

2019-2020 Resource Manual

Onondaga County and Surrounding Areas



Working Together To Make Exceptional Typical



About Advocates

Advocates is a person-centered not-for-profit organization that empowers individuals with intellectual and developmental disabilities to direct their own lives and create a vision for their future.

Together, we advocate for a future where people with intellectual and developmental disabilities can fully participate in their home, schools, and communities in a meaningful way.



Advocates is the leading provider of person-centered, self-directed services in Central New York.

Advocates empowers people to manage their Self-Direction Budgets with Fiscal Intermediary and Brokerage services.

Advocates offers Family Reimbursement, Family Training, Service Access, Medical Advocacy and Family Recreation through Family Supports and Services.

Advocates employs over 900 caring Direct Support Professionals (Mentors).

Advocates supports individuals and their families to hire 1:1 Mentors through Agency Supported Community Habilitation and Self-Hired Community Habilitation; and offers additional supports through our Backup Mentor service.



Exceptional Family Resources 2019-2020 Resource Manual



Welcome to this edition of the Resource Manual for Onondaga County and surrounding areas. We hope you find the changes we have made helpful, user-friendly and valuable in the pursuit of the best services possible.

Karen Adams, Resource Specialist & Resource Manual Editor
Lauren Johnson-Albaroni, Interim Executive Director
Kathleen Quinn, Graphic Designer Intern Volunteer

Pictured on the cover is Connor Childress and Abigail Meaker

They went with Project Explore to hike and enjoy Pratt's Falls as one of their many adventures they took during the of Summer 2018!

We are requesting any updates or changes for the next edition of the Resource Manual be sent to the attention of Karen Adams by email and/or call for further information.

kadams@contactefr.org (315) 478-1462 Ext. 337



1820 Lemoyne Avenue
Syracuse, NY 13208
(315) 478-1462

A PDF version is available on our website
www.contactefr.org

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ACCESS TO OPWDD SERVICES

The New York State Office for People With Developmental Disabilities (OPWDD) is responsible for coordinating services for people with developmental disabilities; including intellectual disabilities, cerebral palsy, Down syndrome, autism spectrum disorders, traumatic brain injury prior to age 21 and other neurological impairments. It provides services directly and through a network of not-for-profit service providing agencies.

www.opwdd.ny.gov

FRONT DOOR

Call to register (315) 793-9600 Ext. 1
CNYDDRO Region 2 www.opwdd.ny.gov

To help you get ready to plan for OPWDD services, you will be asked to attend an information session. The information session is a way for you to learn valuable information about 1) The supports and services that may be right for you and how to access them 2) The options that exist for helping individuals and families 3) How the Front Door process works.

SELF-DIRECTION

Call to register (315) 793-9600 Ext. 1
CNYDDRO Region 2 www.opwdd.ny.gov

Self-Direction is a program that allows individuals to make choices about how to use their Medicaid and state funding to meet their needs and goals. Individuals, with the support of their family, friends and advocates, can choose from a broad range of staffing supports, programs and financial assistance with living expenses. Each Self-Direction Plan requires a Fiscal Intermediary and Support Broker. Individuals must attend a Self-Direction Information Session in order to begin services. Classes may be offered during a Front Door class.

	<p>Self-Direction Services</p> <p>Customize your care by:</p> <ul style="list-style-type: none"> • Hiring your own staff! • Choosing your services! • Creating your own care schedule!
<p>(315) 455-7591 info@accesscny.org www.accesscny.org</p>	

ELIGIBILITY DETERMINATION

If you or your loved one has a developmental disability and need help accessing services, contact a Care Coordination Organization (CCO) for assistance. Specially trained staff can help you through the OPWDD Front Door Process and with obtaining OPWDD Eligibility.

LIFEPlan, CCO.....(315) 565-2612
www.lifeplancony.com

Prime Care, CCO.....(844) 347-3168
www.primecareny.org

Additional Eligibility Supports

Exceptional Family Resources (EFR)

1820 Lemoyne Avenue..... (315) 478-1462
 Syracuse, 13208 www.contactefr.org

-The Senior Caregivers Program assists individuals with a developmental disability with the OPWDD eligibility process. A person must share a home with their 55 years old or older family member and reside in Onondaga County.

CARE COORDINATION ORGANIZATION (CCO)

A Care Coordination Organization (CCO) is a for-profit organization that employs **Care Managers** in NYS. A Care Manager assists individuals and their families in finding, obtaining and coordinating the necessary resources, services and supports to help people live as independently and successfully in the community as possible. Additionally they provide oversight, information and advocacy as needed. The Care Manager is responsible for developing, implementing and maintaining the Life Plan. The Life Plan is created through a person-centered approach which allows people with disabilities and their families to create a vision of the future through choice and informed decision making. There are two CCO's covering Onondaga County to choose from:

LIFEPlan, CCO.....(315) 565-2612
www.lifeplancony.com

LIFEPlan is centered on connecting people to the full spectrum of services that will support optimal health and wellness, creating opportunities for people to have meaningful lives. With LIFEPlan, getting the right care starts close to home. If you or your loved one has a developmental disability and need help accessing services, our Care Connection Specialists can help you through the Office for People with Developmental Disabilities (OPWDD) Front Door Process.

Prime Care, CCO.....(844) 347-3168
www.primecareny.org

Prime Care Coordination was created to help ensure that people with intellectual and developmental disabilities receive the best services possible. Prime Care offers complete support for each individual, taking the time to really get to know each person and their needs and goals in order to provide a very personalized approach to their care.

At Prime Care Coordination, your Care Manager will work with you to create a Life Plan to meet your unique needs and goals. Your Life Plan is a comprehensive guide that is developed through a person-centered planning process directed by you and the people you choose, such as your family members, advocates and service providers. Your Life Plan will include access to a network of Prime Care providers who can support ALL of your needs. These include support, health, wellness, behavioral health and family services.

FISCAL INTERMEDIARY (FI) Individuals who choose Self-Direction are required to have a Fiscal Intermediary (FI) agency that will provide the funding and oversight of the person's plan. The FI agency will pay the person's staff, provide required training, and ensure that all state and federal regulations are met. The FI will also pay costs that are included in the person's approved budget.

AccessCNY

1603 Court Street **(315) 455-7591**
Syracuse, 13208 www.accesscny.org

Advocates, Inc.

290 Elwood Davis Road **(315) 469-9931**
Liverpool, 13088 www.advocatesincorporated.org

Exceptional Family Resources

1820 Lemoyne Avenue..... **(315) 478-1462**
Syracuse, 13208 www.contactefr.org

H.O.M.E., Inc.

(Humanitarian Organization for Multi-cultural Experience)
831 James Street **(315) 472-5110**
Syracuse, 13203 www.homeincny.org

Liberty Resources, Inc.

1065 James Street **(315) 425-1004**
Syracuse, 13203 www.liberty-resources.org

Onondaga Community Living (OCL)

518 James Street Suite 110 **(315) 434-9597**
Syracuse, 13203 www.oclinc.org

RCIL (Resource Center for Independent Living)

PO Box 210..... **(315) 797-4642**
Utica, 13503 www.rcil.com

The Kelberman Center

Offices in Syracuse and Utica
2608 Genesee Street..... **(315) 797-6241**
Utica, 13502 www.kelbermancenter.org

BROKER SERVICES

-Agency Brokers are responsible for helping individuals develop their Self-Direction plan and budget based on decisions made by the individual and their team. The Broker is required to coordinate quarterly meetings, monitor the person's expenses and develop staff action plans. Agencies listed below have broker services.

-Independent Brokers do not work for an agency. They have been trained by and are affiliated with the Central New York Developmental Disabilities Regional Office (CNYDDRO) If you have questions or would like to obtain a list of Independent Brokers call:

CNYDDRO Self-Direction Coordinator..... **(315) 473-3168**

AccessCNY

1603 Court Street **(315) 455-7591**
Syracuse, 13208 www.accesscny.org

Advocates, Inc.

290 Elwood Davis Road **(315) 469-9931**
Liverpool, 13088 www.advocatesincorporated.org

Arc of Madison Cortland

701 Lenox Avenue..... **(315) 693-0025 Ext. 5385**
Oneida, 13421 www.arcofmc.org

CNY Quest

122 Business Park Dr., Suite 3..... **(315) 732-3435 Ext. 236**
Utica, 13502

Exceptional Family Resources

1820 Lemoyne Avenue..... **(315) 478-1462**
Syracuse, 13208 www.contactefr.org

Liberty Resources, Inc.

1065 James Street **(315) 425-1004**
Syracuse, 13203 www.liberty-resources.org

Onondaga Community Living (OCL)

518 James Street Suite 110 **(315) 434-9597**
Syracuse, 13203 www.oclinc.org

RCIL (Resource Center for Independent Living)

400 Columbia Street **(315) 797-4642**
Utica, 13503 www.rcil.com

The Kelberman Center

Offices in Syracuse and Utica
2608 Genesee Street..... **(315) 797-6241**
Utica, 13502 www.kelbermancenter.org

HCBS WAIVER SERVICES

HOME AND COMMUNITY-BASED SERVICES (HCBS)

Most OPWDD services are funded through Medicaid; therefore, in most cases, it is necessary that individuals seeking services from OPWDD enroll in Medicaid. You must be eligible for and enrolled in Medicaid, to enroll in the HCBS Waiver. Contact your Care Manager for HCBS waiver eligibility and enrollment.

COMMUNITY HABILITATION (CH)

Community Habilitation is a goal-based service intended to help an individual increase or maintain their independent living skills. Goals can be worked on at the participant's home or in their community. Goals can include learning to use public transportation, household chores, budgeting, healthy eating, exercise, cooking, social skills, hygiene skills, and self-advocacy skills. This is an OPWDD Waiver service contact your Care Manager for more details

AccessCNY

6666 Manlius Center Road (315) 218-0825
East Syracuse, 13057 www.accesscny.org

Arc of Onondaga

600 S. Wilbur Avenue (315) 476-7441
Syracuse, 13204 www.arcon.org

ARISE Child and Family Service, Inc.

635 James Street (315) 472-3171
Syracuse, 13203 www.ariseinc.org

Central New York

Developmental Disabilities Regional Office (CNYDDRO)
187 Northern Concourse (315) 473-5050
N. Syracuse, 13212 www.opwdd.ny.gov

CNY Quest Inc.

1065 James Street, Suite 210 (315) 732-3431
Syracuse, 13203

Community Options New York, Inc.

216 W. Manlius Street (315) 431-9859
E. Syracuse, 13057 www.comop.org

Elmcrest Children's Center

228 Lafayette Road (315) 492-9990 Ext. 204
Syracuse, 13205 www.elmcrest.org

Epilepsy-Pralid Inc. (EPI)

6493 Ridings Road, Suite 115 (315) 477-9777
Syracuse, 13206 www.epiny.org

Exceptional Family Resources (EFR)

1820 Lemoyne Avenue (315) 478-1462
Syracuse, 13208 www.contactefr.org

H.O.M.E., Inc.

(Humanitarian Organization for Multi-cultural Experience)
831 James Street (315) 472-5110
Syracuse, 13203 www.homeincny.org

InclusiveU at Syracuse University

305 Huntington Hall (315) 433-4058
Syracuse, 13244 www.taishoffcenter.syr.edu/inclusiveu

LAUNCH

212 E. Manlius Street (315) 870-9453
E. Syracuse, 13057 www.ldacny.org

Liberty Resources, Inc.

1065 James Street (315) 425-1004
Syracuse, 13203 www.liberty-resources.org

Onondaga Community Living (OCL)

518 James Street, Suite 110 (315) 434-9597
Syracuse, 13203 www.oclinc.org

Project SEARCH at Syracuse University

308 Huntington Hall (315) 807-2522
Syracuse, 13244 www.taishoffcenter.syr.edu/projectsearch

Salvation Army

677 S. Salina Street (315) 475-1688
Syracuse, 13202 www.sasyr.org

SELF-DIRECT, Inc.

12 Oswego Street (315) 635-5374
Baldwinsville, 13027 www.selfdirectinc.com

The Kelberman Center

Offices in Syracuse and Utica
2608 Genesee Street (315) 797-6241
Utica, 13502 www.kelbermancenter.org

Toomey Residential and Community Services

1654 W. Onondaga Street. (315) 424-1845
Syracuse, 13204 www.ccoc.us

notes...

DAY HABILITATION

Day Habilitation, or “Day Hab” targets activities that typically take place outside the home. These activities could include a person joining and participating in a local health club and/or contributing to the community through volunteer work. Separate activities are tied together as they address outcomes the individual has identified, such as becoming more independent, improving health through physical activity, and becoming involved in the community, as stated in their Life Plan. To receive day habilitation, an individual with a developmental disability must be enrolled in Medicaid and on the Medicaid Waiver. People are referred by their Care Manager. Day habilitation is a service of the Home and Community Based Services Medicaid (HCBS) Waiver.

AccessCNY

1603 Court Street (315) 455-7591
Syracuse, 13208 www.accesscny.org

Arc of Onondaga

600 S. Wilbur Avenue (315) 476-7441
Syracuse, 13204 www.arcon.org

Central New York

Developmental Disabilities Regional Office (CNYDDRO)

187 Northern Concourse (315) 473-5050
N. Syracuse, 13212 www.opwdd.ny.gov

Community Options Inc.

101 Old Cove Road Suite 104..... (315) 431-9859
Liverpool, 13090 www.comop.org

David Clark Learning Center (AccessCNY)

6666 Manlius Center Road (315) 410-3340
East Syracuse, 13057 www.accesscny.org

Foundations Program at Onondaga Community College

J. Stanley Coyne Hall, 4969 Onondaga Rd..(315) 498-6005
Syracuse, 13215 www.sunyocc.edu

H.O.M.E. Inc.

831 James Street (315) 472-5110
Syracuse, 13203 www.homeincny.org

Gateway Day Habilitation

320 Gateway Park Drive (315) 452-0992
N. Syracuse, 13212 www.opwdd.ny.gov

Liberty Resources Inc.

1065 James Street (315) 425-1004
Syracuse, 13203 www.liberty-resources.org

Loretto Daybreak Adult Medical Day Program

161 Intrepid Lane..... (315) 498-4405
Syracuse, 13205 www.lorettodaybreak.org

Onondaga Community Living (OCL)

518 James Street (315) 434-9597
Syracuse, 13203 www.oclinc.org

The Kelberman Center

Offices in Syracuse and Utica
2608 Genesee Street.....(315) 797-6241
Utica, 13502 www.kelbermancenter.org

Toomey Residential and Community Services

1654 W. Onondaga Street (315) 424-1845
Syracuse, 13204 www.ccoc.us

EMPLOYMENT SERVICES

EMPLOYMENT TRAINING PROGRAM (ETP)

The Employment Training Program (ETP) is a paid internship program that assists individuals to obtain a job earning at least the minimum wage. Individuals must apply and be accepted into this program and meet all of the qualifications to become a NYS employee. This program is geared toward people who have a strong work ethic, strong volunteer history, and a strong desire to work. Supports include some job development, job placement, and job coaching. This is an OPWDD Waiver service contact your Care Manager for more details.

AccessCNY

420 East Genesee Street..... (315) 478-4151
Syracuse, 13202 www.accesscny.org

Arc of Onondaga

346 N. Midler Avenue.....(315) 424-6000 Ext. 2100
Syracuse, 13206 www.arcon.org

ARISE Child and Family Service, Inc.

(315) 635 James Street..... (315) 472-3171
Syracuse, 13203 www.ariseinc.org

Community Options Inc.

101 Old Cove Road Suite 104..... (315) 431-9859
Liverpool, 13090 www.comop.org

Elmcrest Children's Center

228 Lafayette Road (315) 492-9990 Ext. 228
Syracuse, 13205 www.elmcrest.org

Exceptional Family Resources (EFR)

1820 Lemoyne Avenue..... (315) 478-1462 Ext. 562
Syracuse, 13208 www.contactefr.org

**Syracuse... We
have a solution!**



LAUNCH
Fueling Individualized Learning

www.launchcny.org
315.432.0665
212 East Manlius St.
East Syracuse, NY 13057


LAUNCH

212 E. Manlius Street **(315) 870-9460**
E. Syracuse, 13057 www.ldacny.org

Liberty Resources, Inc.

1065 James Street **(315) 425-1004**
Syracuse, 13203 www.liberty-resources.org

Onondaga Community Living (OCL)

518 James Street Suite 110 **(315) 434-9597**
Syracuse, 13203 www.oclinc.org

PATHWAY TO EMPLOYMENT

Pathway to Employment is a one-year time limited service for people wanting to find their career path and develop work readiness skills. Participants receive support at volunteer experiences to build social skills, learn travel training, explore careers of interest, and receive training and support with resume writing and interviewing. This is an OPWDD Waiver service contact your Care Manager for more details.

AccessCNY

1603 Court Street **(315) 410-3385**
Syracuse, 13208 www.accesscny.org

Arc of Onondaga

346 N. Midler Avenue **(315) 424-6000 Ext. 2100**
Syracuse, 13206 www.arcon.org

Community Options Inc.

101 Old Cove Road Suite 104 **(315) 431-9859**
Liverpool, 13090 www.comop.org

Elmcrest Children's Center

228 Lafayette Road **(315) 492-9990 Ext. 228**
Syracuse, 13205 www.elmcrest.org

Exceptional Family Resources (EFR)

1820 Lemoyne Avenue **(315) 478-1462 Ext. 562**
Syracuse, 13208 www.contactefr.org

H.O.M.E. Inc.

831 James Street **(315) 472-5110**
Syracuse, 13203 www.homeincny.org

Liberty Resources, Inc.

1065 James Street **(315) 425-1004**
Syracuse, 13203 www.liberty-resources.org

Onondaga Community Living (OCL)

518 James Street Suite 110 **(315) 434-9597**
Syracuse, 13203 www.oclinc.org

Unity Employment Services

518 James Street Suite B-2 **(315) 478-4240 Ext. 106**
Syracuse, 13203 www.unityhouse.com

COMMUNITY BASED PREVOCATIONAL SERVICES

Community Based Prevocational Services are intended to help individuals build job skills in order to be prepared for future competitive employment. This service is appropriate for people with minimal volunteer experience who need to work on soft skills, such as following directions, staying focused on work tasks, engaging in work appropriate clothing and behaviors, and understanding the demands of work. Participants gain these skills through volunteer experiences. This is an OPWDD Waiver service contact your Care Manager for more details.

AccessCNY

420 East Genesee Street **(315) 478-4151**
Syracuse, 13202 www.accesscny.org

Arc of Onondaga

346 N. Midler Avenue **(315) 424-6000**
Syracuse, 13206 www.arcon.org

Community Options Inc.

101 Old Cove Road Suite 104 **(315) 431-9859**
Liverpool, 13090 www.comop.org

Elmcrest Children's Center

228 Lafayette Road **(315) 492-9990 Ext. 228**
Syracuse, 13205 www.elmcrest.org

Exceptional Family Resources (EFR)

1820 Lemoyne Avenue **(315) 478-1462 Ext. 562**
Syracuse, 13208 www.contactefr.org

The Kelberman Center

Offices in Syracuse and Utica
2608 Genesee Street **(315) 797-6241**
Utica, 13502 www.kelbermancenter.org

SEMP (SUPPORTED EMPLOYMENT)

This service provides assistance and staff support for an individual to obtain, maintain or advance their career. In order to receive supports, the person must obtain or currently work at a job that pays at least minimum wage. Supports provided include on-the-job training to learn how to perform the job tasks to employer standards, problem solving, building natural supports at work, communication, and other needed supports. Supports are based on an individual's specific needs on the job. This is an OPWDD Waiver service contact your Care Manager for more details.

AccessCNY

420 East Genesee Street..... (315) 478-4151
Syracuse, 13202 www.accesscny.org

Arc of Onondaga

346 N. Midler Avenue..... (315) 424-6000
Syracuse, 13206 www.arcon.org

ARISE Child and Family Service, Inc.

(315) 635 James Street..... (315) 472-3171
Syracuse, 13203 www.ariseinc.org

AURORA of Central New York, Inc.

518 James Street, Suite 100
TDD (315) 422-9746..... (315) 422-7263
Syracuse, 13203 www.auroraofcny.org

Community Options Inc.

101 Old Cove Road Suite 104..... (315) 431-9859
Liverpool, 13090 www.comop.org

Elmcrest Children's Center

228 Lafayette Road..... (315) 492-9990 Ext. 228
Syracuse, 13205 www.elmcrest.org

Exceptional Family Resources

1820 Lemoyne Avenue..... (315) 478-1462 Ext. 562
Syracuse, 13208 www.contactefr.org

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212 E. Manlius Street (315) 870-9460
E. Syracuse, 13057 www.ldacny.org

Liberty Resources, Inc.

1065 James Street (315) 425-1004
Syracuse, 13203 www.liberty-resources.org

Onondaga Community Living (OCL)

518 James Street (315) 434-9597
Syracuse, 13203 www.oclinc.org

St. Joseph's Vocational Services

747 James Street (315) 703-2759
Syracuse, 13203 www.sjhsyr.org

The Kelberman Center

Offices in Syracuse and Utica
2608 Genesee Street..... (315) 797-6241
Utica, 13502 www.kelbermancenter.org

Unity Employment Services

518 James Street Suite B-2 (315) 478-4240 Ext. 106
Syracuse, 13203 www.unityhouse.com

ADDITIONAL EMPLOYMENT SUPPORTS

Center for Community Alternatives, Inc. (CCA)

115 East Jefferson Street..... (315) 422-5638
Syracuse, 13202 www.communityalternatives.org
CCA provides community-based alternatives to incarceration programming. CCA offers recovery services, employment-related services, jail-based services, sentencing mitigation, legal services for civic restoration and services to youth including; Student Advocacy, Transition Coach, Violence Prevention, After School at PSLA High School. Supportive and emergency housing will soon be available.

Central New York Services, Inc.

PROS (Personalized Recovery Oriented Services)

321 W. Onondaga Street (315) 478-2030
Syracuse, 13202 www.cnysservices.org
PROS (Personalized Recovery Oriented Services) employment services are designed to enable participants to successfully develop individual capacities for getting and keeping a job. This is achieved through consistent participation in a variety of evidence-based employment related classes. In addition, our professional staff works one-on-one with participants to address work behaviors, learn social skills in the work place, practice effective communication, problem solve, attend to grooming/hygiene, and set goals. Skill development and ongoing support are key components of the program.

Circare

620 Erie Blvd West, Suite 302 (315) 472-7363
Syracuse, 13204 www.cir.care
Circare provides employment services through several different programs, to fulfill the needs of a wide-range of people. The Home and Community Based Employment program provides people with Mental Illness and Substance Use Disorders, specially designed employment services to help them gain employment. Social Security Disability Insurance (SSDI) and Supplemental Security Income (SSI) beneficiaries can access the Employment Network /Ticket to Work Program, to find employment services for beneficiaries with a range of disabilities. Recipients of the New York State Adult Career and Continuing Education Services (ACCES-VR) can receive Direct Employment Services and

Certified Work Incentive Benefit Planning from Circare. Contact an ACCES-VR counselor, to find out more about these services. Individuals who receive Health Home Care Coordination Services can contact their Care Coordinator to receive information about vocational services provided in the Health Home. "Employment is our Priority"

Spanish Action League of Onon. Co., Inc.

700 Oswego Street **(315) 475-6153**
Syracuse, 13204 www.laligaupstatecny.org
Bilingual information and assistance mainly directed toward the Latino population, but all clients are assisted regardless of their ethnic background. The careers department assists with applications, resume development, job leads and placements

ENVIRONMENTAL MODIFICATIONS (EMODS)

Environmental Modifications are adaptations to the home or property that are necessary to increase or maintain a person's ability to live at home with independence and assured safety. These adaptations address needs related to physical, behavioral, or sensory disabilities. This is a OPWDD Waiver service contact your Care Manager for more details.

AccessCNY

6666 Manlius Center Road **(315) 218-0844**
East Syracuse, 13057 www.accesscny.org

Central New York

Developmental Disabilities Regional Office (CNYDDRO)
187 Northern Concourse **(315) 473-5050**
N. Syracuse, 13212 www.opwdd.ny.gov

SELF-DIRECT, Inc.

12 Oswego Street **(315) 635-5374**
Baldwinsville, 13027 www.selfdirectinc.com

FAMILY EDUCATION & TRAINING

Family Education and Training (FET) is a HCBS Waiver service provided to the parent/guardian of whose children are under 18 years of age. Instructors that provide FET trainings should be recognized experts in their field and possess the appropriate credentials which are deemed satisfactory to the Central New York Developmental Disabilities Regional Office. Sessions are a minimum of two hours in length. Contact your Care Manager for arrangements or the FET provider agency listed below.

Exceptional Family Resources

1820 Lemoyne Avenue.....**(315) 478-1462 Ext. 337**
Syracuse, 13208 www.contactefr.org

We offer 8-10 classes per year, typically one per month from noon-2pm. Bring your lunch, we provide beverages. The class schedule is on our website. Registration is required. To receive notices of upcoming classes, call to be added to our email list.

INDIVIDUALIZED SUPPORT SERVICES

The Individualized Support Services (ISS) program is designed to help people live on their own rather than in a group home or with other family members. ISS provides funding which, in addition to individual's current income, helps to pay necessary bills. As few people have enough money to buy everything they want, each person will need to make some decisions between things that they really NEED (a place to live, clothes to wear, etc.) versus things they WANT but really don't need. All ISS recipients must meet OPWDD's (Office for People With Developmental Disabilities) eligibility guidelines including criteria about a person's living situation.

AccessCNY

6666 Manlius Center Road **(315) 218-0844**
East Syracuse, 13057 www.accesscny.org

Epilepsy-Pralid Inc. (EPI)

6493 Ridings Road, Suite 115 **(315) 477-9777**
Syracuse, 13206 www.epiny.org

L'Arche Syracuse

920 Spencer Street **(315) 479-8088**
Syracuse, 13204 www.larchesyracuse.org

LAUNCH

212 E. Manlius Street **(315) 870-9453**
E. Syracuse, 13057 www.ldacny.org

Onondaga Community Living (OCL)

518 James Street, Suite 110 **(315) 434-9597**
Syracuse, 13203 www.oclinc.org

Toomey Residential and Community Services

1654 W. Onondaga Street **(315) 424-1845**
Syracuse, 13204 www.ccoc.us

Unity House of Cayuga County, Inc.

31 Market Street.....**(315) 253-6227 Ext. 202**
Auburn, 13021 www.unityhouse.com

notes...

INTENSIVE BEHAVIOR SERVICES (IBS)

Intensive Behavior Services (IBS) specifically addresses the needs of families caring for a child or adult at home who is displaying challenging behaviors that threaten the capacity of the family to cope and result in increased risk for out of home placement. This service comprises a high quality, time-limited, intensive intervention that includes functional behavioral assessment, the development of a targeted behavior management plan, extensive training by clinicians to parents and other caregivers in the home, and transition planning activities. The goal of the service is to provide families with the behavior management skills necessary to achieve and maintain community stabilization, and allow the individuals continued participation in community programs, routines and activities. Agencies that provide this OPWDD Waiver service are listed below or contact your Care Manager for additional information.

Franziska Racker Centers

882 NYS Route 13 **(607) 753-9375**
Cortland, 13045 www.rackercenters.org

Oswego Industries, Inc.

7 Morrill Place **(315) 598-3108**
Fulton, 13069 www.oswegoindustriesinc.org

The Kelberman Center

Offices in Syracuse and Utica
2608 Genesee Street..... **(315) 797-6241**
Utica, 13502 www.kelbermancenter.org

OTHER BEHAVIOR SUPPORTS-NON WAIVER

AAPSA

1065 James Street Suite 210..... **(315) 732-3431**
Syracuse, 13203 www.AAPSA.net

ADHD & Autism Psychological Services and Advocacy, PLLC specializes in assessment and treatment of neurodevelopmental disorders including Attention-Deficit/Hyperactivity Disorder (ADHD) and Autism Spectrum Disorder (ASD). We also provide our expert services to children, adolescents, and adults with associated disorders including depressive and mood disorders; anxiety and trauma; substance abuse; learning and intellectual disabilities; and conduct disorders. We are also proud to announce our newest program, Little Grasshoppers Autism Day Program. Little Grasshoppers is dedicated to improving the lives of children with ASD. Our program is appropriate for children 18 months and older and is based on a full-day schedule. We provide an intensive level of positive support for children with ASD in order to teach new skills and reduce challenging behavior. Our goal is to prepare each child for a successful transition into a structured educational setting and everyday life activities.

AccessCNY

1603 Court Street..... **(315) 455-7591 Ext. 112**
Syracuse, 13208 www.accesscny.org

AccessCNY's offers Applied Behavioral Analysis (ABA) in the agency's preschool Exploring Your World. Services may support children with up to 30 hours a week of ABA services in the program with the goal of increasing communication, adaptive skills, like potty training, eating, dressing, brushing teeth; the service also focuses on school readiness, such as engaging in learning opportunities like circle time, completing tasks, and peer engagement. The service also works to reduce challenging behaviors; like tantrums, aggression and elopement. Services can include parent training, home or community assistance and support during the transition to kindergarten (depending on school district). ABA is covered by most private insurances (not Medicaid) call for details.

Applied Behavioral Counseling

75 South Clinton Ave.
510 Clinton Square **(585) 685-2385**
Rochester, 14604 www.appliedabc.com

Home Based Behavioral Therapy ABA for children and young adults ages 0-21. We strive to provide the best possible clinical techniques for children with ASD (Autistic Spectrum Disorder) and other pervasive developmental disorders. Parent training, workshops, assessments and special education supports. Autism services are covered by many insurance policies. We are currently adding more insurances that cover autism therapy every day so don't hesitate to ask if your insurance is accepted for autism therapy.

Autism Spectrum Related Disorders Clinic at Margaret L. Williams Developmental Evaluation Center

215 Bassett Street..... **(315) 472-4404**
Syracuse, 13210 www.developmentalevaluationcenter.com

An interdisciplinary team approach is used. Services focus on communication systems, sensory processing and organization, social and emotional skill building, play skills, behavioral needs, family adjustment, parenting groups, home and classroom supports. The clinic offers training and consultation to families and professionals working with children with autism spectrum disorders. Services for families who wish some help with parenting their child, professionals who are working with a specific child at home or school, professionals who are interested in further training and mentoring in providing appropriate services.

Center for Development, Behavior and Genetics/ SUNY Upstate

725 Irving Avenue, Suite 112..... **(315) 464-6395**
Syracuse, 13210 www.upstate.edu/gch

The Center for Development, Behavior, and Genetics provides comprehensive, innovative, family-centered health care. Our team of professionals advocate for and support patients and their families by promoting independence, respect, effective communication, and community collaboration. Center programs include: Autism and Child Development,

Medical Genetics, Metabolic Program, Physical Disabilities, and Spina Bifida. **Family Behavior Analysis Program** is comprised of services for both Severe Behavior Disorders and Feeding Disorders. **The Family Behavior Analysis Clinic** uses the basic principles of learning and behavior analysis to assess and treat behavior problems displayed by children with developmental disabilities. Children appropriate for this clinic are those who are at risk for a change in their living or school placement or whose behaviors put them or their family at serious risk for diminished health.

FEAT of CNY/Jigsaw Junction

7767 Oswego Road **(315) 452-0427**
Liverpool, 13090 www.featofcny.org

FEAT of CNY is a parent organization that provides Support Groups, Family Consultations, Kids Clubs and Playgroups, Parent Groups and Activities, Trainings and 1:1 Meetings with our Family Support Specialists, Crisis Intervention, and Consultations for Problem Behaviors. We run a Family Center where families can meet for all of these services, get together for Free Play time, or even rent it out for Autism Friendly Birthday Parties.



FEAT CNY
Autism Family Center
 7767 Oswego Rd.
 Liverpool, NY
 Kids Clubs, Support Groups,
 Crisis Intervention,
 Recreational Events
www.featofcny.org

SELF-DIRECT, INC.

12 Oswego Street **(315) 635-5374**
Baldwinsville, 13027 www.selfdirectinc.com

Serves people with TBI. Intensive Behavioral Program, Home and Community Support Services, Community Integration Counseling, Home and Community Support Services (HCSS).

notes...

RESPITE

Respite gives families and caregivers an opportunity for temporary relief of the daily responsibility of caring for a person who has a disability. Most agencies require OPWDD (Office for People With Developmental Disabilities) eligibility and HCBS Waiver eligibility.

AccessCNY-Spaulling Respite

1603 Court Street..... **(315) 455-7591**
Syracuse, 13208 www.accesscny.org

Respite gives caregivers a break from the day to day care needs of their family member. Short- term, planned respite services are available at a friendly supervised setting by trained staff who provide a level of care to meet the needs of each individual. The service requires OPWDD eligibility and HCBS Waiver enrollment. There are two locations.

-Crystal House **(315) 424-3851**
4302 East Genesee Street, Syracuse, 13214

-Guest House..... **(315) 478-5254**
241 Beattie Street, Syracuse, 13224

ARISE Child and Family Service, Inc.

(315) 635 James Street..... **(315) 472-3171**
Syracuse, 13203 www.ariseinc.org

Our Respite services give parents and care-givers a much-needed break. Whether you need to work, run errands, or just relax, we can provide safe supervision and a variety of social and recreational experiences to children and adults with disabilities. After-School Respite is available in Onondaga and Madison County. In-Home Respite is available in Madison, Onondaga & Oswego Counties. Camp Respite offered in Madison County.

Casey's Place

228 LaFayette Road **(315) 492-9990**
Syracuse, 13205 www.elmcrest.org

Site-based planned respite for children with developmental disabilities and/or severe medical conditions ages birth to 21. Overnight respite includes weekends and summers, day respite includes afterschool, teen, school breaks and summers. Children must be OPWDD eligible.

Catholic Charities Neighborhood Centers

1654 W. Onondaga Street **(315) 424-1800**
Syracuse, 13204 www.ccoc.us

-Bishop Foery Foundation

100 Edmund Avenue, Syr., 13205 **(315) 475-8316**

-Hawley Youth Organization

716 Hawley Avenue, Syr., 13203 **(315) 472-6343**

-Northside CYO

527 N. Salina Street, Syr., 13208 **(315) 474-7428**

-Vincent House

500 Seymour Street, Syr., 13204 **(315) 475-9844**

-Westmoreland Park

130 Westmoreland Avenue, Syr., 13224 **(315) 473-6754**

Exceptional Family Resources

1820 Lemoyne Avenue..... (315) 478-1462
Syracuse, 13208 www.contactefr.org

Take A Break Family Respite Services- provides in-home respite for children with developmental disabilities and any siblings they may have. The agency will recruit, screen and train a Direct Support Professional(DSP), then match them with a family who is enrolled in the service.

OPWDD eligibility required.

Project Explore- is a summer and winter recreational respite service for youth ages 13-21 with developmental disabilities. The service runs weekdays, the end of June through mid-August and one week in the winter. Youth enjoy typical recreational activities each day of service. OPWDD eligibility and enrollment in the HCBS Medicaid Waiver are required.

Waiver Respite Services- provides a break for the parents and caregivers of children with developmental disabilities. The agency recruits, screens, and trains Direct Support Professionals, then matches them with individuals who are enrolled in the service. We offer a variety of in-home and recreational respite opportunities for people of all ages. OPWDD eligibility and enrollment in the HCBS Medicaid Waiver are required.

