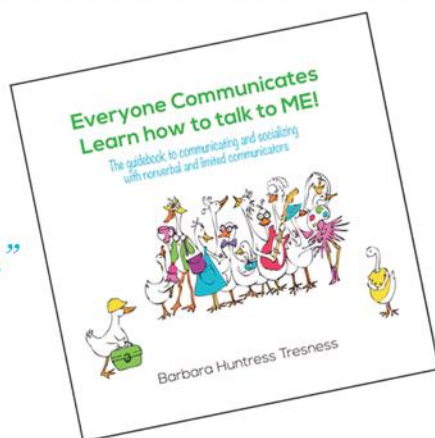


Barbara Huntress Tresness

Founder of CHAT Collective, Author and Disability Advocate

“As a mom and a therapist, I know how hard it can be when your loved one has a communication challenge. That’s why I founded CHAT Collective, developed products like the Hand Bands and ID tags, wrote two books to help others navigate socializing and communicating with NonVerbal Communicators (NVC) and Limited Communicators (LC).”

“Telling our stories has helped others and I hope it can help you too.”



To order the books, identification or socialization products visit:

www.chatcollective.com

www.BarbaraHuntressTresness.com