H.O.M.E., Inc.

831 James Street (315) 472-5110
Syracuse, 13203 www.homeincny.org

After-school respite program to individuals ages 10-22 and the hours of operation are Monday through Friday 2pm-6pm.

The Kelberman Center

Offices in Syracuse and Utica

2608 Genesee Street(315) 797-6241
Utica, 13502 www.kelbermancenter.org

ADDITIONAL RESPITE SERVICES**David's Refuge**

8195 Cazenovia Road (315) 682-4204
Manlius, 13104 www.davidsrefuge.org

David's Refuge offers parents of children with special needs or a life threatening illness the opportunity to be refreshed, restored and renewed through our 2-night all expense paid respite weekend service and multiple year round events designed to empower and care for the caregiver. Our overnight respite services are offered in 25 Bed and Breakfast locations in New York State. You can find our application, a full listing of locations and details on our website.

Dunbar Center

1453 S. State Street..... (315) 476-4269
Syracuse, 13205 www.dunbarassociation.org

Our goal is to provide after school and respite programming to children ages 5-19, that will help enhance and produce well rounded youth that exhibit logical thoughts and are better prepared to enter the work force and/or institutions of higher learning.

Hutchings Child & Adolescent Respite House

Information Line.....(315) 426-7759
Make a Referral.....(315) 426-7770

This program serves youth, ages 10-17, who currently receive mental health services or who are at risk of, or are currently experiencing, an emotional/behavioral crisis due to events in the person's environment. Examples of such events include, but are not limited to, family problems, loss of relationships, abuse, neglect and problems in school. This is a voluntary and free service for families. The family and youth must agree to admission. Anyone involved in the child's care can make a referral.

PEACE, Inc.**Emma L. Johnston South Side Family Resource Center – Project Connection Program**

136 Martin Luther King West (315) 470-3342
Syracuse, 13205 www.peace-caa.org

Family support staff works with families of children age 5-14 with intellectual and developmental disabilities including Autism, Cerebral Palsy, Down syndrome, Genetic Syndromes, Muscular Dystrophy, Epilepsy and other medical disabilities. Some areas of support include: after-school respite, summer youth, family advocacy, outreach, recreation, art, health, and wellness.

ADAPTIVE EQUIPMENT**AccessCNY**

1603 Court Street (315) 410-3336
Syracuse, 13208 www.accesscny.org

Adaptive equipment available for loan.

ARISE Child and Family Service, Inc.

635 James St (315) 472-3171
Syracuse, 13203 www.ariseinc.org

Adaptive equipment available for loan. Adaptive Design making user-specific items.

AURORA of Central New York, Inc.

518 JamesStreet.....(315) 422-7263
Suite 100 **TDD (315) 422-9746**

Syracuse, 13203 www.auroraofcny.org

Assistive devices for individuals with vision/hearing loss; talking watches, large print materials, flashing safety devices and household supplies.

notes...

AFTER SCHOOL PROGRAMS

Boys and Girls Club of Syracuse

Administration (315) 472-6714
 Syracuse, 13224 www.BGCSyracuse.org
 2100 E. Fayette Street (315) 472-6727
 201 Hamilton Street (315) 468-0521

The Boys & Girls Club is a youth development agency whose goal is to inspire and enable all young people in the Syracuse area, especially those who need us most, to realize their full potential as productive, responsible and caring citizens. Call administrative offices for programs and sites in other neighborhoods.

Casey's Place

228 Lafayette Road (315) 492-9990
 Syracuse, 13205 www.elmcrest.org

After school site-based respite for children ages 3 to 21 with developmental disabilities and/or medical conditions who qualify for OPWDD services.

Catholic Charities Neighborhood Centers

1654 W. Onondaga Street (315) 424-1800
 Syracuse, 13204 www.ccoc.us

-Bishop Foery Foundation

100 Edmund Avenue, Syracuse, 13205.....(315) 475-8316

-Hawley Youth Organization

716 Hawley Avenue, Syracuse, 13203..... (315) 472-6343

-Northside CYO

527 N. Salina Street, Syracuse, 13208..... (315) 474-7428

-Vincent House

500 Seymour Street, Syracuse, 13204 (315) 475-9844

-Westmoreland Park

130 Westmoreland Avenue, Syr., 13224.....(315) 473-6754

Child Care Solutions

6724 Thompson Road (315) 446-1220
 Syracuse, 13211 www.childcaresyracuse.org

Provides parents with referrals to child care centers, family child care homes, before and after-school programs, nursery schools and summer camps. It also mails written materials to help parents choose a child care program which best meets their family needs.

Dunbar Center

1453 S. State Street (315) 476-4269
 Syracuse, 13205 www.dunbarassociation.org

Our goal is to provide after-school and respite programming to children ages 5-19, that will help enhance and produce well-rounded youth that exhibit logical thoughts and are better prepared to enter the work force and/or institutions of higher learning.

Girls Incorporated of CNY (YWCA)

401 Douglas Street..... (315) 474-0746
 Syracuse, 13203 www.ywca.org

After-school integrated programs, summer camp, financial aid and scholarships available, accepts DSS subsidies.

H.O.M.E., Inc.

(Humanitarian Organization for Multi-cultural Experience)
 831 James St. (315) 472-5110

Syracuse, 13203 www.homeincny.org

Provides after-school respite.

Huntington Family Center

405 Gifford Street (315) 476-3157
 Syracuse, 13204 www.huntingtonfamilycenters.org

Youth after-school program.

Jewish Community Center

5655 Thompson Road (315) 445-2360
 Dewitt, 13214 www.jccsyr.org

Provides support for after-school and summer programming for children with disabilities in grades K-6.

North Area Family YMCA

4775 Wetzel Road (315) 451-2562
 Liverpool, 13090 www.ymcaofgreatersyracuse.org/northarea

Programs and services for youth, adults, families, and seniors. Sports and leagues, water and studio aerobic classes, strength training and cardiovascular workouts, summer camp, day care, before and after-school care, family fun events, racquetball, volleyball, swimming, teen activities, nursery school, and more. YKids Inc. is an inclusion program to involve children with disabilities into activities with their peers.

PEACE, Inc. Family Resource Centers

Administration Office
 217 S. Salina Street, 2nd Fl..... (315) 470-3300

Syracuse, 13202 www.peace-caa.org

-Eastside Family Resource Center (ESFRC)

202 South Beech Street
 Syracuse, 13210 (315) 470-3325

-County South Family Resource Center (CSFRC)

12 Clinton Street
 Tully, 13159 (315) 696-8203

-County West Family Resource Center (CWFRFC)

93 Syracuse Street #700
 Baldwinsville, 13027 (315) 638-0938

-Southside Family Resource Center (SSFRC)

136 Martin Luther King West
 Syracuse, 13205 (315) 470-3342

-Westside Family Resource Center (WSFRC)

200 Wyoming Street
 Syracuse, 13204 (315) 470-3352

AGENCIES

Spanish Action League of Onon. Co., Inc.

700 Oswego Street (315) 475-6153
Syracuse, 13204 www.laligaupstatecny.org
Bilingual information and assistance is mainly directed toward the Latino population, but all clients are assisted regardless of their ethnic background. The after-school program staff conduct proactive interventions with at-risk youth and their families, assists with homework, creates enrichment activities in partnership with La Casita Cultural Center and SU, and enables youth to participate in putting together and performing plays through La Joven Guardia del Teatro Latino.

Syracuse Model Neighborhood Facility, Inc.

Southwest Community Center
401 South Avenue (315) 474-6823
Syracuse, 13204 www.swccsyr.org
After-school and day-long summer sessions.

The Kelberman Center

Offices in Syracuse and Utica
2608 Genesee Street..... (315) 797-6241
Utica, 13502 www.kelbermancenter.org/events
The Kelberman Center offers both center-based and community-based after-school activities in locations across Central New York. Many groups and activities can be accessed with Community Hab and/or Respite units, as well as being open to all with private pay options. Visit our website for current programs and activities.

Westcott Community Center

826 Euclid Avenue (315) 478-8634
Syracuse, 13210 www.westcottcc.org
Committed to address inclusion, the Center offers programs and services including; senior services Golden Cafe for daily lunch and socialization, dinners and classes, the Neighborhood Advisor program, and fitness classes. Recreation programs for all ages including Euclid Recreation Club, dances with live music and activities. Our Kid's Club after-school program welcomes youth ages 8-14 with disabilities.

Whole Me, Inc.

1010 James Street (315) 468-3275
Syracuse, 13209 www.wholemeinc.com
Promotes an integrated approach to lifelong learning for deaf, hard-of-hearing, young adults, and their families. Provides access to educational, social and community resources. After-school programs for deaf/hh and hearing children; may have additional disabilities.

AccessCNY

1603 Court Street (315) 455-7591
Syracuse, 13208 www.accesscny.org
AccessCNY delivers dynamic person-centered services to Central New Yorkers of all ages and abilities. Services are available for individuals with physical and developmental disabilities, acquired brain injuries and/or mental health issues. A range of services for those with a physical or developmental disability include: adaptive equipment, advocacy, assistive technology, augmentative communication, certified residential settings, community and day habilitation, consumer directed personal assistance, environmental modifications, family and individual supports, home and community based supports, housing supports, inclusive preschool education, individualized support services, occupational and physical therapy, sensory integration therapy, respite, speech and language therapy and supported employment. A structured day program is available to those who have sustained an acquired brain injury. Mental Health Services at AccessCNY include: community supports, family and individual supports, housing assistance, peer-run drop in center and peer-run crisis respite home. Social skills training, supported education and supported employment. All services are aimed at empowering individuals to reach their personal goals whether at home, school, work or play.

ACR Health (Access Care and Resources for Health)

627 West Genesee Street..... (315) 475-2430
Syracuse, 13204 www.ARCHHealth.org
ACR Health provides support services to individuals with chronic diseases, including HIV/AIDS, diabetes, heart disease, obesity, asthma, substance use disorders, and serious mental illnesses, with the goal of positive health outcomes. ACR Health provides a wide variety of targeted prevention and sexual health services to individuals, from youth through adulthood. Serves the counties of Cayuga, Herkimer, Jefferson, Lewis, Madison, Oneida, Onondaga, Oswego, and St. Lawrence in New York State.

Advocates, Inc.

290 Elwood Davis Road (315) 469-9931
Liverpool, 13088 www.advocatesincorporated.org
A parent-based organization offering support services to individuals with disabilities and their families as they navigate the complexities of the legal, social, medical and educational systems. Advocates specializes in assisting individuals with acquiring individualized supports through self-directed services; providing person-centered planning, fiscal management, broker services and support staff to provide 1:1 support at home and in the community. Services include: information and referral, advocacy, family training, family recreation, and family reimbursement.

notes...

Arc of Onondaga

600 S. Wilbur Avenue **(315) 476-7441**
Syracuse, 13204 www.arcon.org

Offers a wide array of services for children, youth and adults with developmental disabilities including: early intervention, preschool and day care, universal pre-k, recreation, autism services and supports, supported and competitive employment, enhanced day habilitation, corporate guardianship, respite reimbursement, senior retirement, and residential habilitation.

ARISE Child and Family Service, Inc.

(315) 635 James Street **(315) 472-3171**
Syracuse, 13203 www.ariseinc.org

ARISE works to ensure that every person, regardless of disability, has the power to make life choices and achieve their dreams. As the local non-profit Independent Living Center for Onondaga, Oswego, Madison, Cayuga, and Seneca counties, many of the agency's services are available to people of all ages who have any type of disability. The agency's 50+ programs are focused on removing barriers, sustaining needs, strengthening skills, and enriching the lives of people with disabilities across Central New York. Programs include: Habilitation Programs, Mental Health Therapy, Employment Programs, Consumer-Directed Personal Assistance, Advocacy (Health Care, Housing, Benefits, and Education), Information and Referral, Inclusive Recreation and Adaptive Design.

AURORA of Central New York, Inc.

518 James Street **TDD (315) 422-9746**
Suite 100..... **(315) 422-7263**
Syracuse, 13203 www.auroraofcny.org

Offers a wide range of services to individuals who are blind, visually impaired, deaf or hard of hearing in Onondaga and contiguous counties, and their families. Services include: instruction in daily living skills; safe/independent travel training; instruction in adaptive technology for people with vision loss; information and referral; social work; outreach; support groups; Pre-College and work readiness training programs, vision/hearing screening and Sign Language Interpreting through the Marjorie Clere Interpreter Referral Services.

Brain Injury Association of NYS-Central Region

Onondaga County **(315) 453-7120**
Liverpool, 13088 www.bianys.org

Family Advocacy Counseling Training Services (FACTS) Provides assistance locating appropriate community services, and accessing financial entitlements; sponsors support groups for individuals and family members; and offers education and advocacy regarding TBI. Serves individuals who sustained a brain injury prior to age 22, and their families.

Brain Injury Coalition of Central New York

420 E. Genesee Street **(315) 425-5364**
Syracuse, 13202 www.bic-cny.org

The BIC is comprised of brain injury survivors, family members and community organizations which provides education, resources, activities and a support group.

Catholic Charities of Onondaga County

1654 W. Onondaga Street **(315) 424-1800**
Syracuse, 13204 www.ccoc.us

Catholic Charities of Onondaga County is one of the area's leading not-for-profit human services agencies, providing compassionate care and advocacy for all people in need, regardless of religion, race, ethnicity, or nationality. The agency's programs focus on children and families, at-risk youth, refugees, the homeless, those in need of emergency assistance, and the elderly, as well as disadvantaged, addicted, and/or developmentally disabled individuals.

Cayuga Centers

101 Hamilton Avenue..... **(315) 253-5383**
Auburn, 13031 www.cayugacenters.org

Cayuga Centers' Services for People with Developmental Disabilities offers support programs for residents of all ages residing in Cayuga County and surrounding areas. Our dedicated staff of Direct Support Professionals are extensively trained to make valued outcomes real, meet individuals' goals in a safe and interactive environment, and give families and caregivers a much needed break

Central New York**Developmental Disabilities Regional Office (CNYDDRO)**

187 Northern Concourse **(315) 473-5050**
N. Syracuse, 13212 www.opwdd.ny.gov

CNYDDRO is an agency of the New York State Office for People With Developmental Disabilities (OPWDD). Central New York DDRO works in partnership with families, voluntary agencies, and local governments to design, develop, and deliver programs and services that meet the needs of each individual and his or her family. Provides residential, habilitative, vocational, and support services; home modification, counseling, recreation, respite, advocacy, life planning, clinical services, and referrals to community agencies for people with developmental disabilities and their families. Serving Cayuga, Cortland, Herkimer, Lewis, Madison, Oneida, Onondaga and Oswego Counties.

Central New York Services, Inc.

518 James Street, Suite 240 **(315) 478-2453**
Syracuse, 13203 www.cnysservices.org

Central New York Services, Inc. (CNYS) is a Behavioral Health Organization dedicated to improving the quality of life for individuals and families. Created to serve our most at-risk community members, CNYS provides services to program participants struggling with mental health and substance abuse issues, poverty, and homelessness. Our Mission is to provide caring and compassionate services to individuals with

behavioral health needs by embracing their strengths, needs, abilities and preferences and helping the person to realize his or her goals. A person-centered organization, CNYS provides supportive services while respecting the right of each individual to make their own life choices. We are committed to providing the highest quality of service and utilizing the most cost effective delivery models. Due to consumer demand, our services have grown to include housing, residential, clinical (including mental health and substance abuse counseling), forensic, and financial management.

CNY Quest

1065 James Street, Suite 210 (315) 732-3431
Syracuse, 13203

Central New York Quest’s mission is to enrich the lives of people with developmental, intellectual, and mental health disorders by providing comprehensive, state-of-the-science assessment and treatment services; facilitating systemic improvements in services and education; supporting and advocating for individuals in their quest for achieving their optimal potential, and enhancing community supports, awareness and education.

Circare

620 Erie Blvd West, Suite 302 (315) 472-7363
Syracuse, 13204 www.cir.care

Circare supports individuals and families in identifying and achieving behavioral and physical health and wellness goals. Circare offers care management for adults and children, outpatient behavioral health treatment, peer services, vocational services, care coordination and crisis intervention for youth and families, Home and Community Based Services for HARP plan beneficiaries, and Assertive Community Treatment. Circare’s core value of providing person-centered services is embedded in all programs and promotes personal choice, respect for diversity, individuality, and community inclusiveness.

Community Options, Inc.

216 W. Manlius Street..... (315) 431-9859
E. Syracuse, 13057 www.comop.org

Specializes in Residential, Day Program, and Employment Services for individuals with traumatic brain injuries and other disabilities. The agency provides services under the Office for People with Developmental Disabilities- Medicaid Waiver and the Department of Health- Traumatic Brain Injury and Nursing Home Transition and Diversion Waiver and ACCES-VR.

Contact Community Services, Inc.

6311 Court Street Road..... (315) 251-1400
East Syracuse, 13057 www.contactsyracuse.org

Contact is dedicated to suicide awareness and prevention with free, confidential and 24/7 counseling and trainings that advance positive behavior and social, emotional and mental health for youth and adults. Contact’s 24/7 crisis and suicide prevention services include the local Crisis Counseling

Hotline; National Suicide Prevention Lifeline; Crisis Chat online service; Telecare service for homebound residents; Crisis Center Follow-up; and 211CNY (www.211cny.com), an information and referral line for basic needs, human services, developmental disability services and mental health services. Contact also offers school-based services with programs in grades K-12 that develop students’ social, emotional, behavioral and mental health skills. And Contact provides community trainings, including Mental Health First Aid, Anger Management and Children 1st for separating or divorced couples. Contact is also home to the Sudden Infant and Child Death Resource Center.

Elmcrest Children’s Center

960 Salt Springs Road..... (315) 446-6250
Syracuse, 13224 www.elmcrest.org

Residential and community-based services to children and families that meet their needs. Education services, counseling, respite, preschool and emergency foster care.

-Bridges to Health meets the need of children in foster care who are at risk of being placed in long-term institutional care. Services provided in multiple NYS counties. Services include case management (HCI) and Waiver services providers (WSP) offering direct services to children based upon their needs. Children must be in the custody of DSS of OCFS to qualify and have a documented mental health, developmental, or severe medical diagnosis.

-Health Home Management services are available for children in central NY. Children must be Medicaid eligible and have a developmental, mental health or medical diagnosis that is impacting their ability to function in the daily lives. Children who have experienced complex trauma and do not have a diagnosis are also eligible to participate in this program. Care Management provides a single point of contact to manage, on a continuous basis, all of the unique medical, behavioral, and social needs of families.

Epilepsy-Pralid Inc. (EPI)

6493 Ridings Road, Suite 115 (315) 477-9777
Syracuse, 13206 www.epiny.org

Epilepsy-Pralid, Inc. (EPI) is a person-centered agency proudly supporting individuals across Onondaga, Oswego, Oneida, Cayuga, Cortland, and Herkimer Counties who have been found eligible for services and supports through OPWDD. What we can offer you through the Syracuse/ Central New York office includes Fiscal Intermediary (Self-Direction), Community Habilitation (w/ option to self-direct), Community Education and Advocacy, Family Support Services (which can include reimbursement for allowed goods and services), Service Access (finding supports in your community that could be beneficial) and Individualized Support Services. In addition, an Epilepsy Support Group is conducted once per month through the Community Education department and remains open to the public. People supported and eligible through OPWDD are also welcome and encouraged to attend EPI’s Camp EAGR and Camp COAST, which occur annually every August

and provide a week-long opportunity for those affected by epilepsy to socialize and be active amongst supportive peers and staff.

Exceptional Family Resources (EFR)

1820 Lemoyne Avenue..... (315) 478-1462
Syracuse, 13208 www.contactefr.org

Exceptional Family Resources' mission focuses on forming true partnerships with people with disabilities and their families through services and supports which enhance lives and foster community acceptance. We do this through a person-centered approach in an array of individualized and community-based services in Onondaga County, including but not limited to: self-directed services, including broker and fiscal intermediary, community habilitation, and service access assistance, advocacy, information and referral, prevocational and supported employment services, family support reimbursement, recreation, and a variety of different respite services.

H.O.M.E., Inc.

(Humanitarian Organization for Multi-cultural Experience)
831 James Street (315) 472-5110
Syracuse, 13203 www.homeincny.org

H.O.M.E Inc., has six programs and two housing complexes designed to provide quality services to people with developmental disabilities, housing opportunities, supportive apartments, family care, day habilitation, community habilitation, pre-vocational and after school respite programs.

LAUNCH

212 E. Manlius Street (315) 432-0665
E. Syracuse, 13057 www.ldacny.org

Serves individuals with learning disabilities, developmental disabilities, ADHD, autism, other related disorders and traditional learners. Provides information and referral to community supports, educational advocacy, employment services, summer programs for children and teens, recreational groups for teens and young adults, independent living for adults through community habilitation.



LAUNCH
Fueling Individualized Learning

LAUNCH partners with children and adults to provide individualized services that foster learning, independence and growth.

www.launchcn.org
315.432.0665
212 East Manlius St.
East Syracuse, NY 13057



Liberty Resources, Inc.

1045 James Street (315) 425-1004
Syracuse, 13203 www.liberty-resources.org

Liberty Resources offers progressive services in the least restrictive, most community-based setting possible for each individual. All people deserve the opportunity to make decisions regarding their lives and to achieve their highest potential. These beliefs are demonstrated in the value and support shown to those served as well as to the staff of Liberty Resources. We provide a wide variety of behavioral health services for children, adults, and families, including services for people with disabilities. Programs for people with developmental disabilities include self-direction, day habilitation, community habilitation, employment support, supportive apartments and Individual Residential Alternatives. Serving Madison, Onondaga, Oswego, Cayuga and Cortland Counties.

Onondaga Community Living (OCL)

518 James Street, Suite 110 (315) 434-9597
Syracuse, 13203 www.oclinc.org

At OCL we have been helping persons with Intellectual and Developmental Disabilities (I/DD) since 1987. The agency was formed by families of persons with I/DD and other concerned citizens who wanted something better than institutionalization and cookie cutter services for their loved ones. We continue to have persons and families who receive services on our governing board. We want to be helpful! Our agency offers person-centered individualized Community Habilitation, Employment, Volunteer Experiences and College Access. Including, Support Broker, Fiscal Intermediary, Agency Supported Self-Direction and Self-Hire Self-Direction Services. We assist with Live in Caregiver and Housing Subsidies through Individualized Support Services (ISS). Now serving Onondaga, Oswego, and Cayuga counties with some limited offerings in counties contiguous to Onondaga. Call us to inquire about our services! We will call you back!

PEACE, Inc.

217 S. Salina Street, 2nd floor (315) 470-3300
Syracuse, 13202 www.peace-caa.org

Serves low income families, offering many programs for families & individuals of all ages. For youth, such as Big Brothers/Big Sisters, Head Start and Early Head Start, community and Family Resource Centers; for seniors, such as community and Family Resource Centers, energy and housing (weatherization), information & assistance, foster grandparent program and senior nutrition; and family services such as energy and housing (weatherization), income tax preparation and community and Family Resource Centers. Family Resource Centers throughout the city and county provide emergency assistance, crisis interventions, and supportive services, advocacy, education, and family development.

Salvation Army

677 S. Salina Street (315) 475-1688
Syracuse, 13202 www.sasyr.org

Offers counseling, emergency housing care and material assistance to individuals and families; safe, affordable supervised apartments for young mothers ages 16-21 and their children. Comprehensive youth services include residential care and counseling for runaway and homeless youth; counseling and case management for pregnant or parenting teens; Youth Community Center; PRISM program; shelter and transitional housing services for older troubled youth and their families. Also provides a senior citizens' nutrition and socialization program for people age 45-60 with developmental disabilities living alone or with their families; day care centers; residential camping for children, families and the elderly; emergency disaster relief.

SELF-DIRECT, Inc.

12 Oswego Street (315) 635-5374
Baldwinsville, 13027 www.selfdirectinc.com

Serves people with TBI with a wide variety of services: Independent living skills training and environmental modifications, Intensive Behavioral Program, Home and Community Support Services, Community Integration Counseling, Home and Community Support Services.

Spanish Action League of Onon. Co., Inc.

700 Oswego Street (315) 475-6153
Syracuse, 13204 www.laligaupstatecny.org

Bilingual information and assistance mainly directed toward the Latino population, but all clients are assisted regardless of their ethnic background. Currently, the League has careers, language (interpretation and translation), family services (breast cancer case management, domestic violence prevention and advocacy for victims, and advocacy for disabled clients), youth (afterschool) and theater, and housing (first-time home buyers classes, eviction prevention and landlord/tenant mediation, foreclosure assistance) departments.

Starbridge

1650 South Avenue, Suite 200 (315) 345-2555
Toll Free Phone (800) 650-4967
Rochester, 14620 www.starbridgeinc.org

Starbridge partners with people with disabilities, their families, and others who support them, to realize fulfilling possibilities in education, employment, health, and community living. Together, we transform communities to include everyone. Our main office is located in Rochester.

Our Parent Training & Information Center serves all of NYS except for the 5 boroughs of NYC and Long Island. In Central NY, our Family Education Specialist works with families of students who have disabilities or suspected disabilities to navigate school systems and policies, to understand laws governing special education, to improve educational outcomes, and to build positive family-school relationships. We offer advocacy trainings and workshops for families and professionals.

Syracuse Jewish Family Service, Inc.

4101 E. Genesee Street (315) 445-9111
Syracuse, 13214 www.sjfs.org

Services for special populations include consultation, comprehensive assessments and care management for older adults and individuals with special needs. We provide services to those who wish to live independently in the community, and individuals seeking housing that require supportive services. Additional services are care management, counseling, financial case management and Kosher Meals on Wheels.

Syracuse Model Neighborhood Facility, Inc.

Southwest Community Center
401 South Avenue (315) 474-6823
Syracuse, 13204 www.swccsyr.org

Provides a network of human services to residents of the low-income neighborhood of southwest inner-city Syracuse. Through special events, outreach efforts, prevention, intervention, employment and educational services, support, peer, and mentoring groups, and collaborative programs, people throughout the city interact with and benefit from agency services

Starbridge

1650 South Avenue (315) 345-2555
Suite 200.....(800) 650-4967
Rochester, 14620 www.starbridgeinc.org

Starbridge partners with people with disabilities, their families, and others who support them, to realize fulfilling possibilities in education, employment, health, and community living. Together, we transform communities to include everyone. Our main office is located in Rochester.

Our Parent Training & Information Center serves all of NYS except for the 5 boroughs of NYC and Long Island. In Central NY, our Family Education Specialist works with families of students who have disabilities or suspected disabilities to navigate school systems and policies, to understand laws governing special education, to improve educational outcomes, and to build positive family-school relationships. We offer advocacy, special education, and disability awareness workshops for families and professionals. We also support youth and families in Transition planning.

The Kelberman Center

Offices in Syracuse and Utica
2608 Genesee Street.....(315) 797-6241
Utica, 13502 www.kelbermancenter.org

The Kelberman Center bears the name of a family committed to excellence. Dr. Michael Kelberman and his family are dedicated to the advancement of individuals with Autism Spectrum Disorder (ASD) and led the creation of the Kelberman Center as a not-for-profit organization in 2005. The Kelberman Center is now serving more than 500 families across six counties in Central New York. An affiliate of Upstate Caring Partners, today The Kelberman Center employs more than 200 full- and part-time staff and provides services and support for people affected by ASD throughout the lifespan, from diagnoses and preschool to

adult living. The Center focuses on supporting individuals, families and the community through six core program areas, including Community Based Services, Education, Supporting Families, Clinic & Counseling, Social Groups & Recreation, and Long Term Support & Residential Options. For more information visit our website.

Toomey Residential and Community Services

1654 W. Onondaga Street (315) 424-1845
Syracuse, 13204 www.ccoc.us

Toomey Residential and Community Services is an organization providing a continuum of community-based clinical treatment services and programs for children, adolescents, adults and their families. Programs include: agency boarding homes, children’s community residence, foster care services, intermediate care facilities, home and community-based Waiver services.

Whole Me, Inc.

1010 James Street..... TTY (315) 468-3275
Syracuse, 13209 www.wholemeinc.com

Promotes an integrated approach to lifelong learning for deaf, hard-of-hearing, young adults, and their families. Provides access to educational, social and community resources. Programs promote cultural diversity, literacy development, transition and life skills training, employment opportunities and socialization. After-school programs for deaf/hh and hearing children. Parent advocacy, referral and resource support; sign language classes; NYRELAY/711 Telecommunication Information Training Services and Mentoring Opportunities.

Winds of Agape, Inc.

1414 Grant Blvd., (315) 425-0547
Syracuse, 13208 www.windsofagape.com

Assists people with brain injuries and other disabilities. Provides emergency food, beds, and empowerment programs, including job training, employment through the Winds of Agape Home Care Agency, community education, adult day program and respite care.

notes...

ASSISTIVE TECHNOLOGY

Assistive Technology (AT) is any computerized device or piece of equipment used to maintain or improve a person’s functional capabilities. For students, a school district’s speech language therapist, physical and/or occupational therapist may be able to help identify appropriate equipment and/or technology. Funding for assistive technology can come from many sources, including Medicaid, Medicare, school districts, private insurance, or private sources. This section suggests places to find information and funding, as well as resources for assistive technology.

ARISE Child and Family Service, Inc.

635 James St (315) 472-3171
Syracuse, 13203 www.ariseinc.org

Adaptive equipment available for loan. Adaptive Design making user-specific items.

AURORA of Central New York, Inc.

518 James Street..... TDD (315) 422-9746
Suite 100..... (315) 422-7263

Syracuse, 13203 www.auroraofcny.org

Assistive devices for individuals with vision/hearing loss; talking watches, large print materials, flashing safety devices and household supplies.

Central New York

Developmental Disabilities Regional Office (CNYDDRO)

187 Northern Concourse..... (315) 473-5050
N. Syracuse, 13212 www.opwdd.ny.gov

Provides technology evaluations and information on adaptive equipment and possible funding sources.

Institute on Communication and Inclusion at Syracuse University

370 Huntington Hall, S.U. (315) 443-9379
Syracuse, 13244 ici.syr.edu

Facilitated communication is an alternative means of expression for people who cannot speak or whose speech is highly limited (e.g. echoed, limited to one or a few word utterances) and who cannot point reliably. The Institute conducts research, training and public education, including documentaries and training videos. Parents and educators may contact the institute for information.

notes...

Disorder) and other pervasive developmental disorders. Parent training, workshops, assessments and special education supports. Autism services are covered by many insurance policies. We are currently adding more insurances that cover autism therapy every day so don't hesitate to ask if your insurance is accepted for autism therapy

Arc of Onondaga-Horizons Clinic

600 S. Wilbur Avenue (315) 476-7441
Syracuse, 13204 www.arcon.org
Clinic provides therapeutic, clinical services to individuals with developmental disabilities, age 4 and up. A division of Arc of Onondaga, Horizons is a freestanding, Article 16 Clinic certified by New York State.

ARISE Child and Family Service Inc.

635 James Street (315) 472-3171
Syracuse, 13203 www.ariseinc.org
An Office of Mental Health (OMH) certified Outpatient Mental Health Clinic serving children, adolescents, and adults with mental health, behavioral, and family issues. Individual, family, and group therapy as well as psychiatric services provided. Specialized services include crisis pregnancy, anger management, domestic violence, integrated behavioral health services, early recognition screening, and child abuse prevention counseling. Also provides school-based and community-based mental health services.

Autism Spectrum Related Disorders Clinic at Margaret L. Williams Developmental Evaluation Center

215 Bassett Street..... (315) 472-4404
Syracuse, 13210 www.developmentalevaluationcenter.com
An interdisciplinary team approach is used. Services focus on communication systems, sensory processing and organization, social and emotional skill building, play skills, behavioral needs, family adjustment, parenting groups, home and classroom supports.

Catholic Charities

1654 W. Onondaga Street (315) 424-1840
Syracuse, 13204 www.ccoc.us
Counseling and psychotherapy for adults, couples and families. Sliding scale. Outreach locations at East Syracuse, Manlius, and neighborhood centers. Better Beginnings provides psychotherapy and case management to parents with chronic mental illness and their children 5 years old and under.

Center for Community Alternatives, Inc. (CCA)

115 East Jefferson Street..... (315) 422-5638
Syracuse, 13202 www.communityalternatives.org
CCA provides community-based alternatives to incarceration programming. CCA offers recovery services, employment-related services, jail-based services, sentencing mitigation, legal services for civic restoration and services to youth including; Student Advocacy, Transition Coach, Violence Prevention, After School at PSLA High School. Supportive and emergency housing will soon be available.

Central New York Services, Inc.

518 James Street, Suite 240 (315) 478-2453
Syracuse, 13203 www.cnysservices.org

-Dual Recovery Program (DRP): This NYS Office of Alcohol and Substance Abuse Services (OASAS) Licensed Chemical Dependency Clinic offers Integrated Dual Diagnosis Treatment for chemical dependency and mental health issues. We serve individuals with co-occurring disorders or primary substance abuse. Services include but are not limited to: group therapy sessions selected for each individual; 1:1 sessions with counselors; individualized treatment planning; specialized programming including family therapy, forensic, and DWI programming; Medication Supported Recovery including Suboxone Replacement Therapy

-PROS (Personalized Recovery Oriented Services):

Licensed by the New York State Office of Mental Health (OMH), PROS (Personalized Recovery Oriented Services) is a comprehensive recovery-oriented model of care for individuals with severe and persistent mental health conditions and/or substance abuse issues. This evidence-based approach allows treatment, rehabilitation, and support services to be fully integrated. The PROS model emphasizes restoring the skills and supports necessary for participants to live independently, and assisting in the achievement of specific life roles and goals such as furthering education or securing employment.

-Choices: Choices serves adolescents ages 13-23 with serious emotional and behavioral challenges. The program provides an outpatient substance abuse treatment clinic for individuals with co-occurring mental health disorders or other life issues. Choices follows the Seven Challenges Program, which was designed specifically for adolescents with drug problems. The focus is on motivating a decision and commitment to change. The idea is to meet individuals where they are in their life stage, work to support them, and strive for honesty and engagement.

Circare

620 Erie Blvd West, Suite 302 (315) 472-7363
Syracuse, 13204 www.cir.care

Circare's Outpatient Behavioral Health Clinic provides clinical and therapeutic services to individuals seeking behavioral health interventions. Circare also provides care management for adults and children. Care Managers work with individuals to develop and maintain a person-centered comprehensive plan for accessing and using community services and supports to promote well-being. Other programs at Circare include peer services, vocational services, care coordination and crisis intervention for youth and families, Home and Community Based Services for HARP plan beneficiaries, and Assertive Community Treatment.

Contact Community Services, Inc.

6311 Court Street Road..... (315) 251-1400
East Syracuse, 13057 www.contactsyracuse.org

Contact operates the free, confidential and 24/7 crisis and suicide prevention Hotline at (315) 251-0600 (or 877-400-8740 if you live in Cayuga County). Contact's other

counseling and outreach services include the Crisis Chat online service, and the Telecare service for homebound residents. Mental health services include a variety of suicide prevention trainings (visit website for more information), and Mental Health First Aid classes where participants learn how to aid youth and adults in crisis before they can receive professional help.

Elmcrest Children's Center

960 Salt Springs Road..... **(315) 446-6250**
Syracuse, 13224 www.elmcrest.org

Providing a variety of community-based treatment programs for children and families who have experienced sexual abuse. Services include counseling, intensive clinical services, trauma sensitive care and treatment.

Huntington Family Centers

405 Gifford Street **(315) 476-3157**
Syracuse, 13204 www.huntingtonfamilycenters.org

Adolescent treatment program offers therapeutic outpatient counseling for youth who have been sexually abused or who have exhibited sexually reactive/aggressive behaviors and their families/caregivers. COPE Parent Education offers classes and individualized plans for better parenting and discipline. The Adult Rehabilitative Treatment Services (HARTS) provides community-based psychiatric/emotional support.

Hutchings Psychiatric Center

620 Madison Street **(315) 426-3600**
Syracuse, 13210 www.omh.ny.us

Inpatient and outpatient services for children, adolescents and adults with serious psychiatric disorders.

It's About Childhood & Family, Inc.

P.O. Box 281 **(315) 382-0541**
Jamesville, 13078 www.iacaf.org

Not-for-profit clinical and resource center with a focus on improving mental health/wellness for youth and families. A variety of services includes counseling, parent education/training, staff development and groups. The Central NY Inner Wealth initiative includes Family Matters and Kids 4 Kids programs. We provide an alternative to diagnostic labels and the use of psychiatric medications with children.

Liberty Resources, Inc. Integrated Health Care

1045 James Street **(315) 472-4471**
Syracuse, 13203 www.liberty-resources.org

Liberty Resources, Inc. provides easy and affordable access to behavioral health care, as well as primary care and pharmaceutical services. The Integrated Health Care center provides a range of service and supports. Our collaborative, multi-disciplinary team of licensed mental health counselors, social workers, marriage and family therapists, psychiatrists, physicians, nurse practitioners, and registered nurses all work to achieve positive health outcomes. Services are available for adults, children, adolescents, couples and families, including school-based behavioral health services.

The Integrated Health Care Center has satellite locations in Oneida, Fulton and Rochester. Medicaid and Medicaid Managed Care, as well as most commercial insurance plans, accepted. No matter your insurance status, we offer a sliding fee program to all patients.

Liberty Resources, Inc.

Mobile Crisis www.liberty-resources.org
1045 James Street **Adults (315) 251-0800**
Syracuse, 13203 **Youth (315) 463-1100**

The Liberty Resources Mobile Crisis Team responds to individuals in crisis, over the phone or in person, in order to reduce emergency room visits and ensure everyone receives the proper care. Our team of professionals are highly trained in mental health crisis management and suicide prevention. Mobile crisis teams can provide mental health engagement, intervention and follow-up support to help overcome resistance to treatment. Depending on what a person is willing to accept, the teams may offer a range of services, including: assessment, crisis intervention, supportive counseling, information and referrals, including referrals to community-based mental health services. Monday–Friday 5:00p.m.–midnight / Weekends & Holiday 6a.m.–midnight. Mobile Crisis Services are also provided in Cayuga, Cortland, Madison and Oswego Counties.

Liberty Resources, Inc.

Short-Term Crisis Respite

1045 James Street..... **(315) 870-3740**
Syracuse, 13203 www.liberty-resources.org

Our Short Term Crisis Respite programs are embedded within the community and provide a home-like setting for individuals experiencing a mental health or psychiatric crisis. Guests have private bedroom space and share a common living area and kitchen. Support and Respite Services are delivered by certified Peer Support Specialists and/or Crisis Respite Counselors. Staff help Guests with needed referrals and the establishment of a safety and recovery plan and are available to listen and provide support when needed. The respites are not locked and Guests are free to come and go as they please. Guests are encouraged to maintain their regular routines and responsibilities including spending time with family, friends, and other supports, working, attending appointments and meeting with providers, preparing meals, and having visitors. Other locations are in Madison and Oswego Counties.

Mental Health Association of Onondaga County

6520 Basile Rowe **(315) 445-5606**
E. Syracuse, 13057 www.cnymentalhealth.org

Assists people in locating mental health services; addresses systemic issues affecting the delivery of mental health services; assists with the self help/support groups.

DENTAL

Dentists vary in the insurance they accept and their experience working with individuals. The following dental programs accept Medicaid.

Medicaid Referral Line (800) 541-2831
Dentists listed by zip code that accept Medicaid.

American Mobile Dental Van
39 Williams Street..... (315) 515-3015
Auburn, 13021 www.americanmobiledental.com
Van arrives weekly on Gifford Street, Montgomery Street, Butternut Street and Park Street. The van is not wheelchair accessible. Accepts Medicaid and Medicaid managed care plans. Serves ages 3 to adult.

Fifth District Dental Society
6323 Fly Road, Suite 3..... (315) 434-9161
E. Syracuse, 13057 www.5dds.org
Lists dentists by insurance providers.

Loretto McAuliffe Health & Dental Center
115 Creek Circle (315) 452-5800
E Syracuse, 13057 www.lorettocony.org
Service for individuals with disabilities, elderly clients and accepts Medicaid insurance.

Onondaga County Dental Call Center
421 Montgomery Street, Civic Center (315) 435-3280
Syracuse, 13202 www.ongov.net/Health/dental.html
Refers patients who have Medicaid to dentists who accept Medicaid.

St. Joseph’s Hospital Health Center Dental Office
Physician Office Building
101 Union Avenue, Suite 705 (315) 448-5477
Syracuse, 13203 www.sjhsyr.org
General dentistry, has set fees, accepts Medicaid insurance

SUNY Upstate Medical University, Division of Dentistry
90 Presidential Plaza, Suite 4141..... (315) 464-5256
Syracuse, 13210 www.upstate.edu/uh/ambulatory/dentistry

Syracuse Community Health Centers (SCHC)
-SCHC Salina Street
819 S. Salina Street..... (315) 476-7921
Syracuse, 13202 www.schcnyc.com
-SCHC West
603 Oswego Street (315) 424-0800
Syracuse, 13204 www.schcnyc.com

Westside Dental
4700 Onondaga Blvd.....(315) 442-7779
Syracuse, 13219 www.westsidedentalinfo.com

EARLY CHILDHOOD

Birth through age two, if you feel your child is not progressing appropriately in the areas of physical, mental or social development; call Early Intervention - Onondaga County Health Department for a free evaluation or contact your child’s pediatrician for assistance. **Children ages three to five**, contact the Preschool Special Education Department, in the school district where the child legally resides, for access to preschool educational supports and services.

AAPSA
1065 James Street Suite 210.....(315) 732-3431
Syracuse, 13203 www.AAPSA.net

ADHD & Autism Psychological Services and Advocacy, PLLC specializes in assessment and treatment of neurodevelopmental disorders including Attention-Deficit/Hyperactivity Disorder (ADHD) and Autism Spectrum Disorder (ASD). We also provide our expert services to children, adolescents, and adults with associated disorders including depressive and mood disorders; anxiety and trauma; substance abuse; learning and intellectual disabilities; and conduct disorders. We are also proud to announce our newest program, Little Grasshoppers Autism Day Program. Little Grasshoppers is dedicated to improving the lives of children with ASD. Our program is appropriate for children 18 months and older and is based on a full-day schedule. We provide an intensive level of positive support for children with ASD in order to teach new skills and reduce challenging behavior. Our goal is to prepare each child for a successful transition into a structured educational setting and everyday life activities.

Applied Behavioral Counseling
75 South Clinton Ave.
510 Clinton Square (585) 685-2385
Rochester, 14604 www.appliedabc.com
Home Based Behavioral Therapy ABA for children and young adults ages 0-21. We strive to provide the best possible clinical techniques for children with ASD (Autistic Spectrum Disorder) and other pervasive developmental disorders. Parent training, workshops, assessments and special education supports. Autism services are covered by many insurance policies. We are currently adding more insurances that cover autism therapy every day so don’t hesitate to ask if your insurance is accepted for autism therapy

Early Childhood Direction Center (ECDC) Mid-State Region at Syracuse University
370 Huntington Hall (315) 443-4444
Syracuse, 13244 <http://ecdc.syr.edu>
Call ECDC if you have concerns about a young child under the age of five, both typically developing and those with special education needs. ECDC provides information, referral and support to families and professionals in confidence and

free of cost about: early childhood development, behavior, and specific disabilities; screening and evaluation services public and private; early intervention; preschool; child care; state and federal special education rules and regulations; parent support; and how the special education system works for young children. Services are available to all families, providers, and community agencies in a six county region Cayuga, Cortland, Onondaga, Oswego, Seneca, and Tompkins.

Onondaga County Health Department Special Children Services of Healthy Families

421 Montgomery Street 9th Floor East..... (315) 435-3230
Syracuse, 13202 www.ongov.net/health/SCS

-Early Intervention (EI) is a Federally and State mandated program that provides special education and therapy services to children from birth through 2 years of age who are found through multi-disciplinary evaluation to have a disability or developmental delay.

-EI CARES (Children at Risk Early Screening) works to identify children birth to age 3 who are at-risk for development delays.

-Preschool Special Education Program provides mandated services authorized by local school districts for 3 and 4 year old children with special needs in a variety of settings in the community. Eligibility is determined by multidisciplinary evaluations, and services are recommended by the School District's Committee on Preschool Special Education.

EARLY CHILDHOOD SERVICES

AccessCNY

1603 Court Street..... (315) 362-2664
Syracuse, 13208 www.accesscny.org

AccessCNY provides inclusive preschool programs for children with disabilities ages three through five. Inclusive toddler and preschool classrooms available offering special education and therapy services. Services include: occupational therapy, physical therapy, speech therapy, 1:1 aide support, family support and assistive technology. Parent training offered. Preschool evaluations provided by a team of professionals including a psychologist, speech-language pathologist, occupational and physical therapists and social workers.

Children's Consortium

2122 Erie Boulevard E..... (315) 471-8331
Syracuse, 13224 www.childrensconsortium.org

Provides programs and services, including home and center based services, which empower families to reach their full potential. Parenting classes; call for schedule.

Children's Therapy Network

171 Intrepid Lane..... (315) 437-4689
Syracuse, 13205 www.childrenstherapynetwork.com

Children's Therapy Network (CTN) provides education and therapy services for children with disabilities in Syracuse, Utica, and the surrounding areas and strives to provide those

services in the child's natural environment. Serve children of all ages (up to age 21) with physical, occupational, speech and language therapy programs in their homes, preschools, daycare centers, parks, swim classes and other community sites, as well as in the CTN pediatric clinic.



Connections

1744 W. Genesee Street (315) 468-3414
Syracuse, 13204 www.connectionstx.com

We are providers of evaluations and treatment to children and adults in Onondaga and surrounding counties. We love what we do, and when we say "We'll meet you where you are!" We mean it both literally (we provide itinerant services, traveling to our clients) and figuratively - we meet our clients right where they are developmentally and customize our services to best facilitate their progress.

Elmcrest Early Education Center

960 Salt Springs Road..... (315) 446-3220
Syracuse, 13224 www.elmcrest.org

-Small Wonders Daycare is open to all children and families in the community. The daycare center offers flexible scheduling with part-time hours for preschool. Daycare is provided Monday through Friday 7:30 a.m. - 5:30 p.m. year round, and serves children from infancy through preschool. Financial assistance may be available for families who qualify through DSS or Child Care Solutions.

-Syracuse City Universal Pre-Kindergarten (UPK), a free program for children who meet the SCSD criteria. The Early Education Center collaborates with the Syracuse City School District (SCSD) to provide 35 pre-kindergarten slots for children ages 3 and 4 who live in the Syracuse City School District.

Gebbie Speech, Language, and Hearing Clinic

621 Skytop Road #1200..... (315) 443-4485
Syracuse, 13210 www.gebbie.syr.edu

Gebbie Speech, Language and Hearing Clinic is a training facility affiliated with the Department of Communication Sciences & Disorders at Syracuse University. The Clinic offers a full range of evaluation and treatment services for children and families in the areas of audiology, speech, and

language. Services are conducted by graduate students under the direct supervision of speech language pathologists and audiologists, as well as through consultation with faculty and researchers in the field.

GiGi's Playhouse

5885 E. Circle Drive Suite 250 **(315) 288-7529**
Cicero, 13039 www.gigisplayhouse.org/syracuse

An educational and awareness center created to serve individuals with Down syndrome from birth to adulthood. Provides resources, specialized teaching, and support to individuals, families, and communities. Designed to facilitate skill development in speech and language, fine and gross motor skills, and overall academic achievement, literacy and math tutoring available. Social opportunities for prenatal diagnosis support, open play, baby and toddler groups, activities for young children, adolescents, and adults over 18. Free to families and specialized to meet needs of attendees.

Head Start/Early Head Start of P.E.A.C.E., Inc.

215 Bassett Street..... **(315) 470-3346**
Syracuse, 13210 www.peace-cao.org

Head Start is a federally funded local preschool program for children ages three and four, for low-income families. The program provides families with information on health, social services, nutrition and child development. The program also serves disabled and non-disabled in inclusive classroom settings. Head Start actively encourages parental involvement and participation in all aspects of the program. Early Head Start provides comprehensive child development and family support services to low income families with children under three and pregnant women.

Hear 2 Learn

6575 Kirkville Road, Suite 1 **(315) 701-5710**
E. Syracuse, 13057 www.hear-2-learn.com

Early Intervention, preschool, school age and private pay provider. Offering comprehensive services for children with developmental delays in all areas and of all ages, with a specialization in children with hearing loss. Offer family trainings, playgroups, workshops and professional trainings, and a full service state of the art audiology clinic featuring hearing aids, assistive devices, and FM systems. Professional services include speech/language pathology, motor therapies, special education, audiology, teacher of the hearing impaired, feeding therapy, service coordination.

Jowonio School

3049 E. Genesee Street **(315) 445-4010**
Syracuse, 13224 www.jowonio.org

A preschool for young children ages 2-5 years with a wide range of abilities. Inclusive center-based program, itinerant services in the home and community childcare sites, early intervention, and evaluations. Services include: special education, physical, occupational and speech therapy; family support/social work, play therapy. Early morning and afterschool day care available for students.

Liberty POST

1045 James Street **(315) 425-1004**
Syracuse, 13203 www.liberty-post.com

At Liberty POST, our mission is to provide superior early childhood care in the areas of evaluation, treatment, and family education through child-directed play. We are focused on the importance of a child's natural learning environment, a family's unique strengths and needs, and the diverse population we serve. We employ highly-skilled clinicians who contribute positive energy and are committed to lifelong learning. We serve children birth to age five in the areas of Speech, OT, PT, Special Education, Social Work, Service Coordination, Psychology; including evaluations & specialty therapy services.

Little Lukes

5820 Heritage Landing Drive **(315) 701-1107**
E. Syracuse, 13057 www.littlelukes.com

Little Lukes provides Early Intervention, preschool related services, inclusive preschool classrooms and inclusive childcare. Services include physical therapy, occupational therapy, speech therapy and special education teacher services. Inclusive preschool classrooms are available as half day and full day sessions, Monday through Friday. The childcare center is open from 6:30am to 6:30pm and available for children 6 weeks to 12 years of age, offering full day and before and after school childcare services. Locations in Dewitt, Baldwinsville, and Oswego County.

Main Street Early Education/ North Syracuse Central School District

205 S. Main Street..... **(315) 218-2200**
N. Syracuse, 13212 www.nscsd.org/main.cfm

The Main Street Early Education Program, operated by the North Syracuse School District, provides services for 3 and 4 year old children. It provides services for young children including inclusive preschool programs. Offers full and half-day programs, teacher of the visually impaired, teacher of the hearing impaired, physical therapy, occupational therapy, speech therapy, social worker, counseling, school nurse, parent groups and evaluations at the Main Street School site. Includes pre-kindergarten classes three or five days a week.

Margaret L. Williams

Developmental Evaluation Center (DEC)

215 Bassett Street..... **(315) 472-4404**
Syracuse, 13210 www.developmentalevaluationcenter.com

The DEC primarily provides diagnostic assessment and referral services for children, birth through seven years of age, who are "at risk" for or have a developmental disability. The presenting concerns include motor and sensory difficulties, mental retardation, speech/language disorders, autism and behavioral problems. The DEC provides intervention and family support services. The DEC has a special focus on children with Autism Spectrum Disorders through diagnosis, consulting and therapy services. Referrals are accepted from parents, professionals, and agencies. The DEC staff consists of physicians, psychologists, early childhood and

special education specialists, speech/language pathologists, occupational and physical therapists. An interdisciplinary approach is used with a team of appropriate professionals to meet individual children's needs. The DEC accepts third party payments from private health insurance, Medicaid, Early Intervention or the Committee on Preschool Special Education. Private payment may be based on a sliding fee scale.

Onondaga Central Preschool Program / Rockwell Elem.

208 Rockwell Road..... **(315) 552-5070**
Nedrow, 13120 www.ocs.cnyric.org/Rockwell
Serves typical and special education students ages 3 and 4 in a language enriched integrated setting. Evaluations available.

Parkside Children's Center/Arc of Onondaga

600 South Wilbur Avenue **(315) 468-1632**
Syracuse, 13204 www.arcon.org
Our inclusive, Full-Day Preschool Program serves 3-5 year-olds within Onondaga County, including children with disabilities and typical peers. Parkside operates 3 fully integrated classrooms at 2 sites within the Syracuse City School District. Through our partnership with the SCSD, we offer a Free, Full-Day UPK Program for 3 and 4-Year-Olds living within the city of Syracuse. We also provide a 6-Week Preschool Summer Program, with scholarships available for families in need of financial assistance.

PEACE, Inc. Head Start / Early Head Start

217 S. Salina Street, 2nd Fl..... **(315) 470-3300**
Syracuse, 13202 www.peace-caa.org

-Head Start (HS) helps children, ages 3 to 5 years of age, achieve their full potential by providing early childhood development, health, family services and other support to participants and their families.

-Early Head Start (EHS) promotes the physical, cognitive, social and emotional growth of infants and toddlers, and provides prenatal education and support services to pregnant women.

Both programs serve disabled and nondisabled in both an inclusive classroom settings and home-based.

SPICE/ Elmcrest Children's Center

960 Salt Springs Road..... **(315) 446-3220**
Syracuse, 13224 www.elmcrest.org/commservices/spice
The SPICE (Special Preschool Interventions for Children's Education) program provides services to preschoolers with disabilities in a 5-hour, full-day integrated program that runs from 8:00am to 1:00pm. We provide speech therapists, occupational therapists, a physical therapist, a play therapist, a school psychologist intern, and a social worker. In addition, a number of students receive specialized intervention programming under the direction and supervision of a Board Certified Behavior Analyst (BCBA). Supporting families is an important component of the program. Also offers transdisciplinary preschool evaluations.

Syracuse City School District/Early Childhood Program

220 W. Kennedy Street..... **(315) 435-4276**
Syracuse, 13205 www.syracusecityschools.com

For children with disabilities ages 18 months to five years. There are center-based program for toddlers as indicated on each child's Individual Family Service Plan (IFSP). Toddlers attend three half days per week in either the AM or PM session. The Preschool Program provides inclusive education in the District's pre-kindergarten five days per week in full day or half day AM or PM sessions. Breakfast and/or lunch are available in the Toddler and pre-k Program.

The Kelberman Center

Offices in Syracuse and Utica
2608 Genesee Street..... **(315) 797-6241**
Utica, 13502 www.kelbermancenter.org

The Kelberman Center Clinic and Promise Preschool serve children ages 2 ½ and up, providing assessments and diagnoses as well as the region's only ABA-based preschool program developed specifically for children with autism spectrum disorder and related developmental disabilities.

Thrive By 5

1951 Caleb Avenue **(315) 218-7444**
Syracuse, 13206 www.thriveby-5.com

Provides related services in: occupational, physical and speech-language therapy services. Early Intervention evaluations, therapy, and parent-child play group.

CENTER BASED PRESCHOOL PROGRAMS

Specialized preschool programs can include NYS certified special education teachers, social workers, speech, OT, PT, and play therapists. More information can be found on the CNY Coalition for Young Children with Special Needs website at www.cnypreschoolcoalition.org. If you suspect your child has a delay in their development, contact the public school district in which you reside in for a referral and/or an evaluation of your child.

Catholic Charities Neighborhood Centers

1654 W. Onondaga Street **(315) 424-1800**
Syracuse, 13204 www.ccoc.us

-Vincent House

500 Seymour Street, Syracuse

-Hawley Youth Organization

716 Hawley Avenue, Syracuse

-Northside CYO Preschool Cathedral Academy at Pompei

923 N. McBride Street, Syracuse

Exploring Your World at AccessCNY

1603 Court Street **(315) 362-2664**
Syracuse, 13208 www.accesscny.org

Head Start/Early Head Start of P.E.A.C.E., Inc.

215 Bassett Street..... **(315) 470-3346**
Syracuse, 13210 www.peace-caa.org

Jowonio School

3049 E. Genesee Street (315) 445-4010
Syracuse, 13224 www.jowonio.org

Little Lukes

5820 Heritage Landing Drive (315) 701-1107
E. Syracuse, 13057 www.littlelukes.com

**Main Street Early Education/
North Syracuse Central School District**

205 S. Main Street..... (315) 218-2200
N. Syracuse, 13212 www.nscsd.org/main.cfm

Onondaga Central Preschool Program

208 Rockwell Road..... (315) 552-5070
Nedrow, 13120 www.ocs.cnyric.org/Rockwell

Parkside Children's Center/Arc of Onondaga at Dr. King

416 East Raynor Avenue (315) 468-1632
Syracuse, 13202 www.arcon.org

Parkside Children's Center/Arc of Onondaga at HW Smith

1130 Salt Springs Road..... (315) 468-1632
Syracuse, 13224 www.arcon.org

SPICE/ Elmcrest Children's Center

960 Salt Springs Road..... (315) 446-3220
Syracuse, 13224 www.elmcrest.org/commservices/spice

PEACE, Inc. Head Start

217 S. Salina Street, 2nd Fl..... (315) 470-3300
Syracuse, 13202 www.peace-caa.org

Syracuse City School District/Early Childhood Program

220 W. Kennedy Street..... (315) 435-4276
Syracuse, 13205 www.syracusecityschools.com

The Kelberman Center-Promise Program

Offices in Syracuse and Utica
2608 Genesee Street..... (315) 797-6241
Utica, 13502 www.kelbermancenter.org

-The Promise Program Since 1997, The Kelberman Center's Promise Preschool (located in Utica, NY) has been the region's only ABA-based program focused on educating children with autism. Intervention at preschool age is proven to build a solid foundation so each child can achieve their fullest potential. The Promise Preschool addresses the unique needs of children with autism in many ways, starting with small classes, a 2-to-1 ratio of students to adults, and unparalleled expertise. First and foremost, students at Promise work on learning a functional way to communicate, whether it be through speech, images, signing or technology. The ability to communicate is essential to reducing frustration and being ready to learn.

CHILD CARE

There are many different types of child care programs in New York State. Each program is regulated by the state Office of Children and Family Services. For a list of centers and private providers by zip code see:

www.ocfs.state.ny.us/main/childcare/default.asp

Each of the programs listed can serve children ages six weeks through twelve years and operate for more than three hours a day.

Day Care Centers - provide care for more than six children at a time, not in a personal residence.

Small Day Care Centers - provide care for up to six children, not in a personal residence.

Family Day Care Homes - provide care for three to six children at a time in a residence; may add one or two school-age children. The maximum allowable number of children will depend on whether there are and how many infants are in care.

Group Family Day Care Homes - provide care for seven to twelve children at a time in a residence; may add one or two school-age children. The maximum allowable number of children will depend on whether there are and how many infants are in care. A provider must use an assistant when more than six children are present.

School-Age Child Care Programs - provide care for more than six children from kindergarten through age twelve. Care for children during non-school hours; also may provide care during school vacation periods and holidays.

Head Start Centers - targeted for preschool-age children from low income families; federally funded and usually licensed as Day Care Centers.

Legally Exempt Care (Informal) - provides care for one to two children at a time in addition to the provider's children, usually in the provider's home; are not required to register. If caring for more than two children other than their own, they must register with NYS.

Child Care Solutions

6724 Thompson Road (315) 446-1220
Syracuse, 13211 www.childcaresolutionscny.org

Child Care Solutions is a non-profit childcare resource and referral agency that builds partnerships with childcare providers, parents and employers to promote accessible, quality childcare services in Onondaga and Cayuga County. Call us for more information about training and education opportunities, referrals to childcare including children with disabilities, and services for employers.

YMCA of Greater Syracuse

340 Montgomery Street (315) 474-6851
Syracuse, 13202 www.ymcaofgreatersyracuse.org

At all YMCA child care sites, youth are encouraged to build on their own interests through hands-on activities and project-based learning experiences that have been designed to promote a healthy group dynamic and nurture innate curiosity.

EMERGENCY SERVICES

Call "911" in an Emergency

(911 center equipment recognizes and responds to TTY equipment)

AccessCNY-Berkana Peer Respite

2230 James Street (315) 437-3301
Syracuse, 13206 www.accesscny.org

AccessCNY offers a crisis peer respite program at the Berkana House. This service, for adults 18 and over with mental health conditions or substance abuse issues, helps individuals create a recovery path in a supportive environment. The program serves individuals in crisis who are looking for an alternative to emergency psychiatric care. The Berkana House is staffed by peers who have had their own mental health journey and can guide others in their recovery.

Catholic Charities of Onondaga County

1654 W. Onondaga Street (315) 424-1800
Syracuse, 13204 www.ccoc.us

Children and families, at-risk youth, refugees, the homeless, those in need of emergency assistance, and disadvantaged, addicted, and/or developmentally disabled individuals.

Contact Hot Line (315) 251-0600
(Suicide and Crisis Counseling)

Contact Community Service Inc.

6311 Court Street Road..... (315) 251-1400
E. Syracuse, 13057 www.contactsyracuse.org
Free 24 hour telephone counseling to callers in crisis

CNY Poison Center

750 E. Adams Stt... TTY (315) 464-5424.... (800) 222-1222
Syracuse, 13210 www.cnypoison.org

CPEP (Comprehensive Psychiatric Emergency Program)

301 Prospect Avenue..... (315) 448-6555
Syracuse, 13203 www.sjhysyr.org

This emergency service evaluates and treats those who are having a psychiatric episode and/or severe behavioral challenges.

Onondaga County Department of Social Services

421 Montgomery Street, Civic Center
Syracuse, 13202 www.ongov.net/dss/

-Child Protective Services (CPS)..... (315) 435-2884
-Adult and Family Services (315) 435-2815
-Child Abuse Hotline for general public.....(315) 422-9701
-Child Abuse Hotline mandated reporters... (315) 422-9840
-Temporary Assistance..... (315) 435-2700

New York State Department of Family and Child Services

NY State Hotline for general public (800) 342-3720
NY State Hotline for mandated reporters ... (800) 635-1522

Salvation Army

677 S. Salina Street..... (315) 475-1688
Syracuse, 13202 www.sasyr.org

Offers counseling, emergency housing care and material assistance to individuals and families, and emergency disaster relief.

EMERGENCY HOUSING SHELTERS

Catholic Charities

Dorothy Day House

1654 W. Onondaga Street (315) 476-0617
Syracuse, 13204 www.ccoc.us

A shelter for homeless women and women with children.

Center for Community Alternatives, Inc. (CCA)

115 East Jefferson Street..... (315) 422-5638
Syracuse, 13202 www.communityalternatives.org

CCA provides community-based alternatives to incarceration programming. CCA offers recovery services, employment-related services, jail-based services, sentencing mitigation, legal services for civic restoration and services to youth including; Student Advocacy, Transition Coach, Violence Prevention, After School at PSLA High School. Supportive and emergency housing will soon be available.

Oxford Street Inn

201 Oxford Street..... (315) 423-9137
Syracuse, 13204

Shelter and housing programs for homeless men; including mental illness and substance abuse.

Rescue Mission

120 Gifford Street (315) 701-3102
Syracuse, 13202 www.rmsyr.org

Crisis counseling, case management, referrals to community services. Emergency shelter for homeless men. Meals.

Salvation Army

677 S. Salina Street..... (315) 475-1688
Syracuse, 13202 www.sasyr.org

Offers counseling, emergency housing care and material assistance to individuals and families, safe, affordable supervised apartments for young mothers ages 16-21 and their children; comprehensive youth services include residential care and counseling for runaway and homeless youth; shelter and transitional housing services for older troubled youth and their families.

Vera House, Inc.

24 Hour Lines (315) 468-3260
Crisis & Support www.verahouse.org

Crisis intervention, programs for domestic violence, sexual assault. Housing locations are not public addresses.

EVALUATIONS

Evaluation testing may include psychological testing, OPWDD eligibility criteria, special education services and guardianship applications. Evaluations can be done for the purpose of gaining additional information for learning purposes, environmental and technology equipment. Contact the agency's below for additional information.

AAPSA

1065 James Street Suite 210.....**(315) 732-3431**
Syracuse, 13203 www.AAPSA.net

ADHD & Autism Psychological Services and Advocacy, PLLC specializes in assessment and treatment of neurodevelopmental disorders including Attention-Deficit/Hyperactivity Disorder (ADHD) and Autism Spectrum Disorder (ASD). We also provide our expert services to children, adolescents, and adults with associated disorders including depressive and mood disorders; anxiety and trauma; substance abuse; learning and intellectual disabilities; and conduct disorders. We are also proud to announce our newest program, Little Grasshoppers Autism Day Program. Little Grasshoppers is dedicated to improving the lives of children with ASD. Our program is appropriate for children 18 months and older and is based on a full-day schedule. We provide an intensive level of positive support for children with ASD in order to teach new skills and reduce challenging behavior. Our goal is to prepare each child for a successful transition into a structured educational setting and everyday life activities.

AccessCNY

1603 Court Street..... **(315) 455-7591**
Syracuse, 13208 www.accesscny.org
OPWDD disability determination psychological testing/evaluation, neurological assessment, developmental pediatrician assessment. Comprehensive evaluations and care of children with disabilities such as cerebral palsy, autism spectrum disorders, and other developmental disabilities. Supplemental evaluations.

Center for Development, Behavior and Genetics at SUNY Upstate Medical University

725 Irving Ave., Suite 112
1-866-543-KIDS or.....**(315) 464-4842**
Syracuse, 13210 www.upstate.edu/gch/
Evaluations for children. Age limits vary depending on the type of evaluation. OPWDD disability determination, psychological testing and evaluations.

notes...

Central New York

Developmental Disabilities Regional Office (CNYDDRO)

187 Northern Concourse..... **(315) 473-5050**
N. Syracuse, 13212 www.opwdd.ny.gov

CNYDDRO is an agency of the New York State Office for People with Developmental Disabilities (OPWDD). Evaluations for OPWDD eligibility. Provides residential, habilitative, vocational, and support services, home modification, counseling, recreation, respite, advocacy, life planning, clinical services, and referrals to community agencies for people with developmental disabilities and their families. Serving Cayuga, Cortland, Herkimer, Lewis, Madison, Oneida, Onondaga and Oswego Counties.

Children's Therapy Network

171 Intrepid Lane..... **(315) 437-4689**
Syracuse, 13205 www.childrenstherapynetwork.com

Evaluations and therapy (up to age 21) in the areas of speech and language, occupational therapy, physical therapy and special education. Early Intervention and preschool evaluation.

Children's Village/OCM BOCES

303 Roby Avenue..... **(315) 434-3830**
E. Syracuse, 13057 www.ocmboces.org/teacherpage
Transdisciplinary preschool evaluation.

Connections

1744 W. Genesee Street..... **(315) 468-3414**
Syracuse, 13204 www.connectionstx.com

Early Intervention and preschool evaluations and therapy in the areas of speech and language, occupational therapy, physical therapy and special education.

Gebbie Speech, Language, and Hearing Clinic

621 Skytop Road #1200..... **(315) 443-4485**
Syracuse, 13210 www.gebbie.syr.edu

Training facility affiliated with the Department of Communication Sciences & Disorders at Syracuse University. Evaluation services in the areas of audiology, speech and language. Preschool evaluation. Early Intervention audiological evaluation.

Hear 2 Learn

6575 Kirkville Road, Suite1..... **(315) 701-5710**
E. Syracuse, 13057 www.hear-2-learn.com

Comprehensive evaluation for children with developmental delays in all areas and of all ages with a specialization in children with hearing loss. EI and preschool evaluations.

Horizons Clinic/Arc of Onondaga

600 S. Wilbur Avenue..... **(315) 476-7441**
Syracuse, 13204 www.arcon.org/services/horizons-clinic

OPWDD disability determination psychological testing/evaluation for all ages.

Jowonio School

3049 E. Genesee Street (315) 445-4010
 Syracuse, 13224 www.jowonio.org
 Transdisciplinary preschool evaluation. Early Intervention
 evaluation.

Liberty POST

1045 James Street (315) 425-1004
 Syracuse, 13203 www.liberty-post.com
 Transdisciplinary evaluation from birth to age five.

Little Lukes

5820 Heritage Landing Drive (315) 701-1107
 E. Syracuse, 13057 www.littlelukes.com
 Early Intervention and preschool evaluations and therapy
 in the areas of speech and language, occupational therapy,
 physical therapy and special education.

Madison Irving Pediatrics, P.C.

475 Irving Ave., Suite 210 (315) 471-2646
 Syracuse, 13210 www.mipeds.net
 A multi-disciplinary clinic with faculty in medical genetics,
 autism/child development, physical disabilities, spina bifida,
 and metabolic Serves children from birth to 21. Accepts
 Medicaid.

**Main Street Early Education/
North Syracuse Central School District**

205 S. Main Street..... (315) 218-2200
 N. Syracuse, 13212 www.nscsd.org/main.cfm
 Transdisciplinary preschool evaluation.

Margaret L. Williams Developmental Evaluation Center

215 Bassett Street..... (315) 472-4404
 Syracuse, 13210 www.developmentalevaluationcenter.com
(DEC) provides interdisciplinary developmental evaluations
 (occupational therapy, physical therapy, speech and
 language, psychology, pediatric, and psychiatry), through
 Early Intervention, preschool (CPSE), school aged (CSE)
 and private pay for children birth to kindergarten age (except
 where there are concerns for autism, then 6 years 9 months).
 Provides some community outreach services.

Onondaga Central Preschool Program

Rockwell Elementary, 208 Rockwell Road (315) 552-5070
 Nedrow, 13120 www.ocs.cnyric.org/Rockwell
 Transdisciplinary preschool evaluation.

Parkside Children's Center/Arc of Onondaga

600 S. Wilbur Avenue (315) 468-1632
 Syracuse, 13204 www.arcon.org
 Transdisciplinary preschool evaluation. Early Intervention
 evaluation.

SPICE/ Elmcrest Children's Center

960 Salt Springs Road..... (315) 446-3220
 Syr. 13224 www.elmcrest.org/commservices/spice.php
 Transdisciplinary preschool evaluation.

Syracuse City School District/Early Childhood Program

220 W. Kennedy Street..... (315) 435-4276
 Syracuse, 13205 www.syracusecityschools.com
 Transdisciplinary preschool and EI evaluations.

Syracuse Jewish Family Service, Inc.

4101 E. Genesee Street (315) 445-9111
 Syracuse, 13214 www.sjfs.org
 Consultation, comprehensive assessments and care
 management for older adults and individuals with special
 needs. We provide services to those who wish to live
 independently in the community and individuals seeking
 housing that may require supportive services. Counseling,
 financial case management and Kosher Meals on Wheels.

The Kelberman Center

Offices in Syracuse and Utica
 2608 Genesee Street.....(315) 797-6241
 Utica, 13502 www.kelbermancenter.org
 The Kelberman Center Clinic is a certified OPWDD
 diagnostic and treatment center providing services to
 individuals with developmental disabilities and their families
 and caregivers. Kelberman's licensed psychologists and
 licensed clinical social workers provide a range of services
 including evaluation and diagnoses, as well as individualized
 therapies and counseling for emotion regulation, coping
 skills, behavior and exposure therapy. The Kelberman Clinic
 welcomes the whole family, offering family counseling for
 coping, support and parenting. We accept many insurances
 including Excellus, Fidelis, Medicaid and Medicare, as well
 as private pay options.

Thrive By 5

1951 Caleb Avenue (315) 218-7444
 Syracuse, 13206 www.thriveby-5.com
 Early Intervention evaluation site and preschool related
 service provider.

notes...

FINANCIAL PROGRAMS

American Red Cross - Care and Share Program

220 Herald Place (315) 234-2200
 Syracuse, 13202 www.syrarc.org

Donations from National Grid customers and employees provide one time per year (12 months) emergency assistance to prevent power and/or heat shut off to National Grid customers, including payments for other heat sources such as oil, gas, kerosene, and wood. Applicants must have a shut-off notice, a household member 60 years or older; or be receiving disability income. Must have applied for regular and emergency H.E.A.P. (Home Energy Assistance Program) even if they are found ineligible.

Cathedral Emergency Assistance Services

264 E. Onondaga Street (315) 424-1876
 Syracuse, 13202 www.cathedralsyracuse.org

Limited short-term food for people in need. "New beginning" household items for people who have suffered a traumatic life experience. Also baby food, formula, diapers and hygiene products, furniture and clothing. Low cost counseling available to individuals and families not eligible for any insurance program.

Catholic Charities Emergency Assistance Services

264 E. Onondaga Street (315) 475-3807
 Syracuse, 13202 www.ccoc.us

Support, guidance, and assistance for people in crisis.

Central New York Friends

187 Northern Concourse (315) 473-5056
 N. Syracuse, 13212 www.opwdd.ny.gov

This volunteer organization helps provide educational, recreational, and social experiences for people with developmental disabilities. It can also make small grants to help fill in the financial gaps where government funding falls short.

Emergency Assistance for Adults (EAA)

Onondaga County Dept. Social Services

421 Montgomery Street, Civic Center (315) 435-2815
 Syracuse, 13202 www.ongov.net/dss/ea.html

Meets emergency needs of aged, blind or disabled individuals and couples who are eligible for or are receiving Federal Supplemental Security Income benefits (SSI). Covers lost or stolen cash or SSI checks, evictions, utility shut-offs, and food vouchers.

Facilitated Enrollment Program

Onondaga County Health Department

421 Montgomery Street, Civic Center (315) 435-6808
 Syracuse, 13202 www.ongov.net/health

The Facilitated Enrollment Program offers families in Onondaga County the opportunity to enroll in the Public Health Insurance program that will meet their medical and dental needs. Facilitated Enrollment offers an easy way for families to apply for Family

Health Plus, Medicaid and Child Health Plus. Facilitated enrollers will meet with families at convenient times and locations to complete an application and gather the necessary documents to determine their eligibility for health insurance. Enrollers are community-based at three locations within the city and county.

Home Energy Assistance Program (HEAP)

Department of Social Services

600 S. State Street,
 County Office Building..... (315) 435-8295

Syr., 13202 www.otda.ny.gov/main/programs/heap/

Provides financial assistance to eligible households to help meet rising costs of heating one's home. Eligibility is based on income and housing situation.

Home Headquarters, Inc.

538 Erie Boulevard West Suite 100 (315) 474-1939
 Syracuse, 13204 www.homehq.org

Call for information about any available Onondaga County and/or Syracuse programs aiding in home ownership and financial assistance for home and energy improvements. Offers down payment and closing cost assistance and low interest home improvement loans to Syracuse and Onondaga County residents. Call about eligibility requirements. Also offers homeownership counseling, foreclosure prevention, and a certified Home-buyer's Education Course.

Miracle-Ear

Children's Foundation..... (800) 234-5422
 Locations on website www.miracle-ear.com

Offers free hearing aids to children 16 and younger for families who gross between \$20,000-\$50,000 per year and do not qualify for public support. The child must also be a current resident in the United States. Call the toll free number for details about the application process and requirements.

PEACE, Inc.

Administration Office

217 S. Salina Street, 2nd Fl..... (315) 470-3300
 Syracuse, 13202 www.peace-caa.org

Serves low income families, offering many programs for families & individuals of all ages. For youth, such as Big Brothers/Big Sisters, Head Start and Early Head Start, community and Family Resource Centers; for seniors, such as community and Family Resource Centers, energy and housing (weatherization), information & assistance, foster grandparent program and senior nutrition; and family services such as energy and housing (weatherization), income tax preparation and community and Family Resource Centers. Family Resource Centers throughout the city and county provide emergency assistance, crisis interventions, and supportive services, advocacy, education, and family development.

Salvation Army

677 S. Salina Street **(315) 475-1688**
 Syracuse, 13202 www.sasyr.org
 24-hour crisis hot lines, emergency intervention and long term support, intake and assessment procedures facilitating services such as housing, basic needs, healthcare, mental health assistance and substance abuse treatment, educational, social and recreational activities

Social Security Programs

Social Security Administration **(800) 772-1213**
 100 S. Clinton Street, Federal Building. **TTY (800) 325-0078**
 Syracuse, 13261 www.ssa.gov
 Social Security provides Retirement, Disability and Survivor benefits to workers who are insured under the system. Benefits may be paid to the worker and/or certain family members when earnings are lost or reduced due to the worker’s retirement, disability or death. Supplemental Security Income provides cash assistance to persons in financial need who are blind and/or disabled of any age, or people over 65.

Syracuse Jewish Family Service, Inc.

4101 E. Genesee Street **(315) 445-0820**
 Syracuse, 13214 www.sjfs.org
 “Solution” is an in-home service for seniors and people with disabilities. It assists with organizing and paying monthly bills, keeping accurate records, preparing and submitting health insurance claims, assisting with Medicaid, SSI and Social Security claims and other paperwork dilemmas. Community Links Project is a model point of entry program in cooperation with the Temple Society of Concord Food Pantry. Consumers can meet with a Jewish Family Service social worker on a drop-in basis. Information and referral provided free of charge and follow-up appointments are available.

**Temporary Assistance
 Department of Social Services**

421 Montgomery Street, Civic Center **(315) 435-2700**
 Syracuse, 13202 www.ongov.net/dss
 Provides financial assistance to eligible persons under Safety Net and Family Assistance.

TRAIID Program at AccessCNY

1603 Court Street..... **(315) 455-7591**
TDD (315) 455-1794
 Syracuse, 13208 www.accesscny.org
 Assistive technology including home, work, and school modifications. Communication services, adaptive devices and technology-related assistance.

Traffic Safety Programs

Purchase of bicycle and inline helmets **(315) 435-3280**
 Car seat rentals **(315) 446-1220**

Winds of Agape, Inc

1414 Grant Blvd..... **(315) 425-0547**
 Syracuse, 13208 www.windsofagape.com
 Assists individuals and families, those with brain injuries and other disabilities facing a crisis through the provision of emergency food, beds, and empowerment programs, including job training, employment through the Winds of Agape home care agency, community education, adult day program, respite care.

REP PAYEE AGENCIES

This service is to ensure funds including SSI/SSDI and wages earned are used for paying bills and assisting people with their personal spending money All services follow the regulations of the Social Security Administration.

Arc of Onondaga

600 S. Wilbur Avenue **(315) 476-7441**
 Syracuse, 13204 www.arcon.org

ARISE Child and Family Service Inc.

635 James Street **(315) 472-3171**
 Syracuse, 13203 www.ariseinc.org

Central New York Services, Inc.

518 James Street, Suite LL07 **(315) 435-8207**
 Syracuse, 13203 www.cnyservices.org
 The Financial Management Unit (FMU) is a person-centered service that assists with crafting personalized financial plans unique to each individual, and ensuring financial obligations are met while budgeting for personal spending and coping with a range of financial issues. FMU services are documented and provided in conjunction with the regulations of the Social Security Administration.

H.O.M.E., Inc.

(Humanitarian Organization for Multi-cultural Experience)
 831 James Street **(315) 472-5110**
 Syracuse, 13203 www.homeincny.org

notes...

FAMILY SUPPORT SERVICES (FSS)

Family Support Services (FSS) funds assist the quality of life of individuals with developmental disabilities who live at home with their families. A person must have OPWDD eligibility to access funds. The Central New York Developmental Disabilities Regional Office (CNYDDRO) provides proof of eligibility for services through an application process. See page 2 for Access to Services; Eligibility assistance or your Medicaid service coordinator for assistance.

AccessCNY

6666 Manlius Center Road **(315) 218-0844**
 East Syracuse, 13057 www.accesscny.org

Advocates, Inc.

290 Elwood Davis Road **(315) 469-9931**
 Liverpool, 13088 www.advocatesincorporated.org

Arc of Onondaga

600 S. Wilbur Avenue **(315) 476-7441**
 Syracuse, 13204 www.arcon.org

Central New York Developmental Disabilities Regional Office (CNYDDRO)

187 Northern Concourse **(315) 473-5050**
 N. Syracuse, 13212 www.opwdd.ny.gov

Epilepsy-Pralid Inc. (EPI)

6493 Ridings Road, Suite 115 **(315) 477-9777**
 Syracuse, 13206 www.epiny.org

Exceptional Family Resources (EFR)

1820 Lemoyne Avenue..... **(315) 478-1462**
 Syracuse, 13208 www.contactefr.org

LAUNCH

212 E. Manlius Street..... **(315) 720-9148**
 E. Syracuse, 13057 www.ldacny.org

The Kelberman Center

Offices in Syracuse and Utica
 2608 Genesee Street..... **(315) 797-6241**
 Utica, 13502 www.kelbermancenter.org

notes...

FOOD ASSISTANCE

Food Bank of CNY

7066 Interstate Island Road **(315) 437-1899**
 Syracuse, 13209 www.foodbankcny.org
 Nutrition, education and advocacy.

Food Sense

76 Canton Street, Baldwinsville **(315) 638-4536**
 226 Bridge Street, Phoenix **(315) 695-4841**
 1700 Butternut Street, Syracuse..... **(315) 479-7971**
 667 S. Salina, Syracuse..... **(315) 479-1307**
 10 Onondaga Street, Tully **(315) 696-5092**
 Participants receive a food package for \$15.50 worth \$25 to \$35 if purchased in a grocery store. Packages include meat, fresh produce, dairy and other food items. Participants register and pay in advance and pick up their package later in the month. Participants can buy as many packages as they like. No income requirement; cash or food stamps only. Anyone can participate.

Interreligious Food Consortium (315) 474-8855

Will provide information about the nearest pantry site.

LaFayette Outreach, Inc.

P.O. Box 481, 6136 Rt. 20 **(315) 677-5221**
 LaFayette, 13084

Provides information, referrals, food pantry to individuals in Southern Onondaga County and the Onondaga Nation. Supports WIC (Women, Infants and Children) clinic and Meals On Wheels.

Meals On Wheelswww.meals.org

Programs deliver professionally planned meals to seniors, people with disabilities, or people recovering from illness or injuries. No age or income restrictions.

Baldwinsville **(315) 638-2171**
 E. Syracuse/Minoa **(315) 463-5972**
 Camillus **(315) 487-2878**
 Fayetteville-Manlius/Jamesville-Dewitt **(315) 637-5446**
 Kosher **(315) 445-0820**
 North Area..... **(315) 452-1402**
 N. Syracuse **(315) 454-8427**
 Skaneateles..... **(315) 685-6079**
 Syracuse. **(315) 478-5948**

PEACE Inc. Food Service (315) 470-3331

Provides emergency food for families through food pantries. Also offers low cost lunches to anyone 60 and older at 24 sites in Onondaga County.

SNAP (Supplemental Nutrition Assistance Program)

421 Montgomery Street, Civic Center **(315) 435-2700**
 Syracuse, 13202 www.ongov.net/dss/foodstamps.html
 Program provides federal food stamp benefits that can be used to buy food. The amount of food stamp benefits you receive depends on household size, income and expenses.

INFORMATION & REFERRAL

HELPLINE Call 211

Onondaga County's 24 hour Helpline www.ongov.net
Onondaga County's Helpline is a free resource that provides human services information and referrals 24 hours a day, 7 days a week.

ACCESS Team

421 Montgomery St. 15th Floor
(24 hour hotline).....(315) 463-1100
Syracuse, 13202 www.oncaresoc.org
You should call ACCESS if: You have concerns about your child's/ youth's (ages 5-21) emotional or behavioral health; if your child or youth currently has a service plan that is not working for him/ her or your family; if your child is involved in more than one system (for example, Mental Health and Juvenile Justice) and you want those systems to work together better or if your child/ youth is at risk of needing an out-of-home placement.

AccessCNY

1603 Court Street (315) 455-7591
Syracuse, 13208 www.accesscny.org
Provides information, referral and an array of services to children and adults with mental health diagnosis, physical or developmental disabilities or health-related issues.

ARISE Child and Family Service, Inc.

635 James Street (315) 472-3171
Syracuse, 13203 www.ariseinc.org
An Independent Living Center providing advocacy and services to individuals of all ages with all types of disabilities, their families, and the community. Advocacy services include: health care, housing, benefits, and education. Other programs include Community Habilitation, consumer-directed personal assistance, employment services, independent living skills training, information and referral, mental health services, peer counseling, consolidated support services, inclusive recreation programs and Adaptive Design.

AURORA of Central New York, Inc

518 James Street TDD (315) 422-9746
Suite 100.....(315) 422-7263
Syracuse, 13203 www.auroraofcny.org
Offers a wide range of services to individuals who are blind, visually impaired, deaf or hard of hearing in Onondaga and contiguous counties, and their families. Services include: instruction in daily living skills; safe/independent travel training; instruction in adaptive technology for people with vision loss; information and referral; social work; outreach; support groups; Pre-College and work readiness training, vision/hearing screening and Sign Language Interpreting through the Marjorie Clere Interpreter Referral Services.

Burton Blatt Institute (BBI) at Syracuse University

Crouse-Hinds Hall, Suite 300 (315) 443-2863
900 S. Crouse Ave., 13244 www.bbi.syr.edu/web
The Burton Blatt Institute: Centers of Innovation on Disability (BBI) at Syracuse University was established to advance the civic, economic, and social participation of people with disabilities in a global society by creating a collaborative environment with entrepreneurial innovation and best business practices to foster public-private dialogue, and create the capacity to transform policy, systems, and people through inclusive education, the workforce, and communities.

Center for Community Alternatives, Inc. (CCA)

115 East Jefferson Street..... (315) 422-5638
Syracuse, 13202 www.communityalternatives.org
CCA provides community-based alternatives to incarceration programming. CCA offers recovery services, employment-related services, jail-based services, sentencing mitigation, legal services for civic restoration and services to youth including; Student Advocacy, Transition Coach, Violence Prevention, After School at PSLA High School. Supportive and emergency housing will soon be available.

Center on Human Policy at Syracuse University

805 S. Crouse Avenue (315) 443-3851
Syracuse, 13244 www.thechp.syr.edu
The Center on Human Policy (CHP) is a Syracuse University-based policy, research, and advocacy organization involved in the national movement to insure the rights of people with disabilities. Since its founding, the CHP has been involved in the study and promotion of open settings (inclusive community opportunities) for people with disabilities.

Central New York

Developmental Disabilities Regional Office (CNYDDRO)

187 Northern Concourse (315) 473-5050
N. Syracuse, 13212 www.opwdd.ny.gov
CNYDDRO is an agency of the New York State Office for People With Developmental Disabilities (OPWDD). Central New York DDRO works in partnership with families, voluntary agencies, and local governments to design, develop, and deliver programs and services that meet the needs of each individual and his or her family. Provides residential, habilitative, vocational, and support services; service coordination, home modification, counseling, recreation, respite, advocacy, life planning, clinical services, and referrals to community agencies for people with developmental disabilities and their families. Serving Cayuga, Cortland, Herkimer, Lewis, Madison, Oneida, Onondaga and Oswego Counties.

notes...

Commission for the Blind and Visually Handicapped (CBVH)

The Atrium, 100 S. Salina St., Suite 105.....**(315) 423-5417**
Syracuse, 13202 www.ocfs.state.ny.us/main/cbvh
Through the NYS Office of Children and Family Services. Provides rehabilitation services to individuals who are legally blind and reside in New York State. CBVH programs include: training for employment; business enterprise program; programs for older adults; programs for children. Services are coordinated by counselors and children's consultants. Syracuse Office has responsibility for 14 counties in Central NY including, Cayuga, Cortland, Madison, and Oswego.

Contact Community Services, Inc.

6311 Court Street Road..... **(315) 251-1400**
East Syracuse, 13057 www.contactsyracuse.org
Operated by the staff at Contact Community Services, Inc., 211CNY solves the problem of locating basic resources by enabling residents to call 2-1-1 or visit the website to get information on basic needs, consumer services, health and medical support, housing, crime victim services, legal and advocacy services and much more. If you or a loved one has a developmental disability, you can get important information about development disability services by calling 2-1-1 or visiting www.211cnydisability.com.

Early Childhood Direction Center (ECDC) Mid-State Region at Syracuse University

370 Huntington Hall **(315) 443-4444**
Syracuse, 13244 <http://ecdc.syr.edu>
Call ECDC if you have concerns about a young child under the age of five, both typically developing and those with special education needs. ECDC provides information, referral and support to families and professionals.

Exceptional Family Resources

1820 Lemoyne Avenue..... **(315) 478-1462 Ext. 337**
Syracuse, 13208 www.contactefr.org
Information and referrals are provided to families, professionals and to the general public, including linkage to services and programs for persons with disabilities.

GiGi's Playhouse

5885 E. Circle Drive, Suite 250 **(315) 288-7529**
Cicero, 13039 www.gigisplayhouse.org/syracuse
An educational and awareness center created to serve individuals with Down syndrome from birth to adulthood. Provides resources, specialized teaching, and support to individuals, families, and communities. Social opportunities for pre-natal diagnosis support, open play, baby and toddler groups, activities for young children, adolescents, and adults over 18. Free to families and specialized to meet needs of attendees.

Huntington Family Center

405 Gifford Street **(315) 476-3157**
Syracuse, 13204 www.huntingtonfamilycenters.org
Information and outreach, offers parent education, adolescent treatment programs Family support services, Medicaid service coordination, senior case management services.

LAUNCH

212 E. Manlius Street **(315) 720-9148**
E. Syracuse, 13057 www.ldacny.org
Provides general information on learning disabilities, ADHD, developmental disabilities and related disorders. Referrals, advocacy, family support services and parent training for families. Employment services, recreation program and community habilitation.

Onondaga County Department Office for Aging

421 Montgomery Street
10th floor, Civic Center **(315) 435-2362**
Syracuse, 13202 www.ongov.net/aging
Provides information and referrals for senior citizens, caregivers and families.

Onondaga County NY Connects

421 Montgomery St, 5th Floor, Civic Ctr..... **(315) 435-1400**
Syracuse, 13202 www.ongov.net/NYConnects
Offers information and assistance, and provides access, to appropriate and cost effective long-term care for all residents of Onondaga County.

Parent to Parent of NYS North Central Region

covered by Southern Tier Office..... (800) 971-1588
1885 Route 96A..... **(607) 869-2171**
Ovid, 14521 www.parenttoparentnys.org
Statewide organization that provides support, information and referral, workshops, trainings, webinars, and understanding OPWDD supports and services for family-caregivers who have children with developmental disabilities and/or special health care needs. Parent Matching program, when a parent can connect with a volunteer Support Parent who has a child with a similar need. All services are provided for free. Regional office serves: Onondaga, Cayuga, Cortland, Herkimer, Lewis, Madison, Oneida and Oswego Counties.

notes...

PEACE, Inc. Administration Office

217 S. Salina Street, 2nd Fl..... **(315) 470-3300**
 Syracuse, 13202 www.peace-caa.org

Serves low income families, offering many programs for families & individuals of all ages. For youth, such as Big Brothers/Big Sisters, Head Start and Early Head Start, community and Family Resource Centers; for seniors, such as community and Family Resource Centers, energy and housing (weatherization), information & assistance, foster grandparent program and senior nutrition; and family services such as energy and housing (weatherization), income tax preparation and community and Family Resource Centers. Family Resource Centers throughout the city and county provide emergency assistance, crisis interventions, and supportive services, advocacy, education, and family development.

Self-Advocacy Association of NYS (SANYS)

1005 W. Fayette Street, Suite 1A **(315) 473-6927**
 Syracuse, 13204 www.sanys.org

The Self-Advocacy Association of New York State is an organization led by people with the challenge of a developmental disability to assure the civil rights and responsibilities that include the opportunities and choices of equal citizenship.

Spanish Action League of Onon. Co., Inc.

700 Oswego Street..... **(315) 475-6153**
 Syracuse, 13204 www.laligaupstatecny.org

Bilingual information and assistance mainly directed toward the Latino population, but all clients are assisted regardless of their ethnic background.

Starbridge

1650 South Avenue **(315) 345-2555**
 Suite 200..... **(800) 650-4967**
 Rochester, 14620 www.starbridgeinc.org

Starbridge partners with people with disabilities, their families, and others who support them, to realize fulfilling possibilities in education, employment, health, and community living. Together, we transform communities to include everyone. Our main office is located in Rochester.

Our Parent Training & Information Center serves all of NYS except for the 5 boroughs of NYC and Long Island. In Central NY, our Family Education Specialist works with families of students who have disabilities or suspected disabilities to navigate school systems and policies, to understand laws governing special education, to improve educational outcomes, and to build positive family-school relationships. We offer advocacy, special education, and disability awareness workshops for families and professionals. We also support youth and families in Transition planning.

Syracuse Model Neighborhood Facility, Inc.

401 South Avenue **(315) 474-6823**
 Syracuse, 13204 www.swccsyr.org

Eligibility-city residents; located at Southwest Community Center; youth and young adults with developmental disabilities can take part in social, recreational, personal development activities, after school and day-long summer sessions. An independent living skills program for adults ages 21 and up. Family Support program: provides advocacy, information and support, as well as clothing, counseling, education, employment, food, legal and medical services. AIDS prevention, HIV support, substance abuse and violence intervention/prevention programs are also available.

**Syracuse University Parent Advocacy Center (SUPAC)
 New York State Special Education Parent Center
 (Mid-State Region)**

SU Center on Human Policy..... **(315) 443-4336**
 370 Huntington Hall **Toll Free (877) 824-9555**
 Syracuse, 13244 www.supac.org

SUPAC is the Mid-State Region Special Education Parent Technical Assistance Center. SUPAC provides parents of children with disabilities information, training, resources, and strategies to promote their meaningful involvement in their children's education; assist in understanding their children's disabilities; promote early resolution of disputes between parents and school districts; assist in understanding their procedural due process rights; and enhance parents' skills and levels of confidence to communicate effectively and work collaboratively with schools and other stakeholders to advocate and actively participate in their children's education. SUPAC serves the Syracuse City School District and the following BOCES/CiTi regions: Cayuga-Onondaga; Herkimer-Fulton-Hamilton-Otsego; Madison-Oneida; Oneida-Herkimer-Madison; Oswego County; Onondaga-Cortland-Madison; and Tompkins-Seneca-Tioga.

Whole Me, Inc.

1010 James Street, **(315) 468-3275**
 Syracuse, 13209 www.wholemeinc.com

For deaf, hard-of-hearing, young adults, and their families. Provides access to educational, social and community resources. Programs promote cultural diversity, literacy development, transition and life skills training, employment opportunities and socialization. After-school programs for deaf/hh and hearing children; may have combined additional disabilities. Parent advocacy, referral and resource support; sign language classes; NYRELAY/711 telecommunication; information/training services and mentoring opportunities.

INSURANCE

MEDICAID

The Facilitated Enrollment Program offers families in Onondaga County the opportunity to enroll in the public health insurance program that will meet their medical and dental needs. Facilitated Enrollment offers an easy way for families to apply for Family Health Plus, Medicaid and Child Health Plus. Facilitated enrollers will meet with families at convenient times and locations to complete an application and gather the necessary documents to determine their eligibility for health insurance.

Onondaga County Department Office for Aging, HIICAP (Health Insurance Information, Counseling and Assistance Program)

421 Montgomery St, Civic Center **(315) 435-2362**
Syracuse, 13202 www.ongov.net/aging
Provides Medicare Prescription Drug Plans, Medicare Advantage Plans, Medigap Supplemental Plans, EPIC - NYS Prescription Benefit for Seniors, Extra Help Low Income Subsidy, Medicare Savings Program.

MEDICARE

Medicare Made Simple, LLC.....(315) 676-4933 www.mymedicaremakesimple.com

Retiring? Medicare Changes Got You Confused? Theresa provides a service of helping those eligible for Medicare, understand the Medicare system and their options through seminars or one-on-one meetings. Enrollment options include Medicare Advantage, Medicare Supplements & Prescription Drug plans. As a licensed agent, I offer Medicare plans with several insurance carriers and I guide you through understanding how these plans work. Together we choose the right plan that fits YOUR health care and prescription needs. Coverage can also be obtained for those who qualify because of a disability & veterans who need additional coverage to fill the gaps in coverage the V. A. doesn't offer. Best of all, agent commissions are paid by the carriers; agents are not fee based. Call today with questions or to set up an appointment!

CELEBRATING 10 YEARS-October 2018

notes...

Onondaga County Department Office for Aging, HIICAP (Health Insurance Information, Counseling and Assistance Program)

421 Montgomery St, Civic Center **(315) 435-2362**
Syracuse, 13202 www.ongov.net/aging
Provides Medicare Prescription Drug Plans, Medicare Advantage Plans, Medigap Supplemental Plans, EPIC - NYS Prescription Benefit for Seniors, Extra Help Low Income Subsidy, Medicare Savings Program.

PEACE, Inc. Health Plan Enrollment (Affordable Care Act)

Administration Office **(315) 470-3325** Spanish
217 S. Salina Street, 2nd Fl..... **(315) 634-3752** English
Syracuse, 13202 www.peace-caa.org
The health plan enrollment specialist is a certified application counselor who educates the community on the Affordable Care Act and helps individuals and families to obtain health insurance through the NY State of Health marketplace. We provide in person application assistance to help people enroll and to renew their coverage.

Medicare Made Simple, LLC



"The Medicare Lady"



Theresa Cangemi, CSA, CLTC
Owner/Medicare Specialist/Independent Agent
H/O: 315-676-4933
Email: tcangemi@twcny.rr.com

www.MyMedicareMadeSimple.com

Medicare Advantage • Medicare Supplement • Prescription Drug Plans
Long Term Care (CLTC) • Life Insurance • Final Expense (Burial)
Dental Plans • Travel Insurance

LEGAL & ADVOCACY

New York State Education Department provides “**A Parent’s Guide to Special Education**,” describing the rights of parents whose children receive special education services, is available on the NYS Education Department website www.p12.nysed.gov/specialed

AccessCNY

1603 Court Street **(315) 455-7591**
Syracuse, 13208 www.accesscny.org

AccessCNY is active in informing the community on issues related to people with disabilities. The agency has an Advocacy committee composed of self-advocates, staff and community members. AccessCNY provides information on issues such as the American’s with Disabilities Act and hosts forums on disability related issues with other area providers.

ARISE Child and Family Service, Inc.

635 James Street **(315) 472-3171**
Syracuse, 13203 www.ariseinc.org

Offers individual and systems advocacy on issues concerning the rights of people with disabilities, facilitates legal appeals for public benefits. Provides information and education on ADA (Americans with Disabilities Act) issues, IDEA (Individuals with Disabilities Education Act) and other laws relating to disabilities. Provides information on health care rights and assists with locating affordable and accessible housing for individuals with disabilities.

Center for Community Alternatives, Inc. (CCA)

115 East Jefferson Street..... **(315) 422-5638**
Syracuse, 13202 www.communityalternatives.org

CCA provides community-based alternatives to incarceration programming. CCA offers recovery services, employment-related services, jail-based services, sentencing mitigation, legal services for civic restoration and services to youth including; Student Advocacy, Transition Coach, Violence Prevention, After School at PSLA High School. Supportive and emergency housing will soon be available.

Center on Human Policy at Syracuse University (CHP)

302 Huntington Hall **(315) 443-3851**
Syracuse, 13244 www.thechp.syr.edu

The CHP is a policy, research and advocacy organization involved in the national movement to ensure the rights of people with disabilities. Interests include education, community living, transportation, jobs, medical care, and rehabilitation. Offers info on laws, regulations, policies and on how to obtain quality community services. Free.

Disability Rights New York Inc. (DRNY)

TTY **(518) 512-3448**..... Toll Free **800-993-8982**
725 Broadway, Suite 450 **(518) 432-7861**
Albany, 12207 www.disabilityrightsny.org

Formally known as Disability Advocates, DRNY represents people with legal issues relating to their disability.

Exceptional Family Resources

1820 Lemoyne Avenue..... **(315) 478-1462 Ext. 337**
Syracuse, 13208 www.contactefr.org

Resource Specialist can offer information and referrals on disability related topics such as: educational advocacy, educational entitlements, financial assistance and linkage to local community agencies and other resources. We provide free workshops at our office on special education school regulations K-12, transition services, special needs trusts, guardianship information and other disability related topics. The Resource Specialist provides outreach and community awareness trainings on disability and autism awareness. These trainings are for parents, school district staff, medical professionals, agency staff, including police and emergency First Responders.

Hiscock Legal Aid Society

351 S. Warren Street **(315) 422-8191**
Syracuse, 13202 www.hiscocklegalaid.org

Legal aid for people of low income in non-felony criminal cases by city court assignment and in civil cases such as divorce, landlord, tenant, and unemployment. There are eligibility guidelines. Free.

Legal Aid Society of Mid-NY Inc., Legal Services of Central New York

221 S. Warren Street Suite 310 **(877) 777-6152**
Syracuse, 13202 www.lscny.org

Provides free legal assistance to low-income families and individuals for landlord/tenant problems, foreclosure, public benefits, unemployment insurance.

Mental Hygiene Legal Service

224 Harrison Street, Suite 502..... **(315) 473-9495**
Syracuse, 13202 www.courts.state.ny.us/ad4/mhls

The MHLS is responsible for protecting and advocating for the rights of people who reside, or are alleged to be in need of care and treatment, in facilities licensed to provide services for mental illness, developmental disabilities or chemical dependence, and to individuals wherever they may reside, who may otherwise become subject to substituted decision making, either by virtue of becoming a ward of the court, by guardianship proceeding, or by virtue of being made subject to other specific substitute decision making authority, or involuntary outpatient treatment, allowed and put in place by the laws of NYS. Serves Cayuga, Onondaga and Oswego Counties.

MEDICAL HOME CARE

CONSUMER DIRECTED PERSONAL ASSISTANCE PROGRAM (CDPAP)

The following information about the Consumer Directed Personal Assistance Program (CDPAP) can be found on the NYS Department of Health website: www.helath.state.ny.us/health_care/Medicaid/program/longterm/cdpap

This Medicaid program provides services to chronically ill or physically disabled individuals who have a medical need for help with activities of daily living or skilled nursing services. Services can include any of the services provided by a personal care aide (home attendant), home health aide or nurse. Recipients have flexibility and freedom in choosing their caregivers. The consumer or the person acting on the consumer's behalf, such as the parent of a disabled or chronically ill child, assumes full responsibility for hiring, training, supervising, and – if need be – terminating the employment of persons providing the services.

How do I find the CDPAP?

Before a person can receive services, his or her doctor must send a completed Physician's Order for Services to the local social services district which then completes a social and nursing assessment. A nurse assessor then determines whether the recipient can appropriately participate in CDPAP, and recommends the amount, frequency and duration of services.

Requirements of CDPAP

Recipients must be able and willing to make informed choices regarding the management of the services they receive, or have a legal guardian or designated relative or other adult able and willing to help make informed choices. The consumer or designee must also be responsible for recruiting, hiring, training, supervising and terminating caregivers and must arrange for backup coverage when necessary, arrange and coordinate other services and keep payroll records.

AccessCNY

1603 Court Street (315) 410-3332
Syracuse, 13208 www.accesscny.org
AccessCNY offers home care through its Self-Directed Personal Services program. AccessCNY acts as the employer for payroll, insurance and benefits for personal assistants. AccessCNY trains participants in how to use the service and bills Medicaid for services provided.

ARISE Child and Family Service, Inc.

635 James Street.....(315) 671-2990
Syracuse, 13203 www.ariseinc.org
ARISE's Consumer-Directed Personal Assistance Program (CDPAP) gives eligible individuals who are receiving Medicaid-funded home care services the opportunity to hire, train, supervise, and terminate, if needed, their own Personal Care Assistant. Available in Onondaga & Oswego Counties.

Maxim HealthCare Services

224 Harrison Street, Suite 680 (315) 476-0600
Syracuse, 13202 www.maximhealthcare.com

CareFocus, is committed to enhancing the quality of life for people with disabilities and cognitive disorders through developmental and behavioral disability services, socialization support and more. Service recipients are involved in activities that promote stability, growth and focus on individual development. Through in-home assistance or community-based living assistance, our goal is to encourage the successful integration of our service recipients into their community.

HOME HEALTH CARE

Home health care refers to services that make it possible for people to remain at home rather than use residential, long-term or institutional-based nursing care. Services, ages and insurances vary; Medicare, Medicaid & private insurances.

AccessCNY-Home Service Program

6666 Manlius Center Road (315) 218-0844
East Syracuse, 13057 www.accesscny.org

Due to a variety of circumstances, individuals with disabilities may sometimes "fall through the cracks" of traditional funding streams and services. This may be especially true of those with adult-onset disabilities such as arthritis, multiple sclerosis, or ALS. The goal of the Home Service program is to provide services to these individuals directly in their home communities and help them to lead active and productive lives. The Home Service program is a joint venture between the Cerebral Palsy Associations of New York State and the New York State Elks Association. Home Services help individuals with disabilities find local services to meet their specific needs. The program also provides advocacy, counseling, and follow-up to ensure the needs and rights of the participants are being upheld

CCH Homecare and Palliative Services, Inc.

990 Seventh North Street (315) 641-2385
Liverpool, 13088 www.cchhomecare.com

Services include cardiac care, case management, diabetes education, home health aides, home infusion therapy, nutrition counseling, occupational therapy, palliative care, personal care, physical therapy, skilled nursing, speech therapy, telephone care monitoring and wound care. Accepts Medicare, Medicaid and private insurance.

Gentiva Health Services, Inc.

200 Elwood Davis Road (315) 461-0209
Liverpool, 13088 www.gentiva.com

Services include skilled nursing, cardiac care, hospice services, infusion services, neurorehabilitation, medication management, pain management, occupational therapy, physical therapy, speech therapy and wound care for individuals age 65 and older. Accepts Medicare Part A and private insurance.

Home Aides of Central New York, Inc.

723 James Street (315) 476-4295
 Syracuse, 13203 www.eldercarecny.org
 Services include skilled nursing, home health aide, homemaker and companion care. Caregiver respite available for individuals age 60 and older or anyone over age 60 who is caring for a chronically ill or disabled younger person. Accepts Medicare, Medicaid, private insurance and long-term care insurance.

Onondaga County-Long Term Care NY Connects LTC Resource Center

421 Montgomery Street 10th Floor..... (315) 435-2362
 Syracuse, 13202 www.ongov.net
 Assesses the level of services needed to meet long term care/home care needs. Provides information, assistance and screening services and assessment and/or enrollment services for several Medicaid programs.

PACE CNY(Program of All-Inclusive Care for the Elderly) -Sally Coyne Center

100 Malta Lane (315) 452-5800
 N. Syracuse, 13212 www.pacecny.org

-Catherine McAuliffe Center

115 Creek Circle (315) 452-5800
 E Syracuse, 13057 www.pacecny.org
 Services include home care, medication management, occupational therapy, physical therapy, speech therapy and day care for individuals age 55 and older.

Self-Direct, Inc.

12 Oswego Street (315) 635-5374
 Baldwinsville, 13027 www.selfdirectinc.com
 Personal care aides for individuals with traumatic brain injury.

St. Camillus Home Care

813 Fay Road (315) 488-2831
 Syracuse, 13219 www.st-camillus.org
 Services include skilled nursing, personal care and rehabilitation.

St. Joseph's Home Care Agency

7246 Janus Park Drive (315) 458-2800
 Liverpool, 13088 www.sjhomecare.com
 Services include skilled nursing, occupational therapy, physical therapy, nutritional therapy, speech therapy and respiratory therapy.

Visiting Nurse Association of Central New York, Inc.

1050 W. Genesee Street (315) 476-3101
 Syracuse, 13204 www.vnacny.org
 Services include skilled nursing, case management, occupational therapy, physical therapy, cardiac care, nutrition counseling, speech therapy, psychiatric nursing and wound care for children and adults. Accepts Medicare, Medicaid and private insurance.

RECREATION & LEISURE

Ability-Fitness

P.O. Box 2125 (315) 506-2463
 Syracuse, 13220 www.ability-fitness.org
 To provide individuals with disabilities access to a non-fee based fitness center with specialized personal trainers, ability specific equipment and an environment for healthy growth and development. Our goal is to assist each individual in exceeding personal fitness goals and perceived expectations, and in the process proving that disabilities don't limit an individual's ability to excel physically or mentally while fulfilling lifelong fitness

AccessCNY

6666 Manlius Center Road (315) 218-0844
 East Syracuse, 13057 www.accesscny.org
 AccessCNY offers a number of recreation programs for individuals with disabilities. Several recreation services are offered in conjunction with community agencies like the YMCA or neighborhood center. A three week summer camp is also offered in late July and early August. Project Adapt, the agencies assistive technology lending library, allows individuals to borrow everything from toys and games to bikes and wheelchairs

Advocates, Inc.

290 Elwood Davis Road (315) 469-9931
 Liverpool, 13088 www.advocatesincorporated.org
 Family-centered recreational activities for individuals with disabilities and their families. Activities are free to families who qualify for OPWDD (Office for People With Developmental Disabilities) services. Activities may include but are not limited to: bowling, fishing, roller skating, picnics, dances, ball games and local theatre.

Arc of Onondaga

600 S. Wilbur Avenue (315) 476-7441
 Syracuse, 13204 www.arcon.org

-ART SURGE Program is a comprehensive arts recreation program for teens (13-18yrs) diagnosed with an autism spectrum disorder. Call for class schedule. Weekly evening classes and daily summer sessions.

-Community Recreation & Leisure activities for adults and teen with developmental disabilities who reside with their families. Each month, a schedule is offered to members so they may choose activities in which to participate, such as sporting events, community fairs, tours, and movies. Members and their families are encouraged to assist in the planning of activities.

ARISE Child and Family Service, Inc.

635 James Street (315) 472-3171
Syracuse, 13203 www.ariseinc.org

-ARISE & Ski was one of the earliest adaptive winter sports programs in the region. Our PSIA-certified instructors and skilled volunteers teach people of all ages and abilities how to ski and snowboard. Lessons run for six weeks at Toggenburg Mountain Winter Sports Center in Fabius.

-UNIQUE is an art and literary magazine that shares the artistic visions and voices of individuals with disabilities. The magazine is published annually by ARISE and celebrates the creative work of central New York artists and writers who have disabilities. We are proud to debut the magazine every year with an exhibit at the Everson Museum of Art and then exhibit the work throughout the region.

-Young Adult Art Explorer's Club is a weekly club for young adults to experience and enjoy creating art! With the assistance of ARISE staff members, young adults ages 14 to 21 are welcome to attend independently or with a family member or volunteer. Interested participants under the age of 14 who are responsible can attend. Members will have the chance to experiment with different artistic mediums. This is a free club to belong to and all supplies are included. Anyone who is interested must be OPWDD Waiver eligible.

ARISE at the Farm

1972 New Boston Road.....(315) 687-6727
Chittenango, 13037 www.ariseinc.org

A 77-acre inclusive recreation center where we provide year-round recreation and education programs for people of all ages and abilities. Services include therapeutic and adaptive horseback riding, horse cart driving, inclusive summer camps, horsemanship camps, and school break recreation. People coming to the Farm can use our paved track for adaptive cycling/walking/running, can play on our 16,000 square foot accessible playground, go fishing, use the high rope course, and can arrange for field trips to the Farm. People of all ages and abilities are welcome to visit or volunteer.

ARISE Child and Family Service, Inc.

9 Fourth Street..... (315) 342-4088
Oswego, 13216 www.ariseinc.org

-Teen Group: This group is for teenagers ages 13 to 19 (or until leaving school). This group fosters building of social skills and friendships. They often travel throughout Oswego or Onondaga County to discover new adventures.

Wonderworks, The MOST, Plays, Get Air and the Strong Museum are some of the outings we have gone on.

-Community Connections Group: This group is for young adults ages 20 and older who enjoy social activities. We hold game nights, go bowling, attend dances, have fun getting together based on the desires of the group.

ARISE Child and Family Service, Inc.

21 Lincoln Street..... (315) 255-3447
Auburn, 13021 www.ariseinc.org

-Freedom Camp: promotes an individual's fullest level of participation in recreation and social activities through programs focused on the development of skills needed for community integration; empower the siblings of individuals with disabilities to appreciate and cope with their unique circumstances. Also offering Teen Group, Social Skills, and Young Adult Groups.

ASTRIDE

P.O. Box 8241 (315) 469-1622
Syracuse, 13220 www.ncpad.org/programs

A recreational horseback riding program for people with disabilities. Astride is a volunteer, not-for-profit organization whose mission is to help people with disabilities to ride horses. Astride was founded in 1978. It is a member operating center of the North American Riding for the Handicapped Association (NARHA). We currently have two riding locations: Tanglewood Farm in LaFayette and Smoke Tree Farm in Lysander.

Boy Scouts: Integrated Troops

2803 Brewerton Road (315) 463-0201
Mattydale, 13211 www.cnyscouts.org

Camp Fire USA CNY Council

7 Adler Drive..... (315) 463-8799
E. Syracuse, 13057 www.campfireusacny.org

Camp Fire USA offers Club and Camping Programs to all school aged children. These programs have trained adult role models, show children how to constructively use their time and expose children to diversity. Every effort is made to accommodate children with special needs. Clubs are generally held weekly, in the child's neighborhood. Camping opportunities are day and residential at the council owned site, Camp Talooli.

Casey's Place

228 Lafayette Road..... (315) 492-9990
Syracuse, 13205 www.elmcrest.org

Teen night Friday evenings for youth ages 14-21 years
Caterpillar Club Saturday afternoons ages 4-8 years

Champions for Life Sports Center

453 Grant Avenue Road (315) 252-9305
Auburn, 13201 www.Championsforlife.org

Offers gymnastics, tennis, karate, fitness center, dance studio, indoor golf and soccer - regular and power wheel chairs are welcome. Integrated and 1:1 programs for ages 3 and up. Scholarships available for individuals with disabilities, this is a year-round center.

CNY United Power Soccer (315) 857-7934

E. Syracuse, 13057 www.cnyunited.uspsateams.org
 A team sport, unisex, developed specifically for people with physical disabilities who use power wheelchairs or have a physical disability that prevents them from playing soccer. Players may use a protective wheelchair attachment and oversized soccer ball. Practices are September through June at the E. Syracuse Elementary school gym on Friday evenings from 6:30-8:30

East Area Family YMCA

200 Towne Drive **(315) 952-8531**

Fayetteville, 13066 www.ycny.org
 The East Area Family YMCA caters to families with diverse needs. Whether it be sports, swimming lessons, academic support, preschool, before/after school care, and/or inclusion needs, we've got you covered.

Exceptional Family Resources (EFR)

1820 Lemoyne Avenue..... **(315) 478-1462**

Syracuse, 13208 www.contactefr.org

-Project Explore is a summer and winter recreational respite service for youth ages 13-21 with developmental disabilities. The service runs weekdays, the end of June through mid-August and one week in the winter. Youth enjoy typical recreational activities each day of service. OPWDD eligibility and enrollment in the HCBS Medicaid Waiver are required.

-Parent's Night Out is a group respite service for kids ages 6-12 that provides monthly recreational activities. OPWDD eligibility is required.

-Friends Connection partners with people 18+ who have a developmental disability with volunteers from the community to enjoy recreational activities together. We offer monthly events and are always looking for new volunteers. The student placement component partners with local colleges and universities to match students with service recipients ages 13-25 to enjoy activities together throughout a semester. OPWDD eligibility is required.

From the Ground Up Therapeutic Horsemanship, Inc.

1238 North Road..... **(315) 382-3664**

Tully, 13159 www.ftguhorses.org

An adapted riding lesson program that addresses physical, cognitive, social and educational goals through the context of working with and riding horses. See our website for details and registration. Volunteer training available!

GiGi's Playhouse

5885 E. Circle Drive, Suite 250 **(315) 288-7529**

Cicero, 13039 www.gigisplayhouse.org/syracuse

An educational and awareness center created to serve individuals with Down syndrome from infancy through adulthood. Resources, specialized teaching, and social opportunities for prenatal diagnosis support, open play, baby and toddler groups, activities for young children, adolescents, and adults over 18. Free to families.

Girl Scout Council of Central NY

8170 Thompson Road **(315) 698-9400**

Cicero, 13039 www.gscny.org

Year round programming for girls of all abilities ages 5-17. Opportunities include summer day camps (with buses provided to sites). Troop activities include camping, challenge course, caving, science and engineer activities as well as math related topics. Financial assistance is available to eligible families.

Greek Peak Mountain Resort

2000 NYS Route 392 **(607) 835-6111**

Cortland, 13045-9541 www.gpadaptive.org

Greek Peak provides a comprehensive learn to ski program for people with disabilities with stand-up mobility. Mon-Sat, call for an appointment. Cost varies.

Hollow Reed Dance

Believers' Chapel

7912 Thompson Road.....info call **(315) 956-7626**

Cicero 13039

The adult dance is every Friday night 7-9pm in the youth sanctuary, \$5 admission. Drinks 75 cents; snacks 50 cents.

HOPE.network (at Northside Baptist Church)

7965 Oswego Road **(315) 652-3160**

Liverpool, 13090 www.northsideonline.org

Therapeutic dance groups; HOPE's Angels for school age children, HOPE's Ambassadors for teens and adults, HOPE's Cherubs for preschoolers. The HOPE Club is a socialization group for adults (18yrs +) with disabilities. HOPE.Happenings is a quarterly newsletter and calendar.

Just for Kicks Soccer

(at The Ultimate Goal Family Sports Center)

380 Lee Mulroy Road **(315) 673-4625**

Marcellus, 13108 www.ultimategoalonline.com

A developmental soccer program for children with disabilities ages 3-21.

LAUNCH

212 E. Manlius Street..... **(315) 870-9453**

E. Syracuse, 13057 www.ldacny.org

Adult Social Recreation provides weekly social opportunities for adults on Tuesday, Wednesday or Thursday evenings and one weekend each month. Group participants are involved in planning activities.

Move Along, Inc.

P.O. Box 2205 **(315) 420-4765...or...(315) 374-0082**

Liverpool, 13090 www.movealonginc.com

Provides recreational opportunities for people who live with disabilities in Central NY. Programs include tennis, basketball, sled hockey and kayaking. Formerly operating under the name Syracuse Flyers Wheelchair Sports Inc.

**New York State Inclusive Recreation Resource Center
(NYS IRRRC)**

www.cortland.edu/nysirrc

Promotes inclusive recreation opportunities so that people of all abilities can recreate and play wherever they choose. Projects include the development of a state-wide database that provides descriptive information about recreation programs, sites and facilities throughout NY. It also provides training and technical assistance to recreation providers so that all services can be as inclusive as possible.

**New York State Office of Parks, Recreation and
Historic Preservation** (315) 492-1756

Central Region www.nysparks.com

Detailed information about accessibility at all state parks.

Onondaga County Parks

106 Lake Drive..... (315) 451-7275

Liverpool, 13088 www.onondagacountyparks.com

Operates 6500 acres of regional attractions and educational facilities which are accessible to people with special needs. The Wegmans Playground at Onondaga Lake Park is a "Boundless" adventure area which has wheelchair access, customized swings, safety surfacing, and sensory rich, age zoned activity sections. Amtrykes, children's wheelchairs, helmets, and multi-rider bicycles are available at the Griffin Recreation Concession. Seven miles of level, paved trails, the lift-equipped Wegmans Trams, and accessible shoreline fishing sports are also features of Onondaga Lake Park. The Rosamond Gifford Zoo, Beaver Lake Nature Center, "Time Out To Fish" program at Carpenter's Brook Fish Hatchery, ramp accessible Jamesville Beach, Lights on the Lake at Onondaga Lake Park.

Special Olympics

187 Northern Concourse (315) 473-2933

N. Syracuse, 13212 www.specialolympics.org

Sports training in 23 sports for people with intellectual disabilities. Training by trained Special Olympic coaches on a seasonal basis throughout the year. Participants expected to attend all training sessions during season. (8-10 weeks)

Syracuse Challenger

Little League Baseball (315) 433-5176

Baseball for ages 5-21, with developmental and/or physical challenges and disabilities. www.syracusechallengers.com

Syracuse Chargers Track Club

118 Foxcroft Lane..... (315) 637-6211

Fayetteville, 13066 www.syracusechargers.org

Program open to community participants, at the SRC Arena at Onondaga Community College.

notes...

Syracuse Model Neighborhood Facility, Inc.

401 South Avenue (315) 474-6823

Syracuse, 13204 www.swccsyr.org

Eligibility-city residents; located at Southwest Community Center; youth and young adults with developmental disabilities can take part in social, recreational, personal development activities.

Syracuse Parks, Recreation and Youth Programs

www.syracuse.ny.us (315) 473-4330

Several playgrounds have equipment accessible for people with disabilities.

The Kelberman Center - Offices in Syracuse and Utica

2608 Genesee Street..... (315) 797-6241

Utica, 13502 www.kelbermancenter.org/events

The Kelberman Center offers both center-based and community-based recreation activities and summer camps for all ages in locations across Central New York. Many groups and activities can be accessed with Community Hab and/or Respite units, as well as being open to all with private pay options. Popular recurring programs include Art, Bowling, Cooking, Fitness, Swim, and more! The Center also organizes family and seasonal events including picnics, dances, sensory movies, etc. For a full listing of current programs and activities, visit our online events calendar.

TOPSoccer Syracuse Soccer Academy

333 Pulaski Street (315) 450-4898

Syracuse, 13204 www.facebook.com/syracuseTOPSoccer

Created to bring the fun and excitement of learning and playing soccer to any boy or girl, who has mental or physical challenges. Children ages 5-21. Admission is free.

Westcott Community Center

826 Euclid Avenue (315) 478-8634

Syracuse, 13210 www.westcottcc.org

Committed to address inclusion, the Center offers programs and services including; senior services Golden Cafe for daily lunch and socialization, dinners and classes, the Neighborhood Advisor program, and fitness classes. Recreation programs for all ages including Euclid Recreation Club, dances with live music and activities. Monthly dances, the first Saturday evening of each month, (with exceptions) from 7-9:30 PM. Live music and refreshments. \$2.00 admission charged at the door. Age 18 and up. No dances July and August. Our Kid's Club after-school program welcomes youth ages 8-14 with disabilities.

notes...

RELIGIOUS PROGRAMS

Capernaum Young Life

600 Oswego Street, Suite 6..... (315) 451-0064
 Liverpool, 13088 www.syrnorth.younglife.org
 Young Life leaders have the privilege of knowing and sharing their lives with kids and Young Life Capernaum gives young people with mental and physical disabilities the chance to experience fun and adventure, to develop fulfilling friendships and to challenge their limits while building self-esteem through club, camp and other exciting activities. While all activities are open to every kid, many areas have dedicated programs for kids and young adults with disabilities, typically referred to as Young Life Capernaum Ministries.

InterFaith Works of Central New York, Inc.

3049 E. Genesee Street (315) 449-3552
 Syracuse, 13224 www.interfaithworkscny.org
 InterFaith Works promotes compassion, cooperation and partnership among the diverse faith traditions in Central New York with the goal of increasing understanding and harmony among all people. We do this through education and dialogue. We also provide advocacy and six social service programs which serve people in need including refugees, the elderly, the disabled, and the institutionalized. As a result, thousands of people in our community are enabled to live better lives as our neighbors.

Ministry for People with Disabilities

240 E. Onondaga Street (315) 470-1491
 Syracuse, 13201 www.syracusediocese.org
 The Roman Catholic Diocese of Syracuse, supports and initiates efforts to fully include people with disabilities in all aspects of the life of the Church. Provides services and resources to people with disabilities, their families, friends, and advocates. Pastoral counseling, education, referrals, Liturgical celebrations, church related on-site accessibility consulting.

RESIDENTIAL & HOUSING

AccessCNY

1603 Court Street (315) 410-3376
 Syracuse, 13208 www.accesscny.org
 Provides residential services in Onondaga County to people with developmental disabilities and residential and housing supports to adults with mental health diagnosis. AccessCNY operates several small group homes (3-4 people) and provides community habilitation services to people living in their own homes or apartments. The level of support provided is based on individual need and desire.

Arc of Onondaga

600 S. Wilbur Avenue (315) 476-7441
 Syracuse, 13204 www.arcon.org
 People choose from a variety of housing alternatives, supports and services to assist them in maximizing their abilities for living. Services include community residence living and apartments.

ARISE Child and Family Service, Inc.

635 James Street (315) 472-3171
 Syracuse, 13203 www.ariseinc.org
 Provides **advocacy** and services with all types of disabilities ARISE's free housing locating and advocacy program provides support and assistance with: finding accessible housing in the community, housing discrimination, landlords who are not willing to accept your service or companion animal, referrals to community programs, and requesting accessibility modifications.

Center for Community Alternatives, Inc. (CCA)

115 East Jefferson Street..... (315) 422-5638
 Syracuse, 13202 www.communityalternatives.org
 CCA provides community-based alternatives to incarceration programming. CCA offers recovery services, employment-related services, jail-based services, sentencing mitigation, legal services for civic restoration and services to youth including; Student Advocacy, Transition Coach, Violence Prevention, After School at PSLA High School. Supportive and emergency housing will soon be available.

Central New York Developmental Disabilities Regional Office (CNYDDRO)

187 Northern Concourse (315) 473-5050
 N. Syracuse, 13212 www.opwdd.ny.gov
 Serves people in an eight county area that have a developmental disability. Operates Family Care homes and a range of community settings for children and adults, and residential supports for families.



HUNT REAL ESTATE ERA
 Fayetteville - Dewitt Branch
 6849 East Genesee Street
 Fayetteville, New York 13066
 (315) 446-4681

ANDREW ALPERN
 LICENSED REAL ESTATE SALESPERSON

D: (315) 744-0831
 F: (315) 701-1181
 E: andrew.alpern@huntrealestate.com
 W: enykeyteam.com



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*Ask about our sellers security plan - Some restrictions apply

Central New York Services, Inc.

518 James Street, Suite 240 (315) 478-2453
Syracuse, 13203 www.cnyservices.org

Residential and housing opportunities for those who are severely and persistently mentally ill and/or homeless. The level of support provided is based on individual need and desire.

-Supported Housing: Supported Housing Programs assist dually diagnosed adults to obtain independent apartment living within the community by providing individualized levels of support based on consumer need. Supports include assistance with housing set up, communication with landlords, financial sources, and treatment teams. Consumers are not subject to outside program attendance or length of stay requirements. These programs are designed for consumers who are presently underserved within the community and to assist in maintaining housing through support and advocacy.

-Community Residence: Serves dually diagnosed men (8 beds) with Axis I mental health diagnosis and substance abuse issues in a chemical-free, home-like residence. Supportive environment provides twenty-four hour supervision and encourages personal growth. Residential specialists work 1:1 to assist with activities of daily living and provide individualized services in 11 rehabilitative areas.

-Welch Terrace: Residential opportunity for consumers with HIV-related disabilities. One bedroom apartments may accommodate more than one person. Units with kitchen, living room and bath designed for persons with physical disabilities. Secure environment offers support services for promotion of a healthy lifestyle without drug or alcohol dependency.

-Susan's Place: Community based apartment program serving women diagnosed with mental health and other disabilities who are transitioning out of homelessness as defined by the NYS Office of Housing and Urban Development (HUD). Collaborative program with NYS Office of Mental Health overseeing a portion of apartments reserved for women with mental health issues and HUD regulating the portion open to women with other disabilities. Some capability to serve women with dependent children under the HUD portion.

-Intensive Apartment Program: Serves dually diagnosed men and women with Axis I mental health diagnosis and substance abuse issues. Program includes individualized service plans. Clients are required to participate in appropriate programming. Two bedroom apartments accommodate adults with children. Residential specialists work 1:1 to assist with activities of daily living and provide individualized services in 11 rehabilitative areas.

-Single Room Occupancy: Long-term housing for adults with serious and persistent mental illness or Axis I diagnosis. Residences staffed 24/7 with secure reception areas. On-site staff provides services including medication management, crisis intervention, activities for daily living, social and recreational opportunities. Meals and snacks provided in dining rooms as well as access to cooking facilities. Laundry

rooms, computer/library rooms, TV lounges, and game rooms available. Consumers encouraged to further independent living skills and may transition to less supportive housing, but no limit exists for length of stay. Residents eligible for SSI Level II Benefits.

Christopher Community

990 James St TTY (800) 662-1220 (315) 424-1821
Syracuse, 13203 www.christopher-community.org

A non-profit development and management company specializing in housing for seniors, families, and people with disabilities in Upstate New York.

Community Options, Inc.

216 W. Manlius Street..... (315) 431-9859
E. Syracuse, 13057 www.comop.org

Provides support that allows people with disabilities the options to remain in their home and community; return to work; and maintain a level of independence with self-care and activities of everyday life.

Elmcrest Children's Center

960 Salt Springs Road..... (315) 446-6250
Syracuse, 13224 www.elmcrest.org

-Residential Treatment: Elmcrest campus residential treatment programs for preadolescent & adolescent males and females, who have been placed by the court system and are in need of a behavioral management support and therapeutic intervention. The treatment plan is inclusive of the youth's family and/or discharge resource. This is fundamental as we work toward successful integration back into their home community.

-Euclid Residence: Euclid Ave, Syracuse Community Residence for adolescent males capable of functioning and thriving in a community-based level of care. The program creates opportunities and experiences for our youth to further develop their social skills and independent living skills.

-Family Support Center: Transitional residence for children entering and moving through the foster care system in Onondaga County. FSC serves up to 14 males and females from 0-18 years old.

-Diagnostic placement/assessment: youth can get full psychological assessment to determine treatment placement needs.

Fair Housing Council of Central New York

327 W. Fayette Street (315) 471-0420
Syracuse, 13202 www.nyfairhousing.org

A nonprofit organization dedicated to promoting equal housing opportunity for everyone by helping to enforce laws against discrimination in housing on the basis of race, color, religion, sex, age, national origin, sexual orientation, military status, source of income, disability and familial status.

Home HeadQuarters, Inc.

538 Erie Boulevard West Suite 100 **(315) 474-1939**
Syracuse, 13204 www.homehq.org

Offers nationally-certified homebuyer education for first time homebuyers, financial and homeownership counseling, Foreclosure Prevention and real estate planning and development. Providers of affordable home and energy improvement loans and grants to area homeowners.

H.O.M.E., Inc

(Humanitarian Organization for Multi-cultural Experience)

831 James Street **(315) 472-5110**
Syracuse, 13203 www.homeincny.org

Hudson Street Apartment's head of household must have a developmental disability. These apartments are located on 314 Hudson Street, White-Skipworth Apartments 1133 & 1151 W. Onondaga Street. We provide a diversified living opportunity for people & families with disabilities. On-site community habilitation staff provides assistance in helping the residents learn how to maintain personal and social relationships, maximize independence, improve health and well being while supporting self advocacy.

InterFaith Works of Central New York, Inc.

1010 James Street **(315) 449-3552**
Syracuse, 13203 www.interfaithworkscny.org

Covenant House serves low income households with significant permanent disabilities.

L'Arche Syracuse

920 Spencer Street **(315) 479-8088**
Syracuse, 13204 www.larchesyracuse.org

A Christian community operating four homes for adults with developmental disabilities.

Liberty Resources, Inc.

1045 James Street **(315) 425-1004**
Syracuse, 13203 www.liberty-resources.org

Provides a range of residential and nonresidential services to individuals and families in Onondaga and Madison Counties. Residential opportunities include: individualized residential alternatives, supported apartments, community habilitation and individualized service environments.

Loretto Community Residences, Inc.

750 E. Brighton Avenue **(315) 413-3592**
Syracuse, 13205 www.loretto-cny.org

Operates four supervised community residences.

Onondaga Community Living (OCL)

518 James St., Suite 110 **(315) 434-9597**
Syracuse, 13203 www.oclinc.org

Provides residential habilitation services in Onondaga County to people with developmental disabilities in an IRA. Also provides self-directed services to individuals who want to live independent of family with or without a live in caregiver or housemate.

Salvation Army

677 S. Salina Street **(315) 475-1688**
Syracuse, 13202 www.sasyr.org

Offers counseling, emergency housing care and material assistance to individuals and families; safe, affordable supervised apartments for young mothers ages 16-21 and their children; comprehensive youth services include residential care and counseling for runaway and homeless youth; counseling and case management for pregnant or parenting teens; Youth Community Center; PRISM program; shelter and transitional housing services for older troubled youth and their families.

Spanish Action League of Onon. Co., Inc.

700 Oswego Street **(315) 475-6153**
Syracuse, 13204 www.laligaupstatecny.org

Bilingual information and assistance The housing department offers many services, chief among them a first-time homebuyers class, landlord/tenant mediation, and assistance navigating the foreclosure process.

Syracuse Housing Authority

516 Burt Street **(315) 475-6181**
Syracuse, 13202 www.syracusehousing.org

Low income public housing, including housing for families, Section VIII Housing, elderly, people with disabilities.

Syracuse Jewish Family Service, Inc.

4101 E. Genesee Street **(315) 445-9111**
Syracuse, 13214 www.sjfs.org

Service for special populations includes consultation, comprehensive assessments and care management for older adults and individuals with special needs. We provide services to those who wish to live independently in the community, and individuals seeking housing that require supportive services.

The Kelberman Center

Offices in Syracuse and Utica
2608 Genesee Street..... **(315) 797-6241**
Utica, 13502 www.kelbermancenter.org

The Kelberman Center operates both certified (IRAs) and non-certified housing solutions complemented by person-centered planning and supports including Day Hab, Comm Hab and Vocational services. Our goal is to support each individual as they move along the trajectory to their best quality life.

Toomey Residential and Community Services

1654 W. Onondaga Street **(315) 424-1845**
Syracuse, 13204 www.ccoc.us

Provides residential and supportive services for children, adolescents and young adults who are unable to live at home.

SCHOOL DISTRICTS & SPECIAL EDUCATION

“A Parent’s Guide to Special Education,” describing the rights of parents whose children receive special education services, is available on the NYS Education Department website. www.p12.nysed.gov/specialed/ This guide and other publications explaining special education are available through your school district or may be downloaded from www.p12.nysed.gov/specialed/publications.

Baldwinsville

29 E. Oneida Street, District Office.....(315) 638-6043
Baldwinsville, 13027 www.bville.org
Special Education (315) 635-4570
Preschool Special Education (315) 635-4572

Cazenovia

31 Emory Avenue, District Office..... (315) 655-1375
Cazenovia, 13035 www.caz.cnyric.org
Special Education/Preschool (315) 655-1361

Central Square

642 S. Main Street, District Office.....(315) 668 4220
Central Square, 13036 www.cssd.org
Special Education (315) 668- 4324
Preschool Special Education (315) 668-4282

East Syracuse Minoa

407 Fremont Road, District Office..... (315) 434-3012
E. Syracuse, 13057 www.esmschools.org
Special Education (315) 434-3009
Preschool Special Education (315) 434-3800

Fabius-Pompey

1211 Mill Street, P.O. Box 161, DO.....(315) 683-5301
Fabius, 13063 www.fabiuspompey.org
Special Education/Preschool (315) 683-5465

Fayetteville-Manlius

8199 E. Seneca Turnpike, District Office (315) 692-1200
Manlius, 13104 www.fmschools.org
Special Education (315) 692-1203
Preschool Special Education (315) 692-1895

Jamesville-Dewitt

P.O. Box 606, District Office (315) 445-8300
Dewitt, 13214 www.jamesvilledewitt.org
Special Education/Preschool (315) 445-8380

Jordan-Elbridge

9 N. Chappell Street,
P.O. Box 902, District Office (315) 689-8500
Jordan, 13080 www.jecsd.org
Special Education/Preschool.....(315) 689-8500

LaFayette

5955 Route 20 West, District Office (315) 677-9728
LaFayette, 13084 www.lafayetteschools.org
Special Education (315) 677-3131
Preschool Special Education (315) 677-3152

Liverpool

195 Blackberry Road, District Office (315) 622-7900
Liverpool, 13090 www.liverpool.k12.ny.us
Special Education (315) 622-7184
Preschool Special Education (315) 622-7161

Lyncourt

2707-2709 Court Street, District Office.....(315) 455-7571
Syracuse, 13208 www.lyncourt.cnyric.org
Special Education/Preschool (315) 455-7571

Marcellus

2 Reed Parkway, District Office..... (315) 673-6000
Marcellus, 13108 www.marcellusschools.org
Special Education/Preschool (315) 673-6006

North Syracuse

5355 W. Taft Road, District Office (315) 218-2151
N. Syracuse, 13212 www.nscsd.org
Special Education (315) 218-2144
Preschool Special Education (315) 218-2200

OCM BOCES

(Onondaga/Cortland/Madison Board of Cooperative Education Services)
6820 Thompson Road..... (315) 433-2600
Syracuse, 13211 www.ocmboces.org
BOCES offers alternate non-inclusive out-of-district placements located at various sites for their 23 component school districts.

Onondaga Central

4466 S. Onondaga Road, DO..... (315) 552-5500
Nedrow, 13120 www.ocs.cnyric.org
Special Education (315) 492-1746
Preschool Special Education (315) 469-6926

Skaneateles

49 E. Elizabeth Street, District Office..... (315) 291-2221
Skaneateles, 13152 www.skanschools.org
Special Education/Preschool (315) 291-2275

Solvay

103 Third Street, District Office (315) 468-1111
Solvay, 13209 www.solvayschools.org
Special Education/Preschool (315) 484-1412

Syracuse City

725 Harrison Street, District Office (315) 435-4499
 Syracuse, 13210 www.syracusecityschools.com

Special Education (315) 435-4424

Preschool Special Education (315) 435-4576

Tully

P.O. Box 628, District Office (315) 696-6200
 Tully, 13159 www.tullyschools.org

Special Education/Preschool (315) 696-6216

West Genesee

300 Sanderson Drive, District Office (315) 487-4562
 Camillus, 13031 www.westgenesee.org

Special Education (315) 487-4698

Preschool Special Education (315) 487-4662

Westhill

400 Walberta Road, District Office (315) 426-3218
 Syracuse, 13219 www.westhillschools.org

Special Education/Preschool (315) 426-3226

TRANSITION FOR HIGH SCHOOL STUDENTS

As students with special needs reach their teens, they and their families may need special help planning for the years after they are no longer in public education. Before your child reaches age 15, your local school district's CSE (Committee on Special Education) is required to meet with you, your child and collaborate with other professionals from community agencies to discuss what skills and knowledge your child will need as an adult and to further their job skills, living arrangements and community supports and services. The programs and services planned will become part of your child's IEP (Individualized Education Program). These will be reviewed and updated annually until your child completes school and/or through the age of 21.

ACCES-VR (Vocational and Educational Services for Individuals with Disabilities)

333 E. Washington St. TTY (315) 428-4659
 (315) 428-4179

Syracuse, 13202 www.acces.nysed.gov/vr

ACCES-VR starts with the presumption that all individuals with disabilities can benefit from vocational rehabilitation services and should have opportunities to work in jobs integrated within their communities. Vocational Rehabilitation Counselors guide individuals through service programs they need to reach their employment goal. ACCES-VR assists individuals with disabilities to achieve and maintain employment and to support independent living through training, education, rehabilitation, and career development.

InclusiveU at Syracuse University

305 Huntington Hall (315) 433-4058
 Syr, 13244 www.taishoffcenter.syr.edu/inclusiveu

Through partnerships with community agencies, The InclusiveU initiative offers fully inclusive and specialized transition services for individuals with intellectual and developmental disabilities. InclusiveU students participate in extended learning opportunities with an individualized curriculum and can earn a non-credit certificate through University College. They also participate in seminars on topics including self-advocacy, positive relationships, job skills and more. Students are involved in social activities on campus through the Peer-2-Peer project and, in their final year, have the opportunity to intern on campus through Project SEARCH, a national employment preparation program.

OCM BOCES**(Onondaga/Cortland/Madison Board of Cooperative Education Services)**

6820 Thompson Road (315) 433-2600
 Syracuse, 13211 www.ocmboces.org

Provides training, information, and technical assistance to school districts to improve transition planning and services. Collaborates with local agencies and parent groups to provide workshops on transition age topics to students and parents.

OnCampus at Syracuse University

307 Huntington Hall (315) 443-9683
 Syr. 13244 www.taishoffcenter.syr.edu/oncampus

OnCampus brings students who have developmental disabilities and who are between the ages of 18 and 21 to the SU campus for academic, personal, and social development. Syracuse City School District students are supported by teaching staff from the district and by SU students who are in a variety of degree programs. Students in the OnCampus program must be residents of the City of Syracuse and attending one of the five Syracuse City high schools. They should be planning to graduate with their same age peers at their high schools and prepared to fully participate in the program for a minimum of two years.

Starbridge

1650 South Avenue (315) 345-2555
 Suite 200 (800) 650-4967

Rochester, 14620 www.starbridgeinc.org

Starbridge partners with people with disabilities, their families, and others who support them, to realize fulfilling possibilities in education, employment, health, and community living. Together, we transform communities to include everyone. Our main office is located in Rochester.

Our Parent Training & Information Center serves all of NYS except for the 5 boroughs of NYC and Long Island. In Central NY, our Family Education Specialist works with families of students who have disabilities or suspected disabilities to navigate school systems and policies, to understand laws governing special education, to improve educational outcomes, and to build positive family-school relationships.

We offer advocacy, special education, and disability awareness workshops for families and professionals. We also support youth and families in Transition planning.

**Syracuse University Parent Advocacy Center (SUPAC)
New York State Special Education Parent Center
(Mid-State Region)**

SU Center on Human Policy.....(315) 443-4336
370 Huntington Hall Toll Free (877) 824-9555
Syracuse, 13244 www.supac.org

SUPAC is the Mid-State Region Special Education Parent Technical Assistance Center. SUPAC provides parents of children with disabilities information, training, resources, and strategies to promote their meaningful involvement in their children’s education; assist in understanding their children’s disabilities; promote early resolution of disputes between parents and school districts; assist in understanding their procedural due process rights; and enhance parents’ skills and levels of confidence to communicate effectively and work collaboratively with schools and other stakeholders to advocate and actively participate in their children’s education. SUPAC serves the Syracuse City School District and the following BOCES/CiTi regions: Cayuga-Onondaga; Herkimer-Fulton-Hamilton-Otsego; Madison-Oneida; Oneida-Herkimer-Madison; Oswego County; Onondaga-Cortland-Madison; and Tompkins-Seneca-Tioga.

SPECIAL EDUCATION PARENT GROUPS

Local school districts have formed parent teacher groups to support the common needs of their students, faculty and community members. Some districts also have additional special education parent teacher associations. Our area is part of the **Central Region Special Education Parent Teacher Association**. The goals of a SEPTSA (Special Education Parent Teacher Student Associations) are to bring in speakers related to special education, be a resource for families and assist families to maximize their children’s learning and social experiences, open communication about children of all abilities, district wide improvements in special education services and work collaboratively with parents, teachers, administrators, students and community members. For information on a SEPTSA in your district or for your district’s SEPTSA contact information, please contact the NYS Central Region PTA www.nyspta.org or your local school district.

Liverpool Central School District

195 Blackberry Road (315) 622-7900
Liverpool, 13090 www.liverpool.k12.ny.us
Special education parent teacher group meetings are monthly. Topics of upcoming meetings will be posted on the district website and the district school calendar.

Syracuse City School District



725 Harrison Street (315) 435-4499
Syracuse, 13210 www.syracusecityschools.com
A bi-monthly forum open to all parents, teachers, administrators, and community members to discuss current trends in the school district and share information with the Special Education Director.

West Genesee School District

300 Sanderson Drive..... (315) 487-4562
Camillus, 13031 www.westgenesee.org
The West Genesee SEPTSA represents students K-12 in the West Genesee School District. Membership is not restricted to parents/teachers/students enrolled in special education programs or receiving special services. It is open to any interested parent, teacher, student or administrator.

notes...

Supporting Student Success
Building Positive
Family-School Relationships



In Central New York, please contact Kara Georgi, Family Education Specialist
(315) 345-2555 or kgeorgi@starbridgeinc.org
or visit www.starbridgeinc.org

EDUCATION ADVOCACY & RESOURCES

AccessCNY

1603 Court Street (315) 410-3383
 Syracuse, 13208 www.accesscny.org
 AccessCNY offers a range of advocacy supports to people with disabilities and their families. An Advocacy Coordinator works with those with disabilities to find and gain access to needed services. Agency advocacy also extends to the staff who serve those with a disability. For those with a loved one with a mental health diagnosis, AccessCNY offer the Family Support and Education Center. AccessCNY also hosts advocacy events that celebrate the American's With Disabilities Act and puts on forums for candidates running for office.

Applied Behavioral Counseling

75 South Clinton Ave.
 510 Clinton Square (585) 685-2385
 Rochester, 14604 www.appliedabc.com
 Home Based Behavioral Therapy ABA for children and young adults ages 0-21. We strive to provide the best possible clinical techniques for children with ASD (Autistic Spectrum Disorder) and other pervasive developmental disorders. Parent training, workshops, assessments and special education supports. Autism services are covered by many insurance policies. We are currently adding more insurances that cover autism therapy every day so don't hesitate to ask if your insurance is accepted for autism therapy

ARISE Child and Family Services, Inc.

635 James Street (315) 472-3171
 Syracuse, 13203 www.ariseinc.org
 Provides support and self-advocacy training to help ensure that students with disabilities receive a free and appropriate education, accommodations, and services. Also evaluates and makes recommendations regarding physical accessibility of educational institutions.

Center for Community Alternatives, Inc. (CCA)

115 East Jefferson Street..... (315) 422-5638
 Syracuse, 13202 www.communityalternatives.org
 CCA provides community-based alternatives to incarceration programming. CCA offers recovery services, employment-related services, jail-based services, sentencing mitigation, legal services for civic restoration and services to youth including; Student Advocacy, Transition Coach, Violence Prevention, After School at PSLA High School. Supportive and emergency housing will soon be available.

Early Childhood Direction Center (ECDC) Mid-State Region at Syracuse University

370 Huntington Hall (315) 443-4444
 Syracuse, 13244 <http://ecdc.syr.edu>
 Call ECDC if you have concerns about a young child under the age of five, both typically developing and those with special education needs. ECDC provides information, referral and support to families and professionals in confidence and

free of cost about: early childhood development, behavior, and specific disabilities; screening and evaluation services public and private; early intervention; preschool; child care; state and federal special education rules and regulations; parent support; and how the special education system works for young children. Services are available to all families, providers, and community agencies in a six county region Cayuga, Cortland, Onondaga, Oswego, Seneca, and Tompkins.

Exceptional Family Resources

1820 Lemoyne Avenue..... (315) 478-1462 Ext. 337
 Syracuse, 13208 www.contactefr.org
 We provide trainings to our local community businesses and schools on disability & autism awareness. We offer information and guidance to parents on the CSE (Committee on Special Education) process & NYSED parent/student rights. Have a question or need help? Call us for a referral to connect to a community service or support. We also offer monthly workshops with expert speakers on disability related topics such as: special education services, IEP/504 plans guardianship, behavior plans, adult employment and OPWDD services. Call our Advocacy Department and request to be added to our workshop email list. See our website & Facebook page for class schedule.

LAUNCH

212 E. Manlius Street..... (315) 820-2111
 E. Syracuse, 13057 www.ldacny.org
 Educational Consultants work with families of children who are kindergarten-age through high school with diagnosed or undiagnosed disabilities who require assistance navigating the educational system. We also assist parents of children with OPWDD eligibility or proceeding through the OPWDD eligibility process to navigate the special education system. Eligibility requirements or self pay.

NYS Education Department/Special Education Quality Assurance (SEQA)

333 East Washington Street, Suite 210 (315) 428-4556
 Syracuse, 13202 www.p12.nysed.gov/specialed/quality/secentm.htm
 Special Education Quality Assurance oversees preschool and school-age special education services through a quality assurance review process that emphasizes attainment of positive results for student with disabilities. Regional Associates coordinate the review process and also provide technical assistance to parents, school district personnel, and private providers.

Onondaga Community Living (OCL)

518 James St., Suite 110 (315) 434-9597
 Syracuse, 13203 www.oclinc.org
 Individuals with Disabilities take classes with traditional college students with the support of a campus mentor. They receive a certificate if they complete a sequence of related courses of study. Individuals must be on the HCBS Waiver and service is funded through Community Habilitation.

Parent to Parent of NYS North Central Region covered by Southern Tier Office.....(800) 971-1588
 1885 Route 96A.....(607) 869-2171

Ovid, 14521 www.parenttoparentnys.org
 Statewide organization that provides support, information and referral, workshops, trainings, webinars, and understanding OPWDD supports and services for family-caregivers who have children with developmental disabilities and/or special health care needs. Parent Matching program, when a parent can connect with a volunteer Support Parent who has a child with a similar need. All services are provided for free. Regional office serves: Onondaga, Cayuga, Cortland, Herkimer, Lewis, Madison, Oneida and Oswego Counties.

Regional Special Education Technical Assistance Support Center (RSE-TASC) Mid-State Region

-Onondaga-Cortland-Madison BOCES (315) 433-2645
 6075 E. Molloy Road, P.O. Box (315) 4774
 Syracuse, 13221

www.p12.nysed.gov/specialed/techassist/rsetasc

Provides directed technical assistance and professional development to school districts to improve instructional practices and outcomes of students with disabilities.

Starbridge

1650 South Avenue (315) 345-2555
 Suite 200.....(800) 650-4967
 Rochester, 14620 www.starbridgeinc.org

Starbridge partners with people with disabilities, their families, and others who support them, to realize fulfilling possibilities in education, employment, health, and community living. Together, we transform communities to include everyone. Our main office is located in Rochester. Our Parent Training & Information Center serves all of NYS except for the 5 boroughs of NYC and Long Island. In Central NY, our Family Education Specialist works with families of students who have disabilities or suspected disabilities to navigate school systems and policies, to understand laws governing special education, to improve educational outcomes, and to build positive family-school relationships. We offer advocacy, special education, and disability awareness workshops for families and professionals. We also support youth and families in Transition planning.

Syracuse City School District: Parent Partnership Network
 725 Harrison Street (315) 435-4845

Syracuse, 13210 www.syracusecityschools.com
 Involved with individual parent advocacy and support as well as district level policy issues and problem resolution. Advocacy at CSE meetings, behavioral hearings, and school meetings with teachers and principals. Offers parent training on education issues. Referrals to community and education services.

Syracuse Teacher Center/Syracuse Special Education School Improvement Specialist (SE-SIS)

Syracuse City School District
 1153 W. Fayette Street, 2nd Floor..... (315) 435-4217
 Syracuse, 13204 www.syracusetc.org

Resource for servicing the educational needs of students with disabilities, their parents and their educators in the Syracuse City School District. SE-SIS staff are experienced at supporting schools in planning and developing staff development programs for improving student achievement.

Syracuse University Parent Advocacy Center (SUPAC) New York State Special Education Parent Center (Mid-State Region)

SU Center on Human Policy.....(315) 443-4336
 370 Huntington Hall **Toll Free (877) 824-9555**
 Syracuse, 13244 www.supac.org

SUPAC is the Mid-State Region Special Education Parent Technical Assistance Center. SUPAC provides parents of children with disabilities information, training, resources, and strategies to promote their meaningful involvement in their children’s education; assist in understanding their children’s disabilities; promote early resolution of disputes between parents and school districts; assist in understanding their procedural due process rights; and enhance parents’ skills and levels of confidence to communicate effectively and work collaboratively with schools and other stakeholders to advocate and actively participate in their children’s education. SUPAC serves the Syracuse City School District and the following BOCES/CiTi regions: Cayuga-Onondaga; Herkimer-Fulton-Hamilton-Otsego; Madison-Oneida; Oneida-Herkimer-Madison; Oswego County; Onondaga-Cortland-Madison; and Tompkins-Seneca-Tioga.

The Kelberman Center

Offices in Syracuse and Utica
 2608 Genesee Street..... (315) 797-6241
 Utica, 13502 www.kelbermancenter.org

The Kelberman Center’s school support team partners with districts to provide consulting and on-site supports to strengthen and extend a district’s educational resources in order to meet the needs of children with autism and related developmental disabilities, providing services such as Needs Assessments, Inclusion Planning, Curriculum Development, and Professional Development and training, among other things. Our team of psychologists, special education and behavior experts, provide consultations to help classroom teams address both general and student-specific concerns related to academic, social and behavioral needs. A typical student-focused consultation may include some or all of these components: a thorough review of a student’s developmental, academic, and social history, classroom observations, a functional behavioral assessment, a behavior intervention plan, and a comprehensive assessment to guide programming.

SENIOR SERVICES

This section includes the major providers in Onondaga County which serve seniors. The definition of who qualifies as a senior person varies and should be discussed with each agency and program. The providers chosen for this section serve people with developmental disabilities, as well as their caregivers. See the following sections in this manual: Adult Day Programs, Residential, and Medical Home Care. Additional information on services for seniors can be found in the Onondaga County Senior Resource Directory.

www.ongov.net/ay/Seniordirectory.html

AccessCNY

6666 Manlius Center Road (315) 218-0844
East Syracuse, 13057 www.accesscny.org

Due to a variety of circumstances, seniors may sometimes “fall through the cracks” of traditional funding streams and services. This may be especially true of those with adult-onset disabilities such as arthritis, multiple sclerosis, or ALS. The goal of the Home Service program is to provide services to these individuals directly in their home communities and help them to lead active and productive lives. The Home Service program is a joint venture between the Cerebral Palsy Associations of New York State and the New York State Elks Association. Home Services helps seniors and individuals with disabilities find local services to meet their specific needs. The program also provides advocacy, counseling, and follow-up to ensure the needs and rights of the participants are being upheld.

Alzheimer’s Association, CNY Chapter

441 W. Kirkpatrick Street (315) 472-4201
Syracuse, 13204 www.alzcn.org

Services for people with Alzheimer’s disease/dementia include information and referral services (24-hour helpline 800-272-3900), care consultations, education and training for families and professionals, support groups, the Kirkpatrick Day Program and the MedicAlert and Safe Return program.

Arc of Onondaga Senior Opts Day Program

677 S. Salina Street (315) 579-5625
Syracuse, 13202 www.arcon.org

A smaller and slower paced community day hab for people 55 and older. Participants are assisted by a retirement specialist to pursue a variety of activities according to individual choice.

ARISE Child and Family Services, Inc.

635 James Street (315) 472-3171
Syracuse, 13203 www.ariseinc.org

-Nursing Home Education & Outreach Program (also called Money Follows the Person or MFP) provides nursing home residents, social workers, and discharge planners with objective information about community-based programs and services. ARISE is the Syracuse Region MFP Transition Center for eight counties (Onondaga, Oswego, Madison, Jefferson, Herkimer, Lewis, Oneida and St. Lawrence)

-Nursing Home Transition and Diversion Program offers New Yorkers with disabilities and senior citizens a way to live in the community. The NHTD program offers a wide range of special services that help people in their daily lives including: re-teaching basic skills, building ramps to allow access to homes, and safety monitoring.

-The Ombudsman Program is an advocacy program that protects the health, safety, welfare, and civil rights of people living in nursing homes and adult care facilities. Our Certified Ombudsmen advocate for residents’ rights and ensure that their unmet needs and complaints are resolved.

AURORA of Central New York, Inc

518 James Street.....TDD (315) 422-9746
Suite 100.....(315) 422-7263

Syracuse, 13203 www.auroraofcny.org

Providing consultation and assistance for seniors with vision loss who are not yet legally blind and those who are hard of hearing. Support groups and book club.

Catholic Charities

2826 Lemoyne Avenue..... (315) 424-1810
Mattydale, 13211 www.ccoc.us

-EISEP (Expanded In-Home Services for the Elderly) provides case management and in-home personal care and housekeeping for non-Medicaid eligible senior citizens. Additional services include telephone lifeline and day care subsidy. Outcomes include individuals being able to function independently or maintain independence in the community.

-Project Fix provides small in home repairs and maintenance assistance for senior citizens. Typically the service performs jobs involving plumbing, carpentry, home security and enhanced accessibility.

-Neighborhood Advisors provides outreach and information and referral services in specific geographic areas of the city and county, assisting the elderly with issues relating to Social Security, Medicare and other benefits. Generally assists seniors with any difficulty that they might encounter.

-Adult Aide program provides regularly scheduled intensive home visitors who provide advocacy, socialization and referral services for adult victims of elder abuse/neglect and domestic violence.

Elder Law Clinic

Syracuse University College of Law,
Suite 440 (315) 443-2524

Syracuse, 13224 www.law.syr.edu

The Elder Law Clinic offers free legal services to persons 65 and older. Law students, supervised by a practicing attorney, represent elderly clients in cases involving health insurance (Medicare, Medicaid, and private insurance), access to medical care, advance directives, social security issues, consumer law, housing law and more. New cases accepted between September and March.

Exceptional Family Resources-Senior Caregivers Program

1820 Lemoyne Avenue..... (315) 478-1462
Syracuse, 13208 www.contactefr.org

The Senior Caregivers Program serves individuals with developmental disabilities sharing a home with a family member who is 55 years old or older. Supports families with future planning, including information on guardianship and supplemental needs trusts. Assists individuals to apply for Medicaid and SSI/SSD, establish eligibility for developmental disability services, and begin to secure appropriate support services. Also, refers caregivers to services for themselves as needed.

Hospice of Central New York

990 Seventh North Street (315) 634-1100
Liverpool, 13088 www.hospicecny.org

Provides end of life and palliative care for anyone with a prognosis of six months or less of life. Services are generally provided in the patient or family home allowing the patient to die surrounded by all that is loved; family, friends, favorite books, music, pets. However, Hospice services are also available in nursing homes, hospitals and residential care facilities, such as group homes for people with disabilities. Hospice services are covered under Medicare, Medicaid and most commercial insurance plans. After the death of a loved one, the remaining family members are entitled to bereavement care through our Center for Living with Loss.

Huntington Family Centers Senior Services

405 Gifford Street (315) 476-3157
Syracuse, 13204 www.huntingtonfamilycenters.org

-Senior Case Management Services: Neighborhood Advisor & Brighton Towers Service Coordinator provide intensive outreach to older persons to support and link them to services and support networks.

-Clover Corner/Project Choice a multi-purpose program designed to offer older persons of all abilities daily options for socialization, information, education and leisure time activities. Lunch is provided. Program is held at the Syracuse Model Neighborhood facility at 401 South Avenue.

Onondaga County Department Office for Aging

421 Montgomery Street, Civic Center (315) 435-2362
Syracuse, 13202 www.ongov.net/aging

Provides information and referrals for senior citizens, caregivers and families. Offers Caregiver Services, Health Insurance Information, Counseling & Assistance Program (HIICAP), Expanded In-Home Services for the Elderly Program (EISEP), HEAP application assistance for seniors, Senior Employment (age 55+), Community Service Programs ie. Transportation Referrals, Neighborhood Advisors, Senior Center Activities), NY Connects, Long-Term Care Resource Center, and Nutrition Services (home delivered meals and senior dining sites.)

PACE CNY (Program of All-Inclusive Care for the Elderly)

-Sally Coyne Center (315) 452-5800

100 Malta Lane

N. Syracuse, 13212

-Catherine McAuliffe Center (315) 452-5800

700 E. Brighton Avenue

Syracuse, 13205 www.pacecny.org/pages/home.html

Provides a wide spectrum of care and services to individuals who would otherwise qualify for nursing home care. From primary care physicians and nurse practitioners to social workers and dietitians, the PACE CNY team can provide services in an array of locations; in the home, medical day health centers, hospitals or long-term facilities. On-call health care coverage by doctors and nurses is available 24 hours a day, 7 days a week, and 365 days a year. This is a program of Loretto in cooperation with St. Joseph's Hospital Health Center.

PEACE, Inc.**Administration Office**

217 S. Salina Street, 2nd Fl..... (315) 470-3300
Syracuse, 13202 www.peace-caa.org

-Frank DeFrancisco Eastwood Community Center

401 S Midler Ave (315) 437-4011

Syracuse, 13206

Frank DeFrancisco Eastwood Community Center offers a number of intergenerational programs, including senior nutrition, day trips, volunteer activities and more.

Family Resource Centers provide emergency assistance, support, healthy lunches, engaging volunteer opportunities and continuing education to seniors.

-Eastside Family Resource Center..... (315) 470-3325

202 South Beech Street

Syracuse, 13210

-County East Family Resource Center..... (315) 437-7071

202 South Beech Street

Syracuse, 13210

-County South Family Resource Center

12 Clinton Street (315) 696-8203

Tully, 13159

-Senior Nutrition prepares healthy meals and serves them to low income seniors at 50 sites throughout Onondaga County.

The suggested contribution for lunch is \$2.75 per participant and \$5 for a guest meal. (315) 470-3331

-Foster Grandparent Program (FGP) (315) 295-0719

FGP offers senior citizens the opportunity to share their time and talents with children and young adults in our community.

-Neighborhood Advisor Program..... (315) 303-4280

Neighborhood Advisor can provide support to senior citizens ages 60 and above who live in the Baldwinsville area and the Town of Elbridge. This includes the Villages of Baldwinsville, Elbridge and Jordan and the Towns of Lysander, Van Buren and Elbridge. The program provides services to seniors, especially isolated and homebound seniors, who need assistance in order to remain independent and living in their own homes.

-Expanded In-Home Services for the Elderly Program (EISEP)..... (315) 303-5271
EISEP provides case management and in-home personal care and housekeeping for non-Medicaid eligible seniors.

Syracuse Jewish Family Service
4101 E. Genesee Street (315) 446-9111 Ext. 228
Syracuse, 13214 www.sjfs.org

-At-Risk Care Management assists families in coping with the changes that often face older family members and/or those with disabilities. The care manager assesses the current situation, develops an individualized plan of care, assists the client and family in accessing needed services and provides ongoing monitoring and assessment.

-EISEP (Expanded In-Home Services for the Elderly) assists non-Medicaid eligible senior citizens to maintain their independence and remain in the community. Clients receive case management and can access housekeeping, personal care, respite care, and ancillary services (e.g. installation/monitoring of a Personal Emergency Response System).

-Senior Companions links older adults with other seniors for lively and meaningful interaction. These visits also provide respite time for caregivers.

-Solutions Program assists seniors and individuals with disabilities to pay household bills, balance bank statements, read and write personal correspondence, and complete applications, claim forms and other official paperwork. Clients can also be assisted to pull together an organized system of household accounts and records.

-S.O.S. (Serving Our Seniors) Volunteers and staff members perform basic grocery shopping and errand services for homebound seniors and individuals with disabilities. Clients of the program may accompany the shopper if their general health and condition allows this to be done safely.

notes...

SUPPORT GROUPS

ADD/ADHD Parent and Staff Support Group
North Syracuse Central School District..... (315) 218-2500
Cicero, 13039 www.nscsd.org
Meetings held at Cicero Elementary. Open to both district and non-district residents. 3-5 workshops per school year. Check “parent resource” section on website for dates and times.

ARISE Child and Family Services, Inc.
635 James Street (315) 472-3171
Syracuse, 13203 www.ariseinc.org

-Sibshops is a social and support group for brothers and/or sisters that have a sibling with a disability. Sibshops is available for any youth in Onondaga County 7-12 years of age who have a sibling with a disability. ARISE also offers a teen group for teens 13-17 years of age who have a sibling with a disability. The group meets at various times and locations that are convenient for the participants. The meetings are a great opportunity to discuss concerns, frustrations, accomplishments, and almost anything else related to life with having a sibling with a disability. Sib teens 13-17 years old can also meet and chat online any time they want or need to 24/7! Sibshops is also available in Oswego County.

-The Communicators is a monthly social group in Onondaga County for adults with all types of disabilities. This group gives you the opportunity to come together, make new friends, socialize, learn, and share your experiences.

-TBI Support Group is a group in Oswego that offers peer support for individuals who have experienced a traumatic brain injury. The group meets on the second Tuesday of the month at 4:30 PM at the ARISE Oswego Office, 9 Fourth Ave. Contact (315) (315) 342-4088 for more information. Additional Social & Support Groups are also offered in Madison, Onondaga, and Oswego counties.

Brain Injury Association of NYS - Central Region
Onondaga County contact..... (315) 453-7120
Liverpool, 13088 www.bianys.org
Caregivers’ group meets at The Centers at St. Camillus.

Brain Injury Coalition
420 E. Genesee Street (315) 425-5364
Syracuse, 13202 www.bic-cny.org
Support group for individuals and family members age 18 and over who have survived a brain injury. Support group meets the 2nd Wednesday of each month 4:00pm to 6:00pm at Community Options New York Inc., 216 W. Manlius Street, East Syracuse.

Café Plus
216 W. Manlius Street..... (315) 446-3124
E. Syracuse, 13057 www.dreamscape.com/cafeplus
A coffee shop sponsored by the Brain Injury Coalition. For people who have survived a head-injury or some type

of head trauma or stroke. Meets the first Saturday of every month. There's coffee, food, conversation and much more!

CNY ASA (CNY Chapter of the Autism Society of America)
PMB 4465 E. Genesee Street.....(315) 447-4466

Dewitt, 13214 www.cnyasa.org
CNY ASA is committed to assisting families affected by autism, reaching out to the community to promote awareness, disseminate information and provide educational and recreational programming. We seek to combine efforts with complementary organizations to positively impact the lives of individuals living with an autism spectrum disorder. See our website or contact us via Facebook.

Disabled in Action of Greater Syracuse, Inc.
165 Martin Street (315) 455-9626

Syracuse, 13208
Disability civil rights organization that fights for systems change and equality of people with disabilities in our society. Group meets at 4:30 the third Monday of every month at Enable.

Epilepsy-Pralid Inc. (EPI)
6493 Ridings Road, Suite 115 (315) 477-9777

Syracuse, 13206 www.epiny.org
Epilepsy-Pralid, Inc. (EPI)'s monthly support groups provide a safe and comfortable space for individuals and their families to speak openly about the struggles they face as a result of Epilepsy, Traumatic Brain Injuries, and/or other neurological impairments. The group is open to the public and meets on the last Tuesday of every month in Suite 200 unless otherwise specified.



FEAT CNY
Autism Family Center
7767 Oswego Rd.
Liverpool, NY
Kids Clubs, Support Groups,
Crisis Intervention,
Recreational Events
www.featofcny.org

FEAT of CNY/Jigsaw Junction
7767 Oswego Road (315) 452-0427

Liverpool, 13090 www.featofcny.org
FEAT of CNY is a parent organization that provides Support Groups, Family Consultations, Kids Clubs and Playgroups, Parent Groups and Activities, Trainings and 1:1 Meetings with our Family Support Specialists, Crisis Intervention, and Consultations for Problem Behaviors. We run a Family Center where families can meet for all of these services, get together for Free Play time, or even rent it out for Autism Friendly Birthday Parties.

Foster, Adoptive & Kinship Parent Group-Salvation Army
749 S. Warren Street (315) 479- 3616

Syracuse, 13202 www.sasyr.org/FSHH.html
Group topics vary but are specific to foster, adoptive and kinship caregivers. A children's group for ages 6 and up

HOPE.network (at Northside Baptist Church)
7965 Oswego Road (315) 652-3160

Liverpool, 13090 www.northsideonline.org/ministries/hopenetwork.htm
HOPE.network is a support group for families of children with disabilities which offers twice monthly meetings,

Huntington Family Center
405 Gifford Street (315) 476-3157

Syracuse, 13204 www.huntingtonfamilycenters.org
An education and life skills building group for parents of all ages and abilities. Group meets Tuesday, Wednesday and Thursday from 9:00am to 12:00pm. Childcare is provided. Home visits are provided as needed.

Liberty POST
1045 James Street (315) 425-1004

Syracuse, 13203 www.liberty-post.com
In addition to the Early Intervention Services offered, Liberty POST provides support groups for Parents of Children of Special Needs. The support groups are aimed at creating a community of parents who can engage, learn and connect with each other. Visit Liberty POST's Facebook page to view support groups offered.

Liberty Resources, Inc. Integrated Health Care
1045 James Street (315) 472-4471

Syracuse, 13203 www.liberty-resources.org
Liberty Resources Integrated Health Care offers a variety of support groups in addition to their behavioral health counseling and primary care services. These support groups include: The Seven Challenges, a program geared towards adolescents struggling with substance use disorders, Smoking Cessation, and Wellness programs.

Mainstream (at Syracuse Model Neighborhood Facility)
401 South Avenue (315) 474-6823

Syracuse, 13204 www.swccsyr.org

Muscular Dystrophy Parent/Child Group
6315 Fly Road, Suite 102..... (315) 451-8269

E. Syracuse, 13057 www.parentprojectmd.org

NAMI Syracuse
917 Avery Avenue (315) 487-2085

Syracuse, 13204 www.namisyracuse.org
NAMI (National Alliance on Mental Illness) is a grass roots, self help, support and advocacy organization dedicated to improving the lives of families who have relatives with a brain disorder (mental illness).

Onondaga County Adult and Long Term Care Services

Civic Center, 10th Floor

421 Montgomery Street..... (315) 435-2362

Syracuse, 13202

www.ongov.net/aging

-Caregiver Support Groups: Brookdale Manlius, 100 Flume Road, Manlius, NY. Meets the first Wednesday of each month at 3 p.m., Park Terrace at Radisson, 2981 Town Center Road, Baldwinsville, NY. Meets the third Wednesday of each month at 2:30 p.m. The Hearth on James, 830 James Street, Syracuse, NY. Meets every other Thursday at 3 p.m. Brookdale Summerfield, 100 Summerfield Village Lane, Syracuse, NY. Meets every other Thursday. Two groups: one at 4:30 pm & the other at 6 p.m.

-Parkinson's Support Groups: The Hearth at Greenpoint, 150 Old Liverpool Road, Liverpool, First Monday of each month, 12:30 - 2:00 pm. Brookdale Summerfield, 100 Summerfield Village Lane, Onondaga Hill, off Velasko Rd. Second Tuesday of each month, 4:00 - 5:30 pm

Prader-Willi Syndrome: Support for Families

P.O. Box 222 (315) 402-6874

Baldwinsville, 13027

www.prader-willi.org

Ongoing discussion of issues of concern and opportunity for support among those affected by Prader-Willi Syndrome. Meetings held at Fayetteville Public Library.

Parent to Parent of NYS North Central Region**covered by Southern Tier Office.....(800) 971-1588**

1885 Route 96A.....(607) 869-2171

Ovid, 14521

www.parenttoparentnys.org

Statewide organization that provides support, information and referral, workshops, trainings, webinars, and understanding OPWDD supports and services for family-caregivers who have children with developmental disabilities and/or special health care needs. Parent Matching program, when a parent can connect with a volunteer Support Parent who has a child with a similar need. All services are provided for free. Regional office serves: Onondaga, Cayuga, Cortland, Herkimer, Lewis, Madison, Oneida and Oswego Counties.

Rett Syndrome Telephone Support (315) 944-2001**SANYS (Self-Advocacy Association of New York State)**

1005 W. Fayette Street, Suite 1A..... (315) 473-6927

Syracuse, 13204

www.sanys.org

Supports and assists in development of self-advocacy groups. Promotes disability awareness through public education, presentations and trains disabled people in self-advocacy and their rights.

Tourette Syndrome CNY Support Group..... (315) 635-6967

Memphis, 13112

www.tsa-gnys.org

Meetings held at Baldwinsville Public Library 3rd Tuesday of each month 7:00pm to 9:00pm.

TRAININGS CLASSES & WORKSHOPS**Applied Behavioral Counseling**

75 South Clinton Ave.

510 Clinton Square (585) 685-2385

Rochester, 14604

www.appliedabc.com

Home Based Behavioral Therapy ABA for children and young adults ages 0-21. We strive to provide the best possible clinical techniques for children with ASD (Autistic Spectrum Disorder) and other pervasive developmental disorders. Parent training, workshops, assessments and special education supports. Autism services are covered by many insurance policies. We are currently adding more insurances that cover autism therapy every day so don't hesitate to ask if your insurance is accepted for autism therapy

Catholic Charities

1654 W. Onondaga Street (315) 362-7547

Syracuse, 13204

www.ccoc.us

-Better Beginnings Home-based therapy and child development for families with a chronically mentally ill parent and a child 5 years old or younger.

-Healthy Teens, Healthy Babies Infant care classes (Lullaby League) and counseling for young moms and dads.

-Parenting Classes Evidence-based parenting classes for parents or caregivers of infants and children up to 12 years.

Children's Consortium

2122 Erie Boulevard E. (315) 471-8331

Syracuse, 13224

www.childrensconsortium.org

-Ready, Set, Parent! includes visit at Crouse Hospital, newborn class and workshop series to increase parental knowledge, attitude and confidence.

-Even Start Family Literacy Program includes training for parents in literacy and child development.

-Parent Success Initiative is a series of classes for non-custodial parents in normal child development, positive discipline and limit setting and improving communication between parents.

Contact Community Services, Inc.

6311 Court Street Road..... (315) 251-1400

East Syracuse, 13057

www.contactsyracuse.org

Contact offers a variety of suicide prevention/intervention classes for teens, parents, teachers, mental health professionals and other community members. Classes include Talk Saves Lives, QPR, safeTALK and ASIST (visit website for more information). Contact offers Mental Health First Aid classes where participants learn how to aid youth and adults in crisis before they can receive professional help. And Contact also offers an Anger Management workshop that teaches participants to use their anger in constructive and healthy ways, and a Children 1st workshop that teaches participants who are getting separated or divorced how to protect their children from the negative effects of the ongoing parental conflict.

Exceptional Family Resources

1820 Lemoyne Avenue.....(315) 478-1462 Ext. 337
Syracuse, 13208 www.contactefr.org

-Advocacy Workshops are offered on a variety of topics related to special education, health and disability related issues.

-Outreach Trainings are available on: disability related topics and autism awareness. Trainings are available for families, professionals, school district staff and businesses within Onondaga County.

Huntington Family Center

405 Gifford Street (315) 476-3157
Syracuse, 13204 www.huntingtonfamilycenters.org

For parents of all ages. COPE+ is a parenting class to improve basic parenting skills, develop open communication between parents and children, help parents understand the challenges of teens & help families address problem areas.

LAUNCH

212 E. Manlius Street..... (315) 720-9148
E. Syracuse, 13057 www.ldacny.org

Provides general information on learning disabilities and related disorders, referrals, advocacy, family support services and parent training for families.

Margaret L. Williams Developmental Evaluation Center (DEC)

215 Bassett Street..... (315) 472-4404
Syracuse, 13210 www.developmentalevaluationcenter.com

-Kidspeak provides free interactive puppet workshops about autism for children ages 5-9 in school and community groups. A companion curriculum is available for follow up use. The program also provides training to child care centers and providers, recreation centers, libraries, and other community agencies regarding effective strategies for including children with autism spectrum disorders in their programs. Short term consultation and specific materials such as visual schedules and social stories can be provided.

-Bridges provides training to child care centers and providers, recreation centers, libraries, and other community agencies regarding effective strategies for including children with autism spectrum disorders in their programs. Short term consultation and specific materials such as visual schedules and social stories can be provided.

-Treatment/Consultation provides services to families with children with complex medical conditions or behavioral disorders, such as, Autism Spectrum Disorders or developmental and mental health issues.

Parent to Parent of NYS North Central Region

covered by Southern Tier Office.....(800) 971-1588

1885 Route 96A.....(607) 869-2171
Ovid, 14521 www.parenttoparentnys.org

Statewide organization that provides support, information and referral, workshops, trainings, webinars, and understanding OPWDD supports and services for family-caregivers who have children with developmental disabilities and/or special health care needs. Parent Matching program, when a parent can

connect with a volunteer Support Parent who has a child with a similar need. All services are provided for free. Regional office serves: Onondaga, Cayuga, Cortland, Herkimer, Lewis, Madison, Oneida and Oswego Counties.

Spanish Action League of Onon. Co., Inc.

700 Oswego Street (315) 475-6153
Syracuse, 13204 www.laligaupstatecny.org

Bilingual information and assistance mainly directed toward the Latino population, but all clients La Liga offers a first-time home buyers class and job orientations for certain employers.

Starbridge

1650 South Avenue (315) 345-2555
Suite 200.....(800) 650-4967

Rochester, 14620 www.starbridgeinc.org

Starbridge partners with people with disabilities, their families, and others who support them, to realize fulfilling possibilities in education, employment, health, and community living. Together, we transform communities to include everyone. Our main office is located in Rochester.

Our Parent Training & Information Center serves all of NYS except for the 5 boroughs of NYC and Long Island. In Central NY, our Family Education Specialist works with families of students who have disabilities or suspected disabilities to navigate school systems and policies, to understand laws governing special education, to improve educational outcomes, and to build positive family-school relationships. We offer advocacy, special education, and disability awareness workshops for families and professionals. We also support youth and families in Transition planning.

Syracuse University Parent Advocacy Center (SUPAC)

New York State Special Education Parent Center (Mid-State Region)

SU Center on Human Policy.....(315) 443-4336
370 Huntington Hall **Toll Free (877) 824-9555**

Syracuse, 13244 www.supac.org

SUPAC is the Mid-State Region Special Education Parent Technical Assistance Center. SUPAC provides parents of children with disabilities information, training, resources, and strategies to promote their meaningful involvement in their children’s education; assist in understanding their children’s disabilities; promote early resolution of disputes between parents and school districts; assist in understanding their procedural due process rights; and enhance parents’ skills and levels of confidence to communicate effectively and work collaboratively with schools and other stakeholders to advocate and actively participate in their children’s education. SUPAC serves the Syracuse City School District and the following BOCES/CiTi regions: Cayuga-Onondaga; Herkimer-Fulton-Hamilton-Otsego; Madison-Oneida; Oneida-Herkimer-Madison; Oswego County; Onondaga-Cortland-Madison; and Tompkins-Seneca-Tioga.

The Kelberman Center

Offices in Syracuse and Utica

2608 Genesee Street..... **(315) 797-6241**

Utica, 13502

www.kelbermancenter.org/events

The Kelberman Center presents trainings and workshops for individuals with autism, their families, caregivers, educators and interested community partners. To be the first to hear what's new, follow us on Facebook and for a full listing of current programs and activities and visit our online events calendar for more information.

Women's Opportunity Center

901 James Street **(315) 446-0550**

Syracuse, 13203

www.womensopportunity.org

The Women's Opportunity Center offers low income individuals job employability skills training. Open Lab-- Available to all participants to work on their skills and run an intensive job search; Computer Skills Training; Workshops; Business Office Administrative Training (BOAT): a nine-week program; One-on-one Career Counseling; Journey to Success: a six-week program and two weeks of intensive job search; Clothing Closet; Ask the Pros: a panel discussion program; LEADS CNY: an intensive Retail Training program; Ithaca WOC has intensive On-The-Job Training at the Mary Durham Boutique, a retail and job skills training program.

SIGN LANGUAGE CLASSES**Aurora of Central New York**

518 James Street, Suite 100 **TDD (315) 422-9746**

Syracuse, 13203..... **(315) 422-7263**

www.auroraofcny.org

Whole Me, Inc.

1015 State Fair Boulevard..... **TTY (315) 468-3275**

Syracuse, 13209..... **(315) 468-3275**

www.wholemeinc.com

SOCIAL SKILLS TRAINING AND CLASSES**AAPSA**

1065 James Street Suite 210..... **(315) 732-3431**

Syracuse, 13203

www.AAPSA.net

ADHD & Autism Psychological Services and Advocacy, PLLC specializes in assessment and treatment of neurodevelopmental disorders including Attention-Deficit/Hyperactivity Disorder (ADHD) and Autism Spectrum Disorder (ASD). We also provide our expert services to children, adolescents, and adults with associated disorders including depressive and mood disorders; anxiety and trauma; substance abuse; learning and intellectual disabilities; and conduct disorders. We are also proud to announce our newest program, Little Grasshoppers Autism Day Program. Little Grasshoppers is dedicated to improving the lives of

children with ASD. Our program is appropriate for children 18 months and older and is based on a full-day schedule. We provide an intensive level of positive support for children with ASD in order to teach new skills and reduce challenging behavior. Our goal is to prepare each child for a successful transition into a structured educational setting and everyday life activities.

Applied Behavioral Counseling

75 South Clinton Ave.

510 Clinton Square **(585) 685-2385**

Rochester, 14604

www.appliedabc.com

Home Based Behavioral Therapy ABA for children and young adults ages 0-21. We strive to provide the best possible clinical techniques for children with ASD (Autistic Spectrum Disorder) and other pervasive developmental disorders. Parent training, workshops, assessments and special education supports. Autism services are covered by many insurance policies. We are currently adding more insurances that cover autism therapy every day so don't hesitate to ask if your insurance is accepted for autism therapy

ARISE Child and Family Service, Inc.

635 James Street **(315) 472-3171**

Syracuse, 13203

www.ariseinc.org

Social Skills classes are held at the ARISE office in Oswego in conjunction with a program for the parents that takes place at the same time in another room. This is for youth with a disability that are ages 8-12. The program runs for 6 weeks. Other social skills classes are being taught at Central Square High School and Fulton High School.

East Area Family YMCA

200 Towne Drive..... **(315) 637-2025**

Fayetteville, 13066

www.ymcaofgreatersyracuse.org/eastarea

"Social Butterflies" social skills class. Educational staff works with children in small group settings to help reach their personal social goals. Successful peer interaction through role play, games and group discussions will help boost self esteem. Groups integrated by skill level and abilities. Based on child's needs, parents may be asked to stay.

GiGi's Playhouse

5885 E. Circle Drive Suite 250 **(315) 288-7529**

Cicero, 13039

www.gigisplayhouse.org/syracuse

An educational and awareness center created to serve individuals with Down syndrome from infancy through adulthood. Provides resources, specialized teaching, and support to individuals, families, and communities. Designed to facilitate skill development in speech and language, fine and gross motor skills, and overall academic achievement, one-to-one literacy tutoring available. Social opportunities for prenatal diagnosis support, open play, baby and toddler groups, activities for young children, adolescents, and adults over 18. Free to families and specialized to meet needs of attendees.

Medicaid Transportation Department of Social Services

421 Montgomery Street, Civic Center (315) 435-2928
Syracuse, 13202 www.ongov.net

Medicaid may be used in certain instances to pay for transportation to medical appointments and day treatment programs.

New York State Department of Motor Vehicles

5801 E. Taft Road (800) 225-5368
N. Syracuse, 13212 www.nydmv.state.ny.us

Information on parking privileges for the disabled: parking permits, distinctive plates, registration procedures. A non-driver's identification card is available.

Onondaga County Health Department**Homebound Transportation Program (315) 435-2960**

Provides four round trip rides to disabled individuals who are unable to leave their homes without assistance and who cannot use existing transportation services such as Call-A-Bus.

-Traffic Safety Programs (315) 435-3280

Low cost bicycle and in-line helmet purchases, and traffic safety education, information/presentations.

-Car Seat Rental Program (315) 435-8485**Onondaga County Sheriff Office****Accessible Parking Enforcement and SHAPE Program**

407 S. State Street (315) 435-3036
Syracuse, 13202 www.ongov.net/sheriff/shape.html

The enforcement of accessible parking regulations in Onondaga County is coordinated by the Sheriff's Department SHAPE program; accessible parking regulations, how to report violations and how to become a SHAPE volunteer.

Parking Permits for Persons with Severe Disabilities

Call your local city, town or village hall to find out where the nearest permit issuing agent is located. Most city, town or village clerks, and some police departments, issue permits. Although most agents accept the MV-664.1 form, some have their own application form, and not all agents issue permits for temporary disabilities. Applications must be filed with your local agent, not the Department of Motor Vehicles.

www.nydmv.state.ny.us/forms/mv6641.pdf

Syracuse Greyhound Bus Station

Regional Transportation Center (315) 472-5339
131 Alliance Bank Parkway (800) 752-4841

Syracuse, 13208 www.greyhound.com

Services include accommodations for service animals, mobility aids and oxygen use (within quantity and size guidelines). Help for people on and off buses and with bus transfers. Priority seats, baggage handling & storage/retrieval of mobility aids and devices.

notes...**VOCATIONAL & CONTINUING EDUCATION****AccessCNY— Employment Services**

420 East Genesee Street.....(315) 218-0856
Syracuse, 13202 www.accesscny.org

Individualized supported work services, including job placement, job facilitation, and ongoing follow-along, for adults and students in transition who have a physical and/or developmental disability, mental health issue, and/or are legally blind. Employers receive assistance in establishing natural supports with staff development. Employers may also receive assistance in making reasonable accommodations for general public access and for employees with disabilities to comply with the Americans with Disabilities Act of 1990.

AccessCNY-Educational Services

420 East Genesee Street.....(315) 218-0855
Syracuse, 13202 www.accesscny.org

The Supported Education program at AccessCNY provides support designed to help individuals with a mental health diagnosis identify and achieve their educational goals. Staff assist in determining which school or course of study will best suit the students' goals. AccessCNY can also help with the application process, acquisition of financial aid and course registration. Additional supports include advocating for academic accommodations when appropriate, developing time management skills and honing study skills.

ACCES-VR (Vocational and Educational Services for Individuals with Disabilities)

333 E. Washington St. TTY (315)428-4659...(315) 428-4179
Syracuse, 13202 www.acces.nysed.gov/vr

ACCES-VR starts with the presumption that all individuals with disabilities can benefit from vocational rehabilitation services and should have opportunities to work in jobs integrated within their communities. Vocational Rehabilitation Counselors guide individuals through service programs they need to reach their employment goal. ACCES-VR assists individuals with disabilities to achieve and maintain employment and to support independent living through training, education, rehabilitation, and career development.

Center for Community Alternatives, Inc. (CCA)

115 East Jefferson Street..... (315) 422-5638
Syracuse, 13202 www.communityalternatives.org

CCA provides community-based alternatives to incarceration programming. CCA offers recovery services, employment-related services, jail-based services, sentencing mitigation, legal services for civic restoration and services to youth including; Student Advocacy, Transition Coach, Violence Prevention, After School at PSLA High School. Supportive and emergency housing will soon be available.

Circare

620 Erie Blvd West, Suite 302.....(315) 472-7363
Syracuse, 13204 www.cir.care

Circare Vocational and Educational Services are designed to support transition age and adult customers who seek employment, a High School Equivalency Diploma, tutoring, apprenticeship opportunities, or earn college level certifications or degrees. Circare provides direct services to help people gain the skills they need and support services to find and connect with other services to achieve their goals. Circare has Certified Work Incentive Benefit Planners to help individuals and families make informed decisions on the road to self-sufficiency, by supporting goals while maximizing benefits. "Learn to Earn"

CNY Works, Inc. and New York State Department of Labor Division of Employment Services

443 N. Franklin Street, Lower Level.....(315) 473-8250
Syracuse, 13204 www.cnyworks.com

NYS Certified. Provides career assessment and counseling for job seekers and specialized business services to local employers resource center, internet job search, resume workshops, training classes and year round youth programs.

College for Living- at Onondaga Community College

J. Stanley Coyne Hall, 4969 Onondaga Rd....(315) 498-6005
Syracuse, 13215 www.sunyocc.edu

-Continuing Education for adults 18+ who have developmental disabilities. Noncredit courses in academics, recreation, independent living skills and computer skills are offered at OCC each semester.

-New Visions is a summer program held for one-week that offers students an encapsulated college experience, with noncredit classes relating to academics, recreation and daily living skills.

-Foundations Transition Program (formerly Passages) is a group day habilitation program that focuses on issues of personal/academic development revolving around employability. Students must be 19 years or older and transitioning from high school with an IEP diploma.

Elmcrest Children's Center/Dream Jobs

960 Salt Springs Road.....(315) 446-6250 Ext. 322
Syracuse, 13224 www.elmcrest.org

A voluntary job readiness program for youth between the ages of 15-21 which inspires, motivates, and educates youth about the process of obtaining and maintaining employment. Youth who live in Onondaga County and possess a mental health diagnosis must be referred by a service provider from Access or a program affiliated with Access. Youth will learn soft/hard skills as well as conduct research about their future (college/vocational school/ work force). Youth will meet twice a month to learn and explore the world of work. Youth may also participate in job fairs, job shadows and informational meetings to further their knowledge about their "dream job." Support will be provided to youth throughout the process of obtaining their vocational opportunity.

InclusiveU at Syracuse University

305 Huntington Hall.....(315) 433-4058
Syracuse 13244 www.taishoffcenter.syr.edu/inclusiveu

Through partnerships with community agencies, The InclusiveU initiative offers fully inclusive and specialized transition services for individuals with intellectual and developmental disabilities. InclusiveU students participate in extended learning opportunities with an individualized curriculum and can earn a non-credit certificate through University College. They also participate in seminars on topics including self-advocacy, positive relationships, job skills and more. Students are involved in social activities on campus through the Peer-2-Peer project and, in their final year, have the opportunity to intern on campus through Project SEARCH, a national employment preparation program.

OCM BOCES

(Onondaga-Cortland-Madison Board of Cooperative Education Services)

Career Training Center.....(315) 453-4455
4500 Crown Road TTY (315) 453-4415
Liverpool, 13090 www.ocmboces.org

Full-time training in many occupational areas and part-time continuing education with over 500 offerings. Services include vocational evaluation, career counseling, job placement, job search workshops, English as a second language and customized workforce training. GED prep.

Precision Contractors

320 Gateway Park Drive (315) 452-0992
N. Syracuse, 13212

Work readiness program to develop skills for people with developmental disabilities under the OPWDD Waiver.

Project SEARCH at Syracuse University

308 Huntington Hall (315) 807-2522
Syr., 13244 www.taishoffcenter.syr.edu/projectsearch

Syracuse University is a certified host business site for Project SEARCH, a one-year employment preparation program where students with intellectual and developmental disabilities participate in three internships to explore a variety of career paths and to acquire transferable and marketable job skills. Our goal is for all of our students to graduate from the program with competitive, inclusive employment. Potential interns are typically InclusiveU graduates who are 21 years of age or older, and eligible for OPWDD Waiver and ACCES-VR.

Syracuse City School District: Rescue Mission Food School

148 Gifford Street.....(315) 472-6251
Syracuse, 13202 www.rmsyr.org

We operate a food preparation and cooking school at the Rescue Mission's Food Services Center. There are classes in employment preparation, including assistance with resume writing, completing applications, obtaining references, interviewing and other skills.

Syracuse Educational Opportunity Center

100 New Street..... (315) 472-0130
Syracuse, 13202 www.syracuseeoc.com

An adult (17+) education program serving educationally and financially disadvantaged students. Programs include GED and GED testing, certified nursing aide, college preparation, computer software and software enrichment training, English as a second language, medical billing and coding and customer service office training. Programs are free for those who qualify.

Unity Employment Services

518 James Street, Suite B2..... (315) 478-4240
Syracuse, 13203 www.unityhouse.com

Individualized supported work services for adults who have been diagnosed with psychiatric and/or developmental disabilities. Services include skill and interest assessments to identify career goals; assistance with job search activities, networking and interviewing to obtain employment; job coaching support and ongoing evaluation of job performance and satisfaction to ensure successful long-term employment.

Winds of Agape, Inc.

1414 Grant Boulevard..... (315) 425-0547
Syracuse, 13208 www.windsofagape.com

Assists individuals and families, those with brain injuries and other disabilities facing a crisis through the provision of emergency food, beds, and empowerment programs, including job training, employment through the Winds of Agape Home Care Agency, community education, adult day program, respite care and guidance to assist them in winning over adversity.

Women's Opportunity Center

901 James Street (315) 446-0550
Syracuse, 13203 www.womensopportunity.org

The Women's Opportunity Center offers low income individuals job employability skills training. Open Lab-- Available to all participants to work on their skills and run an intensive job search; Computer Skills Training; Workshops; Business Office Administrative Training (BOAT): a nine-week program; One-on-one Career Counseling; Journey to Success: a six-week program and two weeks of intensive job search; Clothing Closet; Ask the Pros: a panel discussion program; LEADS CNY: an intensive Retail Training program; Ithaca WOC has intensive On-The-Job Training at the Mary Durham Boutique, a retail and job skills training program.

notes...

OUT OF COUNTY RESOURCES

The Central New York Developmental Disabilities Regional Office (CNYDDRO) serves all of the counties listed in this section. They frequently maintain more extensive lists of organizations for the counties they serve, and are a good place to start any search for services. The following lists are intended as a starting point for finding services in other counties.

CAYUGA COUNTY

www.human-services.org

AccessCNY

6666 Manlius Center Road (315) 218-0844
East Syracuse, 13057 www.accesscny.org

Provides evaluation and clinical services for people living in surrounding counties. Project Adapt and the TRAIID Center provide monthly rural outreach to Cayuga, Cortland, Madison, Oswego and Tompkins counties for the assistive technology lending library. Family Support reimbursement and environmental modifications are also available in Cayuga County.

Applied Behavioral Counseling

75 South Clinton Ave.
510 Clinton Square (585) 685-2385
Rochester, 14604 www.appliedabc.com

Home Based Behavioral Therapy ABA for children and young adults ages 0-21. We strive to provide the best possible clinical techniques for children with ASD (Autistic Spectrum Disorder) and other pervasive developmental disorders. Parent training, workshops, assessments and special education supports. Autism services are covered by many insurance policies. We are currently adding more insurances that cover autism therapy every day so don't hesitate to ask if your insurance is accepted for autism therapy.

ARISE Child and Family Service, Inc.

21 Lincoln Street..... (315) 255-3447
Auburn, 13021 www.ariseinc.org

ARISE works to ensure that every person, regardless of disability, has the power to make life choices and achieve their dreams. As the local non-profit Independent Living Center for Onondaga, Oswego, Madison, Cayuga, and Seneca counties, many of the agency's services are available to people of all ages who have any type of disability. Programs include representative payee services, benefits advisement, peer advocacy, accessibility consultation, educational advocacy, information and referrals, a homeless self-sufficiency program for people with disabilities, home modification programs, equipment loan closet, Adaptive Design, ramp construction assistance, Ombudsman program, employment programs, and more.

AURORA of Central New York, Inc

518 James Street **TDD (315) 422-9746**
 Suite 100..... **(315) 422-7263**
 Syracuse, 13203 www.auroraofcny.org

Offers a wide range of services to individuals who are blind, visually impaired, deaf or hard of hearing in Onondaga and contiguous counties, and their families. Services include: instruction in daily living skills; safe/independent travel training; instruction in adaptive technology for people with vision loss; information and referral; social work; outreach; support groups; Pre-College and work readiness training programs, vision/hearing screening and Sign Language Interpreting through the Marjorie Clere Interpreter Referral Services.

Cayuga Centers

101 Hamilton Avenue..... **(315) 253-5383**
 Auburn, 13031 www.cayugacenters.org

Cayuga Centers' Services for People with Developmental Disabilities offers support programs for residents of all ages residing in Cayuga County and surrounding areas. Our dedicated staff of Direct Support Professionals are extensively trained to make valued outcomes real, meet individuals' goals in a safe and interactive environment, and give families and caregivers a much needed break

Central New York Developmental Disabilities Regional Office (CNYDDRO) – Cayuga County

248 Grant Avenue, Suite 2 **(315) 282-0021**
 Auburn, 13021 www.opwdd.ny.gov

Community Options, Inc.

216 W. Manlius Street..... **(315) 431-9859**
 E. Syracuse, 13057 www.comop.org

Specializes in Residential, Day Program, and Employment Services for individuals with traumatic brain injuries and other disabilities. The agency provides services under the Office for People with Developmental Disabilities- Medicaid Waiver and the Department of Health- Traumatic Brain Injury and Nursing Home Transition and Diversion Waiver and Access- VR.

Connections

1744 W. Genesee Street **(315) 468-3414**
 Syracuse, 13204 www.connectionstx.com

We are providers of evaluations and treatment to children and adults in Onondaga and surrounding counties. We love what we do, and when we say “We’ll meet you where you are!” We mean it both literally (we provide itinerant services, traveling to our clients) and figuratively - we meet our clients right where they are developmentally and customize our services to best facilitate their progress.

Early Childhood Direction Center (ECDC) Mid-State Region at Syracuse University

370 Huntington Hall **(315) 443-4444**
 Syracuse, 13244 <http://ecdc.syr.edu>

Call ECDC if you have concerns about a young child under the age of five, both typically developing and those with special education needs. ECDC provides information, referral and support to families and professionals in confidence and free of cost about: early childhood development, behavior, and specific disabilities; screening and evaluation services public and private; early intervention; preschool; child care; state and federal special education rules and regulations; parent support; and how the special education system works for young children. Services are available to all families, providers, and community agencies in a six county region Cayuga, Cortland, Onondaga, Oswego, Seneca, and Tompkins.

E. John Gavras Center

182 North Street..... **(315) 255-2746**
 Auburn, 13021 www.gavrascenter.com

The service area includes Cayuga, Seneca, Wayne, Onondaga and Tompkins Counties. The Center is an evaluation and treatment facility in Cayuga County providing education, therapeutic, OPWDD, and respite care to individuals with special needs from birth through adult. Also provides state of the art rehabilitation of swallowing disorders including biofeedback and VitalStim® therapies. Residential services help individuals with daily life activities (as identified in their Individualized Service Plans,) and are usually provided within the home environment including Onondaga County. This is a Medicaid Waiver program operated under OPWDD.

Elmcrest Children’s Center

960 Salt Springs Road..... **(315) 446-6250**
 Syracuse, 13224 www.elmcrest.org

Residential and community-based services to children and families that meet their needs. Education services, counseling, respite, preschool and emergency foster care.

Epilepsy-Pralid Inc. (EPI)

6493 Ridings Road, Suite 115 **(315) 477-9777**
 Syracuse, 13206 www.epiny.org

Epilepsy-Pralid, Inc. (EPI) is a person-centered agency proudly supporting individuals across Onondaga, Oswego, Oneida, Cayuga, Cortland, and Herkimer Counties who have been found eligible for services and supports through OPWDD. What we can offer you through the Syracuse/ Central New York office includes Fiscal Intermediary (Self-Direction), Community Habilitation (w/ option to self-direct), Community Education and Advocacy, Family Support Services (which can include reimbursement for allowed goods and services), Service Access (finding supports in your community that could be beneficial) and Individualized Support Services. In addition, an Epilepsy Support Group is conducted once per month through the Community Education department and remains open to the

public. People supported and eligible through OPWDD are also welcome and encouraged to attend EPI's Camp EAGR and Camp COAST, which occur annually every August and provide a week-long opportunity for those affected by epilepsy to socialize and be active amongst supportive peers and staff.

Liberty Resources, Inc.

Self-Direction Services - Corporate Office Location

1065 James Street **(315) 425-1004**
Syracuse, 13203 www.liberty-resources.org

Liberty Resources Developmental Disabilities Division provides Self-Direction services in Cayuga County. Self-Directed Services is based on increasing the options and choices that people have for full inclusion and access to the community, greater independence in their lives and the ability to exercise freedom in the types of services and supports they receive. Liberty Resources also provides a wide variety of other human services for children, adults, and families. Liberty Resources mission is to provide person-centered, community-based services in the least restrictive manner possible.

Onondaga Community Living (OCL)

518 James Street, Suite 110 **(315) 434-9597**
Syracuse, 13203 www.oclinc.org

OCL offers person-centered individualized Community Habilitation, Employment, Volunteer Experiences and College Access. Including, Support Broker, Fiscal Intermediary, Agency Supported Self-Direction and Self-Hire Self-Direction Services. We assist with Live in Caregiver and Housing Subsidies through Individualized Support Services (ISS). Call us to inquire about our services! We will call you back!

Options for Independence

75 Genesee Street..... **(315) 255-3447**
Auburn, 13021 www.optionsforindependence.org

Works with people with all types of disabilities and their families, to gain greater independence. Options offers representative payee services, benefits advisement, peer advocacy, accessibility consultation, educational advocacy and information and referrals. Options offers three home accessibility programs for people needing home modifications, Medicaid service coordination for those with MR/DD, a homeless self-sufficiency program for people with disabilities.

Parent to Parent of NYS North Central Region

covered by Southern Tier Office.....(800) 971-1588

1885 Route 96A.....**(607) 869-2171**
Ovid, 14521 www.parenttoparentnys.org

Statewide organization that provides support, information and referral, workshops, trainings, webinars, and understanding OPWDD supports and services for family-caregivers who have children with developmental disabilities and/or special health care needs. Parent Matching program, when a parent can

connect with a volunteer Support Parent who has a child with a similar need. All services are provided for free. Regional office serves: Onondaga, Cayuga, Cortland, Herkimer, Lewis, Madison, Oneida and Oswego Counties.

Seneca Cayuga Arc

180 North Street..... **(315) 255-2285**
Auburn, 13021 www.sencayarc.org

Services include adaptive technology, advocacy, Alzheimer's day services, Camp Columbus, consumer-directed personal assistance, clinical therapies and treatment, community employment, day habilitation, Early Intervention, employment services, family reimbursement, family support, guardianship, home and community-based Waiver services. Individual and family counseling, information and referral, job placement, preschool, pre-vocational training, recreation, rehabilitation services, community habilitation, respite, Special Olympics, transportation, vocational services.

The Kelberman Center

Offices in Syracuse and Utica

2608 Genesee Street.....**(315) 797-6241**
Utica, 13502 www.kelbermancenter.org

The Kelberman Center bears the name of a family committed to excellence. Dr. Michael Kelberman and his family are dedicated to the advancement of individuals with Autism Spectrum Disorder (ASD) and led the creation of the Kelberman Center as a not-for-profit organization in 2005. The Kelberman Center is now serving more than 500 families across six counties in Central New York. An affiliate of Upstate Caring Partners, today The Kelberman Center employs more than 200 full- and part-time staff and provides services and support for people affected by ASD throughout the lifespan, from diagnoses and preschool to adult living. The Center focuses on supporting individuals, families and the community through six core program areas, including Community Based Services, Education, Supporting Families, Clinic & Counseling, Social Groups & Recreation, and Long Term Support & Residential Options. For more information visit our website.

Syracuse University Parent Advocacy Center (SUPAC)

New York State Special Education Parent Center (Mid-State Region)

SU Center on Human Policy.....**(315) 443-4336**
370 Huntington Hall **Toll Free (877) 824-9555**

Syracuse, 13244 www.supac.org

SUPAC is the Mid-State Region Special Education Parent Technical Assistance Center. SUPAC provides parents of children with disabilities information, training, resources, and strategies to promote their meaningful involvement in their children's education; assist in understanding their children's disabilities; promote early resolution of disputes between parents and school districts; assist in understanding their procedural due process rights; and enhance parents' skills and levels of confidence to communicate effectively and work collaboratively with schools and other stakeholders to advocate

and actively participate in their children’s education. SUPAC serves the Syracuse City School District and the following BOCES/CiTi regions: Cayuga-Onondaga; Herkimer-Fulton-Hamilton-Otsego; Madison-Oneida; Oneida-Herkimer-Madison; Oswego County; Onondaga-Cortland-Madison; and Tompkins-Seneca-Tioga.

Unity House of Cayuga County, Inc.

62 South Street..... **(315) 253-6227 Ext. 176**
Auburn, 13021 www.unityhouse.com

Unity House offers respite service in Auburn for adults (age 18+) with developmental disabilities on a planned or emergency basis. Our overnight service includes 24/7 supervision by trained, caring staff. The site is handicapped-accommodating and features a welcoming, home-like environment. Supports for respite are tailored to meet the needs of each individual

Unity House of Cayuga County, Inc.

34 Wright Avenue **(315) 253-6227**
Auburn, 13021 www.unityhouse.com

Provides transitional and permanent housing, rehabilitative, respite, Medicaid service coordination, and employment services for adults with mental illnesses, developmental disabilities, and/or chemical dependencies from which they are recovering. Unity House partners with these individuals to develop their personal skills and potential, enabling them to live more full and independent lives. Founded in 1977, the agency serves more than 700 individuals a day in six central New York counties.

Unity House of Cayuga County, Inc.

31 Market Street..... **(315) 253-6227 Ext. 202**
Auburn, 13021 www.unityhouse.com

ISS (Individualized Support Services) is a program designed to help people live on their own rather than in an OPWDD-certified program or with other family members. ISS provides funding, which, in addition to an individual’s current income, helps to pay necessary bills. It can include start-up funds to assist with such things as security deposit, paying movers, and buying furniture and household goods. It can also be an ongoing contract to assist with monthly expenses.

-Auburn Unity Employment

34 Wright Avenue, Suite C., **(315) 253-6227**
Auburn, 13021 www.unityhouse.com

They provide Pathway to Employment, ticket to work in addition to Supported Employment.

-PROsperity

146 North Street..... **(315) 282-0241**
Auburn, 13021 www.unityhouse.com

PROsperity Program (Personalized Recovery Oriented Services) PROS is a comprehensive one-stop recovery-

oriented program. PROS teaches participants to use inherent strengths and supports to overcome barriers caused by a mental health condition so that they may develop the recovery skills needed to live their lives more fully. PROS is available on a self-referral basis.

Women’s Opportunity Center

901 James Street **(315) 446-0550**
Syracuse, 13203 www.womensopportunity.org

The Women’s Opportunity Center offers low income individuals job employability skills training. Open Lab-- Available to all participants to work on their skills and run an intensive job search; Computer Skills Training; Workshops; Business Office Administrative Training (BOAT): a nine-week program; One-on-one Career Counseling; Journey to Success: a six-week program and two weeks of intensive job search; Clothing Closet; Ask the Pros: a panel discussion program; LEADS CNY: an intensive Retail Training program; Ithaca WOC has intensive On-The-Job Training at the Mary Durham Boutique, a retail and job skills training program.

CORTLAND COUNTY

www.cortland-co.org

AccessCNY

6666 Manlius Center Road **(315) 218-0844**
East Syracuse, 13057 www.accesscny.org

Provides evaluation and clinical services for people living in surrounding counties. Project Adapt an the TRAUD Center provide monthly rural outreach to Cayuga, Cortland, Madison, Oswego and Tompkins counties for the assistive technology lending library. Family Support reimbursement and environmental modifications are also available in Cortland County.

Access to Independence of Cortland County, Inc.

26 N. Main Street..... **(607) 753-7363**
Cortland, 13045 www.atcortland.org

Peer counseling and mentoring; personal and systems advocacy; community education and outreach; ramps and home modifications; support groups; wellness programs; adaptive equipment; social activities; information and referral; independent living skills training; and loan closet. Consultation regarding ADA, universal design, and architectural barrier removal.

Applied Behavioral Counseling

75 South Clinton Ave.
510 Clinton Square **(585) 685-2385**
Rochester, 14604 www.appliedabc.com

Home Based Behavioral Therapy ABA for children and young adults ages 0-21. We strive to provide the best possible clinical techniques for children with ASD (Autistic Spectrum Disorder) and other pervasive developmental disorders. Parent training, workshops, assessments and special education supports. Autism services are covered by many

insurance policies. We are currently adding more insurances that cover autism therapy every day so don't hesitate to ask if your insurance is accepted for autism therapy.

Cayuga Centers

101 Hamilton Avenue..... **(315) 253-5383**
Auburn, 13031 www.cayugacenters.org

Cayuga Centers' Services for People with Developmental Disabilities offers support programs for residents of all ages residing in Cayuga County and surrounding areas. Our dedicated staff of Direct Support Professionals are extensively trained to make valued outcomes real, meet individuals' goals in a safe and interactive environment, and give families and caregivers a much needed break

Central New York Developmental Disabilities Regional Office (CNYDDRO) – Cortland County

36 Owego Street..... **(607) 756-5637**
Cortland, 13045 www.opwdd.ny.gov

Community Options, Inc.

216 W. Manlius Street..... **(315) 431-9859**
E. Syracuse, 13057 www.comop.org

Specializes in Residential, Day Program, and Employment Services for individuals with traumatic brain injuries and other disabilities. The agency provides services under the Office for People with Developmental Disabilities- Medicaid Waiver and the Department of Health- Traumatic Brain Injury and Nursing Home Transition and Diversion Waiver and Access- VR.

Connections

1744 W. Genesee Street **(315) 468-3414**
Syracuse, 13204 www.connectionstx.com

We are providers of evaluations and treatment to children and adults in Onondaga and surrounding counties. We love what we do, and when we say "We'll meet you where you are!" We mean it both literally (we provide itinerant services, traveling to our clients) and figuratively - we meet our clients right where they are developmentally and customize our services to best facilitate their progress.

Cortland - Chenango Rural Services

PO Box 57, 2704 Lower Cincinnatus Rd.... **(607) 863-3828**
Cincinnatus, 13040 www.cc.cnyric.org/ruralservices

Serves all residents in 11 towns within the two-county area. Information; referral; advocacy; emergency services; community action; Child and Family Health Plus. Site for co-op Food Sense and other food programs; "Nearly New" clothing; support and information groups and Cincinnatus Farmers' Market. No fees except for food co-op.

Early Childhood Direction Center (ECDC) at S.U.

370 Huntington Hall **(315) 443-4444**
Syracuse, 13244 <http://ecdc.syr.edu>

Call ECDC if you have concerns about a young child under the age of five, both typically developing and those with

special education needs. ECDC provides information, referral and support to families and professionals in confidence and free of cost about: early childhood development, behavior, and specific disabilities; screening and evaluation services public and private; early intervention; preschool; child care; state and federal special education rules and regulations; parent support; and how the special education system works for young children. Services are available to all families, providers, and community agencies in a six county region Cayuga, Cortland, Onondaga, Oswego, Seneca, and Tompkins.

Elmcrest Children's Center

960 Salt Springs Road..... **(315) 446-6250**
Syracuse, 13224 www.elmcrest.org

Residential and community-based services to children and families that meet their needs. Education services, counseling, respite, preschool and emergency foster care.

Epilepsy-Pralid Inc. (EPI)

6493 Ridings Road, Suite 115 **(315) 477-9777**
Syracuse, 13206 www.epiny.org

Epilepsy-Pralid, Inc. (EPI) is a person-centered agency proudly supporting individuals across Onondaga, Oswego, Oneida, Cayuga, Cortland, and Herkimer Counties who have been found eligible for services and supports through OPWDD. What we can offer you through the Syracuse/Central New York office includes Fiscal Intermediary (Self-Direction), Community Habilitation (w/ option to self-direct), Community Education and Advocacy, Family Support Services (which can include reimbursement for allowed goods and services), Service Access (finding supports in your community that could be beneficial) and Individualized Support Services. In addition, an Epilepsy Support Group is conducted once per month through the Community Education department and remains open to the public. People supported and eligible through OPWDD are also welcome and encouraged to attend EPI's Camp EAGR and Camp COAST, which occur annually every August and provide a week-long opportunity for those affected by epilepsy to socialize and be active amongst supportive peers and staff.

Franziska Racker Centers

882 NYS Route 13..... **(607) 753-9375**
Cortland, 13045 www.rackercenters.org

(Headquartered in Ithaca) Evaluation, therapies, special education site-based and itinerant services and day care services for children under the age of 5. Community living services including: residential, family support services, service coordination, parent education and support, home and community-based services, habilitation and respite.

J.M. Murray Center

823 State Route 13..... **(607) 756-9913**
 Cortland, 13045 www.jmmurray.com

Provides vocational, habilitation and support services to people with disabilities. Work Center Services include vocational training, prevocational services, sheltered employment, student work supervision and diagnostic vocational evaluation. Day habilitation provides supports to consumers in their own home or apartment. Employment Connection provides supported, transitional and direct employment in the community: Projects with Industry, employment services for TANF recipients, in addition to prevocational and volunteer programs. Other services include case management for DSS recipients, Model Transition Program in conjunction with ACCES-VR and Cortland High School and limited funding and financial reimbursement through Family/Individual Support Services and Assistive Technology contract

Liberty Resources, Inc.

Center for Brain Injury & Rehabilitation/Adult Social Day Program

149 Main Street..... **(607) 218-6055**
 Cortland, 13045 www.liberty-resources.org

The Liberty Resources Center for Brain Injury and Rehabilitation is a community-based program that provides supports and services to assist individuals who have sustained a traumatic brain injury with successful inclusion within their community. The Cortland Adult Social Day Program is a structured, comprehensive program that provides functionally impaired individuals with social opportunities, supervision, personal care and nutrition in a supportive setting. Liberty Resources also provides a wide variety of other human services for children, adults, and families. Liberty Resources mission is to provide person-centered, community-based services in the least restrictive manner possible.

Liberty Resources, Inc.

Self-Direction Services - Corporate Office Location

1065 James Street **(315) 425-1004**
 Syracuse, 13203 www.liberty-resources.org

Liberty Resources Developmental Disabilities Division provides Self-Direction services in Cortland County. Self-Directed Services is based on increasing the options and choices that people have for full inclusion and access to the community, greater independence in their lives and the ability to exercise freedom in the types of services and supports they receive. Liberty Resources also provides a wide variety of other human services for children, adults, and families. Liberty Resources mission is to provide person-centered, community-based services in the least restrictive manner possible.

Madison Cortland ARC

16 Crawford Street..... **(607) 756-2015**
 Cortland, 13045 www.madisoncortlandarc.org

Mailing address: 701 Lenox Ave., Oneida, 13421

Offers programs and services for people with developmental disabilities. Services include residential, family support, Camp ARCO, recreation, guardianship assistance, Article 16 Clinic, day habilitation, community habilitation.

Parent to Parent of NYS North Central Region

covered by Southern Tier Office.....(800) 971-1588

1885 Route 96A.....**(607) 869-2171**
 Ovid, 14521 www.parenttoparentnys.org

Statewide organization that provides support, information and referral, workshops, trainings, webinars, and understanding OPWDD supports and services for family-caregivers who have children with developmental disabilities and/or special health care needs. Parent Matching program, when a parent can connect with a volunteer Support Parent who has a child with a similar need. All services are provided for free. Regional office serves: Onondaga, Cayuga, Cortland, Herkimer, Lewis, Madison, Oneida and Oswego Counties.

Person to Person: Citizen Advocacy

17-29 Main Street, Suite LL 17..... **(607) 758-3116**
 Cortland, 13045 www.ppcadvocacy.org

Person to Person is an advocacy group serving persons with developmental disabilities. We find people who will share a visit with someone with similar interests for community outings. programs. Other services include service coordination.

Seven Valleys Health Coalition

50 Clinton Avenue..... **(607) 756-4198**
 Cortland, 13045 www.sevenvalleyshealth.org

This coalition of organizations maintains an on-line Health and Human Services Resource Directory and calendar. Covers all of Cortland County and portions of Onondaga, Madison, Tompkins, and Cayuga Counties not covered by another rural health network.

Syracuse University Parent Advocacy Center (SUPAC)

New York State Special Education Parent Center (Mid-State Region)

SU Center on Human Policy.....**(315) 443-4336**
 370 Huntington Hall **Toll Free (877) 824-9555**

Syracuse, 13244 www.supac.org

SUPAC is the Mid-State Region Special Education Parent Technical Assistance Center. SUPAC provides parents of children with disabilities information, training, resources, and strategies to promote their meaningful involvement in their children's education; assist in understanding their children's disabilities; promote early resolution of disputes between parents and school districts; assist in understanding their procedural due process rights; and enhance parents' skills and levels of confidence to communicate effectively and work collaboratively with schools and other stakeholders

to advocate and actively participate in their children's education. SUPAC serves the Syracuse City School District and the following BOCES/CiTi regions: Cayuga-Onondaga; Herkimer-Fulton-Hamilton-Otsego; Madison-Oneida; Oneida-Herkimer-Madison; Oswego County; Onondaga-Cortland-Mand Tompkins-Seneca-Tioga.

The Kelberman Center

Offices in Syracuse and Utica

2608 Genesee Street.....(315) 797-6241

Utica, 13502 www.kelbermancenter.org

The Kelberman Center bears the name of a family committed to excellence. Dr. Michael Kelberman and his family are dedicated to the advancement of individuals with Autism Spectrum Disorder (ASD) and led the creation of the Kelberman Center as a not-for-profit organization in 2005. The Kelberman Center is now serving more than 500 families across six counties in Central New York. An affiliate of Upstate Caring Partners, today The Kelberman Center employs more than 200 full- and part-time staff and provides services and support for people affected by ASD throughout the lifespan, from diagnoses and preschool to adult living. The Center focuses on supporting individuals, families and the community through six core program areas, including Community Based Services, Education, Supporting Families, Clinic & Counseling, Social Groups & Recreation, and Long Term Support & Residential Options. For more information visit our website.

Women's Opportunity Center

901 James Street (315) 446-0550

Syracuse, 13203 www.womensopportunity.org

The Women's Opportunity Center offers low income individuals job employability skills training. Open Lab-- Available to all participants to work on their skills and run an intensive job search; Computer Skills Training; Workshops; Business Office Administrative Training (BOAT): a nine-week program; One-on-one Career Counseling; Journey to Success: a six-week program and two weeks of intensive job search; Clothing Closet; Ask the Pros: a panel discussion program; LEADS CNY: an intensive Retail Training program; Ithaca WOC has intensive On-The-Job Training at the Mary Durham Boutique, a retail and job skills training program.

notes...

MADISON COUNTY

www.madisoncounty.org

AccessCNY

6666 Manlius Center Road (315) 218-0844

East Syracuse, 13057 www.accesscny.org

Provides evaluation and clinical services for people living in surrounding counties. Project Adapt and the TRAIID Center provide monthly rural outreach to Cayuga, Cortland, Madison, Oswego and Tompkins counties for the assistive technology lending library. Home service and family support services are offered in Madison and Oswego counties.

Family Support reimbursement, environmental modifications and adaptive technician assistance are also available in Madison County.

Applied Behavioral Counseling

75 South Clinton Ave.

510 Clinton Square (585) 685-2385

Rochester, 14604 www.appliedabc.com

Home Based Behavioral Therapy ABA for children and young adults ages 0-21. We strive to provide the best possible clinical techniques for children with ASD (Autistic Spectrum Disorder) and other pervasive developmental disorders. Parent training, workshops, assessments and special education supports. Autism services are covered by many insurance policies. We are currently adding more insurances that cover autism therapy every day so don't hesitate to ask if your insurance is accepted for autism therapy.

ARISE—Madison County Office

1091 Northside Shopping Center..... (315) 363-4672

Oneida, 13421 www.ariseinc.org

ARISE works to ensure that every person, regardless of disability, has the power to make life choices and achieve their dreams. As the local non-profit Independent Living Center for Onondaga, Oswego, Madison, Seneca, and Cayuga Counties, many of the agency's services are available to people of all ages who have any type of disability. Programs include: Habilitation Programs, Employment Programs, Advocacy (Health Care, Housing, Benefits, and Education), Information and Referral, Ombudsman program, Inclusive Recreation and Adaptive Design.

Cayuga Centers

101 Hamilton Avenue..... (315) 253-5383

Auburn, 13031 www.cayugacenters.org

Cayuga Centers' Services for People with Developmental Disabilities offers support programs for residents of all ages residing in Cayuga County and surrounding areas. Our dedicated staff of Direct Support Professionals are extensively trained to make valued outcomes real, meet individuals' goals in a safe and interactive environment, and give families and caregivers a much needed break

Central New York Developmental Disabilities Regional

Office (CNYDDRO) - Madison County www.omr.state.ny.us

226 Wilson Street, Oneida, 13421 (315) 363-8970

Community Health and Behavioral Services (CHBS) of Upstate Cerebral Palsy-Utica

1427 Genesee Street..... **(315) 738-1428**
Utica, 13501 www.upstatecp.org

A licensed Article 28 facility which provides primary and behavioral health care services for children, adolescents and adults. Also provides specialty clinics in dental services, podiatry, endocrinology, neurology, and psychiatry.

-Dental Clinic **(315) 339-6536**
801 Cypress St., Rome 13440

Community Options, Inc.

216 W. Manlius Street..... **(315) 431-9859**
E. Syracuse, 13057 www.comop.org

Specializes in Residential, Day Program, and Employment Services for individuals with traumatic brain injuries and other disabilities. The agency provides services under the Office for People with Developmental Disabilities- Medicaid Waiver and the Department of Health- Traumatic Brain Injury and Nursing Home Transition and Diversion Waiver and Access- VR.

Connections

1744 W. Genesee Street **(315) 468-3414**
Syracuse, 13204 www.connectionstx.com

We are providers of evaluations and treatment to children and adults in Onondaga and surrounding counties. We love what we do, and when we say "We'll meet you where you are!" We mean it both literally (we provide itinerant services, traveling to our clients) and figuratively - we meet our clients right where they are developmentally and customize our services to best facilitate their progress.

Consumer Services of Madison County

1019 Northside Shopping Center..... **(315) 361-9131**
Oneida, 1(315) 3421 www.csomc.org

Serves people with mental health needs through a variety of programs. Representative Payee Services are available for people with developmental disabilities.

Elmcrest Children's Center

960 Salt Springs Road..... **(315) 446-6250**
Syracuse, 13224 www.elmcrest.org

Residential and community-based services to children and families that meet their needs. Education services, counseling, respite, preschool and emergency foster care.

Epilepsy-Pralid Inc. (EPI)

6493 Ridings Road, Suite 115 **(315) 477-9777**
Syracuse, 13206 www.epiny.org

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(Self-Direction), Community Habilitation (w/ option to self-direct), Community Education and Advocacy, Family Support Services (which can include reimbursement for allowed goods and services), Service Access (finding supports in your community that could be beneficial) and Individualized Support Services. In addition, an Epilepsy Support Group is conducted once per month through the Community Education department and remains open to the public. People supported and eligible through OPWDD are also welcome and encouraged to attend EPI's Camp EAGR and Camp COAST, which occur annually every August and provide a week-long opportunity for those affected by epilepsy to socialize and be active amongst supportive peers and staff.

Family Support in CNY

Oneida, 13421..... **(315) 941-2520**

For the families of Madison County who have children and adolescents who are not being successful at home, in school, or in the community. The group will meet twice a month on the 2nd and 4th Tuesday of the month 1-2:30 pm at the Oneida Public Library 220 Broad Street, Oneida, 13421.

Kelberman Center (UCP of Utica)

1601 Armory Drive, Building C **(315) 797-6241**
Utica, 13501 www.kelbermancenter.org

Regional center providing comprehensive services for individuals with autism spectrum disorders including evaluation and diagnosis, individualized education services, social and life skills enhancement, training and research.

Liberty Resources, Inc.

110 Main Street..... **(315) 697-5200**
Canastota, 13032 www.liberty-resources.org

Liberty Resources Developmental Disabilities Division provides Self-Direction Services, Community Habilitation, Individualized Residential Alternatives, Supports for Employment and Day Habilitation in Madison County. Liberty Resources also provides a wide variety of other human services for children, adults, and families. Liberty Resources mission is to provide person-centered, community-based services in the least restrictive manner possible.

Madison-Cortland ARC

701 Lenox Avenue **(315) 363-9281**
Oneida, 13421 www.madisoncortlandarc.org

Psychological evaluations for all ages. Offers programs and services for people of all ages with developmental disabilities. Programs provide a wide array of services for infants and toddlers, vocational training, residential programs, family support, day habilitation, community habilitation, senior program, transportation, respite and more. Article 16 Clinic provides therapy and health care services.

Parent to Parent of NYS North Central Region covered by Southern Tier Office.....(800) 971-1588
 1885 Route 96A.....**(607) 869-2171**

Ovid, 14521 www.parenttoparentnys.org
 Statewide organization that provides support, information and referral, workshops, trainings, webinars, and understanding OPWDD supports and services for family-caregivers who have children with developmental disabilities and/or special health care needs. Parent Matching program, when a parent can connect with a volunteer Support Parent who has a child with a similar need. All services are provided for free. Regional office serves: Onondaga, Cayuga, Cortland, Herkimer, Lewis, Madison, Oneida and Oswego Counties.

Resource Center for Independent Living-CAP

Client Assistance Program (CAP)..... **(315) 797-4642**
 P.O. Box 210, 409 Columbia Street **TTY (315) 797-5837**
 Utica, 13503-0210 www.rcil.com

CAP is a service for people with disabilities who are clients or applicants of Adult Career and Continuing Education Services-Vocational Rehabilitation (ACCES-VR), the Commission for the Blind and Visually Handicapped (CBVH), Independent Living Centers, funded by the Vocational Rehabilitation Act. CAP provides information about vocational rehabilitation programs and assists clients who have a problem obtaining a service, disagree with a decision made by a counselor, have their case terminated, etc. Free. Serves Broome, Cayuga, Chenango, Clinton, Cortland, Delaware, Essex, Franklin, Fulton, Hamilton, Herkimer, Lewis, Montgomery, Oneida, Oswego, Otsego, St. Lawrence, Tioga, Tompkins, and parts of Onondaga.

Syracuse University Parent Advocacy Center (SUPAC)
New York State Special Education Parent Center
(Mid-State Region)

SU Center on Human Policy.....**(315) 443-4336**
 370 Huntington Hall **Toll Free (877) 824-9555**
 Syracuse, 13244 www.supac.org

SUPAC is the Mid-State Region Special Education Parent Technical Assistance Center. SUPAC provides parents of children with disabilities information, training, resources, and strategies to promote their meaningful involvement in their children's education; assist in understanding their children's disabilities; promote early resolution of disputes between parents and school districts; assist in understanding their procedural due process rights; and enhance parents' skills and levels of confidence to communicate effectively and work collaboratively with schools and other stakeholders to advocate and actively participate in their children's education. SUPAC serves the Syracuse City School District and the following BOCES/CiTi regions: Cayuga-Onondaga; Herkimer-Fulton-Hamilton-Otsego; Madison-Oneida; Oneida-Herkimer-Madison; Oswego County; Onondaga-Cortland-Madison; and Tompkins-Seneca-Tioga.

The Kelberman Center

Offices in Syracuse and Utica
 2608 Genesee Street.....**(315) 797-6241**
 Utica, 13502 www.kelbermancenter.org

The Kelberman Center bears the name of a family committed to excellence. Dr. Michael Kelberman and his family are dedicated to the advancement of individuals with Autism Spectrum Disorder (ASD) and led the creation of the Kelberman Center as a not-for-profit organization in 2005. The Kelberman Center is now serving more than 500 families across six counties in Central New York. An affiliate of Upstate Caring Partners, today The Kelberman Center employs more than 200 full- and part-time staff and provides services and support for people affected by ASD throughout the lifespan, from diagnoses and preschool to adult living. The Center focuses on supporting individuals, families and the community through six core program areas, including Community Based Services, Education, Supporting Families, Clinic & Counseling, Social Groups & Recreation, and Long Term Support & Residential Options. For more information visit our website.

Upstate Cerebral Palsy and Handicapped Persons Association of the Utica Area (UCP)

1020 Mary Street..... **(315) 724-6907**
 Utica, 13501 www.upstatecp.org

Provider of direct-care services and programs for individuals who are physically, developmentally, or mentally challenged and their families. As direct-care and education centers, these include medical, clinical and therapeutic personnel, teachers, social service staff, maintenance, clerical and general support staff.

Women's Opportunity Center

901 James Street **(315) 446-0550**
 Syracuse, 13203 www.womensopportunity.org

The Women's Opportunity Center offers low income individuals job employability skills training. Open Lab-- Available to all participants to work on their skills and run an intensive job search; Computer Skills Training; Workshops; Business Office Administrative Training (BOAT): a nine-week program; One-on-one Career Counseling; Journey to Success: a six-week program and two weeks of intensive job search; Clothing Closet; Ask the Pros: a panel discussion program; LEADS CNY: an intensive Retail Training program; Ithaca WOC has intensive On-The-Job Training at the Mary Durham Boutique, a retail and job skills training program.

notes...

OSWEGO COUNTYwww.co.oswego.ny.us**AccessCNY**6666 Manlius Center Road **(315) 218-0844**
East Syracuse, 13057 www.accesscny.org

Provides evaluation and clinical services for people living in surrounding counties. Project Adapt and the TRAIID Center provide monthly rural outreach to Cayuga, Cortland, Madison, Oswego and Tompkins counties for the assistive technology lending library. Home service, family support services, community habilitation, Medicaid service coordination, and Consolidated Supports and Services are offered in Madison and Oswego counties. Family Support reimbursement, environmental modifications and adaptive technician assistance are also available in Oswego County.

ARC of Oswego County7 Morrill Place **(315) 598-3108**
Fulton, 13069 www.arcofswegocounty.org

Children's services include early intervention for children birth to 3 years; parent advocacy and training service; and training and consultation to community-based childcare and preschool programs. Adult services include senior day hab; guardianship assistance; community recreation and leisure services; and family support services and respite.

Applied Behavioral Counseling75 South Clinton Ave.
510 Clinton Square **(585) 685-2385**
Rochester, 14604 www.appliedabc.com

Home Based Behavioral Therapy ABA for children and young adults ages 0-21. We strive to provide the best possible clinical techniques for children with ASD (Autistic Spectrum Disorder) and other pervasive developmental disorders. Parent training, workshops, assessments and special education supports. Autism services are covered by many insurance policies. We are currently adding more insurances that cover autism therapy every day so don't hesitate to ask if your insurance is accepted for autism therapy

ARISE—Oswego County Offices9 Fourth Avenue.....**(315) 342-4088**
Oswego, 13126 www.ariseinc.org

ARISE works to ensure that every person, regardless of disability, has the power to make life choices and achieve their dreams. As the local non-profit Independent Living Center for Onondaga, Oswego, Madison, Seneca, and Cayuga counties, many of the agency's services are available to people of all ages who have any type of disability. ARISE has offices in Oswego, Pulaski, and Fulton. Programs include: Medicaid Service Coordination, Community Habilitation, Mental Health Therapy, Employment Programs, Consumer-Directed Personal Assistance, Advocacy (Health Care, Housing, Benefits, and Education), Information and Referral, Social & Support Groups, Ombudsman program, Respite, and Inclusive Recreation.

AURORA of Central New York, Inc.518 James Street **TDD (315) 422-9746**
Suite 100.....**(315) 422-7263**
Syracuse, 13203 www.auroraofcny.org

Offers a wide range of services to individuals who are blind, visually impaired, deaf or hard of hearing in Onondaga and contiguous counties, and their families. Services include: instruction in daily living skills; safe/independ

Cayuga Centers101 Hamilton Avenue..... **(315) 253-5383**
Auburn, 13031 www.cayugacenters.org

Cayuga Centers' Services for People with Developmental Disabilities offers support programs for residents of all ages residing in Cayuga County and surrounding areas. Our dedicated staff of Direct Support Professionals are extensively trained to make valued outcomes real, meet individuals' goals in a safe and interactive environment, and give families and caregivers a much needed break

Central New York Developmental Disabilities Regional Office (CNYDDRO) - Oswego County5 Tower Drive..... **(315) 598-6120**
Fulton, 13069 www.opwdd.ny.gov**Community Options, Inc.**216 W. Manlius Street..... **(315) 431-9859**
E. Syracuse, 13057 www.comop.org

Specializes in Residential, Day Program, and Employment Services for individuals with traumatic brain injuries and other disabilities. The agency provides services under the Office for People with Developmental Disabilities- Medicaid Waiver and the Department of Health- Traumatic Brain Injury and Nursing Home Transition and Diversion Waiver and Access- VR.

Connections1744 W. Genesee Street **(315) 468-3414**
Syracuse, 13204 www.connectionstx.com

We are providers of evaluations and treatment to children and adults in Onondaga and surrounding counties. We love what we do, and when we say "We'll meet you where you are!" We mean it both literally (we provide itinerant services, traveling to our clients) and figuratively - we meet our clients right where they are developmentally and customize our services to best facilitate their progress.

Early Childhood Direction Center (ECDC) Mid-State Region at Syracuse University370 Huntington Hall **(315) 443-4444**
Syracuse, 13244 <http://ecdc.syr.edu>

Call ECDC if you have concerns about a young child under the age of five, both typically developing and those with special education needs. ECDC provides information, referral and support to families and professionals in confidence and free of cost about: early childhood development, behavior,

and specific disabilities; screening and evaluation services public and private; early intervention; preschool; child care; state and federal special education rules and regulations; parent support; and how the special education system works for young children. Services are available to all families, providers, and community agencies in a six county region Cayuga, Cortland, Onondaga, Oswego, Seneca, and Tompkins.

Elmcrest Children's Center

960 Salt Springs Road..... **(315) 446-6250**
Syracuse, 13224 www.elmcrest.org

Residential and community-based services to children and families that meet their needs. Education services, counseling, respite, preschool and emergency foster care.

Epilepsy-Pralid Inc. (EPI)

6493 Ridings Road, Suite 115 **(315) 477-9777**
Syracuse, 13206 www.epiny.org

Epilepsy-Pralid, Inc. (EPI) is a person-centered agency proudly supporting individuals across Onondaga, Oswego, Oneida, Cayuga, Cortland, and Herkimer Counties who have been found eligible for services and supports through OPWDD. What we can offer you through the Syracuse/Central New York office includes Fiscal Intermediary (Self-Direction), Community Habilitation (w/ option to self-direct), Community Education and Advocacy, Family Support Services (which can include reimbursement for allowed goods and services), Service Access (finding supports in your community that could be beneficial) and Individualized Support Services. In addition, an Epilepsy Support Group is conducted once per month through the Community Education department and remains open to the public. People supported and eligible through OPWDD are also welcome and encouraged to attend EPI's Camp EAGR and Camp COAST, which occur annually every August and provide a week-long opportunity for those affected by epilepsy to socialize and be active amongst supportive peers and staff.

Fulton Mental Health Office

113 Schuyler Street Suite 2..... **(315) 887-5156**
Fulton, 13069

Liberty Resources, Inc.

Self-Direction & Supports for Employment Corporate Office Location

1065 James Street **(315) 425-1004**
Syracuse, 13203 www.liberty-resources.org

Liberty Resources Developmental Disabilities Division provides Self-Direction Services, and Supports for Employment in Oswego County. Liberty Resources also provides a wide variety of other human services for children, adults, and families. Liberty Resources mission is to provide person-centered, community-based services in the least restrictive manner possible.

Onondaga Community Living (OCL)

518 James Street, Suite 110 **(315) 434-9597**
Syracuse, 13203 www.oclinc.org

OCL offers person-centered individualized Community Habilitation, Employment, Volunteer Experiences and College Access. Including, Support Broker, Fiscal Intermediary, Agency Supported Self-Direction and Self-Hire Self-Direction Services. We assist with Live in Caregiver and Housing Subsidies through Individualized Support Services (ISS). Call us to inquire about our services! We will call you back!

Oswego County Opportunities, Inc.

239 Oneida Street..... **(315) 598-4717**
Fulton, 13069 www.oco.org

OCO Inc. is a community action agency offering more than 45 programs to a variety of populations including the developmentally, physically disabled, mentally ill, chemically addicted, homeless, children, youth, seniors and those living in poverty. Programs include a variety of special housing and case management services, day care, pre-k and Head Start, health care, Meals on Wheels, domestic violence and rape crisis services, employment training, medical and public transportation.

Oswego Industries, Inc.

7 Morrill Place **(315) 598-3108**
Fulton, 13069 www.oswegoindustriesinc.org

Provides the following services for adults: assistive technology; pre-vocational and vocational training; day habilitation, enhanced day habilitation; career employment services/supported work; and individual supports such as Medicaid service coordination.

Parents of Special Children, Inc.

2-C Tower Drive..... **(315) 598-7672**
Fulton, 13069 www.pscoswego.org

A family support organization that offers reimbursement for respite and purchase of goods; educational advocacy; Respite program; information and referral; parent networking and workshops.

-Connections Support Group-an opportunity for caregivers raising children and young adults on the autism spectrum to connect, socialize, network and support each other.

Parent to Parent of NYS North Central Region

covered by Southern Tier Office.....(800) 971-1588
1885 Route 96A.....**(607) 869-2171**
Ovid, 14521 www.parenttoparentnys.org

Statewide organization that provides support, information and referral, workshops, trainings, webinars, and understanding OPWDD supports and services for family-caregivers who have children with developmental disabilities and/or special health care needs. Parent Matching program, when a parent can connect with a volunteer Support Parent who has a child with a similar need. All services are provided for free. Regional office serves: Onondaga, Cayuga, Cortland, Herkimer, Lewis, Madison, Oneida and Oswego Counties.

Pemberton Associates

County Route 64 **(315) 963-0864**
 Mexico, 13114 www.pemberton-associates.com
 Full service early intervention services for children birth-3 in both Onondaga and Oswego Counties, including speech, occupational, and physical therapies; special education services; and others. Serves school-age children (3-21) in Oswego County with OT and PT services. Also specializes in sensory integration, hippo therapy and therapeutic listening.

Syracuse University Parent Advocacy Center (SUPAC)
New York State Special Education Parent Center
(Mid-State Region)

SU Center on Human Policy.....**(315) 443-4336**
 370 Huntington Hall **Toll Free (877) 824-9555**
 Syracuse, 13244 www.supac.org
 SUPAC is the Mid-State Region Special Education Parent Technical Assistance Center. SUPAC provides parents of children with disabilities information, training, resources, and strategies to promote their meaningful involvement in their children's education; assist in understanding their children's disabilities; promote early resolution of disputes between parents and school districts; assist in understanding their procedural due process rights; and enhance parents' skills and levels of confidence to communicate effectively and work collaboratively with schools and other stakeholders to advocate and actively participate in their children's education. SUPAC serves the Syracuse City School District and the following BOCES/CiTi regions: Cayuga-Onondaga; Herkimer-Fulton-Hamilton-Otsego; Madison-Oneida; Oneida-Herkimer-Madison; Oswego County; Onondaga-Cortland-Madison; and Tompkins-Seneca-Tioga.

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Women's Opportunity Center

901 James Street **(315) 446-0550**
 Syracuse, 13203 www.womensopportunity.org
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Epilepsy-Pralid, Inc. (EPI) is a person-centered agency dedicated to helping individuals live the life of their choosing.

WHAT YOU CAN EXPECT

Everyone needs to feel a sense of purpose. Whether you are aiming to work toward individual goals, living more independently, or preparing yourself for the workforce, we can help. EPI is here to support those living with epilepsy, neurological impairments, and developmental disabilities.

What you can expect from us:

- Person-Centered Support
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notes...



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Parent to Parent of NYS provides a supportive network of families to reduce isolation & empower those who care for people with developmental disabilities or special healthcare needs.

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The Kelberman Center provides services and support for people affected by Autism Spectrum Disorder throughout the lifespan, from diagnoses and preschool through adult living.

The Center's diverse range of services are delivered through **six core areas**:

Clinic & Counseling

Evaluations - Individual & Family Therapy

Social Groups & Recreation

Mentor Support
Group Activities - Summer Camps

Supporting Families

Introductory Advice
Family Connection Meetings - Training & Special Events

Education

Promise Preschool - School Consultations & Training

Community Based Services

Self Direction
Waiver Services - PreVoc & Supported Employment

Long-Term Support & Residential



For information on any of our programs and services, or to provide support for the Center's activities across Central New York, contact us by phone or online:

[315] 797-6241 | info@KelbermanCenter.org | KelbermanCenter.org



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- * 314 Hudson Street Apartments
- * Respite Program

H.O.M.E Inc.

831 James Street
Syracuse, NY 13203

Tel: 315-472-5110

Fax: 315-472-5536

Email:

shirley.goddard@homeincny.org

For more
information contact
Shirley Goddard

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At OCL we have been helping persons with Intellectual and Developmental Disabilities (I/DD) since 1987. The agency was formed by families of persons with I/DD and other concerned citizens who wanted something better than institutionalization and cookie cutter services for their loved ones. We continue to have persons and families who receive services on our governing board. We want to be helpful!

Our agency offers person-centered individualized Community Habilitation, Employment, Volunteer Experiences and College Access. Including, Support Broker, Fiscal Intermediary, Agency Supported Self-Direction and Self-Hire Self-Direction Services. We assist with Live in Caregiver and Housing Subsidies through Individualized Support Services (ISS).

Call us to inquire about our services! We will call you back!

Helping People: One Person at a Time Since 1987

Referral/Service Information Line (315) 913-4801

Onondaga Community Living, Inc.

518 James Street

Suite 110

Syracuse, NY 13203

Phone: (315) 434-9597

www.oclinc.org

Mid-State Early Childhood Direction Center (ECDC)

ECDC provides information, training, and support to families and professionals working with children, ages birth through five.



Syracuse University
370 Huntington Hall
Syracuse, NY 13244
1-315-443-4444
1-800-962-5488
Email: ecdc@syr.edu
<http://ecdc.syr.edu>

Located at the Center on Human Policy on the SU Campus, serving Cayuga, Cortland, Onondaga, Oswego, Seneca, & Tompkins counties

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SUPAC can provide you—the parent or family member of a child with a disability—with information, resources, and strategies to:

- Promote meaningful involvement in your child's education
- Improve your ability to communicate effectively with your child's school and work with them to solve concerns early and respectfully
- Assist you to better understand the nature of your child's disability and strategies to support your child's academic and social growth at home
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Visit our website to learn more about the SUPAC team, the region we cover, our most popular trainings, and the most up-to-date information and resources on special education.

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 TTY: (315) 479-6363
 Web: ARISEinc.org

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Services Include:

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Get in Touch!



(315) 455-7591



www.accesscny.org



info@accesscny.org



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Agency Listings

AccessCNY

1603 Court Street
Syracuse, NY 13208
www.accesscny.org
(315) 455-7591

ACR Health

627 West Genesee Street
Syracuse, NY 13204
www.ACRHealth.org
(315) 475-2430

Advocates, Inc.

290 Elwood Davis Road
Liverpool, NY 13088
www.advocatesincorporated.org
(315) 469-9931

Arc of Onondaga

600 S. Wilbur Avenue
Syracuse, NY 13204
www.arcon.org
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ARISE Child and Family Service, Inc.

635 James Street
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www.ariseinc.org
(315) 472-3171

AURORA of Central New York, Inc

518 James Street Suite 100
Syracuse, NY 13203
www.auroraofcny.org
(315) 422-7263
TDD (315) 422-9746

Brain Injury Association of NYS-Central Region

Onondaga County
Liverpool, NY 13088
www.bianys.org
(315) 453-7120

Brain Injury Coalition of CNY

420 E. Genesee Street
Syracuse, NY 13202
www.bic-cny.org
(315) 425-5364

Catholic Charities of Onondaga County

1654 W. Onondaga Street
Syracuse, NY 13204
www.ccoc.us
(315) 424-1800

Cayuga Centers

101 Hamilton Avenue
Auburn, NY 13021
www.cayugacenters.org
(315) 253-5383

Center for Community Alternatives, Inc.

115 East Jefferson Street
Syracuse, NY 13202
www.communityalternatives.org
(315) 422-5638

Central New York Developmental Disabilities Regional Office (CNYDDRO)

187 Northern Concourse
N. Syracuse, 13021
www.opwdd.ny.gov
(315) 425-5367

Central New York Services, Inc.

518 James Street, Suite 240
Syracuse, NY 13203
www.cnyservices.org
(315) 478-2453

Central New York Quest Inc.

1065 James Street, Suite 210
Syracuse, NY 13203
(315) 732-3431

Circare

620 Erie Blvd West, Suite 302
Syracuse, NY 13204
(315) 472-7363

Community Options New York, Inc.

216 W. Manlius Street
E. Syracuse, NY 13057
www.comop.org
(315) 431-9859

Contact Community Services Inc.

6311 Court Street Road
East Syracuse, NY 13057
www.contactsyracuse.org
(315) 251-1400

Elmcrest Children's Center

960 Salt Springs Road
Syracuse, NY 13224
www.elmcrest.org
(315) 446-6250

Epilepsy-Pralid Inc. (EPI)

6493 Ridings Road Suite 115
Syracuse, NY 13206
www.epiny.org
(315) 477-9777

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(315) 472-5110

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Liberty Resources, Inc.

1045 James Street
Syracuse, NY 13203
www.liberty-resources.org
(315) 425-1004

Onondaga Community Living(OCL)

518 James Street, Suite 110
Syracuse, NY 13203
www.oclinc.org
(315) 434-9597

Onondaga County Department Office For Aging

421 Montgomery St, 10th Floor,
Civic Center
Syracuse, NY 13202
www.ongov.net/aging
(315) 435-2362

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217 S. Salina Street 2nd Fl
Syracuse, NY 13202
www.peace-caa.org
(315) 470-3300

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www.sasvr.org
(315) 475-1688

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12 Oswego Street
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www.selfdirectinc.com
(315) 635-5374

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Syracuse, NY 13204
www.laligaupstatecny.org
(315) 475-6153

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www.starbridgeinc.org
(315) 345-2555

Syracuse Jewish Family Service, Inc.

4101 East Genesee Street
Syracuse, NY 13214
www.sjfs.org
(315) 445-9111

Syracuse Model Neighborhood Facility, Inc.

Southwest Community Center
401 South Avenue
Syracuse, NY 13204
www.swccsyr.org
(315) 474- 6823

The Kelberman Center

Offices in Syracuse & Utica
2608 Genesee Street
Utica, NY 13502
www.kelbermancenter.org
(315) 797-6241

Toomey's Residential and Community Services

1654 W. Onondaga Street
Syracuse, NY 13204
www.ccoc.us
(315) 424-1845

Whole Me, Inc.

1010 James Street
Syracuse, NY 13203
www.wholemeinc.com
(315) 468-3275 TTY

Winds of Agape, Inc.

1414 Grant Boulevard
Syracuse, NY 13208
www.windsfagape.com
(315) 425-0547



CIRCARE

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Circare is a New York State Department of Health Designated Lead Health Home for Oswego, Cayuga, Onondaga, Madison, Cortland, Tompkins, Tioga, and Chemung Counties.

620 Erie Blvd. West Suite 302
Syracuse NY 13204
315.472.7363

<http://cir.care>



**LIFEPlan CCO is the
Care Coordination Organization
affiliate of Exceptional Family Resources
in Central NY**

With LIFEPlan, getting the right care starts close to home.

LIFEPlan is centered on connecting people to the full spectrum of services that will support optimal health and wellness, creating opportunities for people to have meaningful lives.

If you or your loved one has a developmental disability and need help accessing services, our Care Connection Specialists can help you through the Office for People with Developmental Disabilities (OPWDD) Front Door Process.

Contact us today!



**Corporate Headquarters
Greater Mohawk Valley Hub**

258 Genesee Street
Mezzanine Level
Utica, NY 13502

North Country Hub

145 ½ Market Street
SeaComm Plaza, Suite 3
Potsdam, NY 13676

Central New York Hubs

5703 B Enterprise Pkwy
East Syracuse, NY 13057

&

215 Washington Street
Suite 012
Watertown, NY 13601

Capital Region Hub

939 NY-146 Bldg. 300
Clifton Park, NY 12065

Southern Tier Hub

1249 Upper Front Street
Binghamton, NY 13905

Hudson Valley Hubs

59 Windsor Highway, Suite 230
New Windsor, NY 12553

&

457 Broadway, Suite 8
Monticello, NY 12701

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